

RUN THE LIGHTS 5k 2020

NAME		CLUB	AGE	GENDER	BIB	TIME
KIERA	ABEL	Vegan Runners UK	36	F	639	00:40:17.53
BLAKE	AINSWORTH		12	M	297	01:03:43.69
SIMON	AITCHISON		51	M	275	00:43:27.83
GAYLE	ASHTON		44	F	906	00:32:44.37
SIMON	ASHWORTH		40	M	477	00:32:36.12
RACHEL	ATAK		38	F	633	00:34:19.13
TRISH	BAMFORD		67	F	269	00:51:54.52
ABBY	BAMFORD		13	F	271	00:51:53.77
CHLOE	BAMFORD		11	F	272	00:51:55.08
SARA	BARANOWSKA		34	F	962	00:20:47.16
ROSS	BARK		35	M	830	00:17:11.40
LIAM	BARNSLEY		21	M	538	00:30:08.80
SUSAN	BEARDSWORTH	Red Rose Road Runners	42	F	437	00:37:15.36
FI	BECK		40	F	114	00:46:20.06
IRENE	BECK		44	F	115	00:46:20.06
DEBBIE	BELL		47	F	722	00:38:10.87
JAMES	BENNETT		49	M	961	00:20:55.75
LORNA	BENSON		41	F	863	00:34:34.43
ISABELLA	BERDKAN		14	F	296	01:03:28.76
GABRIELLA	BERDKAN		13	F	298	01:03:35.01
DANIELLA	BERDKAN		11	F	299	01:10:20.66
DANIELLE	BERRY		36	F	279	00:43:30.83
TRACY	BERRY		38	F	495	00:35:43.83
ANDY	BIJSTERBOSCH		54	M	530	00:28:56.15
CAROL	BIRD	Chorlton Runners	60	F	795	00:46:14.50
JACQUELINE	BOSWORTH-LOMAX		30	F	193	00:40:31.77
HAYLEY	BOWE		35	F	826	00:35:35.87
AMY	BOWE		29	F	827	00:35:16.17
PAUL	BREWSTER		52	M	292	01:41:29.81
WENDY	BREWSTER		50	F	293	01:39:09.58
STEPHEN	BURGESS		50	M	213	00:57:34.02
DAVID	BURROWS	Northern Masters AC	53	M	846	00:17:57.24
CASEY	BURTON		23	F	543	00:31:42.60
COBY	CAMPBELL		12	M	771	00:45:18.79
GEORGIA	CANN		23	F	924	00:40:39.37
RHIA	CARR	Burnden Road Runners	18	F	951	00:33:51.59
TEHIRA	CHOUDHRY-DIN		49	F	881	00:35:51.88
JENNIFER	CLARKE		44	F	214	00:57:34.02
JOANNA	COLMAN		43	F	905	00:32:38.36
ETHAN	COLMAN		14	M	907	00:32:21.59
SIMON	COOPER		40	M	421	00:28:39.42
CHARLOTTE	CORRIGAN	Ribble Valley Harriers	16	F	926	00:20:47.87
ANNA	COUNSELL		40	F	775	00:35:17.06
HEATHER	CROW		31	F	921	00:29:58.41

