

RUN THE LIGHTS 5k 2020

NAME		CLUB	AGE	GENDER	BIB	TIME
KIERA	ABEL	Vegan Runners UK	36	F	639	00:40:17.53
BLAKE	AINSWORTH		12	M	297	01:03:43.69
SIMON	AITCHISON		51	M	275	00:43:27.83
GAYLE	ASHTON		44	F	906	00:32:44.37
SIMON	ASHWORTH		40	M	477	00:32:36.12
RACHEL	ATAK		38	F	633	00:34:19.13
TRISH	BAMFORD		67	F	269	00:51:54.52
ABBY	BAMFORD		13	F	271	00:51:53.77
CHLOE	BAMFORD		11	F	272	00:51:55.08
SARA	BARANOWSKA		34	F	962	00:20:47.16
ROSS	BARK		35	M	830	00:17:11.40
LIAM	BARNSLEY		21	M	538	00:30:08.80
SUSAN	BEARDSWORTH	Red Rose Road Runners	42	F	437	00:37:15.36
FI	BECK		40	F	114	00:46:20.06
IRENE	BECK		44	F	115	00:46:20.06
DEBBIE	BELL		47	F	722	00:38:10.87
JAMES	BENNETT		49	M	961	00:20:55.75
LORNA	BENSON		41	F	863	00:34:34.43
ISABELLA	BERDKAN		14	F	296	01:03:28.76
GABRIELLA	BERDKAN		13	F	298	01:03:35.01
DANIELLA	BERDKAN		11	F	299	01:10:20.66
DANIELLE	BERRY		36	F	279	00:43:30.83
TRACY	BERRY		38	F	495	00:35:43.83
ANDY	BIJSTERBOSCH		54	M	530	00:28:56.15
CAROL	BIRD	Chorlton Runners	60	F	795	00:46:14.50
JACQUELINE	BOSWORTH-LOMAX		30	F	193	00:40:31.77
HAYLEY	BOWE		35	F	826	00:35:35.87
AMY	BOWE		29	F	827	00:35:16.17
PAUL	BREWSTER		52	M	292	01:41:29.81
WENDY	BREWSTER		50	F	293	01:39:09.58
STEPHEN	BURGESS		50	M	213	00:57:34.02
DAVID	BURROWS	Northern Masters AC	53	M	846	00:17:57.24
CASEY	BURTON		23	F	543	00:31:42.60
COBY	CAMPBELL		12	M	771	00:45:18.79
GEORGIA	CANN		23	F	924	00:40:39.37
RHIA	CARR	Burnden Road Runners	18	F	951	00:33:51.59
TEHIRA	CHOUDHRY-DIN		49	F	881	00:35:51.88
JENNIFER	CLARKE		44	F	214	00:57:34.02
JOANNA	COLMAN		43	F	905	00:32:38.36
ETHAN	COLMAN		14	M	907	00:32:21.59
SIMON	COOPER		40	M	421	00:28:39.42

