

# Results

## Blackpool Promenade 10 Miler Saturday 27th May 2017



Place	Bib	First name	Last name	Team name	Category	Age	Gender	Time
1	222	Gethin	Jones		Men	27	Male	57:53.3
2	327	Mike	Toft	Lytham St Annes RR Club	Men	28	Male	1:00:42.9
3	365	Jamie	Shingler	Ludlow Runners	Male Vet Over 40	43	Male	1:00:44.2
4	149	Gary	Dale	Hyde Village Striders	Male Vet Over 55	56	Male	1:02:30.3
5	226	Lee	Kaufman	Sale Harriers Manchester	Male Vet Over 45	48	Male	1:03:11.1
6	316	Neil	Tate	Lytham St Annes RR Club	Men	38	Male	1:04:31.2
7	145	Andrew	Croft	Dewsbury Road Runners	Male Vet Over 40	43	Male	1:04:40.8
8	210	Thomas	Howarth	Lytham St Annes RR Club	Men	31	Male	1:06:18.5
9	157	Simon	Dunn	Trentham RC	Male Vet Over 55	55	Male	1:07:10.2
10	120	Paul	Bibby		Male Vet Over 40	42	Male	1:07:32.4
11	361	Rhys	Pippard	Serpentine RC	Men	33	Male	1:08:21.4
12	172	Darren	Ford		Male Vet Over 45	48	Male	1:08:50.6
13	232	Neil	Kirwin		Male Vet Over 40	44	Male	1:08:54.8
14	351	Johanna	Winks	Halifax Harriers & AC	Lady Vet Over 40	41	Female	1:10:06.8
15	206	Hilary	Honeyball	Liverpool Pembroke & Sefton H AC	Lady Vet Over 35	38	Female	1:10:49.2
16	259	Gareth	Miller		Men	36	Male	1:11:31.6
17	315	Alex	Tate	Lytham St Annes RR Club	Men	31	Male	1:11:57.8
18	106	Paul	Ashby	Hinckley Running Club	Men	39	Male	1:12:07.1
19	370	Sam	Graham		Male Vet Over 40	42	Male	1:13:30.0
20	354	Ellie	Wright	Blackburn Road Runners	Ladies	28	Female	1:14:20.3
21	168	Ian	Fitzgerald	Horsforth Harriers	Male Vet Over 40	42	Male	1:15:28.0
22	358	Zoe	Gmerek	Chorlton Runners	Lady Vet Over 40	42	Female	1:16:05.4
23	102	John	Agnew	Fylde Coast Runners	Men	37	Male	1:16:30.2
24	280	Andrew	Pease		Male Vet Over 45	49	Male	1:16:31.7
25	329	Julien	Tour	Penny Lane Striders	Men	34	Male	1:17:39.0
26	234	Maciej	Kowalski		Men	38	Male	1:17:50.1
27	360	Cass	Chisholm	BRAT	Lady Vet Over 35	35	Female	1:18:01.9
28	182	Sean	Greasley		Men	32	Male	1:18:10.5
29	173	Paul M	Forshaw		Male Vet Over 50	51	Male	1:18:23.5
30	270	Anthony	Murphy		Male Vet Over 45	47	Male	1:18:41.9
31	193	Clare	Harrison	Sinfin Running Club	Lady Vet Over 35	38	Female	1:19:18.0
32	321	Jason	Thomas		Men	36	Male	1:19:45.1
33	207	Carl	Horton	Fylde Coast Runners	Male Vet Over 45	46	Male	1:19:49.5
34	334	Nicola	Unsworth	Wesham Road Runners & AC	Lady Vet Over 45	46	Female	1:20:25.9
35	197	Ian	Hewitt	Derby Triathlon Club	Male Vet Over 40	42	Male	1:20:33.6
36	308	Michael	Sinkinson		Male Vet Over 40	43	Male	1:21:15.1
37	202	Jackie	Hodgson	Barlick Fell Runners	Ladies	34	Female	1:21:47.8
38	310	Henry	Skipper	Kingstone Runners Barnsley	Men	22	Male	1:22:05.8
39	356	Ambrose	Choy		Men	38	Male	1:22:21.5
40	341	Richard	Ward	Derwent Runners (Derby)	Men	33	Male	1:22:22.2
41	123	Robert	Bishop		Men	37	Male	1:22:38.1
42	156	Richard	Duncan	Lancaster Race Series	Men	35	Male	1:23:20.5
