



Crazy Cow 10k

23/06/2019 10:30:00

Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
1	PAUL MULLER	Northern Masters	5154	00:37:41.85	00:37:40.53	M	62
2	ANTHONY RYDER		380	00:38:08.13	00:38:04.50	M	38
3	MARK TOMKINSON	Glaxo Hoad Hill Harriers	459	00:38:17.60	00:38:13.04	M	47
4	ANDREW FAIRBAIRN	Thornton Cleveleys RC	146	00:38:49.22	00:38:47.69	M	44
5	DAN EDWARDS	Chorley Athletics and Tri	138	00:39:11.17	00:39:08.56	M	42
6	RICHARD JONES	Garstang Running Club	265	00:39:45.53	00:39:43.65	M	40
7	STUART NIXON		5155	00:40:06.53	00:39:54.71	M	36
8	CHRIS SMITH		535	00:40:21.02	00:40:17.94	M	42
9	SAMUEL WALMSLEY		478	00:40:21.52	00:40:18.95	M	34
10	SIMON GORA	Garstang Running Club	512	00:40:35.18	00:40:33.08	M	36
11	VICTORIA MOUSLEY	Blackburn Harriers	325	00:41:07.52	00:41:06.15	F	38
12	MICHAEL CLITHEROE		88	00:41:40.16	00:41:37.78	M	33
13	CHRIS BURTON	Wigan Harriers & AC	65	00:41:49.00	00:41:44.44	M	27
14	KENNETH BEAZLEY	Preston Harriers	534	00:42:21.24	00:42:17.61	M	61
15	LIAM HOOTON	Red Rose Road Runners	235	00:42:23.91	00:42:15.29	M	32
16	NATHAN VAS		468	00:42:54.16	00:42:49.28	M	26
17	BRETT HEYES		220	00:42:59.73	00:42:55.36	M	44
18	SAMANTHA MCCREADIE	Blackburn Harriers	543	00:43:12.65	00:43:10.77	F	34
19	JON WILSON	Stilton Striders	498	00:43:29.65	00:43:26.27	M	52
20	REBECCA TAYLOR		443	00:43:46.40	00:43:06.09	F	28
21	HARRY CATHERALL	Blackburn Road Runners	76	00:43:51.23	00:43:42.70	M	56
22	DANIEL MERRICK	Lonely Goat RC	318	00:44:04.65	00:43:55.58	M	32
23	DAVID HOWARD	Trawden Athletic Club	5156	00:44:20.65	00:44:18.33	M	63
24	ANDREW STELL	Red Rose Road Runners	420	00:44:22.89	00:44:15.36	M	49
25	CHRIS THOMPSON		456	00:44:24.22	00:44:19.08	M	29
26	ROB MULLANEY		326	00:44:37.14	00:44:34.76	M	35
27	JAMES DARKIN	Red Rose Road Runners	513	00:44:57.21	00:44:53.09	M	49
28	DWAIN RIECNIK		541	00:45:04.71	00:44:59.08	M	41
29	JENNY YATES	Radcliffe AC	509	00:45:05.98	00:44:59.92	F	54
30	CARL HAMER		190	00:45:11.48	00:45:02.91	M	36
31	JAMES MCGLYNN	Wigan Harriers & AC	308	00:45:24.22	00:45:19.68	M	69
32	CHRISTOPHER BRIDGE	Red Rose Road Runners	56	00:45:36.13	00:45:30.00	M	30
33	CHRISTIAN HARDING		197	00:46:06.97	00:45:55.89	M	39
34	DOUGIE POTTER	Preston Harriers	518	00:46:12.62	00:45:29.01	M	35
35	PETER FLOWERS		158	00:46:12.97	00:46:00.90	M	48
36	MATTHEW TURNER		465	00:46:15.13	00:45:09.02	M	44
37	MATTHEW TURNER		464	00:46:15.48	00:46:07.95	M	15
38	HANNAH SMITH		409	00:46:16.38	00:46:01.81	F	23
39	ROY TOMLINSON	Thornton Cleveleys RC	460	00:46:18.96	00:46:13.08	M	59
40	CHRISTOPHER BROWN		527	00:46:26.47	00:46:19.94	M	48
41	ANDREA DOUGLAS	Bramley Breezers	128	00:46:33.36	00:46:29.49	F	44
42	PHILIP HORROCKS	Walney Wind Cheetahs	533	00:46:43.26	00:46:37.38	M	53
43	ANDY HARTLEY		206	00:46:43.37	00:46:34.01	M	49
44	GREEBA HEARD	Stilton Striders	211	00:46:48.70	00:46:45.82	F	50
45	SHAUN TAYLOR	Trawden Athletic Club	437	00:46:56.95	00:46:52.08	M	57
46	PETE SMITH		408	00:47:28.38	00:47:16.76	M	53
47	JOHN MCDONALD	Trawden Athletic Club	306	00:47:43.60	00:47:35.73	M	56
48	STEPHEN JONES		261	00:47:51.85	00:47:46.48	M	59
49	TERRY MOSS		538	00:47:53.35	00:47:44.74	M	47
50	ANTHONY BLIGHT	Blackpool	529	00:47:53.62	00:47:42.99	M	47
51	LEE TASKER	Fylde Coast Runners	435	00:48:02.45	00:47:44.36	M	42
52	HOWARD PIPERIDES	Vegan Runners UK	354	00:48:06.68	00:47:47.07	M	50
53	KAREN MAGGIO-POYNTZ	Walney Wind Cheetahs	532	00:48:15.11	00:48:09.80	F	48



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
54	BASIA PAWELCZAK	Blackpool	530	00:48:16.45	00:47:28.50	F	26
55	PHIL HORNER	Garstang Running Club	237	00:48:36.18	00:48:27.29	M	46
56	RICHARD TEASDALE	Wigan Harriers & AC	515	00:48:38.68	00:48:35.60	M	33
57	MALCOLM TEALE	Southport Waterloo AC	449	00:48:41.35	00:48:34.99	M	60
58	DAVE LLOYD	Blackburn Road Runners	287	00:48:47.96	00:48:43.84	M	61
