



Garstang Community 10k - 12 Jan 2020

Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
1	JOE MONK	Preston Harriers	22	M	277	00:31:10.04	00:31:07.01
2	NIALL HIGHAM	Preston Harriers	18	M	489	00:34:23.24	00:34:21.88
3	NEIL PENDLEBURY	Leigh Harriers	33	M	324	00:34:36.76	00:34:33.40
4	NATHAN POSTILL	Border Harriers Ac	20	M	330	00:35:09.50	00:35:06.04
5	MATTHEW HOLMES	Red Rose Road Runners	35	M	209	00:35:21.73	00:35:18.33
6	KEVIN WATERHOUSE	Salford Mets	38	M	441	00:35:35.23	00:35:31.87
7	ADAM HOLDA	Trawden Ac	39	M	206	00:35:43.73	00:35:39.57
8	KARL HODGSON	Red Rose Road Runners	31	M	204	00:35:44.24	00:35:42.63
9	JASON PARKER	Preston Harriers	45	M	314	00:35:58.98	00:35:54.95
10	RICHARD SMITH	Leigh Harriers	29	M	484	00:36:30.73	00:36:27.87
11	JOHN AGNEW	Fylde Coast Runners	40	M	3	00:36:45.97	00:36:42.52
12	CARLA DAVIES	Red Rose Road Runners	35	F	118	00:36:50.73	00:36:46.49
13	PATRICK TUDOR	Swansea Harriers	31	M	421	00:37:13.47	00:37:07.46
14	NEIL HARRISON	Wesham Road Runners	37	M	185	00:37:17.97	00:37:12.43
15	MARK HALL	Otley Ac	59	M	176	00:37:22.22	00:37:18.47
16	GRAEME MURRAY	Garstang RC	45	M	295	00:37:23.21	00:37:19.35
17	PAUL HETHERINGTON	Lonely Goat RC	46	M	200	00:37:52.96	00:37:48.37
18	DAVID LORD	Trawden Ac	58	M	249	00:38:13.22	00:38:07.03
19	PAUL MULLER	Northern Masters Ac	62	M	287	00:38:21.96	00:38:17.80
20	DAVID WALKER	Lancaster & Morecambe AC	60	M	432	00:38:31.71	00:38:27.54
21	GRAHAM ROONEY		39	M	347	00:38:41.71	00:38:34.06
22	GARRY BARNETT	Wesham Road Runners	53	M	30	00:38:39.71	00:38:34.69
23	CARL BARNES	Widnes Running Club	34	M	27	00:39:00.70	00:38:36.21
24	NEIL BARKER	Spensborough and District Ac	49	M	26	00:38:47.45	00:38:39.67
25	DAVID SWITZER	Lancaster & Morecambe AC	44	M	403	00:38:50.45	00:38:47.30
26	WILL STEWART	Halifax Harriers	32	M	394	00:39:14.96	00:39:03.03
27	SIMON DENNY	Bentham Beagles RC	29	M	122	00:39:10.95	00:39:05.61
28	MIKE PAULEY	Bentham Beagles RC	60	M	320	00:39:23.45	00:39:19.14
29	SEAN TRIGGS	Kirkby Milers AC	26	M	419	00:39:34.20	00:39:25.67
30	PETER HEALD	Centurionrc	33	M	194	00:39:38.97	00:39:31.61
31	DAVID POSTILL	Carlisle Tri	48	M	329	00:39:46.44	00:39:42.55
32	MICHAEL CLITHEROE		33	M	94	00:40:03.44	00:39:58.01
33	MICHAEL FINLAYSON		42	M	146	00:40:11.69	00:40:05.03
34	JASON WALKER		47	M	429	00:40:12.19	00:40:06.37
35	APRIL CAUFIELD	Halifax Harriers	27	F	78	00:40:18.70	00:40:06.54
36	GARY ATKINSON		47	M	19	00:40:13.69	00:40:07.08
37	TOM KELSALL		30	M	235	00:40:26.96	00:40:20.59
38	NEIL GREGSON	Wesham Road Runners	35	M	169	00:40:46.70	00:40:39.09
39	MARC POTTER	Riversway Road Runners	43	M	331	00:41:03.69	00:40:42.73
40	SEAN DAVIS	COLT	39	M	491	00:40:52.19	00:40:47.55
41	MARWAN KHOUEIRY	Wakefield Harriers	48	M	474	00:41:03.94	00:40:58.03
42	SAMUEL LAWRENCE	Riversway Road Runners	38	M	241	00:41:14.19	00:41:04.20
43	VICTORIA MOUSLEY	Blackburn Harriers	38	F	284	00:41:20.19	00:41:15.95
44	ETHAN FURLONG	Lancaster & Morecambe AC	18	M	153	00:41:23.44	00:41:16.30
45	KONSTANTINOS GEORGALC		33	M	157	00:41:25.69	00:41:18.00
46	GARETH BEARD		39	M	35	00:41:31.93	00:41:21.18
47	NICK ROSCOE	Clayton Le Moors Harriers	50	M	351	00:41:38.43	00:41:30.29
48	PAUL YATES		47	M	468	00:41:43.95	00:41:37.71
49	CHRISTOPHER HAINES	Wesham Road Runners	35	M	174	00:41:56.43	00:41:47.99
50	ROBERT JOHNSON		30	M	228	00:42:04.95	00:41:54.52
51	IAN PARKER	Garstang RC	51	M	496	00:42:02.43	00:41:55.72
52	KELVIN SOLE	Blackburn RR	38	M	386	00:42:23.92	00:42:19.09
53	JOE SWARBRICK	Red Rose Road Runners	63	M	401	00:42:26.68	00:42:19.32