43	279	Sean	Partington		Male Vet Over 50	51	Male	1:23:27.1
44	343	Bill	Watts		Male Vet Over 50	54	Male	1:23:48.0
45	333	Dave	Turner		Male Vet Over 45	48	Male	1:24:06.0

46	163	Alan	Elstone	Lytham St Annes RR Club	Men	27	Male	1:24:06.3
47	292	Glennis	Richardson	Hyde Village Striders	Lady Vet Over 55	57	Female	1:24:19.5
48	295	Paul	Roberts		Male Vet Over 50	53	Male	1:25:16.5
49	167	Patrick	Filio		Men	35	Male	1:25:56.3
50	362	Peter	Lees		Men	33	Male	1:27:08.5
51	359	Marissa	Cornall	Garstang Running Club	Lady Vet Over 35	37	Female	1:27:32.3
52	220	Vincent	Jones		Male Vet Over 45	45	Male	1:27:40.8
53	144	Julie	Coupe		Lady Vet Over 45	46	Female	1:27:42.8
54	115	James	Baker		Men	31	Male	1:27:47.2
55	110	Greg	Atkinson		Men	29	Male	1:27:50.0
56	278	James	Ormerod		Men	28	Male	1:27:52.7
57	219	Bryn	Jones	Hyde Village Striders	Male Vet Over 40	41	Male	1:28:18.3
58	175	Jennifer	Gannon		Ladies	34	Female	1:28:19.4
59	205	Jessica	Holdsworth		Lady Vet Over 35	39	Female	1:28:19.8
60	103	Thomas	Alcock		Male Vet Over 40	43	Male	1:28:20.1
61	199	Scott	Highley	Fylde Coast Runners	Men	25	Male	1:28:32.5
62	195	Ed	Helme		Men	35	Male	1:28:38.4
63	369	Steve	Vas Cook	Northwich RC	Men	34	Male	1:28:41.2
64	125	Hannah	Boyd		Lady Vet Over 35	35	Female	1:28:57.0
65	264	Helen	Morris		Lady Vet Over 45	48	Female	1:29:13.4
66	381	Ed	McCarthy		Male Vet Over 50	50	Male	1:29:52.6
67	331	Margo	Turner		Lady Vet Over 60	61	Female	1:29:54.3
68	261	Sandra	Milton		Lady Vet Over 55	56	Female	1:30:38.9
69	105	Michelle	Arroud	Fylde Coast Runners	Ladies	32	Female	1:30:42.7
70	152	Sylvia	Dick		Lady Vet Over 40	44	Female	1:30:47.4
71	236	Ross	Laws		Men	33	Male	1:30:59.7
72	326	Vanessa	Thomson	Astley & Tyldesley Road Runners	Lady Vet Over 40	40	Female	1:31:04.3
73	165	Julie	Fairbrother		Ladies	34	Female	1:31:15.1
74	243	Craig	Maddocks		Men	27	Male	1:31:50.2
75	368	Michelle	Tomlinson	Thornton Cleveleys Running Club	Lady Vet Over 55	55	Female	1:31:51.8
76	221	Marc	Jones		Male Vet Over 40	44	Male	1:32:27.3
77	118	Mark	Beaton		Men	34	Male	1:32:39.7
78	366	Kathryn	Ashcroft-Gardner	Blackburn Road Runners	Lady Vet Over 40	42	Female	1:33:23.4
79	244	Tony	Man	Penny Lane Striders	Male Vet Over 45	49	Male	1:34:14.5
80	183	Tim	Green		Men	27	Male	1:34:17.6
81	160	Paul	Edwards		Male Vet Over 50	52	Male	1:34:19.5
82	192	Rachel	Hargreaves		Lady Vet Over 40	40	Female	1:34:39.1
83	336	Jonathan	Wadsworth		Male Vet Over 40	40	Male	1:34:43.8
84	204	Richard	Holding		Men	36	Male	1:34:53.2
85	212	Alan	Howson	Fylde Coast Runners	Male Vet Over 40	44	Male	1:34:54.1
86	127	Debbie	Bradshaw		Lady Vet Over 40	43	Female	1:35:27.4
87	302	Richard	Sharpe	Thorney RC	Male Vet Over 50	52	Male	1:35:33.2
88	194	Susan	Hawitt	Lytham St Annes RR Club	Lady Vet Over 50	52	Female	1:35:34.5