59	JONATHON SANDERSON	Wesham Road Runners	381	00:48:53.85	00:47:54.75	M	25
60	LAURA CONN	Preston Harriers	93	00:49:07.34	00:48:57.22	F	30
61	JAMES BUCKLEY	Lytham	526	00:49:12.09	00:49:06.22	M	33
62	JANETTE RAYTON	Red Rose Road Runners	362	00:49:15.67	00:49:12.36	F	41
63	DANIEL COWGILL		105	00:49:22.94	00:47:55.58	M	28
64	RACHEL HANCOCK	Lostock AC	194	00:49:25.43	00:48:28.81	F	45
65	DAVE JENNINGS		517	00:49:29.35	00:49:22.25	M	42
66	MARK PROCTOR		359	00:49:29.85	00:49:22.31	M	50
67	PHILIP HAYES	Thornton Cleveleys RC	209	00:49:32.94	00:49:16.62	M	51
68	NICOLA UNSWORTH	Blackpool	528	00:49:58.34	00:49:48.54	F	48
69	ALISON COOKE	Glaxo Hoad Hill Harriers	95	00:49:58.69	00:49:54.13	F	58
70	SARAH MACKAY		292	00:49:59.58	00:49:49.96	F	41
71	STUART ISHERWOOD	Lions Running Community	250	00:50:01.83	00:49:34.47	M	60
72	BEN SMITHERS SMITHERS	Red Rose Road Runners	412	00:50:09.92	00:50:00.56	M	32
73	COLIN WATERS	Fylde Coast Runners	482	00:50:17.84	00:49:06.73	M	55
74	PETE MCLEAN	Fylde Coast Runners	312	00:50:18.84	00:49:09.48	M	52
75	HEIDI MARSHALL		296	00:50:22.43	00:49:15.81	F	36
76	MARK BELL		29	00:50:37.17	00:50:07.04	M	39
77	TOBY CAMPBELL		70	00:50:37.59	00:50:14.06	M	39
78	HAYLEY DUCKWORTH	Blackburn Road Runners	132	00:50:39.43	00:50:29.53	F	33
79	JANE DASGUPTA	BTR Road Runners	112	00:50:43.58	00:50:40.70	F	51
80	PETER SHIELDS	Ilkley Harriers	523	00:50:44.67	00:50:35.11	M	72
81	DAVID STEVENS		514	00:50:46.09	00:50:05.73	M	55
82	GARY HANKIN		195	00:50:48.67	00:50:35.52	M	48
83	CHRISTINA MCGUIRE	Lancaster and Morecambe AC	311	00:50:48.84	00:50:40.97	F	56
84	DAVID STEWART	Red Rose Road Runners	422	00:50:49.92	00:50:29.39	M	57
85	SHEILA JONES	Radcliffe AC	259	00:50:50.67	00:50:43.29	F	64
86	RAFAL DUSZA		133	00:50:52.11	00:50:16.00	M	42
87	SAMANTHA SLATER	Lonely Goat RC	403	00:50:55.17	00:49:59.04	F	44
88	MARK PAYLER	Darwen Dashers	542	00:51:08.92	00:50:38.31	M	41
89	PHILIP TURNER	Wigan Harriers & AC	462	00:51:15.82	00:51:08.70	M	63
90	LOREN DAWSON	Vegan Runners UK	114	00:51:19.59	00:50:57.72	F	23
91	JAMES COOKE	Glaxo Hoad Hill Harriers	94	00:51:27.42	00:50:02.56	M	62
92	AMBER MANOIU		295	00:51:29.57	00:51:18.26	F	29
93	SHANE NEWTON		332	00:51:33.58	00:50:14.22	M	45
94	AARON CONLON	Blackburn Road Runners	92	00:51:35.83	00:51:25.01	M	32
95	BARRY O'CLEIRIGH	Thornton Cleveleys RC	338	00:51:50.57	00:50:43.95	M	60
96	GILLIAN PRYOR	Thornton Cleveleys RC	360	00:51:52.42	00:51:35.35	F	46
97	ALEX WALTON		480	00:51:57.57	00:51:13.21	M	36
98	STEPHEN WORBEY		506	00:51:59.64	00:51:15.70	M	44
99	MARIE WILSON		500	00:52:06.65	00:50:50.29	F	42
100	MARK HARPER		201	00:52:09.09	00:52:00.56	M	47
101	JOHN GREENWOOD	Walney Wind Cheetahs	177	00:52:21.41	00:52:14.30	M	64
102	SHAUN FISHER		154	00:52:23.41	00:50:58.85	M	54
103	HELEN DOUGAN		126	00:52:29.40	00:52:02.04	F	42
104	PAULA HERBERT	Walney Wind Cheetahs	218	00:52:30.65	00:52:23.52	F	52
105	KAREN RISHTON	Blackburn Road Runners	369	00:52:32.32	00:50:57.22	F	47
106	CAROLINE DOWNES		130	00:52:36.91	00:52:17.79	F	41



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107	STEPHEN PERRY	Lancaster & Morecambe AC	521	00:52:38.90	00:51:42.05	M	64
108	ANDREW ROBINSON		375	00:52:51.40	00:52:24.87	M	45
109	STEVE PARKER	Bury Athletic Club	344	00:52:52.34	00:52:36.97	M	45
110	PAUL KING	Lions Running Community	273	00:52:53.40	00:52:29.35	M	54
111	ROBERT BYWATER	Lions Running Community	69	00:52:53.67	00:52:28.60	M	41
112	SIMON WINSTER	Red Rose Road Runners	501	00:52:57.40	00:52:50.78	M	33
113	JANETTE WALLIS		549	00:52:59.40	00:52:33.03	F	57
114	FINLAY MCCALMAN	Wesham Road Runners	302	00:53:10.06	00:52:54.44	M	55
115	MIK PARR		346	00:53:14.90	00:52:53.96	M	55
116	ELAINE RUSSELL		379	00:53:16.55	00:52:48.69	F	38
117	GED JOHNSON	Blackburn Road Runners	257	00:53:17.64	00:53:06.56	M	63