54	IAN GARROD	Wesham Road Runners	57	M	155	00:42:28.18	00:42:21.71
55	MATTHEW WHALLEY	Kirkby Milers AC	20	M	447	00:42:39.42	00:42:30.26



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
56	EDWARD MITCHELL		58	M	275	00:42:43.43	00:42:30.68
57	IAN DALE	Royton RR	56	M	480	00:42:37.67	00:42:33.79
58	BOB LAUDER		57	M	239	00:42:41.43	00:42:35.19
59	DAVID PARK	Red Rose Road Runners	33	M	313	00:42:48.69	00:42:37.19
60	KENNETH BEAZLEY	Preston Harriers	61	M	472	00:42:44.93	00:42:38.27
61	KAREN BRIDGE	Eden Runners	50	F	57	00:42:46.67	00:42:39.08
62	TORI NIXON	Lancaster & Morecambe AC	42	F	300	00:42:52.92	00:42:39.76
63	RICHARD KENYON		39	M	490	00:42:52.92	00:42:47.15
64	MICHAEL HOGAN	Clayton Le Moors Harriers	52	M	205	00:42:55.92	00:42:47.34
65	VICTORIA RAE		38	F	335	00:43:00.68	00:42:51.52
66	MARK BENTELE	Lancaster & Morecambe AC	32	M	482	00:43:07.92	00:42:59.53
67	ALLAN SUMNER	Lancaster & Morecambe AC	51	M	398	00:43:08.92	00:43:03.31
68	SAMANTHA EDWARDS	Red Rose Road Runners	33	F	141	00:43:13.69	00:43:03.75
69	ANDREW STELL	Red Rose Road Runners	49	M	392	00:43:17.97	00:43:08.60
70	JOHN WELSHMAN		56	M	445	00:43:17.91	00:43:10.67
71	SIMON MAUGHAN		53	M	260	00:43:15.69	00:43:10.82
72	CHRISTOPHER JOPSON	Riversway Road Runners	38	M	230	00:43:34.66	00:43:13.00
73	PETER WODHOUSE		48	M	461	00:43:34.66	00:43:13.75
74	BETH MASSEY	Ilkley Harriers	49	F	259	00:43:22.41	00:43:15.80
75	RAY PADGETT		67	M	310	00:43:25.43	00:43:15.81
76	WAYNE REDMAN	Rochdale Harriers	52	M	340	00:43:25.18	00:43:19.74
77	RUSSELL WAREING	Lancaster & Morecambe AC	49	M	439	00:43:28.67	00:43:23.04
78	PETER ATKIN	Liverpool Running Club	32	M	17	00:43:55.43	00:43:31.80
79	SUE COULTHURST		52	F	105	00:43:47.67	00:43:41.51
80	MATTHEW ARMSTRONG		32	M	406	00:43:59.43	00:43:44.75
81	SASHA WALLBANK	Freck & Warton RC	26	F	435	00:43:58.92	00:43:48.73
82	DAVID BEAVER		36	M	37	00:43:57.66	00:43:50.30
83	DAVID ATKINSON	Fylde Coast Runners	58	M	20	00:44:02.17	00:43:51.18
84	STEVE PERRY	Lancaster & Morecambe AC	64	M	326	00:43:58.41	00:43:51.27
85	JOHN BOOTHMAN	Barlick Fell Runners	57	M	51	00:44:01.17	00:43:54.81
86	DARREN MARTIN	Winston Runners	49	M	257	00:44:15.17	00:44:03.94
87	LIAM BETNEY	Chorley Athletic & Tri	32	M	42	00:44:40.65	00:44:13.10
88	SIMON HOUGHTON		51	M	210	00:44:36.41	00:44:15.54
89	ANDREW ACKLAM	Preston Harriers	50	M	2	00:44:27.16	00:44:15.92
90	KEVIN SCARBROUGH		32	M	357	00:44:35.67	00:44:20.22
91	LEIGH POTTS		35	M	332	00:45:11.15	00:44:53.02
92	DAVID ROPER	Howgill Harriers	61	M	350	00:45:14.41	00:44:53.96
93	SIMON MITCHELL		54	M	276	00:45:20.16	00:44:55.72
94	HARRY GODSON	Lancaster & Morecambe AC	48	M	165	00:45:39.40	00:45:05.83
95	GRETEL REDWOOD		35	F	341	00:45:16.40	00:45:07.21
96	HELEN LAWRENSON	Wesham Road Runners	50	F	242	00:45:19.90	00:45:09.03
97	RACHEL CULLEN		41	F	111	00:45:30.16	00:45:23.31
98	JILL JEFFERSON	Red Rose Road Runners	61	F	226	00:45:34.15	00:45:24.40
99	MICHAEL CHALFONT		49	M	80	00:45:56.90	00:45:42.41
100	STUART CLAYTON	Wesham Road Runners	51	M	92	00:45:55.15	00:45:42.54
101	LES HILL	Dumfries RC	62	M	485	00:46:00.64	00:45:48.22
102	LIAM GODFREY		30	M	164	00:45:57.89	00:45:49.92
103	JANUSZ BARTNIK		40	M	31	00:46:16.90	00:45:52.53
104	TED KIRKHAM		47	M	236	00:46:06.17	00:45:53.00
105	DAVID MARSH	Southport Waterloo AC	59	M	255	00:46:05.92	00:45:54.60
106	STEVE MURPHY	Red Rose Road Runners	48	M	292	00:46:21.40	00:45:58.24
107	CHRIS LEIGH		40	M	245	00:46:28.90	00:46:09.55
108	ANTONY GENOVESE		55	M	156	00:46:17.89	00:46:09.65