JENNIFER	DAVIES		34	F	236	00:48:27.56
AMY	DAVIES		22	F	237	00:48:27.25
ADAM	DAWSON		32	M	992	00:20:12.11
CHLOE	DEVA		33	F	832	00:50:56.88
KIRK	DOUGLAS	Bramley Breezers	53	M	557	00:24:19.30
LIZ	DUERDEN		38	F	653	00:32:01.58
RAFAL	DUSZA		44	M	935	00:23:56.59
ROBYN	EAVES		27	F	1084	00:29:30.59
STEVE	EDWARDS	BTR Road Runners	53	M	1027	00:30:20.55
SAMANTHA	EDWARDS	Red Rose Road Runners	34	F	621	00:24:04.34
JACQUELINE	ELLIOTT		34	F	339	00:35:16.62
LANA	ELLIOTT		13	F	340	00:35:14.15
NEIL	FARRELLY		48	M	723	01:10:22.26
MATT	FARRINGTON		35	M	922	00:19:00.92
MARK	FAWCETT	Trafford Athletic Club	48	M	588	00:20:55.15
BRIAN	FEHERTY		71	M	583	00:32:51.63
PATRICK	FILIO		38	M	591	00:23:38.35
CLAIRE	FORREST		47	F	535	00:32:25.91
GRAHAM	FORREST		47	M	536	00:32:25.68
SONNY	GARTSIDE		32	M	613	00:22:31.38
THOMAS	GILBERT		29	M	537	00:37:06.03
LOUISE	GIOVANNINI	DH Runners	47	F	395	00:36:51.64
NATHAN	GOODWIN		29	M	1070	00:23:13.75
DAMIAN	GORMLEY		47	M	875	00:33:28.88
LISA	GORNALL		37	F	663	00:33:19.15
AMY	GRIMSHAW		36	F	1055	00:34:56.55
JACQUELINE	GRIMSHAW		43	F	690	00:34:07.08
KAITLYN	GRIMSHAW		13	F	691	00:34:08.07
JEMMA	GROGAN	Kirkby Milers AC	32	F	741	00:25:55.62
SANDRA	GROGAN	Kirkby Milers AC	59	F	742	00:38:15.81
HELEN	GWILLIAM		34	F	606	00:28:38.91
ANNIKA	HALSALL	Blackburn Road Runners	41	F	1079	00:34:59.05
NICOLA	HALSALL	Blackburn Road Runners	43	F	1080	00:36:52.81
DAVID	HALSTEAD	Fylde Coast Runners	58	M	759	00:29:10.00
EMILY	HALSTEAD		26	F	760	00:29:11.65
ANDREA	HAMMOND		21	F	1500	00:48:09.47
HELEN	HANNAM		45	F	561	00:25:47.67
GEMMA	HARCOMBE-MOORE	New Marske Harriers C	34	F	180	00:18:41.06
JONATHON	HARDING	South Leeds Lakers RC	35	M	1004	00:16:49.21
KEITH	HARDING		47	M	438	00:32:22.86
NICOLA	HARDING	Doncaster Athletic Cl	34	F	788	00:35:24.76
SOPHIA	HARDY		23	F	484	00:36:32.37
JORDAN	HARRELD		31	M	700	00:18:54.90
NATHAN	HARRIS	Leven Valley AC	26	M	1036	00:18:42.39
LAUREN	HATTON		29	F	480	00:34:45.92
DANIELLE	HATTON		36	F	662	00:33:21.64
CHARLOTTE	HAWORTH		40	F	1088	00:34:31.63
CHRIS	HESLOP		57	M	1033	00:33:53.90

LAURA	HEYES		39	F	864	00:34:27.93
NICOLA	HIGHAM	Kirkby Milers AC	46	F	928	00:41:13.79
LINDSEY	HILL		34	F	188	00:36:35.31
MATTHEW	HOLTON	Lytham St Annes RR Cl	13	M	525	00:21:03.79
EMMA	HORNBUCKLE		47	F	1032	00:33:56.12
CIPRIAN	HORTOLOMEI		26	M	973	00:28:14.32
DANIEL	HOSKER		30	M	194	00:40:29.50
ROBERT	HOUGH	Warrington Running Cl	39	M	661	00:19:59.03
ADAM	HOWARD	Trawden Athletic Club	38	M	678	00:20:04.88
DAVID	HOWARD	Trawden Athletic Club	64	M	732	00:21:20.10
NIKOLETTA	HUDAK	Red Rose Road Runners	37	F	715	00:24:58.50
SHARON	HUGHES		42	F	1061	00:36:23.30
COLIN	HUGHES		49	M	767	00:29:41.22
ROBERT	HUSSEY		26	M	648	01:14:06.96
ANTHONY	JENKINS		44	M	789	00:35:08.41
LANAH	JENKINS		13	F	790	00:35:05.41
KERRY	JEWELL		58	F	544	00:37:43.60
KATIE	JOHNSTON	Bramley Breezers	15	F	1074	00:22:15.07
KEELEY	JONES		27	F	467	00:25:18.85
ANTONY	JONES	South Leeds Lakers RC	41	M	781	00:20:27.53
CHLOE	JONES		18	F	785	00:28:20.58
ROSIE	JORDAN		34	F	427	00:23:37.56
LAURA	JOYCE		24	F	1016	00:24:50.40
JANE	JOYCE		60	F	1017	00:29:58.38
MATT	KAMALUDDIN		39	M	893	00:32:13.36
SOPHIE	KAY		26	F	1092	00:36:55.89
LUKE	KELLY	Chorlton Runners	33	M	574	00:18:26.77
CAROL	KERR		52	F	755	01:08:53.48
SARAH	LAURENCE		40	F	865	00:34:18.42
ESTHER	LAURENCE		38	F	879	00:34:19.87
EMMA	LEE		33	F	622	00:38:07.78
KAREN	LEE		42	F	954	00:40:56.83
KIRSTY	MACDIARMID		35	F	592	01:03:27.92
LAURA	MACKENZIE		28	F	553	00:31:51.60
LIANE	MANSFIELD		29	F	127	00:31:05.15
LAURA	MARKHAM JONES		39	F	533	00:34:59.89
JAN	MARSH		65	F	886	00:35:13.82
FOLEY	MARSHALL	Halifax Harriers & AC	13	M	311	00:23:10.12
DARREN	MARTIN	Winston Runners	49	M	683	00:19:17.13
DONNA	MARTIN	Winston Runners	48	F	684	00:30:57.01
STUART	MARTINDALE		57	M	336	00:42:38.11
ROSE	MARTINDALE		54	F	337	00:42:38.64
JADE	MATTHEWS		32	F	757	00:23:11.28
JAX	MAX	Lonely Goat RC	56	F	555	00:42:48.85
IMY	MAYAT		39	M	894	00:32:27.68
JAMES	MCAFEE	Lytham St Annes RR Cl	38	M	579	00:21:30.39
CAT	MCCABE	Fordy Runners	39	F	787	00:34:22.32
VICTORIA	MCCREA		24	F	816	00:26:48.19