3rd Female Overall Best Time

3rd Male Overall Best Time

1st Male Vet 50 Best Time

CHARLOTTE	CORRIGAN	Ribble Valley Harriers	16	F	926	00:20:47.87
ANNA	COUNSELL		40	F	775	00:35:17.06
HEATHER	CROW		31	F	921	00:29:58.41
JENNIFER	DAVIES		34	F	236	00:48:27.56
AMY	DAVIES		22	F	237	00:48:27.25
ADAM	DAWSON		32	M	992	00:20:12.11
CHLOE	DEVA		33	F	832	00:50:56.88
KIRK	DOUGLAS	Bramley Breezers	53	M	557	00:24:19.30
LIZ	DUERDEN		38	F	653	00:32:01.58
RAFAL	DUSZA		44	M	935	00:23:56.59
ROBYN	EAVES		27	F	1084	00:29:30.59
STEVE	EDWARDS	BTR Road Runners	53	M	1027	00:30:20.55
SAMANTHA	EDWARDS	Red Rose Road Runners	34	F	621	00:24:04.34
JACQUELINE	ELLIOTT		34	F	339	00:35:16.62
LANA	ELLIOTT		13	F	340	00:35:14.15
NEIL	FARRELLY		48	M	723	01:10:22.26
MATT	FARRINGTON		35	M	922	00:19:00.92
MARK	FAWCETT	Trafford Athletic Club	48	M	588	00:20:55.15
BRIAN	FEHERTY		71	M	583	00:32:51.63
PATRICK	FILIO		38	M	591	00:23:38.35
CLAIRE	FORREST		47	F	535	00:32:25.91
GRAHAM	FORREST		47	M	536	00:32:25.68
SONNY	GARTSIDE		32	M	613	00:22:31.38
THOMAS	GILBERT		29	M	537	00:37:06.03
LOUISE	GIOVANNINI	DH Runners	47	F	395	00:36:51.64
NATHAN	GOODWIN		29	M	1070	00:23:13.75
DAMIAN	GORMLEY		47	M	875	00:33:28.88
LISA	GORNALL		37	F	663	00:33:19.15
AMY	GRIMSHAW		36	F	1055	00:34:56.55
JACQUELINE	GRIMSHAW		43	F	690	00:34:07.08
KAITLYN	GRIMSHAW		13	F	691	00:34:08.07
JEMMA	GROGAN	Kirkby Milers AC	32	F	741	00:25:55.62
SANDRA	GROGAN	Kirkby Milers AC	59	F	742	00:38:15.81
HELEN	GWILLIAM		34	F	606	00:28:38.91
ANNIKA	HALSALL	Blackburn Road Runners	41	F	1079	00:34:59.05
NICOLA	HALSALL	Blackburn Road Runners	43	F	1080	00:36:52.81
DAVID	HALSTEAD	Fylde Coast Runners	58	M	759	00:29:10.00
EMILY	HALSTEAD		26	F	760	00:29:11.65
ANDREA	HAMMOND		21	F	1500	00:48:09.47
HELEN	HANNAM		45	F	561	00:25:47.67
GEMMA	HARCOMBE-MOORE	New Marske Harriers C	34	F	180	00:18:41.06
JONATHON	HARDING	South Leeds Lakers RC	35	M	1004	00:16:49.21
KEITH	HARDING		47	M	438	00:32:22.86
NICOLA	HARDING	Doncaster Athletic Cl	34	F	788	00:35:24.76
SOPHIA	HARDY		23	F	484	00:36:32.37

1st Male Vet 65+ Best Time

1st Lady Vet 45 Best Time

1st Female Overall Best Time

2nd Male Overall Best Time

JORDAN	HARRELD		31	M	700	00:18:54.90	
NATHAN	HARRIS	Leven Valley AC	26	M	1036	00:18:42.39	
LAUREN	HATTON		29	F	480	00:34:45.92	
DANIELLE	HATTON		36	F	662	00:33:21.64	
CHARLOTTE	HAWORTH		40	F	1088	00:34:31.63	
CHRIS	HESLOP		57	M	1033	00:33:53.90	
LAURA	HEYES		39	F	864	00:34:27.93	
NICOLA	HIGHAM	Kirkby Milers AC	46	F	928	00:41:13.79	
LINDSEY	HILL		34	F	188	00:36:35.31	
MATTHEW	HOLTON	Lytham St Annes RR Cl	13	M	525	00:21:03.79	
EMMA	HORNBUCKLE		47	F	1032	00:33:56.12	
CIPRIAN	HORTOLOMEI		26	M	973	00:28:14.32	
DANIEL	HOSKER		30	M	194	00:40:29.50	
ROBERT	HOUGH	Warrington Running Cl	39	M	661	00:19:59.03	
ADAM	HOWARD	Trawden Athletic Club	38	M	678	00:20:04.88	
DAVID	HOWARD	Trawden Athletic Club	64	M	732	00:21:20.10	1st Male Vet 60 Best Time
NIKOLETTA	HUDAK	Red Rose Road Runners	37	F	715	00:24:58.50	1st Lady Vet 35 Best Time
SHARON	HUGHES		42	F	1061	00:36:23.30	
COLIN	HUGHES		49	M	767	00:29:41.22	
ROBERT	HUSSEY		26	M	648	01:14:06.96	
ANTHONY	JENKINS		44	M	789	00:35:08.41	
LANAH	JENKINS		13	F	790	00:35:05.41	
KERRY	JEWELL		58	F	544	00:37:43.60	
KATIE	JOHNSTON	Bramley Breezers	15	F	1074	00:22:15.07	
KEELEY	JONES		27	F	467	00:25:18.85	
ANTONY	JONES	South Leeds Lakers RC	41	M	781	00:20:27.53	
CHLOE	JONES		18	F	785	00:28:20.58	
ROSIE	JORDAN		34	F	427	00:23:37.56	
LAURA	JOYCE		24	F	1016	00:24:50.40	
JANE	JOYCE		60	F	1017	00:29:58.38	1st Lady Vet 60+ Best Time
MATT	KAMALUDDIN		39	M	893	00:32:13.36	
SOPHIE	KAY		26	F	1092	00:36:55.89	
LUKE	KELLY	Chorlton Runners	33	M	574	00:18:26.77	
CAROL	KERR		52	F	755	01:08:53.48	
SARAH	LAURENCE		40	F	865	00:34:18.42	
ESTHER	LAURENCE		38	F	879	00:34:19.87	
EMMA	LEE		33	F	622	00:38:07.78	
KAREN	LEE		42	F	954	00:40:56.83	
KIRSTY	MACDIARMID		35	F	592	01:03:27.92	
LAURA	MACKENZIE		28	F	553	00:31:51.60	
LIANE	MANSFIELD		29	F	127	00:31:05.15	
LAURA	MARKHAM JONES		39	F	533	00:34:59.89	
JAN	MARSH		65	F	886	00:35:13.82	
FOLEY	MARSHALL	Halifax Harriers & AC	13	M	311	00:23:10.12	
DARREN	MARTIN	Winston Runners	49	M	683	00:19:17.13	1st Male Vet 45 Best Time