109	GREG O'BRIEN	Preston Harriers	50	M	492	00:46:37.90	00:46:09.73
110	ALAN HUDSON	Wesham Road Runners	70	M	213	00:46:20.90	00:46:10.10



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
111	JOHN WILKINSON		45	M	456	00:46:26.89	00:46:10.30
112	GRAHAM OPENSHAW	Garstang RC	40	M	308	00:46:28.14	00:46:11.14
113	PHILIP SEDDON	Darwen Dashers	61	M	358	00:46:18.15	00:46:12.91
114	JOANNE UNSWORTH		37	F	425	00:46:36.15	00:46:13.92
115	STACEY CLARK	Widnes Wasps Ladies Running Club	28	F	89	00:46:42.39	00:46:19.79
116	HEATHER TRAVIS	Glaxo Hoad Hill Harriers	46	F	418	00:46:39.39	00:46:26.07
117	JAMES BATTERSBY	Knowsley Harriers	48	M	34	00:47:03.13	00:46:26.42
118	MICHAEL EDGE	Wesham Road Runners	59	M	140	00:46:50.88	00:46:29.64
119	MARTIN BRADY	Clayton Le Moors Harriers	57	M	55	00:46:40.14	00:46:32.73
120	ANTHONY BLIGHT	Blackpool Wyre & Fylde AC	48	M	49	00:47:03.89	00:46:40.57
121	ROB MULLANEY	Lonely Goat RC	36	M	286	00:46:54.14	00:46:40.98
122	MARK TAYLOR	Darwen Dashers	44	M	408	00:46:53.14	00:46:43.98
123	BEN SMITHERS	Red Rose Road Runners	32	M	383	00:46:58.14	00:46:44.35
124	MARK BOND	Chorley Athletic & Tri	36	M	50	00:46:57.64	00:46:50.33
125	LIAM SHANNON	Lancaster & Morecambe AC	44	M	359	00:47:17.89	00:46:51.41
126	SUSAN PLANT	Run Sandymoor	54	F	328	00:47:05.39	00:46:51.46
127	MARK PAYLER	Darwen Dashers	42	M	321	00:47:08.64	00:46:57.05
128	ANNA WADE	Riversway Road Runners	36	F	428	00:47:20.14	00:46:59.79
129	REBECCA O'NEILL	Stainland Lions	45	F	305	00:47:24.13	00:47:01.28
130	ANN GRIFFITHS	Fylde Coast Runners	58	F	170	00:47:30.38	00:47:14.44
131	SID MAKINSON	Blackburn RR	46	M	253	00:47:57.39	00:47:25.53
132	PETER FLOWERS	Riversway Road Runners	49	M	148	00:47:47.65	00:47:25.80
133	SARAH ELLIOTT	Lancaster Runners	45	F	142	00:47:41.14	00:47:28.39
134	CHRISTOPHER BECKETT		29	M	38	00:47:39.63	00:47:28.69
135	ANDREW EASTERBY	Bentham Beagles RC	62	M	135	00:47:47.90	00:47:30.33
136	NICOLA UNSWORTH	Blackpool Wyre & Fylde AC	49	F	426	00:47:53.13	00:47:30.62
137	AMANDA SINGLETON	Eden Runners	50	F	374	00:47:40.88	00:47:30.94
138	STUART O'CONNER		52	M	475	00:47:52.14	00:47:32.46
139	PETE SMITH	Red Rose Road Runners	53	M	381	00:47:51.89	00:47:36.74
140	MARK CHEAL		41	M	83	00:48:08.65	00:47:39.48
141	STEVE MAYOR		38	M	261	00:48:20.13	00:47:43.55
142	CHRISTINA MCGUIRE	Lancaster & Morecambe AC	57	F	266	00:48:31.63	00:48:00.78
143	MICHAEL CHESHIRE		57	M	84	00:48:17.64	00:48:05.71
144	TERRY STARKIE		55	M	390	00:48:25.88	00:48:06.53
145	LOUISE GODDARD	Lancaster & Morecambe AC	52	F	163	00:48:15.87	00:48:07.57
146	ROSS ALLEN		37	M	5	00:48:49.13	00:48:14.29
147	MARK SIMMILL	Lancaster & Morecambe AC	58	M	367	00:48:30.38	00:48:14.39
148	PAUL O'CONNER		54	M	477	00:48:36.39	00:48:16.81
149	ADAM JOPSON		31	M	231	00:48:44.63	00:48:17.87
150	BILL WATTS	Riversway Road Runners	56	M	442	00:48:45.87	00:48:19.06
151	MARK OSBORNE	Eden Runners	57	M	309	00:48:43.38	00:48:21.15
152	GEORGE WILLIAMS		70	M	458	00:48:53.14	00:48:21.59
153	JOANNE SUMNER	Lancaster & Morecambe AC	41	F	399	00:48:52.88	00:48:27.28
154	STEVE BRAITHWAITE		47	M	56	00:49:02.62	00:48:29.02
155	MICHAEL COUPLAND	Red Rose Road Runners	44	M	106	00:48:59.87	00:48:42.16
156	PAULA ASKEW		44	F	16	00:49:13.62	00:48:53.77
157	KEV MURRAY	Lytham St Annes RR	46	M	293	00:49:27.86	00:49:03.56
158	DAVID RAYNOR		57	M	339	00:49:56.86	00:49:03.80
159	ALEX WALTON		37	M	438	00:49:38.86	00:49:04.49
160	MATT YATES		45	M	467	00:49:31.61	00:49:14.45
161	DARREN SMITH		46	M	379	00:49:38.61	00:49:19.78