SHAUN	MCDONNELL		38	M	623	00:20:28.91
NICOLE	MCGOVERN		25	F	904	00:43:13.35
ROSS	MCKELVIE	Lytham St Annes RR Cl	31	M	614	00:16:36.68
ANNA	MCKENZIE		40	F	1089	00:34:46.35
CATH	MCLEAN	Fylde Coast Runners	52	F	425	01:15:57.19
SHAUN	MCMILLAN		17	M	839	00:29:09.34
LOUISE	MILLS		40	F	626	00:55:13.93
MELISSA	MORGAN	Warrington Running Cl	20	F	994	00:21:13.39
RACHEL	MORRIS		40	F	716	00:33:32.10
MIA	MORRIS		14	F	717	00:24:21.62
SUSAN	MOSS		51	F	1037	00:52:54.46
ROBERT	MOSS		55	M	364	00:41:21.29
MARTIN	MOSS		39	M	366	00:28:34.92
MULDOON	MULDOON		55	M	925	00:30:14.57
PAUL	NOBLE	Redcar Running Club	57	M	273	00:22:58.87
TERRI-ANN	NORCROSS		37	F	652	00:42:32.44
SARAH	O'NEILL		32	F	745	00:29:58.14
JACK	O'BRIEN		24	M	985	00:36:26.12
TRACEY	OKEFFEE		54	F	1073	00:34:46.64
ELLIE	OWEN		23	F	432	00:43:51.60
BETHAN	OWEN		21	F	433	00:43:57.55
MARGARET	PARKER		65	F	867	00:41:40.50
ANDREW	PATERSON	Chorlton Runners	43	M	572	00:28:08.43
MARIA	PHILLIPS		35	F	681	00:26:45.19
HARRY	POTTER		19	M	570	00:22:18.93
JAYNE	POVEY		50	F	374	00:36:59.10
HEATHER	PULLEN		50	F	122	00:50:25.00
EMILY	RHODES		38	F	1081	00:35:15.58
MAUREEN	ROBERTS	Lancaster Runners	64	F	1068	00:30:13.16
BRYONY	ROGERS		22	F	1014	00:25:37.83
DEBBIE	ROGERS		58	F	848	00:37:46.09
LAURA	ROONEY		34	F	582	01:11:13.25
FINTY	ROYLE	Chorley AC & Tri Club	18	F	998	00:18:59.37
PHILIPPA	SALES		41	F	908	00:29:39.32
ANDY	SALES	Northowram Pumas Runn	42	M	909	00:18:56.91
EVIE	SALES		14	F	910	00:27:15.24
POPPY	SALES		11	F	911	00:29:35.61
ANDREW	SEENEY		47	M	355	00:37:54.85
ELIZABETH	SEENEY		11	F	841	00:37:51.85
JACKIE	SHARPE	Thorney RC	55	F	512	00:44:14.00
CORRINA	SHORE	Fordy Runners	41	F	837	00:30:39.88
NICOLA	SIMPSON		37	F	552	00:31:48.31
NEIL	SIMPSON		57	M	887	00:43:24.83
ANDREW	SLOWEY		42	M	955	00:26:10.55
ANDRE	SMITH		49	M	1039	00:26:04.96
MICHELLE	SMITH		50	F	675	00:36:36.08
MEGAN	SMITH		15	F	799	00:36:41.76
AMY	SPEARIETT-MOSS		36	F	365	00:29:03.34