89	141	Sharon	Connery		Lady Vet Over 45	46	Female	1:35:39.4
90	100	Michelle	Abbott	Clayton-le-Moors Harriers	Lady Vet Over 35	36	Female	1:36:12.4
91	132	Victoria	Bullock		Lady Vet Over 35	39	Female	1:36:17.9
92	319	Steven	Taylor		Men	36	Male	1:36:23.0
93	131	Christopher	Bullock		Men	33	Male	1:36:35.8
94	162	Katrin	Elbag		Ladies	29	Female	1:36:37.6
95	213	Sheona	Hudson	Mick's Road Runners	Ladies	33	Female	1:36:48.5
96	342	Neil	Watts		Male Vet Over 50	53	Male	1:37:33.4
97	240	Kerry	Lomas	Astley & Tyldesley Road Runners	Ladies	34	Female	1:37:45.9

98	371	Paul	Stewartson		Male Vet Over 40	44	Male	1:38:17.9
99	101	Rob	Accleton		Male Vet Over 50	52	Male	1:38:32.8
100	314	Adie	Tarbuck		Male Vet Over 40	42	Male	1:39:18.2
101	291	Mark	Richards	Running On Empty	Men	39	Male	1:39:23.2
102	281	Caroline	Pease		Lady Vet Over 50	54	Female	1:40:08.5
103	201	Dave	Hitchen		Male Vet Over 40	43	Male	1:40:13.6
104	166	Justin	Farthing		Male Vet Over 40	44	Male	1:40:15.7
105	253	Dave	McKay	Fylde Coast Runners	Male Vet Over 40	44	Male	1:40:17.5
106	249	Joe	McCaw		Male Vet Over 45	47	Male	1:40:19.2
107	124	Louise	Blackey		Lady Vet Over 35	36	Female	1:40:28.6
108	335	Teresina	Valiant		Ladies	34	Female	1:40:32.6
109	171	Amelia	Ford		Lady Vet Over 35	38	Female	1:41:00.1
110	191	Susan	Hargreaves	Fylde Coast Runners	Lady Vet Over 40	40	Female	1:41:23.7
111	128	Shelley	Brady		Lady Vet Over 40	40	Female	1:41:26.0
112	284	Keith	Pleasant	Oldham & Royton H & AC	Men	38	Male	1:41:40.7
113	257	Adrian	Melton		Male Vet Over 65	72	Male	1:41:42.4
114	164	Aleta	Ewing		Ladies	29	Female	1:41:55.7
115	208	Michelle	Houghton	Blackburn Road Runners	Lady Vet Over 45	48	Female	1:41:57.0
116	231	Paul	Kenyon		Male Vet Over 45	46	Male	1:42:08.9
117	211	Kathryn	Howe		Lady Vet Over 45	45	Female	1:42:11.6
118	230	Anouska	Kent		Lady Vet Over 35	37	Female	1:42:18.0
119	143	Alan	Cooper	Fylde Coast Runners	Men	33	Male	1:42:26.2
120	209	Jonathan	Howarth	Roefield Running Club	Men	34	Male	1:42:38.9
121	299	Lucy	Saunders	Thornton Cleveleys Running Club	Lady Vet Over 45	48	Female	1:42:39.6
122	339	Brigid	Walsh	Longwood Harriers AC	Lady Vet Over 65	65	Female	1:43:16.3
123	224	Mary	Kain		Lady Vet Over 55	58	Female	1:43:17.2
124	121	Frances	Bickerdike		Lady Vet Over 50	51	Female	1:43:19.0
125	116	Natalie	Barber		Ladies	29	Female	1:43:36.5
126	196	Debra	Hennessey	Burnden Road Runners	Lady Vet Over 45	49	Female	1:43:46.9
127	337	Tracey	Wadsworth	Dewsbury Road Runners	Lady Vet Over 45	48	Female	1:43:50.5
128	161	Jim	Egan	Fylde Coast Runners	Male Vet Over 50	52	Male	1:44:09.3
129	250	Diana	Mccomiskey		Lady Vet Over 35	35	Female	1:44:27.4
130	355	Clare	Wright	Vegan Runners UK	Lady Vet Over 35	36	Female	1:44:28.1
131	227	Vick	Kaufman		Lady Vet Over 45	45	Female	1:44:49.5