118	DAVID BRISCO	St Helens Striders	59	00:53:24.55	00:53:10.47	M	52
119	SHARON OCONNELL	St Helens Striders	342	00:53:24.67	00:53:10.86	F	50
120	SARAH ROGAN	BTR Road Runners	377	00:53:29.56	00:53:24.69	F	41
121	TONY HART	Fylde Coast Runners	205	00:53:33.63	00:52:37.51	M	48
122	DAVID HINDLE	Red Rose Road Runners	225	00:53:35.56	00:53:07.19	M	65
123	ABBY BLAND		45	00:53:35.92	00:51:41.32	F	27
124	ANDREA STURGESS	Blackburn Road Runners	426	00:53:38.31	00:53:31.21	F	38
125	CAROL DOUGLASS	Red Rose Road Runners	129	00:53:41.39	00:53:26.33	F	73
126	LLOYD GEMSON		167	00:53:51.13	00:51:37.27	M	40
127	YOM BATEMAN		25	00:53:52.90	00:52:50.59	M	29
128	ABBY NOONAN		333	00:53:54.80	00:53:31.00	F	40
129	STEVEN NOONAN		334	00:53:54.80	00:53:29.66	M	46
130	LEE BIBBY		36	00:54:03.05	00:52:43.44	M	39
131	JULIE CRUSE	Thornton Cleveleys RC	107	00:54:04.55	00:53:53.93	F	57
132	KAYLEIGH CLITHEROE	Garstang Running Club	87	00:54:07.40	00:54:01.52	F	33
133	KATHRYN DAVIES	Radcliffe AC	520	00:54:16.80	00:53:47.69	F	56
134	STEPHEN EDWARDS	Lions Running Community	139	00:54:18.05	00:53:52.24	M	47
135	THOMAS DILLON	Fylde Coast Runners	120	00:54:23.80	00:52:45.44	M	36
136	RACHAEL SHAW		394	00:54:26.39	00:53:33.02	F	33
137	KIRK DOUGLAS	Bramley Breezers	127	00:54:35.63	00:54:32.25	M	52
138	DEBORAH BARRINGTON	Radcliffe AC	22	00:54:38.89	00:54:10.82	F	42
139	STEWART SIMPSON		401	00:54:41.80	00:54:18.24	M	32
140	PETER COSTELLO	Blackburn Road Runners	100	00:54:43.39	00:54:34.03	M	60
141	DARREN PERCIVAL	Lonely Goat RC	351	00:54:43.58	00:54:31.05	M	38
142	ELAINE LAMBERT		277	00:54:46.14	00:54:29.82	F	40
143	ANN BOARDMAN	Garstang Running Club	46	00:54:54.29	00:53:39.94	F	47
144	PAULA STELL	Red Rose Road Runners	421	00:54:55.80	00:54:30.98	F	46
145	TIM KEELY		268	00:54:57.39	00:53:57.28	M	65
146	JENNY SHEPHERD	Thornton Cleveleys RC	395	00:54:59.65	00:54:47.28	F	33
147	MONIKA ALDELIME	Southport Waterloo AC	2	00:54:59.81	00:54:44.19	F	45
148	DAVID PHILLIPS	Winston Runners	353	00:55:07.13	00:55:03.75	M	53
149	SHARON SWIFT	St Helens Striders	431	00:55:10.79	00:53:54.44	F	51
150	MARTIN COWBURN		104	00:55:13.62	00:54:11.05	M	32
151	BEN WINSTER		502	00:55:14.12	00:54:59.76	M	25
152	DAWN SAUNDERS	Thornton Cleveleys RC	385	00:55:18.54	00:54:23.40	F	48
153	CATHERINE SMITH	Women on the Run	407	00:55:24.07	00:55:05.50	F	52
154	DAVINA HUGHES	Wigan Harriers & AC	243	00:55:28.13	00:53:52.27	F	57
155	NIK DAWSON		115	00:55:28.39	00:55:13.78	M	32
156	CAROLINE MALONE	Radcliffe AC	294	00:55:34.13	00:55:06.02	F	49
157	RICHARD WALKDEN		475	00:55:37.89	00:54:08.53	M	40
158	STEPHEN HILL	Lions Running Community	221	00:55:44.78	00:54:31.18	M	66
159	TRACY SPENCELEY		414	00:55:47.06	00:54:22.45	F	55



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160	RICHARD CHIPPENDALE	Red Rose Road Runners	81	00:55:48.62	00:54:34.01	M	33
161	BARBARA BATH	Lions Running Community	26	00:55:51.79	00:55:36.66	F	52
162	PAUL GREGORY		180	00:55:52.63	00:55:33.68	M	47
163	CAROLE BAILEY		15	00:55:55.00	00:54:20.46	F	44
164	PAUL FENSOME		151	00:55:55.00	00:54:20.46	M	48
165	MARIAN DE SILVER	Dallam Running Club	116	00:56:03.38	00:55:55.51	F	60
166	RIKKI GREEN	Wigan Harriers & AC	176	00:56:04.37	00:55:15.51	M	34
167	REBECCA STEAD	Lonely Goat RC	418	00:56:06.62	00:55:52.09	F	34
168	SARA BIBBY	Shaw Hill Runners	35	00:56:13.11	00:56:08.05	F	35
169	JOHN HODKINSON		544	00:56:22.53	00:55:56.39	M	32
170	ELLIOT COOPER		545	00:56:22.95	00:55:57.00	M	24
171	DEAN RICHARDSON		367	00:56:30.89	00:55:31.27	M	46
172	BEVERLEY ATHERTON-MCKENNA		11	00:56:31.53	00:55:04.91	F	51
173	DAVINIA JACKSON	Thornton Cleveleys RC	253	00:56:32.77	00:55:37.63	F	39
174	TRACY ECCLES	Blackburn Road Runners	136	00:56:39.12	00:55:50.01	F	41
175	CARLA TAYLOR	Wigan Harriers & AC	447	00:56:40.03	00:55:51.91	F	46
176	NATALI HARPER	Thornton Cleveleys RC	200	00:56:42.36	00:56:25.23	F	42