KYLE	SPEARIETT-MOSS		12	M	367	00:29:02.60
ALYSON	SPENCER		57	F	831	00:35:43.83
ANDREW	STOREY	Horwich RMI Harriers	57	M	825	00:24:49.91
HOLLIE	SUFFOLK	Preston Harriers	18	F	569	00:26:00.12
MARK	SUMMERS	Warley Woods Pacers	43	M	817	00:18:45.37
SHANNON	SUMNER		25	F	369	00:48:41.56
CHRIS	SYKES		32	M	542	00:31:56.11
REBEKAH	TAPPING		46	F	770	00:45:43.51
ZACK	TAYLOR	Horwich RMI Harriers	15	M	891	00:16:58.08
ROB	THEWLIS		29	M	689	00:33:33.62
JASON	THOMPSON		51	M	650	00:34:37.07
JANE	THOMPSON		55	F	651	00:34:37.59
FRANCESCA	THORNTON		32	F	519	00:28:05.62
BELINDA	THORNTON		31	F	520	00:34:08.33
DAWN	TIMSON		34	F	529	00:35:58.11
CAROLINE	TOMLINSON		46	F	1024	00:33:24.44
FAYE	TOWNSEND	Evenwood Road Runners	38	F	601	00:39:12.07
ANN	TREADWELL		58	F	1000	00:35:53.33
STEPHEN	TREADWELL		64	M	1001	00:36:38.83
RICHARD	TREADWELL		29	M	1002	00:43:05.22
ANGUS	TREADWELL		27	M	999	00:43:04.90
MAXINE	TURLEY		48	F	1005	00:36:24.06
BEKI	TURNER-SAUNDERS	DH Runners	31	F	391	00:36:59.35
LAURA	TYLER		36	F	667	00:43:39.51
VICKI	WAGSTAFF		42	F	368	00:48:39.05
NICOLA	WALLBANK		33	F	1072	00:25:53.19
ALISON	WALMSLEY		58	F	464	00:34:51.81
CLARE	WALMSLEY		30	F	485	00:31:58.11
CAROL	WALTERS		52	F	258	00:54:25.22
ALFIE	WARD	Fordy Runners	26	M	1051	00:36:41.86
SUZANNE	WARREN		49	F	655	00:42:08.87
EMMA	WATHALL		46	F	1062	00:34:37.85
LILY	WATHALL		22	F	1063	00:34:33.83
CAT	WEBB		45	F	801	00:37:48.31
EMMAJANE	WEBSTER		27	F	672	01:11:12.46
NICOLA	WEDGWOOD		45	F	398	00:31:58.66
MATTHEW	WHALLEY	Kirkby Milers AC	21	M	977	00:18:53.52
HEATHER	WHALLEY		34	F	988	00:41:57.59
ALISON	WHITEHEAD		57	F	704	00:33:25.39
HAYDEN	WHITEHEAD		11	M	705	00:33:24.21
RACHEL	WILKINSON		20	F	1091	00:36:52.89
RIA	WILTON	Kirkby Milers AC	20	F	707	00:36:28.31
TILLY	WILTON		16	F	708	00:36:26.56
SHAUN	WORTHINGTON		50	M	944	00:37:00.37
CHERYL	WORTHINGTON		47	F	945	00:52:52.47
VIKKI	WRIGLEY	Thornton Cleveleys RC	34	F	123	00:34:11.64
GABBY	YATES		26	F	756	00:34:20.16

**** 3rd Male Overall Best Time is currently in dispute.***



3rd Female Overall Best Time

1st Male Vet 50 Best Time

1st Male Vet 65+ Best Time

1st Lady Vet 45 Best Time

1st Female Overall Best Time

2nd Male Overall Best Time

1st Male Vet 60 Best Time

1st Lady Vet 35 Best Time

1st Lady Vet 60+ Best Time

1st Male Vet 45 Best Time

1st Male Overall Best Time

1st Male Vet 55 Best Time

1st Lady Vet 50 Best Time

2nd Female Overall Best Time

1st Lady Vet 40 Best Time

1st Male Vet 40 Best Time

1st Lady Vet 55 Best Time