162	ANTONY ARMSTRONG		37	M	11	00:50:03.86	00:49:28.46
163	MARTIN ALLISON	Wesham Road Runners	36	M	7	00:49:45.12	00:49:31.33
164	SHARON COOPER	Wesham Road Runners	46	F	99	00:49:45.62	00:49:31.46
165	JACK BALDWIN		34	M	22	00:49:51.86	00:49:32.23



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
166	JOHN MCCULLAGH		55	M	264	00:50:15.87	00:49:42.48
167	GAIL BRISTO	Red Rose Road Runners	49	F	58	00:50:16.12	00:49:46.51
168	GINA WHITELEY	Blackpool Wyre & Fylde AC	51	F	449	00:50:12.61	00:49:51.32
169	PETER RAFFERTY		56	M	336	00:50:06.12	00:49:51.96
170	GEMMA GREENWOOD	Lancaster Runners	37	F	497	00:50:01.62	00:49:56.25
171	LESLIE PATELOUP		31	F	319	00:50:08.61	00:50:00.63
172	DAN LEWIS		42	M	246	00:50:36.86	00:50:02.68
173	EDWARD EVANS	Bentham Beagles RC	36	M	143	00:50:16.12	00:50:04.66
174	BEN GILKES	Chorley Athletic & Tri	47	M	160	00:50:35.12	00:50:08.83
175	JAMIE ROBINSON		29	M	344	00:50:32.61	00:50:15.41
176	STEPHEN JOHNSON	Riversway Road Runners	57	M	229	00:50:43.35	00:50:22.67
177	COLIN SMITH	Trawden Ac	62	M	380	00:50:43.86	00:50:28.37
178	GREG BURKITT		54	M	65	00:51:01.86	00:50:31.69
179	LIAM MUNNELLY		26	M	288	00:51:11.61	00:50:33.05
180	PETER ROONEY	Wesham Road Runners	61	M	348	00:50:49.11	00:50:34.57
181	TRUDI JENKINSON	Blackburn RR	54	F	227	00:51:01.86	00:50:34.69
182	EMILY INGHAM	Red Rose Road Runners	25	F	217	00:51:09.11	00:50:37.27
183	JUDI INGHAM	Red Rose Road Runners	49	F	216	00:51:09.67	00:50:37.32
184	MARK KAY		43	M	232	00:51:06.11	00:50:37.74
185	CHRIS ALMOND	Blackburn RR	53	M	9	00:51:04.36	00:50:40.80
186	DAVID WILKINSON	Lancaster & Morecambe AC	60	M	457	00:50:54.36	00:50:44.19
187	SIMON WILSON	Lonsdale Fell Runners	62	M	459	00:51:27.61	00:50:46.10
188	MIKE WARRINER		43	M	440	00:51:06.36	00:50:47.34
189	JOANNA PRIESTLEY		30	F	334	00:51:22.60	00:50:51.62
190	TANYA SHAW	Wesham Road Runners	43	F	360	00:51:06.86	00:50:52.13
191	JAMES ROBERT DANSON	Wesham Road Runners	55	M	114	00:51:00.86	00:50:52.50
192	NIKOLETTA HUDAK	Red Rose Road Runners	37	F	212	00:51:18.85	00:50:53.45
193	STUART TOPPING	Wesham Road Runners	49	M	417	00:51:08.43	00:50:54.50
194	PAUL TEASDALE	Lancaster Runners	51	M	410	00:51:09.36	00:50:57.72
195	PAUL MUCKALT		38	M	285	00:51:53.59	00:51:03.59
196	KAREN MUNNELLY	Riversway Road Runners	53	F	289	00:51:43.11	00:51:06.39
197	TERRY BOWE		55	M	52	00:51:41.85	00:51:07.06
198	ANDREW THISTLETHWAITE	Lancaster Runners	55	M	412	00:51:39.10	00:51:09.25
199	IAN CHAPMAN		44	M	82	00:51:46.61	00:51:13.55
200	WAYNE JACKSON		39	M	221	00:51:24.85	00:51:15.19
201	DEBORAH CRAINE		34	F	487	00:51:36.11	00:51:19.79
202	ANDY SHIELDS		34	M	363	00:51:49.85	00:51:21.69
203	JAMES LUCAS		43	M	251	00:51:54.86	00:51:24.08
204	DOUG BRYDEN	Red Rose Road Runners	52	M	61	00:52:26.60	00:51:26.69
205	KAY TWIST	Wesham Road Runners	50	F	423	00:51:42.60	00:51:27.46
206	KRIS MYERS		46	M	296	00:52:06.85	00:51:30.89
207	MICHELLE WEIR		43	F	444	00:52:00.85	00:51:38.20
208	RICHARD STONECLIFFE		50	M	396	00:52:02.85	00:51:39.00
209	KACIE HENSON		18	F	198	00:51:56.34	00:51:39.67
210	ANNA FISHPOOL	Lancaster & Morecambe AC	48	F	147	00:52:36.59	00:51:49.39
211	MARK HOLMES		52	M	208	00:52:38.59	00:51:59.61
212	DAWN HODGKINS		51	F	203	00:52:33.34	00:52:03.08
213	GAYNOR STONECLIFFE		48	F	395	00:52:44.84	00:52:18.88
214	DAVID DYSON	Red Rose Road Runners	64	M	132	00:52:46.59	00:52:23.18
215	EMILY SNAPE		29	F	384	00:52:44.84	00:52:26.24
216	MICHAEL BURKITT	Spectra	54	M	67	00:53:08.11	00:52:32.94
217	HANNAH CLAYTON		34	F	90	00:52:53.84	00:52:33.97
