



Virtual Remembrance Day 10k

Sunday 8th November 2020



Name		Location	Club/Team	Terrain	Time
David	Lawless	Greater Manchester	Wigan Harriers	Road/Park	0:38:19
Paul	Muller	Lancashire	blackpool freedom runners	Road/Park	0:38:25
Mark	Gallacher	North Lanarkshire	Cambuslang	Road/Park	0:41:00
David	Sargent	Lancashire	Lancaster Runners	Road/Park	0:41:27
Tom	Nicholson	Cumbria	Border Reivers Runners	Road/Park	0:41:32
Adam	Moss	Lancashire	Chorley Runners	Road/Park	0:41:41
Matthew	Johnston	Merseyside		Road/Park	0:42:21
Andy	Lafferty	Fife	Kirkcaldy wizards	Road/Park	0:42:39
Matthew	Craig	Staffordshire	Stoke F.I.T	Road/Park	0:42:56
Stuart	Benson	Lancashire	Fylde coast runners	Road/Park	0:43:09
Kingsley	Chesworth	Lancashire		Road/Park	0:43:34
Collette	Gains	Derbyshire	Dronfield Running Club	Road/Park	0:43:46
Janine	Needham	Lancashire	Red Rose	Road/Park	0:44:14
Mark	Gray	Lancashire	Fylde Coast Runners	Road/Park	0:45:49
Heather	Travis	Cumbria	Glaxo Hoad Hill Harriers	Road/Park	0:46:00
Amy	Singleton	Cumbria	Walney Wind Cheetahs	Road/Park	0:46:36
Tim	West	Staffs	Stoke FIT	Trail	0:46:43
Richard	Smith	Lancashire		Road/Park	0:46:46
Lisa	Scholes		Fylde Coast Runners	Road/Park	0:47:00
Frankie	Yan	Cheshire		Road/Park	0:47:00
Andy	Davies	Greater manchester	Andy davies	Road/Park	0:47:02
Andrew	Sumner	Manchester	Wigan & District H & AC	Road/Park	0:47:24
Stuart	Smalley	Lancashire	Red Rose Road Runners	Road/Park	0:47:55
James	Porter	Lancashire		Road/Park	0:47:56
Andrew	Penfold	Lancashire	Chorley runners	Road/Park	0:47:58
Ian	Conuel	Lancashire		Road/Park	0:48:14
Andrew	Bardsley	Greater Manchester		Road/Park	0:48:18
Michael	Cross	Lancashire	None	Road/Park	0:49:04
Andi	Boardman	Manchester		Road/Park	0:49:06
David	Tindall	Lancashire		Road/Park	0:49:06
Barbara	Holmes	Lancs	LSARRC	Road/Park	0:49:10
Andrew	Michie	Lancs		Road/Park	0:49:18
John	Smith	Lancashire	GMCR	Road/Park	0:49:31
Charles	Kay	Lancashire	Fat lads!	Road/Park	0:49:52
Mark	Bennett	Lancashire	Fat lads!	Road/Park	0:49:53
Steve	Moody	Lancashire		Road/Park	0:49:59
Ian (Stan)	Boardman	Greater Manchester		Road/Park	0:50:00
Lucy	Rawlinson	Greater Manchester		Road/Park	0:50:01
Samantha	Cook	Dumfries & Galloway		Road/Park	0:50:57

Andrew	Lindley	Lancashire	Fylde Coast Runners	Road/Park	0:50:59
Duncan	Shuttleworth	Greater Manchester	Prestwich AC	Road/Park	0:51:03
Dan	Capper	Lancashire		Road/Park	0:51:26
Archie	Geddes	Scotland	Clyderunners	Road/Park	0:51:30
David	Barnes	Lancs	Trawden AC	Road/Park	0:51:34
Valerie	McCutcheon	North Lanarkshire	None	Road/Park	0:51:46
AMANDA	Armstrong	Greater Manchester	Prestwich AC	Road/Park	0:51:47
Daniel	Doyle	England		Road/Park	0:51:55
Adam	Mitchard	Lancashire		Road/Park	0:52:00
Mike	Bird	3563	Blackpool Freedom Runners	Road/Park	0:52:07
Danny	Jones	Greater Manchester		Road/Park	0:52:25
Louisa	Porter	Lancashire	Jolly Joggers	Road/Park	0:52:31
Jacqui	Slater	Lancs		Road/Park	0:52:31
David	Atkinson	Lancashire	Fylde Coast Runners	Trail	0:52:41
Karen	Penfold	Lancs	Chorley Runners	Road/Park	0:52:41
David	Geeson	Lancs		Road/Park	0:52:47
Helen	Greenhalgh	Lancashire	Red Rose Road Runners	Road/Park	0:52:50
Allan	Henshall	Cheshire	Liverpool Running Bugs	Road/Park	0:52:52
Lee	Lovatt	Lancashire		Road/Park	0:52:54
Helen	Morris	Lancashire	N/A	Road/Park	0:53:23
Sam	Tattersall	Lancashire		Road/Park	0:53:28
Matthew	Greenroyd	West Yorkshire		Trail	0:53:33
Richard	Hiscock	Lancashire		Road/Park	0:53:34
