

Garstang Community 10k

Male Overall

Place	Bib #	Name	Time	Type	City
1	277	JOE MONK	00:31:10.04	Runner	
2	489	NIALL HIGHAM	00:34:23.24	Runner	
3	324	NEIL PENDLEBURY	00:34:36.76	Runner	

Female Overall

Place	Bib #	Name	Time	Type	City
1	118	CARLA DAVIES	00:36:50.73	Runner	
2	78	APRIL CAUFIELD	00:40:18.70	Runner	
3	284	VICTORIA MOUSLEY	00:41:20.19	Runner	

Male Vet over 40

Place	Bib #	Name	Time	Type	City
1	3	JOHN AGNEW	00:36:45.97	Runner	
2	403	DAVID SWITZER	00:38:50.45	Runner	
3	146	MICHAEL FINLAYSON	00:40:11.69	Runner	
4	331	MARC POTTER	00:41:03.69	Runner	
5	31	JANUSZ BARTNIK	00:46:16.90	Runner	
6	308	GRAHAM OPENSHAW	00:46:28.14	Runner	
7	245	CHRIS LEIGH	00:46:28.90	Runner	
8	408	MARK TAYLOR	00:46:53.14	Runner	
9	321	MARK PAYLER	00:47:08.64	Runner	
10	359	LIAM SHANNON	00:47:17.89	Runner	
11	83	MARK CHEAL	00:48:08.65	Runner	
12	106	MICHAEL COUPLAND	00:48:59.87	Runner	
13	246	DAN LEWIS	00:50:36.86	Runner	
14	232	MARK KAY	00:51:06.11	Runner	
15	440	MIKE WARRINER	00:51:06.36	Runner	
16	82	IAN CHAPMAN	00:51:46.61	Runner	
17	251	JAMES LUCAS	00:51:54.86	Runner	
18	177	GRAHAM HALL	00:53:43.09	Runner	
19	149	JONATHAN FORD	00:54:11.08	Runner	
20	354	DANIEL RYAN	00:54:48.84	Runner	
21	69	GED BURNS	01:02:13.77	Runner	
22	279	PHILIP MOODY	01:04:23.74	Runner	
23	391	DAVID STEEL	01:13:31.18	Runner	

Male Vet over 45

Place	Bib #	Name	Time	Type	City
1	314	JASON PARKER	00:35:58.98	Runner	
2	295	GRAEME MURRAY	00:37:23.21	Runner	
3	200	PAUL HETHERINGTON	00:37:52.96	Runner	
4	26	NEIL BARKER	00:38:47.45	Runner	
5	329	DAVID POSTILL	00:39:46.44	Runner	
6	429	JASON WALKER	00:40:12.19	Runner	
7	19	GARY ATKINSON	00:40:13.69	Runner	
8	474	MARWAN KHOUEIRY	00:41:03.94	Runner	
9	468	PAUL YATES	00:41:43.95	Runner	
10	392	ANDREW STELL	00:43:17.97	Runner	
11	439	RUSSELL WAREING	00:43:28.67	Runner	
12	461	PETER WODHOUSE	00:43:34.66	Runner	
13	257	DARREN MARTIN	00:44:15.17	Runner	
14	165	HARRY GODSON	00:45:39.40	Runner	
15	80	MICHAEL CHALFONT	00:45:56.90	Runner	
16	236	TED KIRKHAM	00:46:06.17	Runner	
17	292	STEVE MURPHY	00:46:21.40	Runner	
18	456	JOHN WILKINSON	00:46:26.89	Runner	
19	34	JAMES BATTERSBY	00:47:03.13	Runner	
20	49	ANTHONY BLIGHT	00:47:03.89	Runner	
21	148	PETER FLOWERS	00:47:47.65	Runner	
22	253	SID MAKINSON	00:47:57.39	Runner	
23	56	STEVE BRAITHWAITE	00:49:02.62	Runner	
24	293	KEV MURRAY	00:49:27.86	Runner	
25	467	MATT YATES	00:49:31.61	Runner	
26	379	DARREN SMITH	00:49:38.61	Runner	
27	160	BEN GILKES	00:50:35.12	Runner	
28	417	STUART TOPPING	00:51:08.43	Runner	
29	296	KRIS MYERS	00:52:06.85	Runner	
30	183	GARY HANKIN	00:54:41.57	Runner	
31	237	ULLY KRITZLER	00:55:38.07	Runner	
32	104	MARK CORLESS	00:56:47.06	Runner	
33	317	EDEN PARKINSON	00:58:09.29	Runner	
34	366	DARREN SHORROCK	01:01:54.52	Runner	
35	414	MATTHEW THORPE	01:05:45.49	Runner	
36	407	STEVE TAYLOR	01:08:20.46	Runner	
37	224	MARTIN JACKSON	01:10:18.20	Runner	
38	283	TERRY MOSS	01:11:27.68	Runner	