218	STEPHEN BROOK	Queensbury RC	72	M	59	00:52:57.84	00:52:37.88
219	MATT ASHTON	Red Rose Road Runners	50	M	15	00:53:06.34	00:52:38.07
220	CATHERINE CAMPBELL	Riversway Road Runners	42	F	73	00:53:02.09	00:52:38.21



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
221	STEPHEN TWIST	Wesham Road Runners	53	M	424	00:52:50.09	00:52:38.92
222	MEL WALKER	Burnden Road Runners	76	M	434	00:52:56.34	00:52:40.82
223	PAULA STELL	Red Rose Road Runners	47	F	393	00:52:59.59	00:52:40.99
224	JANE OPENSHAW	Garstang RC	42	F	307	00:53:01.58	00:52:43.55
225	JOHN CLUCAS	Blackburn RR	57	M	95	00:53:24.08	00:53:01.20
226	DAVID MORRIS	Blackburn RR	57	M	282	00:53:24.84	00:53:02.01
227	FINLAY MCCALMAN	Wesham Road Runners	55	M	263	00:53:37.83	00:53:09.13
228	GRAHAM HALL	Fylde Coast Runners	41	M	177	00:53:43.09	00:53:15.39
229	STUART TODD		54	M	416	00:54:14.33	00:53:17.17
230	SANDRA SNAPE	Blackburn RR	55	F	385	00:53:46.84	00:53:20.46
231	SANDY BUCHAN	Jog Scotland	51	M	62	00:53:39.59	00:53:21.35
232	JONATHAN FORD		43	M	149	00:54:11.08	00:53:28.40
233	CHARLES SATTERLY	Lancaster & Morecambe AC	52	M	355	00:53:52.83	00:53:28.67
234	EMMA COLLINGS	Horwich Harriers	41	F	96	00:53:45.84	00:53:30.32
235	MAUREEN DANSON	Wesham Road Runners	53	F	115	00:53:43.84	00:53:30.97
236	ANDREW MICHIE		32	M	272	00:53:50.33	00:53:32.72
237	GRAHAM MURPHY		36	M	291	00:54:13.57	00:53:36.28
238	JENNIFER LUTTON	Winston Runners	38	F	252	00:54:35.83	00:53:38.78
239	SHEFALI CHOWDHURY		48	F	86	00:54:13.83	00:53:40.64
240	JAMIE HILL	Lonely Goat RC	39	M	202	00:53:54.57	00:53:41.07
241	MATTHEW PARKINSON		31	M	315	00:54:39.13	00:53:52.55
242	ASHLEY STOTT		30	M	397	00:54:09.58	00:53:52.81
243	DEREK CRANE	Blackpool Wyre & Fylde AC	52	M	108	00:54:15.08	00:53:53.23
244	MARY HEWITT	Garstang RC	64	F	201	00:54:05.58	00:53:54.97
245	CAROL DOUGLASS	Red Rose Road Runners	74	F	130	00:54:19.58	00:53:55.89
246	ALISON CROSS	Southport Waterloo AC	41	F	110	00:54:38.32	00:53:56.58
247	EMMA JACKSON	Riversway Road Runners	39	F	223	00:54:36.08	00:53:57.56
248	NEELA RATHOD		42	F	337	00:54:30.07	00:54:01.38
249	HANNAH O'CONNER		26	F	476	00:54:24.82	00:54:03.30
250	GAYLE DENNY	Bentham Beagles RC	29	F	121	00:54:28.58	00:54:04.33
251	MICHELLE ROUND		27	F	353	00:54:51.58	00:54:09.03
252	CAROLINE LOWCOCK		38	F	250	00:54:53.32	00:54:09.04
253	SUE ARNOTT	Bentham Beagles RC	60	F	12	00:54:49.82	00:54:11.64
254	DANIEL RYAN	Halifax Harriers	43	M	354	00:54:48.84	00:54:13.58
255	GARY HANKIN		48	M	183	00:54:41.57	00:54:15.94
256	DAVID WALLWORTH		63	M	436	00:54:50.82	00:54:16.78
257	NADINE PARSONS	Garstang RC	33	F	318	00:55:12.58	00:54:19.61
258	GEMMA HARTLEY		33	F	190	00:54:48.82	00:54:21.46
259	BEN WRIGLEY	Wesham Road Runners	39	M	466	00:54:37.57	00:54:24.71
260	JEANIE STARKIE		49	F	389	00:54:46.32	00:54:26.16
261	MONIKA ALDELIME	Southport Waterloo AC	46	F	4	00:55:09.32	00:54:27.43
262	LOUISE LORD	Wesham Road Runners	45	F	248	00:54:53.57	00:54:28.72
263	STEPHANIE COPLEY		30	F	100	00:55:17.31	00:54:30.46
264	MIKE BIRD		53	M	47	00:54:52.83	00:54:39.98
265	ULLY KRITZLER	Lancaster & Morecambe AC	48	M	237	00:55:38.07	00:54:43.38
266	MICHAEL HALL		37	M	175	00:55:25.83	00:54:48.35
267	SARAH INGRAM	Bentham Beagles RC	45	F	218	00:55:29.57	00:54:56.99
268	MIKE LAVERY	Glaxo Hoad Hill Harriers	67	M	240	00:55:35.07	00:54:58.68
269	ANDY WHITLAM	Thornton Cleveleys Running Club	64	M	450	00:55:54.82	00:55:10.59
270	FRANK MILLER	Garstang RC	71	M	274	00:55:32.83	00:55:12.15
271	THOMAS DILLON	Fylde Coast Runners	37	M	126	00:55:52.57	00:55:12.94