177	JAMES BICKERSTAFF		37	00:56:59.02	00:56:13.46	M	48
178	PETER STEELE		419	00:56:59.86	00:55:05.26	M	46
179	LEANNE BATTY	Thornton Cleveleys RC	27	00:57:03.78	00:56:51.67	F	41
180	CARL HOLLOWOOD		233	00:57:03.87	00:56:46.05	M	45
181	ALEXANDRA HOOTON		236	00:57:03.87	00:56:46.81	F	46
182	DERRICK HARRIS		202	00:57:04.87	00:55:48.76	M	50
183	EMILY LENDERYOU	Dragons Running Club (Sale)	282	00:57:16.28	00:56:41.74	F	23
184	ROBERT TODD	Dragons Running Club (Sale)	458	00:57:16.62	00:56:55.67	M	57
185	SHELLEY VAUGHAN		469	00:57:19.77	00:55:21.66	F	44
186	PATRICIA WHITE		488	00:57:24.61	00:57:05.04	F	59
187	JAMES SMITH		411	00:57:25.27	00:56:58.74	M	48
188	NIGEL HARRISON		203	00:57:28.27	00:57:01.45	M	55
189	SAMANTHA THOMPSON		5157	00:57:28.53	00:55:13.42	F	31
190	LINDA KNIGHT		275	00:57:30.11	00:57:08.74	F	62
191	LINDSEY BLACK	Liverpool Running Bugs	42	00:57:31.52	00:56:19.65	F	41
192	LISA DALBY		111	00:57:32.10	00:57:22.04	F	41
193	MATT IXER		251	00:57:36.52	00:56:27.39	M	27
194	JENNY HOBBISS		228	00:57:37.27	00:56:28.15	F	27
195	FABIO SVERZELATI		428	00:57:42.02	00:56:33.15	M	32
196	KRISTIAN STONE		425	00:57:44.12	00:56:12.76	M	44
197	STEPHEN WILKINSON		493	00:57:48.77	00:57:32.65	M	66
198	ANDY WHITLAM	Thornton Cleveleys RC	489	00:57:49.62	00:56:52.26	M	64
199	AMY KENYON		271	00:57:52.60	00:57:25.07	F	35
200	EDDIE HAMILTON	Red Rose Road Runners	193	00:57:57.35	00:57:44.03	M	49
201	PAUL WILLIS		496	00:57:59.86	00:57:36.25	M	45
202	JOANNE GORMAN		172	00:58:03.59	00:56:01.49	F	49
203	CLARE REYNOLDS		366	00:58:12.09	00:56:30.48	F	44
204	AUDREY STOCKER	BTR Road Runners	424	00:58:15.05	00:58:11.74	F	41
205	WENDY JONES	BTR Road Runners	264	00:58:15.86	00:58:12.30	F	47
206	LOUISE WITHNELL	Red Rose Road Runners	503	00:58:54.01	00:58:12.64	F	46
207	JULIE PRESTON		358	00:58:56.85	00:57:26.24	F	48
208	CAROL DAVIES		113	00:58:58.26	00:57:34.65	F	27
209	LAURA WALKER		476	00:59:09.76	00:58:59.86	F	36
210	ANNA BARCROFT	Blackburn Road Runners	18	00:59:10.02	00:58:04.40	F	57
211	KERRY-LOUISE HALLIWELL		187	00:59:12.59	00:58:38.48	F	32
212	CINDY MAGOWAN	Riversway Road Runners	546	00:59:12.77	00:57:48.97	F	39



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213	EMMA JACKSON	Riversway Road Runners	547	00:59:12.77	00:58:39.71	F	39
214	KATHRYN ORRELL	Lostock AC	343	00:59:21.35	00:57:20.75	F	42
215	KAREN PATRICIA TAYLOR	Lostock AC	439	00:59:22.51	00:57:21.16	F	49
216	ELAINE SIMMILL	Lancaster and Morecambe AC	399	00:59:24.86	00:59:17.29	F	58
217	ALLY MURRAY		328	00:59:27.02	00:58:20.22	M	26
218	HELEN JONES	Blackburn Road Runners	258	00:59:30.08	00:59:18.17	F	43
219	CLARE GREENWOOD	Walney Wind Cheetahs	178	00:59:30.51	00:58:43.89	F	63
220	JACKIE DOBSON	St Helens Striders	124	00:59:31.49	00:57:55.13	F	58
221	LOUISE SLATER	Accrington Road Runners	402	00:59:32.36	00:59:15.29	F	47
222	JO ROBERTS	Red Rose Road Runners	370	00:59:38.83	00:59:14.02	F	54
223	BEV MASON	Thornton Cleveleys RC	298	00:59:40.25	00:59:27.88	F	53
224	PAUL CARTER	Wesham Road Runners	73	00:59:42.57	00:59:03.21	M	49
225	JANINE MCNEILL	Glaxo Hoad Hill Harriers	315	00:59:43.36	00:59:04.41	F	50
226	RUTH SARGENT	Southport Waterloo AC	383	00:59:43.86	00:59:31.79	F	45
227	BENJAMIN LAVERICK	Rochdale Harriers	280	00:59:45.76	00:58:42.90	M	43
228	JOEY DELLA CERRA		117	00:59:46.09	00:58:54.72	F	39
229	HELEN GOODWIN		171	00:59:47.24	00:58:55.12	F	48
230	CHRISTINE HUMPHREY	St Helens Striders	244	00:59:50.24	00:59:01.87	F	58
231	KATHLEEN SIDES		397	00:59:52.25	00:58:54.89	F	49
232	CATHERINE ANDERSON		3	00:59:53.59	00:59:42.77	F	37
233	JEANETTE BRANDON	Lostock AC	54	00:59:57.34	00:58:30.49	F	46
234	LAURA CHEW	Blackburn Road Runners	79	00:59:59.00	00:59:09.89	F	38
235	RACHEL SIMM	Wigan Harriers & AC	398	01:00:00.84	00:59:14.03	F	33