Garstang Community 10k

Male Vet over 50

Place	Bib #	Name	Time	Type	City
1	30	GARRY BARNETT	00:38:39.71	Runner	
2	351	NICK ROSCOE	00:41:38.43	Runner	
3	496	IAN PARKER	00:42:02.43	Runner	
4	205	MICHAEL HOGAN	00:42:55.92	Runner	
5	398	ALLAN SUMNER	00:43:08.92	Runner	
6	260	SIMON MAUGHAN	00:43:15.69	Runner	
7	340	WAYNE REDMAN	00:43:25.18	Runner	
8	2	ANDREW ACKLAM	00:44:27.16	Runner	
9	210	SIMON HOUGHTON	00:44:36.41	Runner	
10	276	SIMON MITCHELL	00:45:20.16	Runner	
11	92	STUART CLAYTON	00:45:55.15	Runner	
12	492	GREG OBRIEN	00:46:37.90	Runner	
13	381	PETE SMITH	00:47:51.89	Runner	
14	475	STUART O'CONNOR	00:47:52.14	Runner	
15	477	PAUL O'CONNOR	00:48:36.39	Runner	
16	65	GREG BURKITT	00:51:01.86	Runner	
17	9	CHRIS ALMOND	00:51:04.36	Runner	
18	410	PAUL TEASDALE	00:51:09.36	Runner	
19	396	RICHARD STONECLIFFE	00:52:02.85	Runner	
20	61	DOUG BRYDEN	00:52:26.60	Runner	
21	208	MARK HOLMES	00:52:38.59	Runner	
22	424	STEPHEN TWIST	00:52:50.09	Runner	
23	15	MATT ASHTON	00:53:06.34	Runner	
24	67	MICHAEL BURKITT	00:53:08.11	Runner	
25	62	SANDY BUCHAN	00:53:39.59	Runner	
26	355	CHARLES SATTERLY	00:53:52.83	Runner	
27	416	STUART TODD	00:54:14.33	Runner	
28	108	DEREK CRANE	00:54:15.08	Runner	
29	47	MIKE BIRD	00:54:52.83	Runner	
30	117	MARK DAVEY	00:56:33.06	Runner	
31	427	GARRY VERNON	00:56:58.08	Runner	
32	88	CRAIG CLARK	00:58:20.30	Runner	
33	103	MATT CORK	00:59:07.06	Runner	
34	29	KEVIN BARNES	01:00:18.04	Runner	
35	76	JAMES ALAN CARTER	01:00:28.03	Runner	
36	415	TONY THWAITES	01:02:40.26	Runner	
37	270	PETER MEADOWS	01:05:30.74	Runner	