272	GILLIAN HEYWOOD	Royton RR	49	F	481	00:55:53.31	00:55:17.53
273	MADDY EARLEY		23	F	134	00:56:19.06	00:55:25.19
274	MARK DAVEY	Lancaster Runners	53	M	117	00:56:33.06	00:55:37.43
275	STEVEN PEPPER		35	M	325	00:56:17.07	00:55:39.21



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
276	CHARLOTTE DEAN	Winston Runners	36	F	120	00:56:40.56	00:55:42.86
277	GARY SMITH		35	M	378	00:56:36.32	00:55:45.90
278	JOAN GOULDTHORPE	Red Rose Road Runners	68	F	167	00:56:14.05	00:55:51.03
279	CHLOE FOSTER		21	F	151	00:56:33.55	00:55:51.20
280	ALISON DICKINSON		42	F	125	00:56:42.81	00:55:51.25
281	LEE BIBBY		39	M	43	00:56:40.85	00:55:51.27
282	DAVID YOUNG	Wesham Road Runners	72	M	470	00:56:23.81	00:55:52.35
283	GAY EASTOE	Alnwick Harriers	66	F	136	00:56:55.30	00:55:56.24
284	RICHARD EASTOE	Alnwick Harriers	65	M	137	00:56:56.38	00:55:56.99
285	MARK CORLESS		49	M	104	00:56:47.06	00:55:57.63
286	SHARLAN BUTCHER	Wesham Road Runners	46	F	70	00:56:25.56	00:56:07.96
287	BARBARA BATH	Red Rose Road Runners	52	F	32	00:56:28.30	00:56:09.95
288	MICHAEL HALL	Holmfirth Harriers	57	M	180	00:56:40.32	00:56:11.15
289	KATE BAIRD		38	F	21	00:56:48.56	00:56:13.40
290	HELEN DUTTON		36	F	131	00:56:35.56	00:56:17.43
291	DEBORAH WILDING	Blackburn RR	47	F	452	00:56:56.05	00:56:24.70
292	CLIVE BANNER		38	M	23	00:57:25.30	00:56:25.67
293	DAWN BIGGS	Wesham Road Runners	52	F	44	00:56:50.56	00:56:30.28
294	EILEEN NEWMAN	Blackburn RR	66	F	298	00:57:00.55	00:56:30.76
295	GARRY VERNON	Fetcheveryone Rc	53	M	427	00:56:58.08	00:56:32.68
296	NATALIE BARBER	Red Rose Road Runners	31	F	24	00:57:23.54	00:56:43.81
297	MADLINE HAWORTH	Blackburn RR	66	F	192	00:57:17.56	00:56:45.67
298	EMILY STAPLETON	Lancaster & Morecambe AC	48	F	387	00:57:13.56	00:56:46.29
299	JANE TAYLOR	Women on the Run	51	F	409	00:57:18.82	00:56:46.42
300	LAURA SINGLETON		37	F	373	00:57:27.55	00:56:51.95
301	EMMA DAVIES	Wesham Road Runners	25	F	119	00:57:28.30	00:57:02.53
302	NORMA SMITH	Blackburn RR	73	F	382	00:57:36.80	00:57:06.01
303	EDEN PARKINSON		49	M	317	00:58:09.29	00:57:13.29
304	JENNIFER ALLEN	Blackburn RR	45	F	6	00:57:59.80	00:57:14.19
305	ELAINE SIMMILL	Lancaster & Morecambe AC	59	F	368	00:57:34.06	00:57:17.47
306	ANNA BARCROFT	Blackburn RR	57	F	25	00:58:05.30	00:57:19.11
307	SUSAN HODGSON	Lancaster & Morecambe AC	59	F	473	00:58:23.79	00:57:36.12
308	JAMES BIRCHALL	Wesham Road Runners	30	M	46	00:58:04.07	00:57:38.87
309	CRAIG CLARK	Accrington Road Runners	51	M	88	00:58:20.30	00:57:42.35
310	NIGEL RAWLINGS		63	M	338	00:58:14.30	00:57:44.27
311	PAIGE MALLABOURN- EDMONDSON		25	F	254	00:58:10.29	00:57:44.28
312	EMMA WRATHALL		48	F	464	00:58:40.81	00:57:45.60
313	PHILIP LEAVER	Wesham Road Runners	66	M	323	00:58:34.80	00:57:48.46
314	GRAHAM HOWELL	Liverpool Harriers	70	M	211	00:58:04.30	00:57:53.13
315	CHRISTY NEWBURY	Liverpool Running Club	50	F	297	00:58:17.55	00:57:55.56
316	DEB HANLON-CATLOW		51	F	184	00:58:37.55	00:57:58.99
317	MARK NOALL		66	M	301	00:58:42.04	00:57:59.85
318	JACQUI MURRAY	Lytham St Annes RR	44	F	294	00:58:44.55	00:57:59.94
319	DANIEL HART		17	M	187	00:58:59.05	00:58:05.98
320	STEPHEN WILKINSON		67	M	455	00:58:27.06	00:58:09.87
321	EMILY MCENNERNEY		26	F	265	00:58:52.03	00:58:13.66
322	MATT CORK		52	M	103	00:59:07.06	00:58:14.87
323	LESLEY DEWHIRST	Blackburn RR	55	F	124	00:58:45.29	00:58:15.78
324	CHRISTINE ACKLAM	Women on the Run	46	F	1	00:58:48.79	00:58:16.48
325	KAY BURNS		52	F	68	00:59:09.29	00:58:17.31
326	JADE EARLEY		30	F	133	00:59:16.55	00:58:18.24