Damien	Park	Cumbria	Border Reiver Runners	Road/Park	0:53:45
Gary	Parkinson	Lancashire	Thornton Cleveleys Running Club	Road/Park	0:53:53
Chloe	Hewlett	West Yorkshire		Road/Park	0:53:55
Claire	Jones	Powys	Sunday run club	Road/Park	0:53:55
Jonathan	Ford	Lancashire		Road/Park	0:54:00
Claire	Thomson	Cumbria	Walney Wind Cheetahs	Road/Park	0:54:01
Carole	Miller	Cumbria	DH Runners	Road/Park	0:54:07
Avril	Walker	Dumfries and Galloway	Border Reivers	Road/Park	0:54:08
Mary	Hewitt	Lancashire	Garstang RC	Road/Park	0:54:12
Gary	Cottam	Lancashire	BFR	Road/Park	0:54:12
Carole	Bailey	Lancashire		Treadmill	0:54:13
Cristina	Semple	West Midlands	Massey Ferguson Running Club	Road/Park	0:54:44
Carol	Ockwell	Manchester	Swinton Running Club	Trail	0:54:44
Mark	Moreno	Lancs		Treadmill	0:54:49
Matthew	Snape	Lancs		Road/Park	0:54:55
Brett	Stevens	Lancashire	Fylde coast runners	Road/Park	0:54:56
Caitlin	Nordon	Cumbria		Trail	0:54:57
Lee	Birmingham	Lancashire	Mossley AFC running club	Trail	0:55:00
Andrew	Evans	West Midlands		Road/Park	0:55:00
Niall	Rowan	Lancashire	Blackpool Freedom Runners	Road/Park	0:55:00
Samantha	Gates	Northern Ireland	Acorns ac	Road/Park	0:55:05
Phil	Moulding	Lancashire		Road/Park	0:55:07
Jenny	Randle	Lancashire		Road/Park	0:55:08
Stephanie	Clayton	Lancashire		Road/Park	0:55:10
Laura	Walker	Lancashire		Treadmill	0:55:12

Thomas	Dillon	Lancashire		Road/Park	0:55:16
Ronnie	Wallace	Angus	Dundee Roadrunners	Road/Park	0:55:18
David	McClounie	Cumbria	Border Reiver Runners	Road/Park	0:55:20
Jason	Tapping	Lancashire		Road/Park	0:55:24
Elizabeth	Campbell	Lancashire		Road/Park	0:55:27
Claire	Williams	Lancs		Road/Park	0:55:46
Sinead	Armstrong	West Yorkshire		Road/Park	0:55:48
Jim	Egan	Lancashire	Fylde Coast Runners	Road/Park	0:55:50
Samantha	Edwards	Lancashire	Red rose road runners	Road/Park	0:55:56
Helen	Dutton	Lancs		Road/Park	0:56:18
Steve	Pepper	County		Road/Park	0:56:25
Debby	Townson	Cheshire	Run Sandymoor	Road/Park	0:56:40
Mark	Wardley	Lancashire	Red rose	Road/Park	0:56:43
Matt	Hall	Lancashire		Road/Park	0:56:45
Diane	Seville	Lancs		Road/Park	0:56:46
Madeleine	Moss	Lancashire	Chorley Runners	Road/Park	0:56:47
Julie	Edge	Cheshire	Run Sandymoor	Road/Park	0:56:50
John	Elrick	Aberdeenshire	JSK Running Club	Trail	0:57:03
Danielle	Porter	Lancashire		Treadmill	0:57:07
Keith	Smith	Lancashire		Road/Park	0:57:07
Stuart	Goodwill	Lancashire		Road/Park	0:57:09
Sharon	Ritchie	Lancashire		Road/Park	0:57:22
Jade	Earley	Lancashire		Road/Park	0:57:25
Michaela	Thomson	England	Roefield run club	Road/Park	0:58:00
Bernard	Higham	Lancashire		Road/Park	0:58:04
Louise	Chew	Lancashire		Road/Park	0:58:09
Lewis	Withnell	Lancashire		Road/Park	0:58:15
Louise	Hallsworth	Cheshire	Mossley AFC Running Club	Road/Park	0:58:24
Andrea	Cheetham	Lancashire		Road/Park	0:58:35
darren	mellors	merseyside		Trail	0:58:38
Chris	Crompton	Lancashire		Road/Park	0:58:46
Tracy	Spenceley	England		Road/Park	0:58:56
Rebecca	Norris	Lancashire	The Norris'	Road/Park	0:58:56
Kenneth	Norris	Lancashire	The Norris'	Road/Park	0:58:56
Janusz	Bartnik	Lancashire		Road/Park	0:59:02
Anthony	Christensen	Lancashire		Road/Park	0:59:04
Helen	Grinsell	Tyne and Wear	Run Nation	Road/Park	0:59:04
Kirsty	Downham	Lancashire		Road/Park	0:59:04
Susan	Clarkson	Cumbria	Walney Wind Cheetahs	Road/Park	0:59:16
Chloe	Hamilton	Eccles		Trail	0:59:24
Shameem	Hudson	Lancashire	Roefield	Road/Park	0:59:32