236	SOPHIE UTTLEY	Thornton Cleveleys RC	467	01:00:01.10	00:59:09.80	F	25
237	VIKKI WRIGLEY	Thornton Cleveleys RC	507	01:00:01.59	00:59:50.67	F	44
238	NIKKI HILL		223	01:00:03.25	00:58:16.40	F	47
239	MARTIN TETLOW		453	01:00:03.48	00:59:26.94	M	53
240	JOYCE TETLOW		452	01:00:03.75	00:59:26.64	F	50
241	SUE COLLIER		91	01:00:06.83	00:59:16.28	F	47
242	EMMA SIMPSON		400	01:00:07.49	00:58:27.88	F	40
243	TONY GARTSIDE		166	01:00:20.75	00:58:46.64	M	59
244	EMILY MCENNERNEY		307	01:00:22.50	00:59:14.38	F	26
245	PHIL CORRIS	Lancashire Constabulary	99	01:00:25.07	00:59:27.96	M	65
246	CESARE GIOMBETTI		168	01:00:27.34	00:58:29.48	M	43
247	ALI KEHER		269	01:00:29.07	00:59:52.95	F	42
248	CLAIRE HORNER	Garstang Running Club	238	01:00:29.58	01:00:08.97	F	45
249	ANGELA TERRY		451	01:00:31.24	00:59:54.14	F	39
250	STEPHEN BUSTON	Thornton Cleveleys RC	66	01:00:32.10	01:00:13.73	M	51
251	LYNN SHAW	Thornton Cleveleys RC	393	01:00:36.58	00:59:17.47	F	51
252	MICHELLE TOMLINSON	Thornton Cleveleys RC	461	01:00:38.98	01:00:26.37	F	57
253	BECKIE WESTERN		487	01:00:39.25	00:59:32.69	F	27
254	CATHERINE MACGILLIVRAY		291	01:00:41.33	00:59:30.73	F	49
255	IAN SPENCER	St Helens Striders	415	01:00:42.24	00:59:53.94	M	51
256	MICK HUGHES	Trawden Athletic Club	240	01:00:44.50	01:00:07.69	M	44
257	GILLIAN HUGHES	Trawden Athletic Club	241	01:00:47.26	01:00:09.39	F	48
258	MELANIE FOSTER	Thornton Cleveleys RC	160	01:00:47.74	01:00:34.35	F	51
259	JOANNE BOAST		48	01:00:48.48	00:59:16.34	F	42
260	SAMANTHA BOAST		49	01:00:57.83	00:59:23.47	F	38
261	SALLY SMITH		410	01:01:03.24	01:00:48.68	F	52
262	GARY PARKINSON	Thornton Cleveleys RC	345	01:01:03.83	01:00:48.70	M	44
263	JENNY BISHOP	Warrington Running Club	41	01:01:04.10	01:00:42.72	F	38
264	JILL WATSON	Southport Waterloo AC	485	01:01:04.59	01:00:48.78	F	49
265	SANDRA TEALE	Southport Waterloo AC	450	01:01:06.74	01:00:55.17	F	58



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
266	GIUDITTA SANNA		382	01:01:08.24	01:00:00.43	F	45
267	GILLIAN HALHEAD		185	01:01:26.98	01:00:14.61	F	48
268	AUDREY GREASY	Thornton Cleveleys RC	182	01:01:29.98	01:00:44.44	F	61
269	JACKIE ELLIS	St Helens Striders	141	01:01:33.98	01:00:45.61	F	59
270	LOUISE HOWARD		5159	01:01:34.34	00:59:24.49	F	34
271	CARL BOARDMAN		47	01:01:34.98	01:00:20.37	M	49
272	HOLLY TAYLOR		445	01:01:45.73	01:00:51.12	F	30
273	SHARLAN BUTCHER	Wesham Road Runners	67	01:01:46.32	01:01:01.71	F	46
274	DAN FOSTER	Fylde Coast Runners	161	01:01:50.08	01:01:21.47	M	43
275	AMY CROMPTON		106	01:01:57.32	01:01:42.20	F	28
276	LEE BIRKETT	Liverpool Running Bugs	40	01:01:59.06	00:59:55.21	M	42
277	ANDY PLATT		355	01:02:06.31	01:01:23.51	M	50
278	SUSAN HODGSON	Lancaster and Morecambe AC	230	01:02:10.56	01:02:02.69	F	58
279	ELAINE O'RODEA		340	01:02:11.06	01:01:05.01	F	65
280	DIANE POOLE		356	01:02:17.08	01:01:09.72	F	54
281	LAWRENCE TAYLOR		446	01:02:17.72	01:01:14.36	M	27
282	JACQUELINE GREEN		550	01:02:22.82	01:01:54.95	F	40
283	NICOLA CHEW		80	01:02:23.23	01:02:03.62	F	51
284	CHRIS MOISTER		321	01:02:40.97	01:01:51.86	M	45
285	DEBBIE HARRISON		204	01:02:46.55	01:02:26.24	F	34
286	ROSIE STEWART		423	01:02:47.46	01:02:27.15	F	34
287	KAREN CLANDON		82	01:02:48.82	01:01:56.87	F	42
288	MUNIRA UMARJI		466	01:02:52.80	01:02:34.85	F	45
289	LIXIN LIN		286	01:02:58.05	01:02:23.70	F	39
290	CAITLIN WILCOCK-JACKSON		491	01:02:58.53	01:02:02.16	F	20
291	HELEN OMEROD-PATEMAN	Red Rose Road Runners	537	01:03:15.06	01:02:37.75	F	28
292	PAUL HALLIWELL		188	01:03:15.25	01:01:47.39	M	32
293	MILLY MARTIN		297	01:03:15.71	01:02:53.58	F	34
294	ANTHONY ATHERTON		9	01:03:19.21	01:01:34.11	M	40
295	LEE SHERRINGTON		396	01:03:19.55	01:03:02.74	M	46
296	JANE HUNTER		247	01:03:21.35	01:02:19.74	F	44
297	DEBBIE HINDLEY	Thornton Cleveleys RC	226	01:03:24.47	01:02:32.10	F	42