327	DAVID WILKINSON		57	M	454	00:58:57.04	00:58:20.56
328	MIKE FAWCETT	Glaxo Hoad Hill Harriers	69	M	145	00:59:04.79	00:58:29.62
329	HAYLEY O'NEILL		40	F	304	00:59:07.06	00:58:30.21



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
330	JO MCCAFFERY	Wesham Road Runners	42	F	262	00:58:58.79	00:58:33.78
331	BERNARD BROWN		55	M	60	00:59:52.79	00:58:54.15
332	PAULINE TURNER	Lancaster & Morecambe AC	33	F	422	00:59:49.78	00:59:02.35
333	WENDY HEBBLETHWAITE		40	F	196	00:59:29.28	00:59:10.87
334	IAN WILSON	Blengdale Runners Ac	55	M	460	01:00:07.52	00:59:27.51
335	DAWN CALLAGHAN	Freck & Warton RC	46	F	72	00:59:59.78	00:59:30.09
336	KEVIN BARNES		51	M	29	01:00:18.04	00:59:33.69
337	MELANIE COOPER		35	F	98	01:00:29.53	00:59:38.50
338	JANET DOHERTY		57	F	127	01:00:10.28	00:59:42.39
339	VIKI WALSH	Darwen Dashers	41	F	437	01:00:20.53	00:59:48.36
340	KERRY ECCLES	Wesham Road Runners	58	F	138	01:00:15.78	00:59:53.54
341	JAMES ALAN CARTER	Garstang RC	50	M	76	01:00:28.03	00:59:57.30
342	ANNA RICHINGS	Lancaster & Morecambe AC	52	F	493	01:01:01.28	01:00:13.00
343	JO MOSS	Lancs Constabulary	41	F	486	01:01:03.27	01:00:15.03
344	JULIE MERRILL		39	F	271	01:01:08.26	01:00:25.06
345	NICKOLA WALKER	Blackpool Wyre & Fylde AC	48	F	431	01:01:06.52	01:00:25.67
346	JACKIE CARRUTHERS		58	F	75	01:01:14.77	01:00:27.78
347	MOIRA DOODY		26	F	128	01:01:26.02	01:00:33.62
348	SARAH COOK		39	F	97	01:01:17.02	01:00:34.42
349	STEVE BURGESS	Winston Runners	57	M	63	01:01:34.04	01:00:37.15
350	MAUREEN ROBERTS	Lancaster Runners	0	F	343	01:00:50.10	01:00:39.92
351	DONNA MORTON	Winston Runners	48	F	478	01:01:43.27	01:00:45.24
352	PHIL MICHLEWSKI	Achille Ratti Climbing Club	68	M	273	01:01:39.76	01:00:56.75
353	DARREN SHORROCK		49	M	366	01:01:54.52	01:01:06.62
354	GED BURNS	Widnes Running Club	40	M	69	01:02:13.77	01:01:13.06
355	LOUISE CATON	Blackburn RR	48	F	77	01:01:52.77	01:01:21.91
356	DAVID NICHOLS	Dallam Running Club	39	M	299	01:01:55.27	01:01:29.87
357	KATHY CARTLEDGE	Bentham Beagles RC	77	F	483	01:02:08.76	01:01:30.86
358	MICHELLE WALKER		36	F	430	01:02:17.76	01:01:31.51
359	CARLY SIMPSON		34	F	369	01:01:58.77	01:01:33.86
360	TONY THWAITES		52	M	415	01:02:40.26	01:01:41.01
361	CAT HOLDEN	Red Rose Road Runners	48	F	207	01:02:33.02	01:01:49.02
362	JUDITH HACKING		55	F	173	01:02:58.25	01:02:15.33
363	FREDA PEACOCK		66	F	322	01:02:54.26	01:02:21.44
364	STEVE HART	Swinton Running Club	61	M	188	01:03:26.51	01:02:32.81
365	ZOE CROOK		47	F	109	01:03:14.25	01:02:39.98
366	CATHERINE FORD		55	F	150	01:03:09.77	01:02:51.08
367	PAUL BUTTERWORTH		38	M	71	01:03:40.26	01:03:02.26
368	CAROL HEATON	Red Rose Road Runners	51	F	195	01:03:55.49	01:03:14.34
369	HANNAH CLAYTON	Red Rose Road Runners	25	F	91	01:03:56.58	01:03:15.67
370	PHILIP MOODY	Liverpool Running Club	42	M	279	01:04:23.74	01:03:45.18
371	HELEN MURPHY		54	F	290	01:04:26.25	01:03:45.77
372	LINDA WALKER	Lancaster & Morecambe AC	56	F	433	01:04:43.25	01:03:52.64
373	STEVEN MCCALL	Manchester Harriers	60	M	479	01:04:27.01	01:03:55.85
374	STEVE CRAGG		69	M	107	01:04:33.75	01:04:03.25
375	SHARON HARTLEY	Garstang RC	46	F	488	01:04:46.48	01:04:04.30
376	KATH SCAIFE	Bentham Beagles RC	51	F	356	01:04:59.49	01:04:20.65
377	PETER MEADOWS		54	M	270	01:05:30.74	01:04:36.90
378	DEBRA SHERLOCK		46	F	362	01:05:03.74	01:04:39.16
379	JULIE BONSALE		57	F	495	01:05:39.48	01:04:48.15
380	MATTHEW THORPE	Red Rose Road Runners	46	M	414	01:05:45.49	01:04:56.24
381	DAWN PRESTON	Lonely Goat RC	54	F	333	01:05:43.73	01:04:57.88