Samantha	Slater	Lancashire	Lonely Goat	Road/Park	0:59:32
Helen	Field	Cumbria	Women on the run	Road/Park	0:59:34
Ian	Miller	Lancashire	Still Game	Road/Park	0:59:36
Annmarie	Ridgway	Lancashire		Road/Park	0:59:43
Edward	Lee	Lancashire	Trawden AC	Road/Park	0:59:46
Rachael	Martin	Lancashire		Road/Park	0:59:48
Andrew	Holden	Lancashire	N/A	Road/Park	0:59:50

Carol	Sharpe	Lancashire		Road/Park	0:59:52
Clare	Howell	Lancashire		Road/Park	0:59:52
Shirley	Moran	Lancashire		Road/Park	0:59:52
Debbie	Carr	Merseyside	Southport Coasters	Road/Park	0:59:53
Karl	Law	Cheshire	Mossley AFC Running Club	Road/Park	0:59:57
David	Ellis	Lancashire	Clayton le Moors Harriers	Road/Park	1:00:00
suzanne	boyle	Cumbria	Walney Wind Cheetahs	Road/Park	1:00:06
David	Southwell	Lancashire	Blackpool freedom runner	Road/Park	1:00:25
Diana	Maiden	Lancashire		Trail	1:00:27
James	Jowitt	Lancashire		Road/Park	1:00:37
Craig	Harrop	Greater manchester		Trail	1:00:43
David	McGinn	Cumbria	DH Runners	Trail	1:00:45
munira	umarji	Lancs		Road/Park	1:00:47
John	Norris	Greater Manchester	Marple Runners	Road/Park	1:00:52
Chris	Corrigan	Lancashire	Red Rose Road Runners	Road/Park	1:01:05
Sue	Roberts	Gwynedd	Lonely Goat	Road/Park	1:01:09
Jason	Spear	Lancashire	Lions Running Community	Trail	1:01:09
Sandra	Trevor	England	Girls on the Run	Road/Park	1:01:11
Barbara	Bath	Lancashire	Red Rose road runner	Trail	1:01:15
Myles	Swales	Lancashire	N/A	Road/Park	1:01:19
Kel	Lambert	Ceredigion		Trail	1:01:24
charlie	moorby	derbyshire	Burton amatuer swimming club	Trail	1:01:26
Michelle	Lomax	England		Road/Park	1:01:27
Joanne	Heather	West Lothian		Road/Park	1:01:30
Jane	Wade	Lancashire		Road/Park	1:01:43
Sharon	Clarke	Gtr Manchester		Trail	1:01:44
Barbara	Delaney	derbyshire	washlands womens runners	Trail	1:01:51
Chris	Woodhouse	Lancashire		Road/Park	1:01:54
Annalisa	Howarth	Lancashire		Road/Park	1:02:00
John	McLean	Greater Manchester		Trail	1:02:00
Derick	HORNBY	LANCASHIRE	Blackpool Freedom Runners	Road/Park	1:02:00
Paula	Knox	Cumbria	Border Reivers	Road/Park	1:02:04
Rebecca	Fairclough	Lancashire	Hive22 Running Club - Manchester	Road/Park	1:02:09
Jo	Applegate	Lancashire		Road/Park	1:02:12
Mark	Probert	Cheshire	The Probert's	Road/Park	1:02:13
Jessica	Fahey	Lancashire		Road/Park	1:02:26
Amanda	Collinge	Cheshire	Marple runners	Trail	1:02:27
Claire	Forrest	Lancashire		Road/Park	1:02:42
Rebecca	Thompson	Manchester	Gmcr	Trail	1:02:56
Gillian	Lawrence	Shropshire	Oswestry Olympians	Trail	1:03:00
Helen	Wood	Cumbria		Treadmill	1:03:02
Samantha	McGhee	Lancs		Road/Park	1:03:03
Rachel	McGhee	Lancs		Road/Park	1:03:03
Caroline	Thorpe	West Yorkshire	Acre Street Runners	Road/Park	1:03:04
Susan	Hartley	Lancashire		Road/Park	1:03:04
Graeme	Cleeton	East Lothian		Road/Park	1:03:12
Nicola	Bales	Durham	Aycliffe running club	Treadmill	1:03:33
Chris	Clark	Cheshire		Road/Park	1:03:34

Mark	Harris	Lancashire		Road/Park	1:03:41
Martina	Hayden	Lancashire	Blackpool Freedom Runners	Road/Park	1:03:44
Martin	Hillson	Lancashire	Lonely Goat	Road/Park	1:03:44
Michael	Carey	Lancashire	Thornton Cleveleys Running Club	Road/Park	1:03:51
Wayne	Furnell	Lancs		Road/Park	1:03:56
Helen	Talbot	Manchester	Radcliffe Athletics club	Road/Park	1:04:00
Suzanne	Swainson	Lancashire		Road/Park	1:04:00
Chris	Delves	Staffordshire		Road/Park	1:04:00
Maureen	Roberts	Lancashire	Lancaster Runners	Road/Park	1:04:06
Wendy	Craik	Cumbria	Millom Striders	Trail	1:04:07