132	113	Rachel	Awde		Ladies	32	Female	1:45:01.3
133	169	Neil	Fletcher		Male Vet Over 50	51	Male	1:45:06.3
134	129	Bernard	Brown		Male Vet Over 50	53	Male	1:45:21.4
135	214	Stephanie	Humphries	Warrington Running Club	Ladies	26	Female	1:45:21.6
136	186	Simon	Hackett	Lymm Runners	Male Vet Over 55	56	Male	1:45:29.9
137	148	Sarah	Cuthbertson	Great Yarmouth Road Runners	Lady Vet Over 45	46	Female	1:45:38.4
138	215	Matthew	Hunn		Male Vet Over 45	46	Male	1:45:39.8
139	298	Dawn	Saunders	Thornton Cleveleys Running Club	Lady Vet Over 45	46	Female	1:45:47.9
140	111	Paul	Auburn	Running On Empty	Men	38	Male	1:45:50.9
141	340	Martin	Ward		Male Vet Over 55	58	Male	1:46:03.9
142	154	Paula	Doran		Lady Vet Over 40	40	Female	1:46:05.9
143	134	Zara	Byrne		Ladies	25	Female	1:46:06.6
144	271	Gary	Nadin	Derbyshire Dynamos	Male Vet Over 55	58	Male	1:46:24.4
145	181	Michael	Gray	Derbyshire Dynamos	Male Vet Over 65	66	Male	1:46:24.9
146	311	Jase	Stephens		Men	27	Male	1:46:51.4
147	357	Terry	Bullion		Men	28	Male	1:46:54.2
148	247	Louise	Mathews	Mick's Road Runners	Lady Vet Over 50	52	Female	1:46:55.1
149	133	Ruth	Bye	Lytham St Annes RR Club	Lady Vet Over 35	35	Female	1:47:12.5

150	159	Amanda	Eastwood	Women on the Run	Lady Vet Over 45	48	Female	1:47:13.1
151	345	Claire	Wignall	Women on the Run	Lady Vet Over 40	40	Female	1:47:13.5
152	150	Karly	Daniels		Ladies	32	Female	1:47:30.4
153	301	Kelly	Seward		Lady Vet Over 35	38	Female	1:47:48.5
154	293	Vicki	Ridge		Lady Vet Over 35	38	Female	1:48:26.7
155	267	Kay	Mortimer		Lady Vet Over 40	40	Female	1:48:26.9
156	189	Michael	Hall		Male Vet Over 40	42	Male	1:49:29.7
157	200	Christian	Hill	Accrington Road Runners	Men	29	Male	1:49:41.0
158	151	Pauline	Dewhurst	Roefield Running Club	Lady Vet Over 50	52	Female	1:49:52.9
159	174	Ntiriwah	Freeman		Lady Vet Over 40	42	Female	1:50:42.7
160	304	Lynn	Shaw	Thornton Cleveleys Running Club	Lady Vet Over 45	49	Female	1:50:46.5
161	112	Robert	Auburn	Running On Empty	Male Vet Over 65	68	Male	1:51:00.4
162	364	Angela	Buckley	Greenfield Greyhounds	Lady Vet Over 40	43	Female	1:51:02.7
163	142	Lee	Conway		Men	32	Male	1:51:05.6
164	274	Mark	Nuttall		Male Vet Over 45	49	Male	1:51:12.4
165	273	Alison	Nuttall		Lady Vet Over 35	39	Female	1:51:15.5
166	180	Ruby	Gratrix		Ladies	21	Female	1:51:17.8
167	322	Lee	Thomas		Male Vet Over 40	43	Male	1:52:51.5
168	122	John	Bird		Men	34	Male	1:53:06.4
169	330	Ben	Treadwell		Men	26	Male	1:53:10.9
170	170	Katie	Ford		Lady Vet Over 35	36	Female	1:53:17.0
171	237	Sarah Louise	Leaver		Ladies	28	Female	1:53:30.3
172	332	Lee	Turner		Men	34	Male	1:54:26.7
173	217	Davinia	Jackson	Thornton Cleveleys Running Club	Lady Vet Over 35	37	Female	1:54:29.5
174	272	Jenny	Newstead Taylor		Lady Vet Over 35	39	Female	1:54:33.2
175	225	Kasia	Kasza		Ladies	33	Female	1:54:41.2