298	SUSAN HARGREAVES	Fylde Coast Runners	198	01:03:28.32	01:02:50.26	F	42
299	DAVID RIMMER		368	01:03:29.22	01:02:25.11	M	45
300	KAREN SMITH	Red Rose Road Runners	405	01:03:34.55	01:03:08.93	F	43
301	RACHAEL BICKERTON		38	01:03:39.06	01:02:45.44	F	32
302	LAURA ROBERTS		373	01:03:41.80	01:02:21.19	F	37
303	KATHLEEN BRAYSHAW	Blackburn Road Runners	55	01:03:46.95	01:03:36.33	F	70
304	CLAIRE BIRKETT	Liverpool Running Bugs	39	01:03:50.72	01:02:37.60	F	41
305	LESLEY RENSHAW	Red Rose Road Runners	364	01:03:51.55	01:03:25.93	F	51
306	ANDREW SUMPTON	Pontefract Ac	427	01:03:55.80	01:03:26.19	M	56
307	JANE BENNETT	Pontefract Ac	31	01:03:56.55	01:03:28.69	F	50
308	EMMA JACKSON		254	01:03:57.30	01:03:26.18	F	35
309	SHANE GREGSON		181	01:03:58.22	01:03:27.65	M	45
310	VICTORIA TAIT		433	01:04:08.81	01:02:34.20	F	45
311	ANGELA NORRIS	Thornton Cleveleys RC	335	01:04:15.71	01:04:01.78	F	62
312	RHONA COWBURN	Red Rose Road Runners	102	01:04:37.54	01:03:56.17	F	55
313	STEVEN CARSON	Red Rose Road Runners	72	01:04:37.82	01:03:55.96	M	46
314	FELICITY WALKER		477	01:04:47.04	01:04:31.48	F	26
315	CARL BROWNE		62	01:04:51.29	01:04:16.73	M	60
316	HELEN WAITE		474	01:04:52.20	01:04:36.27	F	44
317	CAROL SHARPE		392	01:04:52.85	01:04:36.73	F	44
318	CAROLE BARTLETT		23	01:04:54.04	01:04:28.67	F	57



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
319	EMMA RENSHAW		365	01:04:59.44	01:03:31.58	F	47
320	KELLY DIXON		121	01:04:59.55	01:03:36.49	F	30
321	JANET APPELYARD	Oldham & Royton H & AC	4	01:05:05.45	01:04:51.53	F	65
322	TRACY WROE	Radcliffe AC	508	01:05:11.79	01:04:43.23	F	56
323	CLARE FEENEY-JOHNSON	Women on the Run	148	01:05:17.04	01:04:58.47	F	50
324	DIANE LETHEREN	Women On The Run Kendal	284	01:05:17.04	01:04:21.51	F	55
325	NATALIE COE		24	01:05:40.02	01:05:08.66	F	38
326	DANIEL GRIMSHAW		183	01:05:45.79	01:05:06.17	M	52
327	SUSAN HUGHES		242	01:05:47.44	01:04:52.91	F	49
328	GAYNOR THOMPSON		454	01:05:53.52	01:04:32.91	F	53
329	DEBORAH WILSON	Stilton Striders	497	01:05:55.95	01:05:13.64	F	52
330	JESSICA WILSON	Wigan Harriers & AC	516	01:05:56.20	01:05:12.84	F	30
331	LOUISA BOLLEURS	Riversway Road Runners	50	01:05:58.69	01:05:26.62	F	34
332	JAYNE HAMILTON	IRF Team Isabella Running Club	191	01:06:02.69	01:05:24.83	F	51
333	JULIE FLETCHER		157	01:06:04.94	01:04:33.99	F	55
334	CATHY OBRIEN		524	01:06:18.02	01:05:04.42	F	50
335	STEPHANIE ATKINSON	Red Rose Road Runners	13	01:06:28.03	01:05:20.67	F	33
336	ANDREW ATKINSON		14	01:06:28.52	01:05:20.41	M	34
337	SARAH BULLOCK	Lonely Goat RC	64	01:06:37.52	01:05:44.90	F	41
338	SUSAN HEATLEY	Red Rose Road Runners	212	01:06:38.03	01:05:45.66	F	40
339	EMMA BRADSHAW		52	01:06:38.72	01:05:14.12	F	21
340	VICTORIA SHARP		391	01:06:40.03	01:05:40.97	F	45
341	SARA ATKIN	Lancaster Runners	12	01:06:41.52	01:05:27.92	F	44
342	LISA ISAM	Barnsley Harriers	249	01:07:08.78	01:06:45.70	F	48
343	KATRINA D'NETTO	Barnsley Harriers	110	01:07:09.27	01:06:45.66	F	58
344	JESSICA WOODS	Red Rose Road Runners	505	01:07:10.77	01:05:15.90	F	16
345	ALEX MILNER		319	01:07:15.78	01:06:31.72	F	38
346	LAURA COOPER		97	01:07:16.76	01:06:31.66	F	36
347	SHARON SMITH	Red Rose Road Runners	406	01:07:25.93	01:06:44.97	F	49
348	LEAH THOMPSON		455	01:07:30.28	01:06:47.67	F	29
349	JACKIE HAMILTON	IRF Team Isabella Running Club	192	01:07:37.67	01:06:59.31	F	68
350	KARIN MELLING		317	01:07:42.92	01:07:03.87	F	42
351	JULIE KENNY		270	01:07:55.42	01:06:17.56	F	54
352	ANNA COOPER		98	01:07:59.26	01:07:06.64	F	39
353	LOUISE WAINWRIGHT	Thornton Cleveleys RC	471	01:08:01.50	01:06:55.95	F	51
354	HELEN TASKER	Fylde Coast Runners	434	01:08:10.77	01:07:50.16	F	37
355	SAMANTHA O'RYAN		339	01:08:11.42	01:06:55.56	F	53
356	MARIA PHILIPPIDES		352	01:08:11.91	01:07:47.54	F	51
357	JILL LONGSHAW	Rossendale Harriers & AC	289	01:08:25.42	01:06:58.31	F	57