Susan	Hargreaves	Lancashire	Fylde Coast Runners	Road/Park	1:04:11
Chris	Taylor	Lancashire	Team J Wells	Road/Park	1:04:12
Lindsey	Black	Merseyside	Liverpool Running Bugs	Road/Park	1:04:20
Moggy	Mackenzie	West Yorkshire	Sowerby Bridge Snails	Road/Park	1:04:27
Gaye	Bloomfield	Lancs		Road/Park	1:04:30
Lisa	Martin	Lancashire		Road/Park	1:04:32
Kathryn	Atkinson	Lancashire	Pendle Triathlon Club	Road/Park	1:04:34
Christopher	Taylor	Lancashire	Lonely goat	Road/Park	1:04:36
Jenn	Barlow	Lancashire		Road/Park	1:04:42
Russ	Lambert	Ceredigion		Trail	1:04:43
John	Ogg	Lancashire	Quays Running Club	Road/Park	1:04:44
Noreen	Martin	Lancashire	Skelmersdale Boundary Harriers	Trail	1:04:47
Colette	Clarkson	Lancashire	Fylde Coast Runners	Road/Park	1:04:54
Hilary	Greenhalgh	Merseyside	Alderhey runners	Road/Park	1:04:58
Liz	Petch	Lancashire		Road/Park	1:04:59
Louise	Wainwright	Lancashire	Thornton Cleveleys Running Club	Road/Park	1:05:06
Tony	Armstrong	Lancashire	Tri Preston	Road/Park	1:05:08
Val	Fleming	Cumbria	Walney Wind Cheetahs	Road/Park	1:05:14
Wendy	Schofield	Lancashire		Road/Park	1:05:22
Susie	Armstrong	Lancashire	Fylde Coast Runners	Road/Park	1:05:24
Liz	Howard-Barker	Lancashire		Road/Park	1:05:26
Alison	Sworder	Lancs	BFR	Road/Park	1:05:26
Daniel	cowgill	Lancashire	Lonely Goat RC	Road/Park	1:05:28
Joyce	Tetlow	Lancashire		Road/Park	1:05:28
Althea	Burey	Lancashire		Road/Park	1:05:28
Brian	Makepeace	Moray		Road/Park	1:05:36
Carol	Mcmullan	Lancashire		Road/Park	1:05:41
Cathy	Keay	West Midlands	Massey Ferguson RC	Road/Park	1:05:42
Ian	Worth	Greater Manchester		Road/Park	1:05:43
Carrie	Courtney	Lancashire	Blackpool Freedom Runners	Road/Park	1:05:55
Mark	Holden	Lancashire	Team Pie	Trail	1:05:55
Paul	Johnson	Gtr Manchester	Hive22	Trail	1:05:58
Megan	Sawford	Caerdydd	CDF Runners	Road/Park	1:05:58
Kath	Berry	Cumbria	Parkside panthers	Road/Park	1:06:00
Zoe	Taylor	Lancashire	Blackpool Freedom Runners	Road/Park	1:06:00
Andrea	Feeney	England	Thornton	Road/Park	1:06:00
Vicky	Parkinson	Lancashire	Lynda and vicky	Trail	1:06:00
Michelle	McDonald	Lancashire	Accrington Road runners	Road/Park	1:06:10

Jeanette	Flynn	Lancashire		Road/Park	1:06:11
Jacquie	Bonworth	Lancashire		Road/Park	1:06:20
Barbara	Shuttleworth	Greater Manchester		Road/Park	1:06:21
Craig	Martin	South Lanarkshire	Monteith	Treadmill	1:06:24
Lee	Farrell	Cheshire		Road/Park	1:06:29
Alison	Johnson	Greater Manchester	Hive22	Trail	1:06:39
Ellen	Nath	Lancashire		Road/Park	1:06:43
Lynda	Sutton	Lancashire		Road/Park	1:06:45
Tracey	Wheeldon	Staffordshire		Road/Park	1:06:46
Verity	Faircliffe	West Yorkshire	Sowerby Bridge Snails RC	Road/Park	1:06:47
Julie	Merrill	Lancashire		Road/Park	1:06:47
Dave	Reilly	W Yorkshire	Rochdale tri club	Road/Park	1:06:57
Elaine	Doran	Cumbria	DH Runners	Road/Park	1:07:00
Sarah	Grundy	England		Trail	1:07:00
Jill	Probert	Cheshire	The Proberts	Trail	1:07:00
Donna	Buckley	Greater Manchester		Road/Park	1:07:02
Ann	Lewis	Lancashire		Road/Park	1:07:03
Julia	Patefield	Lancashire	Garstang running club	Road/Park	1:07:07
Karen	Farrell	Cheshire		Road/Park	1:07:16
Joy	Clifford	Lancs		Road/Park	1:07:21
Gayle	Andrews	England		Road/Park	1:07:24
Kate	Bell	Lancashire		Road/Park	1:07:25
Sophie	Willacy	Lancashire		Road/Park	1:07:25
Sharon	Glen	Lancashire		Road/Park	1:07:35
Helen	Gibbins	Lancashire		Road/Park	1:07:35
Ellie	Thorpe	Lancs		Road/Park	1:07:37
Janet	Crompton	Lancs		Road/Park	1:07:39