DONNA	MARTIN	Winston Runners	48	F	684	00:30:57.01	
STUART	MARTINDALE		57	M	336	00:42:38.11	
ROSE	MARTINDALE		54	F	337	00:42:38.64	
JADE	MATTHEWS		32	F	757	00:23:11.28	
JAX	MAX	Lonely Goat RC	56	F	555	00:42:48.85	
IMY	MAYAT		39	M	894	00:32:27.68	
JAMES	MCAFEE	Lytham St Annes RR Cl	38	M	579	00:21:30.39	
CAT	MCCABE	Fordy Runners	39	F	787	00:34:22.32	
VICTORIA	MCCREA		24	F	816	00:26:48.19	
SHAUN	MCDONNELL		38	M	623	00:20:28.91	
NICOLE	MCGOVERN		25	F	904	00:43:13.35	
ROSS	MCKELVIE	Lytham St Annes RR Cl	31	M	614	00:16:36.68	1st Male Overall Best Time
ANNA	MCKENZIE		40	F	1089	00:34:46.35	
CATH	MCLEAN	Fylde Coast Runners	52	F	425	01:15:57.19	
SHAUN	MCMILLAN		17	M	839	00:29:09.34	
LOUISE	MILLS		40	F	626	00:55:13.93	
MELISSA	MORGAN	Warrington Running Cl	20	F	994	00:21:13.39	
RACHEL	MORRIS		40	F	716	00:33:32.10	
MIA	MORRIS		14	F	717	00:24:21.62	
SUSAN	MOSS		51	F	1037	00:52:54.46	
ROBERT	MOSS		55	M	364	00:41:21.29	
MARTIN	MOSS		39	M	366	00:28:34.92	
MULDOON	MULDOON		55	M	925	00:30:14.57	
PAUL	NOBLE	Redcar Running Club	57	M	273	00:22:58.87	1st Male Vet 55 Best Time
TERRI-ANN	NORCROSS		37	F	652	00:42:32.44	
SARAH	O'NEILL		32	F	745	00:29:58.14	
JACK	O'BRIEN		24	M	985	00:36:26.12	
TRACEY	OKEFFEE		54	F	1073	00:34:46.64	1st Lady Vet 50 Best Time
ELLIE	OWEN		23	F	432	00:43:51.60	
BETHAN	OWEN		21	F	433	00:43:57.55	
MARGARET	PARKER		65	F	867	00:41:40.50	
ANDREW	PATERSON	Chorlton Runners	43	M	572	00:28:08.43	
MARIA	PHILLIPS		35	F	681	00:26:45.19	
HARRY	POTTER		19	M	570	00:22:18.93	
JAYNE	POVEY		50	F	374	00:36:59.10	
HEATHER	PULLEN		50	F	122	00:50:25.00	
EMILY	RHODES		38	F	1081	00:35:15.58	
MAUREEN	ROBERTS	Lancaster Runners	64	F	1068	00:30:13.16	
BRYONY	ROGERS		22	F	1014	00:25:37.83	
DEBBIE	ROGERS		58	F	848	00:37:46.09	
LAURA	ROONEY		34	F	582	01:11:13.25	
FINTY	ROYLE	Chorley AC & Tri Club	18	F	998	00:18:59.37	2nd Female Overall Best Time
PHILIPPA	SALES		41	F	908	00:29:39.32	1st Lady Vet 40 Best Time
ANDY	SALES	Northowram Pumas Runn	42	M	909	00:18:56.91	
EVIE	SALES		14	F	910	00:27:15.24	