358	STEPH BAMBER		17	01:08:27.17	01:07:48.86	F	32
359	COLETTE HERON	Kirkby Harriers	525	01:08:34.00	01:08:12.94	F	45
360	RACHAEL CARROLL		71	01:08:36.50	01:07:50.19	F	42
361	LIZ LORD		290	01:08:41.51	01:08:04.90	F	53
362	ANN COWBURN	South Ribble Runners	103	01:08:46.76	01:07:18.96	F	49
363	GLENN WILSON		499	01:08:51.26	01:08:05.40	M	49
364	ALAN EASTHAM		135	01:08:56.27	01:08:10.74	M	49
365	DEREK MAYTUM		301	01:09:06.27	01:08:33.91	M	62
366	KIRSTY GOLDSMITH	Blackburn Road Runners	169	01:09:17.16	01:08:55.10	F	43
367	PAT WATERS	Fylde Coast Runners	483	01:09:17.67	01:07:16.81	F	60
368	CHEZ MCLEAN	Fylde Coast Runners	313	01:09:18.00	01:07:18.14	F	52
369	DEBBIE HUNTER	Fylde Coast Runners	246	01:09:43.49	01:09:20.55	F	46
370	IAN GOODLIFFE	Blackburn Road Runners	170	01:09:44.74	01:09:21.63	M	68
371	CHARLES GOWERS	Fylde Coast Runners	173	01:10:06.99	01:08:04.63	M	67



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
372	CHANTELLE WADDINGTON		470	01:10:12.48	01:09:26.11	F	21
373	SANDY JONES		263	01:10:13.25	01:08:18.15	F	45
374	HELEN KAVANAGH		266	01:10:13.68	01:08:17.07	F	37
375	HELEN EYRE		143	01:10:23.25	01:09:13.20	F	54
376	MIKE EYRE		144	01:10:33.24	01:08:29.89	M	57
377	RACHEL EYRE		145	01:10:33.24	01:09:22.13	F	28
378	ANGELA PRADENA		357	01:10:36.40	01:09:37.54	F	52
379	VICKI WHITTLE		490	01:10:37.74	01:09:57.13	F	49
380	SUSAN EDWARDS		140	01:10:51.15	01:09:11.78	F	45
381	SIRKA MOORE		322	01:10:58.98	01:10:02.36	F	47
382	MARTIN WELLS	Red Rose Road Runners	486	01:11:01.89	01:10:21.28	M	36
383	ELAINE HUDSON		51	01:11:07.74	01:10:38.88	F	45
384	KAREN SMITH	Thornton Cleveleys RC	404	01:11:16.39	01:09:18.54	F	52
385	ALICE BRADSHAW		53	01:11:39.24	01:11:01.63	F	24
386	JACKIE ESSERY		142	01:11:55.97	01:10:28.42	F	45
387	ANGELA FRANCE		163	01:11:58.73	01:10:08.12	F	58
388	SCOTT FAIRCLOUGH		5158	01:11:59.72	01:10:33.86	M	31
389	LEANNE ROBERTS	Horwich Rmi Harriers	371	01:12:06.13	01:10:36.77	F	39
390	THEA MCCARTEN		305	01:12:19.72	01:10:41.86	F	46
391	SAM BAILEY		16	01:12:19.99	01:10:51.95	F	37
392	KERRY EDDLESTON		137	01:12:20.39	01:11:33.02	F	35
393	KIM TAYLOR		441	01:12:31.13	01:10:41.77	F	38
394	LAURA HADCROFT		184	01:12:41.72	01:11:58.77	F	30
395	MELANIE COOPER		96	01:12:45.38	01:11:46.27	F	34
396	SOPHIE TURNER		463	01:12:48.88	01:12:05.75	F	27
397	EMMA KAVANAGH		267	01:12:57.22	01:12:05.27	F	45
398	FRANCES MCGLYNN		309	01:13:05.22	01:12:34.66	F	68
399	LISA ASPINALL ASPINALL		8	01:13:06.12	01:12:33.17	F	49
400	BARBARA LEATHER		281	01:13:10.62	01:12:24.01	F	59
401	NISH DOBSON		123	01:13:11.73	01:12:13.91	F	49
402	JAKE BARNETT		20	01:13:26.95	01:12:37.34	M	15
403	HANNAH CLAYTON	Red Rose Road Runners	85	01:14:04.72	01:13:10.19	F	25
404	CHRIS HALL	Red Rose Road Runners	186	01:14:04.90	01:13:25.85	M	30
405	ELAINE CARTER		74	01:14:18.21	01:13:45.10	F	61
406	KAREN ALMOND		522	01:14:31.87	01:13:42.26	F	51
407	KIERA ABEL	Vegan Runners	1	01:15:16.20	01:14:05.59	F	35
408	JAYNE GRZYWNA	Red Rose Road Runners	539	01:15:38.36	01:15:10.50	F	41
409	DAWN LANG		278	01:15:45.86	01:15:21.74	F	55
410	DEBORAH JAMESON		255	01:15:46.20	01:14:27.85	F	52
411	TRACY WOODS		504	01:15:51.35	01:13:56.25	F	51
412	NICCI CAWTHORNE		77	01:15:53.85	01:14:47.99	F	41
413	REBECCA MEARNES		316	01:15:58.93	01:14:58.07	F	45
414	ANDREA FEENEY	Thornton Cleveleys RC	147	01:16:09.44	01:14:08.32	F	54
415	MATT CUNLIFFE		108	01:16:26.42	01:14:58.56	M	30
416	MICK KERR	Fylde Coast Runners	272	01:16:31.44	01:14:49.83	M	33
417	KATIE MCMULLIN		314	01:16:36.68	01:14:31.59	F	35
418	CHARLOTTE MASON		299	01:16:45.34	01:15:51.97	F	34
419	JONATHAN MYLROIE		329	01:16:45.45	01:16:03.14	M	57
420	JOANNA DOBSON	Red Rose Road Runners	122	01:16:47.09	01:16:07.29	F	31
421	VICKY DYAS		134	01:16:55.35	01:15:22.00	F	43
422	EMMA BROOKS	Lancaster Runners	60	01:17:13.10	01:16:55.74	F	51