Jane	Pulsford	Lancs		Road/Park	1:07:42
Lisa	golding	Lancashire		Road/Park	1:07:54
Nichola	Stubbs	Cumbria		Road/Park	1:08:00
Sam	Courtney	Lancashire	Blackpool Freedom Runners	Road/Park	1:08:03
Marie	Wallace	Merseyside		Trail	1:08:05
Victoria	Irving	Cumbria	Border Reivers, Carlisle	Trail	1:08:11
Wes	Heyes	Lancashire	RPR	Trail	1:08:21
Julia	Porter	Lancs		Road/Park	1:08:24
Steve	Clifford	Lancashire		Road/Park	1:08:26
Bev	Wilson	Cumbria	DH Runners	Road/Park	1:08:30
Molly	Benfold	England		Trail	1:08:31
Jacqui	Roberts	West Yorkshire	Sowerby Bridge Snails	Trail	1:08:47
Tracy	Leyland	Lancashire	None	Road/Park	1:08:47
Jenna-Lee	Greenroyd	West Yorkshire	Sowerby bridge snails	Road/Park	1:08:50
Anna	Felmingham	Merseyside		Road/Park	1:08:51
Helen	Turnock	Lancs		Road/Park	1:08:51
Carol	Gibbins	Lancashire		Road/Park	1:08:55
Jonathan	Wells	Lancashire	Team J Wells	Road/Park	1:08:59
Catherine	Gardener	Lancashire	Blackburn Road Runners	Road/Park	1:09:00
Gemma	Betteridge	Cumbria	Millom Striders Running Club	Road/Park	1:09:00
Sandra	Nordon	Cumbria		Trail	1:09:02

Christine	Warrington	Lancashire	Blackburn Road Runners	Road/Park	1:09:03
William	Quigley	South Lanarkshire	Fylde coast runners	Road/Park	1:09:03
Stephanie	Twomey	Greater Manchester	Ramsbottom Running Club	Road/Park	1:09:07
Tracey	Hunt	Lancashire	Blackpool Freedom Runners	Road/Park	1:09:11
Lisa	Pollitt	Cheshire	Fylde coastal runner	Road/Park	1:09:35
Declan	Sheridan	Lancs	Blackpool freedom runners	Road/Park	1:09:47
Brian	feherty	Greater Manchester		Road/Park	1:09:56
Ella	King	West Yorkshire	Sowerby bridge snails	Road/Park	1:10:00
Sandra	Anderson	Lancashire	Blackpool Freedom Runners	Road/Park	1:10:00
Debbie	Croston	Lancashire	Howfen runners	Road/Park	1:10:00
Suzanne	Green	Lancs	Red Rose Runners	Trail	1:10:00
Ella	King	West Yorkshire	Sowerby bridge snails	Road/Park	1:10:00
Sian	Culshaw	Denbighshire		Trail	1:10:00
Julie	Longdon	Lancashire		Treadmill	1:10:03
Jacqueline	Hartley	Lancashire		Road/Park	1:10:24
Michelle	Evans	England	Ramsbottom Running Club	Road/Park	1:10:35
Paulina	Smoreda	Lancashire		Road/Park	1:10:37
Tracy	Hickey	Lancs	Blackburn Road runners	Road/Park	1:10:56
SHARON	HORNBY	Lancashire	Blackpool Freedom Runners	Road/Park	1:11:00
Dawn	Curran	Lancashire	Blackpool freedom runners	Road/Park	1:11:01
Katy	Whitehead	Lancashire		Road/Park	1:11:12
Sharon	Stewart	Lancs	Revolution Running	Road/Park	1:11:15
Lee	Coulthard	Lancashire		Road/Park	1:11:15
Lindsay	O'Dea	Lancashire		Road/Park	1:11:18
Bill	Smith	Lancs	Blackpool Wyre & Fylde AC	Road/Park	1:11:31
Nicola	Appleyard	West Yorkshire	Sowerby Bridge Snails	Trail	1:11:41
Karen	Schonau	staffordshire	Stoke FIT	Road/Park	1:11:43
Chloe	McCole	Derbyshire	No Drama llama runners	Road/Park	1:11:56
Wendy	Foxall	West Midlands	Massey Ferguson Runners	Road/Park	1:12:00
Alison	Blair	Cumbria	Border reivers	Road/Park	1:12:00
Louise	Heppleston	West Yorks	Sowerby Bridge Snails	Trail	1:12:00
Alison	Morris	Lancashire	Revolution runners	Road/Park	1:12:06
Christine	Perry	Lancashire	Lancaster and Morecambe Ac	Road/Park	1:12:12
Stephen	Perry	Lancashire	Lancaster and Morecambe AC	Road/Park	1:12:12
Nicola	Smith	Lancashire		Road/Park	1:12:22
Heather	Carmichael	Greater Manchester	Ramsbottom Running Club	Road/Park	1:12:27
Anna	Richings	Lancashire	None	Road/Park	1:12:30
Gayle	Brandwood	Lancs	Blackpool Freedom Runners	Road/Park	1:12:35
Dawn	Stewart	Lancashire		Trail	1:12:38