382	CHRISTINE ROSTRON	Red Rose Road Runners	56	F	352	01:05:50.99	01:05:10.74
383	SIAN ATKIN	Liverpool Running Club	33	F	18	01:05:49.49	01:05:20.32
384	MAXINE DARRET		53	F	494	01:06:02.49	01:05:25.05



Place	Runners Name	Club Name	Age	Gender	Bib #	Time	Chip Time
385	DEBORAH HALL	Red Rose Road Runners	37	F	179	01:05:42.73	01:05:27.07
386	LAUREN HATTON	Red Rose Road Runners	28	F	191	01:06:44.48	01:05:47.87
387	CAROL GIBBINS		62	F	158	01:06:36.72	01:05:52.68
388	SHARON TERNAN		43	F	411	01:06:51.48	01:06:05.04
389	SUE HENRY	Lytham St Annes RR	43	F	197	01:07:01.73	01:06:16.56
390	ANDREW WOODWARD		34	M	463	01:07:18.73	01:06:25.23
391	JACKIE BIRKS		51	F	48	01:07:31.72	01:06:42.97
392	ALISON KEHER		43	F	233	01:07:57.22	01:07:05.56
393	HELEN GIBBINS		36	F	159	01:07:48.96	01:07:06.37
394	REBECCA SIMPSON		41	F	371	01:07:56.21	01:07:10.45
395	JODIE BURKE		28	F	64	01:07:37.21	01:07:10.55
396	JENNY BRADLEY	Time2Run	46	F	54	01:08:21.71	01:07:40.30
397	STEVE TAYLOR		47	M	407	01:08:20.46	01:07:40.64
398	OLIVIA TUDOR		26	F	420	01:08:20.73	01:07:40.88
399	MICHELLE CLAPHAM	Red Rose Road Runners	46	F	87	01:08:20.96	01:07:43.34
400	KATE CLIPSTON	Red Rose Road Runners	47	F	93	01:08:20.96	01:07:43.80
401	JULIE ROONEY	Wesham Road Runners	45	F	349	01:08:21.46	01:07:45.17
402	LEEZA YOUNG		46	F	469	01:08:18.20	01:07:58.15
403	KAREN CORAM	Blackburn RR	49	F	101	01:09:19.95	01:08:33.60
404	MICHELLE SHERIDAN	Lytham St Annes RR	51	F	361	01:10:01.69	01:09:16.26
405	SAMANTHA JACKSON		49	F	225	01:10:12.44	01:09:17.38
406	MARTIN JACKSON		49	M	224	01:10:18.20	01:09:23.28
407	MARGARET PARKINSON		57	F	316	01:10:09.94	01:09:25.76
408	LINDSEY GREENSLADE		42	F	168	01:10:29.20	01:09:38.87
409	DEBBIE SLATER		37	F	376	01:10:46.52	01:09:57.87
410	HEATHER BURKITT		54	F	66	01:10:34.19	01:09:58.41
411	HELEN TASKER	Fylde Coast Runners	37	F	405	01:10:55.94	01:10:12.69
412	SHARON GLEN		41	F	161	01:11:01.19	01:10:17.48
413	CAROL HART	Swinton Running Club	58	F	189	01:11:17.68	01:10:24.52
414	PAIGE HAMBLELTON		23	F	182	01:11:26.18	01:10:33.87
415	TERRY MOSS		47	M	283	01:11:27.68	01:10:36.21
416	CHARLOTTE DANSON		39	F	116	01:11:50.94	01:10:51.69
417	ANDY BIRCH		58	M	45	01:11:39.45	01:10:56.91
418	MICHELLE BOYLAN		39	F	53	01:11:47.93	01:10:57.04
419	KAREN ALMOND	Blackburn RR	52	F	8	01:11:47.43	01:10:57.67
420	CHARLOTTE SINKINGS		40	F	375	01:11:16.18	01:11:00.00
421	CAROLE HAYES		61	F	193	01:11:42.19	01:11:08.99
422	RACHEL GARNER		33	F	154	01:11:57.93	01:11:09.01
423	LINDA STAPLETON	Lancaster & Morecambe AC	73	F	388	01:13:12.17	01:12:21.61
424	JACKIE HALL	Lonely Goat RC	48	F	178	01:12:43.42	01:12:28.56
425	CLARE O'BRIEN		31	F	303	01:13:16.92	01:12:29.31
426	DAVID STEEL		44	M	391	01:13:31.18	01:12:48.96
427	ELAINE HUDSON	Blackpool Wyre & Fylde AC	45	F	214	01:14:04.42	01:13:11.26
428	JOANNE MOODY	Liverpool Running Club	39	F	278	01:14:32.15	01:13:52.85
429	SUSAN BEARDSWORTH	Red Rose Road Runners	41	F	36	01:15:30.66	01:14:34.61
430	LYNNE CHAMBERS		64	F	81	01:17:58.63	01:17:06.44
431	CHRISTOPHER BENNETT		30	M	39	01:19:07.64	01:18:12.30
432	SHARON ARTS	Red Rose Road Runners	44	F	13	01:21:04.11	01:20:19.24
433	LOUISE BENTLEY		53	F	41	01:21:46.10	01:20:48.58
434	JACQUELINE ROBSON	Lonely Goat RC	57	F	346	01:24:46.59	01:24:05.59
435	ROSEMARY WHITTAKER		54	F	451	01:25:51.83	01:24:55.88
436	FIONA LITTLE	Blackpool Wyre & Fylde AC	53	F	247	01:29:23.04	01:28:28.40
437	HANNAH WHALE		46	F	446	01:41:32.95	01:40:35.48
438	GENEVIEVE CORBETT		46	F	102	01:41:36.45	01:40:42.61
439	NATALIE MARTIN		30	F	256	01:47:28.40	01:47:14.15