POPPY	SALES		11	F	911	00:29:35.61
ANDREW	SEENEY		47	M	355	00:37:54.85
ELIZABETH	SEENEY		11	F	841	00:37:51.85
JACKIE	SHARPE	Thorney RC	55	F	512	00:44:14.00
CORRINA	SHORE	Fordy Runners	41	F	837	00:30:39.88
NICOLA	SIMPSON		37	F	552	00:31:48.31
NEIL	SIMPSON		57	M	887	00:43:24.83
ANDREW	SLOWEY		42	M	955	00:26:10.55
ANDRE	SMITH		49	M	1039	00:26:04.96
MICHELLE	SMITH		50	F	675	00:36:36.08
MEGAN	SMITH		15	F	799	00:36:41.76
AMY	SPEARIETT-MOSS		36	F	365	00:29:03.34
KYLE	SPEARIETT-MOSS		12	M	367	00:29:02.60
ALYSON	SPENCER		57	F	831	00:35:43.83
ANDREW	STOREY	Horwich RMI Harriers	57	M	825	00:24:49.91
HOLLIE	SUFFOLK	Preston Harriers	18	F	569	00:26:00.12
MARK	SUMMERS	Warley Woods Pacers	43	M	817	00:18:45.37
SHANNON	SUMNER		25	F	369	00:48:41.56
CHRIS	SYKES		32	M	542	00:31:56.11
REBEKAH	TAPPING		46	F	770	00:45:43.51
ZACK	TAYLOR	Horwich RMI Harriers	15	M	891	00:16:58.08
ROB	THEWLIS		29	M	689	00:33:33.62
JASON	THOMPSON		51	M	650	00:34:37.07
JANE	THOMPSON		55	F	651	00:34:37.59
FRANCESCA	THORNTON		32	F	519	00:28:05.62
BELINDA	THORNTON		31	F	520	00:34:08.33
DAWN	TIMSON		34	F	529	00:35:58.11
CAROLINE	TOMLINSON		46	F	1024	00:33:24.44
FAYE	TOWNSEND	Evenwood Road Runners	38	F	601	00:39:12.07
ANN	TREADWELL		58	F	1000	00:35:53.33
STEPHEN	TREADWELL		64	M	1001	00:36:38.83
RICHARD	TREADWELL		29	M	1002	00:43:05.22
ANGUS	TREADWELL		27	M	999	00:43:04.90
MAXINE	TURLEY		48	F	1005	00:36:24.06
BEKI	TURNER-SAUNDERS	DH Runners	31	F	391	00:36:59.35
LAURA	TYLER		36	F	667	00:43:39.51
VICKI	WAGSTAFF		42	F	368	00:48:39.05
NICOLA	WALLBANK		33	F	1072	00:25:53.19
ALISON	WALMSLEY		58	F	464	00:34:51.81
CLARE	WALMSLEY		30	F	485	00:31:58.11
CAROL	WALTERS		52	F	258	00:54:25.22
ALFIE	WARD	Fordy Runners	26	M	1051	00:36:41.86
SUZANNE	WARREN		49	F	655	00:42:08.87
EMMA	WATHALL		46	F	1062	00:34:37.85
LILY	WATHALL		22	F	1063	00:34:33.83

1st Male Vet 40 Best Time

CAT	WEBB		45	F	801	00:37:48.31
EMMAJANE	WEBSTER		27	F	672	01:11:12.46
NICOLA	WEDGWOOD		45	F	398	00:31:58.66
MATTHEW	WHALLEY	Kirkby Milers AC	21	M	977	00:18:53.52
HEATHER	WHALLEY		34	F	988	00:41:57.59
ALISON	WHITEHEAD		57	F	704	00:33:25.39
HAYDEN	WHITEHEAD		11	M	705	00:33:24.21
RACHEL	WILKINSON		20	F	1091	00:36:52.89
RIA	WILTON	Kirkby Milers AC	20	F	707	00:36:28.31
TILLY	WILTON		16	F	708	00:36:26.56
SHAUN	WORTHINGTON		50	M	944	00:37:00.37
CHERYL	WORTHINGTON		47	F	945	00:52:52.47
VIKKI	WRIGLEY	Thornton Cleveleys RC	34	F	123	00:34:11.64
GABBY	YATES		26	F	756	00:34:20.16

1st Lady Vet 55 Best Time