Suzanne	Sloan	Cumbria	N/A	Road/Park	1:12:59
andy	birch	Cumbria	N/A	Road/Park	1:13:00
Pete	McClean	Lancashire	Rustic runners	Trail	1:13:00
Amanda	Dickinson	Cheshire		Trail	1:13:00
Nicola	Elvidge	Lancashire		Road/Park	1:13:00
Amy	Arnone	Denbighshire		Road/Park	1:13:00
Carole	Whiteley	Cumbria	Women on the Run Kendal	Road/Park	1:13:09
Philip	Thorne	Lanc	Wigan Harriers	Road/Park	1:13:10
Graham	Carr	Cumbria	Parkside Panthers	Road/Park	1:13:20

Claire	Bond	Greater Manchester		Road/Park	1:13:20
Mo	Giovannini	Cumbria	DH runners	Road/Park	1:13:50
Colin	Waters	Lancashire	Fylde Coast Runners	Road/Park	1:13:56
Wayne	Stevens	Cumbria	DH Runners	Road/Park	1:14:00
Brian	O'DOLAN	Lancashire		Road/Park	1:14:08
Monika	Aldelime	Merseyside		Trail	1:14:10
Debbie	Rogers	Lancs	Blackpool freedom runners	Road/Park	1:14:31
Wendy	Stoneley	Lancs		Road/Park	1:14:57
Gemma	McGlinchey	LA14 5JH	Parkside Panthers	Road/Park	1:14:59
Louise	Cook	Cumbria		Road/Park	1:15:00
Louise	Giovannini	Cumbria	DH runners	Road/Park	1:15:17
Jen	Armstrong	Lancashire	Tri Preston	Road/Park	1:15:18
Michelle	Brooks	Somerset		Road/Park	1:15:20
Sharon	Hill	Cumbria	Parkside Panthers	Road/Park	1:15:26
Jeannette	Ryan	Merseyside	Liverpool running bugs	Trail	1:15:29
Mike	Cook	Cumbria		Road/Park	1:15:31
Karen	Rose	Cumbria	Women on the run	Road/Park	1:15:43
Samantha	Jackson	Lancashire		Road/Park	1:15:58
Jayne	Thompson	Cumbria	Millom Striders	Road/Park	1:16:00
Martin	Jackson	Lancashire		Road/Park	1:16:02
Vicki	Gale	Lancashire	Scrambled Legs	Road/Park	1:16:14
Andrew	Woodward	Lancashire		Road/Park	1:16:32
Judith	Hacking	Lancashire		Road/Park	1:16:38
Sharon	Tomkinson	Lancashire		Road/Park	1:16:45
Tanya	Bushell	Cumbria	Women on the run	Road/Park	1:16:48
Jason	Ashworth	Staffordshire		Road/Park	1:16:59
Neil	Lloyd	Merseyside	Team Lloyd	Road/Park	1:17:00
Ruth	Lloyd	Merseyside	Team Lloyd	Road/Park	1:17:00
Janice	Whitelegge	England		Trail	1:17:00
David	Hammond	Lancashire	Blackpool Freedom Runners	Road/Park	1:17:00
Sue	Riley	Lancashire		Road/Park	1:17:00
Claire	Ohare	Cumbria	Walney wind cheetahs	Road/Park	1:17:05
Clare	Williams	Lancashire		Road/Park	1:17:15
Stephen	Kay	Lancashire		Road/Park	1:17:18
Sue	Passmore	Lancashire		Road/Park	1:17:21
Susan	Connelly	Lancs		Road/Park	1:17:21
Shannon	Gill	Cheshire		Road/Park	1:17:27
Helen	Tynan	Lancashire		Road/Park	1:17:29
Janine	Riley	West Yorkshire	Sowerby Bridge Snails	Road/Park	1:17:34
Tracey	Radley	Cornwall	Carn Runners	Trail	1:17:37
Diane	Blakemore	Lancs	Scrambled Legs	Road/Park	1:17:40
Paula	Alexander	Lancs		Road/Park	1:17:40
SHARON	SEED	LANCASHIRE		Road/Park	1:17:47
Helen	Culshaw	Lancashire		Road/Park	1:17:51
Carole	Horrocks	Lancashire		Road/Park	1:17:59
Deirdre	Pola	Lancs	F&WRC	Road/Park	1:18:00
maie	gaskell	Lancashire	Tri Rivington	Road/Park	1:18:26
Elaine	Carter	Lancashire	Wilkinson's Warriors	Road/Park	1:18:43

Donna	Oiller	LANCASHIRE		Road/Park	1:18:49
Lucy	Cooper	West Yorkshire	Sowerby Bridge Snails	Road/Park	1:18:52
Anne-Marie	Saxton	West yorkshire	Sowerby bridge snails	Road/Park	1:18:52
Samantha	Gothard	Merseyside	Scarborough AC	Trail	1:18:54
Ruth	Buxton	Cumbria	Women on the Run	Road/Park	1:19:13
Michelle	Ashworth	Staffs		Road/Park	1:19:19
Cheryl	McClean	Lancashire	Rustic Runners	Trail	1:19:25
Pat	Waters	Lancashire	Fylde Coast Runners	Road/Park	1:19:33
Jodie	Smith	West yorks	Sowerby Bridge Snails RC	Road/Park	1:19:35