176	136	Harriet	Challenger		Lady Vet Over 45	48	Female	1:55:43.7
177	119	Tony	Berry		Male Vet Over 50	51	Male	1:55:44.8
178	262	Shirleyann	Moran		Lady Vet Over 55	56	Female	1:55:48.1
179	117	Katy	Barrow		Lady Vet Over 35	35	Female	1:56:35.4
180	140	Jason	Colclough		Male Vet Over 45	46	Male	1:56:57.2
180	320	Charlotte	Thomas		Lady Vet Over 35	38	Female	1:56:57.2
182	350	Alex	Wilson		Lady Vet Over 40	40	Female	1:57:24.3
182	282	Katie	Perkins		Ladies	32	Female	1:57:24.3
184	289	Nichola	Reay		Lady Vet Over 35	38	Female	1:57:26.8
185	245	Chris	Mann		Men	28	Male	1:57:57.8
186	317	Rachael	Taylor		Lady Vet Over 40	42	Female	1:57:58.9
187	179	Victoria	Gooden		Ladies	34	Female	1:58:12.6
188	285	Claire	Plowes		Ladies	32	Female	1:58:42.0
189	254	Naomi	McLoughlin		Ladies	25	Female	1:59:06.6
190	176	Anne Marie	Gardner		Lady Vet Over 35	38	Female	1:59:16.2
191	258	Dennis	Michaels	Northern Veterans AC	Male Vet Over 60	64	Male	1:59:26.4
192	260	Beverley	Milton		Lady Vet Over 45	48	Female	1:59:35.0
193	146	Laura	Croft		Ladies	32	Female	2:00:10.7
194	184	Carol	Greenall		Lady Vet Over 50	53	Female	2:00:39.3
195	309	Vikki	Skipper	Barnsley Harriers	Lady Vet Over 60	61	Female	2:00:41.6
196	241	Marie	Lonsdale		Lady Vet Over 35	39	Female	2:00:46.2
197	255	Wendy	McLoughlin		Lady Vet Over 55	57	Female	2:01:24.0
198	187	Chris	Haggett		Male Vet Over 65	71	Male	2:03:43.1
199	223	Heather	Jordan	Thornton Cleveleys Running Club	Ladies	34	Female	2:04:09.8
200	297	Andrew	Rucastle		Men	32	Male	2:05:25.6
201	277	Deborah	Ormandy		Lady Vet Over 35	36	Female	2:06:48.0

202	155	Adriana	Dragusin		Ladies	32	Female	2:07:03.9
203	307	Alison	Simnor	Thornton Cleveleys Running Club	Lady Vet Over 50	51	Female	2:09:03.5
203	242	Catherine	MacLachlan	Thornton Cleveleys Running Club	Lady Vet Over 45	45	Female	2:09:03.5
205	275	Aoife	O'riordan		Lady Vet Over 35	35	Female	2:09:49.7
206	135	Joelle	Cavalot		Ladies	22	Female	2:10:14.0
207	296	Sharon	Rucastle	Bentham Beagles Running Club	Lady Vet Over 55	58	Female	2:13:21.6
208	290	Sarah Jane	Reay		Lady Vet Over 35	35	Female	2:14:00.6
209	349	Nicola	Willoughby	Saltaire Striders	Ladies	29	Female	2:15:34.1
210	248	Claire	McAndrew		Lady Vet Over 45	47	Female	2:15:34.8
211	137	Diane	Chambers	Lancaster Race Series	Lady Vet Over 45	46	Female	2:16:10.8
212	324	Claudia	Thompson	Barnsley Harriers	Ladies	34	Female	2:19:08.4
212	323	Jill	Thompson		Lady Vet Over 55	59	Female	2:19:08.4
214	313	Jon	Tarback	Running On Empty	Male Vet Over 45	45	Male	2:23:28.4
215	367	Ella	McGovern		Ladies	20	Female	2:24:12.1
216	246	Hannah	Martin		Ladies	28	Female	2:35:14.3
217	287	Julie	Proctor		Ladies	34	Female	2:35:15.5
218	305	Stephanie	Sheridan		Lady Vet Over 35	35	Female	2:42:01.8
218	288	Claire	Purcell	Chorlton Runners	Lady Vet Over 35	36	Female	2:42:01.8