423	BRENDA BLACKETT	Chorlton Runners	43	01:17:20.09	01:16:00.98	F	48
424	CLAIRE BELLIS	Chorlton Runners	30	01:17:22.09	01:16:02.23	F	48



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
425	SUSAN BEARDSWORTH	Red Rose Road Runners	28	01:17:32.84	01:15:14.98	F	41
426	MICHELLE CARTIN		75	01:17:57.91	01:16:17.54	F	41
427	LINDSAY WALSH		479	01:18:11.41	01:16:52.36	F	44
428	NICOLA WILKINSON		492	01:18:18.83	01:16:51.47	F	49
429	DAVID ASPIN	Red Rose Road Runners	7	01:18:23.84	01:17:19.78	M	72
430	GIUSEPPE D'ESPOSITO		109	01:18:31.91	01:18:04.78	M	38
431	VICKY SPENCER	Fylde Coast Runners	540	01:18:52.40	01:17:59.78	F	48
432	EMMA TAYLOR		442	01:18:52.90	01:18:00.79	F	32
433	MICHELLE CLAYTON		86	01:18:54.67	01:17:23.56	F	48
434	PATRICIA HENRY	Hynburn AC	217	01:18:57.41	01:17:28.55	F	55
435	LOUISE BENTLEY		33	01:19:01.57	01:17:44.71	F	52
436	PHILLIPPA ROBINSON		376	01:19:07.57	01:18:12.96	F	36
437	MELANIE FINCH		153	01:19:24.66	01:17:08.30	F	44
438	TRACY YOUNG	Preston Harriers	510	01:19:37.90	01:19:16.95	F	53
439	THERESA TATE	Dewsbury Road Runners	436	01:19:38.10	01:18:42.49	F	36
440	SUZANNE FENNELL	Dewsbury Road Runners	150	01:19:38.17	01:17:46.33	F	48
441	MICHELLE WARD	Dewsbury Road Runners	481	01:19:38.58	01:17:52.23	F	39
442	CAROL HEATON	Red Rose Road Runners	213	01:20:06.81	01:18:34.95	F	50
443	TRACEY ALAMI		511	01:20:06.92	01:19:28.86	F	43
444	RHONDA JACKSON	Fylde Coast Runners	252	01:20:17.16	01:18:48.80	F	51
445	CHERYL WAINWRIGHT	Lonely Goat RC	473	01:20:24.56	01:19:14.70	F	53
446	KAREN HURRELL		248	01:20:26.81	01:18:30.44	F	56
447	JENNIFER CLOUGH		89	01:20:45.30	01:19:22.19	F	42
448	KAREN HUNT		245	01:20:45.41	01:19:25.55	F	52
449	TRACEY HOLDEN		231	01:20:46.67	01:19:56.56	F	48
450	HEIDI HIRD		227	01:20:47.64	01:19:58.33	F	46
451	CLAIR KNEALE		274	01:21:17.38	01:19:23.54	F	43
452	DAVE WILLIAMS		495	01:21:33.15	01:21:05.78	M	48
453	CLARE STANWORTH		417	01:22:35.13	01:22:01.52	F	59
454	EMMA HILL		222	01:22:37.28	01:21:58.67	F	40
455	HELEN MORGAN		323	01:22:37.28	01:21:58.14	F	47
456	ADRIENNE BARNES		19	01:23:02.88	01:22:08.02	F	49
457	HELEN MCCANN	Lonely Goat RC	304	01:23:06.86	01:23:06.86	F	47
458	JENNIFER SZEDLER	Red Rose Road Runners	432	01:23:06.86	01:22:35.50	F	37
459	SUZANNE WATERS		484	01:23:18.53	01:22:06.92	F	49
460	CATHERINE FLETCHER	Thornton Cleveleys RC	156	01:23:26.53	01:22:21.98	F	64
461	SUSAN FISHER		155	01:24:23.62	01:22:58.01	F	51
462	RACHELLE SATLOKA		384	01:25:23.84	01:24:26.78	F	43
463	ANDREA NEWTON	Burnden Road Runners	331	01:25:24.12	01:24:25.76	F	42
464	SAM WILLIAMS		494	01:25:36.61	01:25:10.99	F	43
465	SUZANNE PEAKER		348	01:25:41.02	01:25:21.40	F	54
466	DAWN MCLEAN		548	01:26:07.60	01:25:47.74	F	0
467	ANN ROUGHLEY		378	01:26:09.76	01:25:10.45	F	52
468	MAIREAD LEPKI		283	01:26:09.84	01:25:03.31	F	46
469	MICHELLE HAMER		189	01:26:44.01	01:24:25.66	F	46
470	DANI COHEN		90	01:27:09.83	01:25:16.22	F	43
471	JANINE FOSTER		162	01:27:24.32	01:26:34.21	F	57
472	AIMEE-LOUISE TINSLEY	Warrington Running Club	457	01:27:24.60	01:25:31.74	F	33
473	HEATHER BARON		21	01:27:30.25	01:26:02.64	F	42
474	JOANNA JONES		262	01:28:13.98	01:27:39.12	F	29
475	CRAIG LANCASTER	Red Rose Road Runners	536	01:29:03.08	01:27:38.47	M	38
476	VICKY HEWITT		219	01:29:24.23	01:27:43.86	F	56
477	SHARON MASON	IRF Team Isabella Running Club	300	01:29:50.47	01:29:08.11	F	60



Crazy Cow 10k

23/06/2019 10:30:00

Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
478	SUE MORRIS	IRF Team Isabella Running Club	324	01:29:51.98	01:28:14.62	F	66
479	JO WAINWRIGHT		472	01:30:02.56	01:29:00.95	F	50
480	LESLEY SMITH		519	01:31:58.07	01:30:37.25	F	48
481	SHELLEY HENEGHAN	Rosendale Harriers & AC	214	01:33:33.94	01:32:06.64	F	48
482	STEPHEN FENN		149	01:35:39.51	01:34:17.41	M	64
483	WILLIAM SWIFT	Fylde Coast Runners	430	01:39:58.64	01:38:26.50	M	71