Helen	Higham	Cheshire	Hyde Running Community	Road/Park	1:19:36
Richard	Smith	West yorks	Sowerby Bridge Snails RC	Road/Park	1:19:36
Tony	Hollister	Merseyside	Southport Coasters	Road/Park	1:19:46
Bev	Quinton	Lancashire	Radcliffe Athletics Club	Road/Park	1:19:59
Sharon	arnone	Lancs	Rosendale harriers	Trail	1:20:00
Greg	Burkitt	Lancashire	None	Trail	1:20:00
Tracey	Okeeffe	Lancs		Road/Park	1:20:00
Emma	Kavanagh	England		Road/Park	1:20:01
Mike	Kell	Merseyside		Road/Park	1:20:03
Christopher	Dronsfield	West Yorkshire	Lonely Goat Running Club	Road/Park	1:20:13
Suzanne	warren	Lancashire	Fordy Runs	Road/Park	1:20:19
Harold	Rogerson	Lancashire	Dragons R.C (Sale)	Road/Park	1:20:38
Shirley	Yates	Nottinghamshire	Notts Women Runners	Road/Park	1:20:43
Stuart	Hall	Greater Manchester	Swinton Running Club	Road/Park	1:20:53
Sharon	Longmire	Cumbria	Parkside panthers	Trail	1:21:00
Jacqueline	Hammond	Lancashire	Blackpool freedom runners	Road/Park	1:21:03
Andrea	Greenwood	Lancashire		Road/Park	1:21:03
Liz	Ward	Merseyside	Southport Coasters	Road/Park	1:21:12
Andrea	Sidebottom	Lancs		Road/Park	1:21:46
Louise	Ainscough	Warrington	Warrington running club	Road/Park	1:21:53
Keira	Mannion	North Yorkshire		Trail	1:21:54
Beverley	Dobson	Lancashire	Ramsbottom Running Club	Road/Park	1:22:00
Kim	Keogh	Somerset		Road/Park	1:22:02
Stacey	Heselgrove	Lancashire		Treadmill	1:22:03
Jeannie	Gillanders	Lancashire	Your Gym	Road/Park	1:22:25
Edward	Smillie	Lanarkshire	Smillie	Treadmill	1:22:37
Ian	Sykes	North Yorkshire	Ian Sykes	Road/Park	1:23:00
Karen	Campbell	Fife	Fife AC	Trail	1:23:22
Lorraine	Gibbs	Ashton under Lyne	Mossley afc running club	Trail	1:23:30
Karen	Hurrell	Lancashire	Run Fit Chorley	Road/Park	1:23:35
Hayley	McCaffer	Greater Manchester	Mossley AFC Running Club	Trail	1:23:47
Audrey	Oldham	Lancashire	Fylde Coast Runners	Trail	1:23:53
Sonja	Farish	Cumbria	Parkside Panthers	Road/Park	1:23:57
Bev	Mannion	North Yorkshire		Trail	1:24:00
Karin	Melling	Lancs		Road/Park	1:24:05
James	Robertson	North Yorkshire	Lonely Goat RC	Trail	1:24:08
Bill	Duff	Fife	Falkland Trail runners	Trail	1:24:10
Vicky	Stribrsky	Lancashire		Road/Park	1:24:16
David	Redhead	West yorks	Sowerby bridge snails running club	Road/Park	1:24:24

Amanda	Hardman	Lancs		Road/Park	1:25:16
Susan	Cartmell	Lancashire		Road/Park	1:25:22
Martin	Denton	Shropshire	Fylde Coast Runners	Road/Park	1:25:47
Adam	Williamson	Lancashire		Trail	1:25:47
Laura	Morris	Shropshire	Fylde Coast Runners	Road/Park	1:25:48
LORRAINE	ALMOND	Lancashire		Road/Park	1:26:00
Ananda	Willoughby	Lancashire		Road/Park	1:26:00
Caroline	Davies	Staffs	Stoke FIT	Road/Park	1:26:48
Holly	Evans	West Yorkshire	Sowerby Bridge Snails	Road/Park	1:26:48
Rachael	Houston	Cumbria	Parkside Panthers	Road/Park	1:27:00
Alison	Roscoe	Lancashire		Road/Park	1:27:12
Jennifer	Sutton	West Yorkshire	Sowerby Bridge Snails	Road/Park	1:27:26
Cath	McLean	Lancashire	Fylde Coast Runners	Road/Park	1:27:35
Mark	Haggart	Lancs	Wigan Wheelers & Tri Club	Trail	1:27:45
Keith	Andrews	Lancashire		Road/Park	1:27:47
Karen	Almond	Lancashire	Blackburn Road runners	Road/Park	1:27:55
Rachael	Kay	Lancashire		Road/Park	1:28:00
David	Gee	England	Sowerby bridge snails	Road/Park	1:28:00
Tracy	Haggart	Lancashire	Wigan wheeler's and tri club	Trail	1:28:03
Mark	Rimmer	Merseyside		Road/Park	1:28:07
Tracy	Seal	Lancashire	Rossendale Harriers/Plodders	Trail	1:28:11
Sally	Fillingham	Greater Manchester	Mossley AFC Running Club	Trail	1:28:39
Tracy	Young	Lancs	Preston harriers	Road/Park	1:29:00
Mick	Kerr	Lancashire		Road/Park	1:29:07
Claire	Birkett	Merseyside	Liverpool running bugs	Trail	1:29:19
Andrew	Holland	Lancashire		Trail	1:29:34
Andrea	Hammond	Lancashire	Blackpool Freedom Runners	Road/Park	1:29:37
Kathy	Bridge	Lancashire	Rossendale Harriers	Trail	1:30:00
David	Wall	Greater Manchester		Trail	1:30:00
Helen	Atkinson	Lancashire		Road/Park	1:30:00
Carole	Duckett	Lancashire		Trail	1:30:04
Heather	Burkitt	Lancashire		Trail	1:30:09
Gillian	McDougall	Cumbria	DH runners	Road/Park	1:30:09
Nicola	Dunn	Lancashire	Rossendale Harriers, team Plodders	Trail	1:30:12
Katy	Slade	Lancashire	Lonely Goat Running Club	Road/Park	1:30:32
Keeley	Berry	Lancashire		Road/Park	1:31:06
Hayley	Nugent	Cumbria	Border reivers	Road/Park	1:31:21
Lisa	Reilly	W Yorkshire	Fordy runs	Road/Park	1:31:25
Justine	Taylor	Lancashire		Trail	1:32:04
Annette	Duff	Fife		Trail	1:32:22
Helen	Meigh	Staffs	Stoke FIT	Road/Park	1:32:49
Wendy	McNeice	Cheshire	Lonely Goat RC	Road/Park	1:33:03
Dale	Dickinson	Cheshire		Trail	1:33:04
Julie	Parry	Cheshire	Scrambled Legs	Road/Park	1:33:14
steven	wall	Lancashire		Trail	1:33:21
Wendy	Redhead	West Yorkshire	Sowerby bridge snails Running club	Road/Park	1:34:22
Jo	Ford	West Yorkshire		Trail	1:36:00
Nicky	Brown	England	Sowerby Bridge Snails	Road/Park	1:36:31
Jason	whiteley	West Yorkshire	Sowerby bridge snails	Road/Park	1:38:29
michelle	boylan	Merseyside		Road/Park	1:39:00

Anna	Ross	England		Road/Park	1:39:10
Kelly	Rayner-Smith	Cumbria		Road/Park	1:39:35
Grace	Dronsfield	Yorkshire	Lonely Goat	Road/Park	1:39:38
Claire	Brocklehurst	West Yorks	Sowerby Bridge Snails	Road/Park	1:39:56
Sarah	Edwards	Lancs		Trail	1:40:00
Amy	Robinson	Lancs		Road/Park	1:40:16
Emma	Nordon	Cumbria		Trail	1:42:14
wayne	gaskell	Lancashire	Tri Rivington	Road/Park	1:42:31
Kit	Tudor-McAdam	West Yorkshire		Trail	1:42:53
Jackie	Sharpe	North Humberside	Thorney Running Club	Road/Park	1:43:44
Debbie	hunter	Lancashire		Road/Park	1:44:00
Richard	Sharpe	East Riding of Yorkshire	Thorney Running Club	Road/Park	1:44:21
Rosemary	Guarino	Cheshire		Road/Park	1:45:54
Christine	McGinn	Lancs		Road/Park	1:48:00
Charlee	Roney	West Yorkshire	South Leeds Lakers	Trail	1:50:14
Joseph	Connor	Cheshire	Bramhall Runners	Road/Park	1:53:33
Natalie	Bridge	Lancs		Road/Park	1:54:00
Jennifer	Hyde	Greater Manchester	Fylde Coast Runners	Road/Park	2:00:18
Jill	Longshaw	Lancashire	Rossendale Harriers & AC	Road/Park	2:00:27
Ange	Spyvee	West Yorkshire		Road/Park	2:01:00
Heidi	Webber	Lancashire	Red rose road runners	Road/Park	2:03:00
Shelley	Heneghan	Lancashire	Rossendale Harriers	Road/Park	2:06:31
Cheryl	Wainwright	Manchester	Lonely Goat RC	Road/Park	2:08:52
joyce	bond	lancashire		Road/Park	2:10:05
Tracey	Mawdsley	Lancashire	Trawden	Trail	2:12:47
Heather	Hillson	Lancashire	Lonely Goat	Road/Park	2:16:00
Annette	Russ	Lancs		Road/Park	2:21:15
Charlotte	Russ	Lancs		Road/Park	2:21:15
Samuel	Russ	Lancs		Road/Park	2:21:15
Kerry	Harvey	Manchester		Road/Park	2:22:25
Symon	Needham	West Dumbartonshire	Team Needham	Road/Park	2:30:00
Peter	Dalziel	Cheshire		Road/Park	2:30:00
Lynn	Smith	Lancashire		Road/Park	2:30:25
Lesley	Davidson	Greater Manchester	Horwich RMI Harriers	Road/Park	2:31:00
TRACEY	SEYMOUR	Somerset		Trail	3:13:00
David	Burrows	Manchester		Road/Park	3:33:05
TJ	Ellis	Lancashire	Clayton-le-moors harriers	Road/Park	4:33:49