Male Vet over 55

Place	Bib #	Name	Time	Type	City
1	176	MARK HALL	00:37:22.22	Runner	
2	249	DAVID LORD	00:38:13.22	Runner	
3	155	IAN GARROD	00:42:28.18	Runner	
4	480	IAN DALE	00:42:37.67	Runner	
5	239	BOB LAUDER	00:42:41.43	Runner	
6	275	EDWARD MITCHELL	00:42:43.43	Runner	
7	445	JOHN WELSHMAN	00:43:17.91	Runner	
8	51	JOHN BOOTHMAN	00:44:01.17	Runner	
9	20	DAVID ATKINSON	00:44:02.17	Runner	
10	255	DAVID MARSH	00:46:05.92	Runner	
11	156	ANTONY GENOVESE	00:46:17.89	Runner	
12	55	MARTIN BRADY	00:46:40.14	Runner	
13	140	MICHAEL EDGE	00:46:50.88	Runner	
14	84	MICHAEL CHESHIRE	00:48:17.64	Runner	
15	390	TERRY STARKIE	00:48:25.88	Runner	
16	367	MARK SIMMILL	00:48:30.38	Runner	
17	309	MARK OSBORNE	00:48:43.38	Runner	
18	442	BILL WATTS	00:48:45.87	Runner	
19	339	DAVID RAYNOR	00:49:56.86	Runner	
20	336	PETER RAFFERTY	00:50:06.12	Runner	
21	264	JOHN MCCULLAGH	00:50:15.87	Runner	
22	229	STEPHEN JOHNSON	00:50:43.35	Runner	
23	114	JAMES ROBERT DANSON	00:51:00.86	Runner	
24	412	ANDREW THISTLETHWAITE	00:51:39.10	Runner	
25	52	TERRY BOWE	00:51:41.85	Runner	
26	95	JOHN CLUCAS	00:53:24.08	Runner	
27	282	DAVID MORRIS	00:53:24.84	Runner	
28	263	FINLAY MCCALMAN	00:53:37.83	Runner	
29	180	MICHAEL HALL	00:56:40.32	Runner	
30	454	DAVID WILKINSON	00:58:57.04	Runner	
31	60	BERNARD BROWN	00:59:52.79	Runner	
32	460	IAN WILSON	01:00:07.52	Runner	
33	63	STEVE BURGESS	01:01:34.04	Runner	
34	45	ANDY BIRCH	01:11:39.45	Runner	

Male Vet over 60

Place	Bib #	Name	Time	Type	City
1	287	PAUL MULLER	00:38:21.96	Runner	
2	432	DAVID WALKER	00:38:31.71	Runner	
3	320	MIKE PAULEY	00:39:23.45	Runner	
4	401	JOE SWARBRICK	00:42:26.68	Runner	
5	472	KENNETH BEAZLEY	00:42:44.93	Runner	
6	326	STEVE PERRY	00:43:58.41	Runner	
7	350	DAVID ROPER	00:45:14.41	Runner	
8	485	LES HILL	00:46:00.64	Runner	
9	358	PHILIP SEDDON	00:46:18.15	Runner	
10	135	ANDREW EASTERBY	00:47:47.90	Runner	
11	380	COLIN SMITH	00:50:43.86	Runner	
12	348	PETER ROONEY	00:50:49.11	Runner	
13	457	DAVID WILKINSON	00:50:54.36	Runner	
14	459	SIMON WILSON	00:51:27.61	Runner	
15	132	DAVID DYSON	00:52:46.59	Runner	
16	436	DAVID WALLWORTH	00:54:50.82	Runner	
17	450	ANDY WHITLAM	00:55:54.82	Runner	
18	338	NIGEL RAWLINGS	00:58:14.30	Runner	
19	188	STEVE HART	01:03:26.51	Runner	
20	479	STEVEN MCCALL	01:04:27.01	Runner	

Garstang Community 10k

Male Vet over 65

Place	Bib #	Name	Time	Type	City
1	310	RAY PADGETT	00:43:25.43	Runner	
2	240	MIKE LAVERY	00:55:35.07	Runner	
3	137	RICHARD EASTOE	00:56:56.38	Runner	
4	455	STEPHEN WILKINSON	00:58:27.06	Runner	
5	323	PHILIP LEAVER	00:58:34.80	Runner	
6	301	MARK NOALL	00:58:42.04	Runner	
7	145	MIKE FAWCETT	00:59:04.79	Runner	
8	273	PHIL MICHELEWSKI	01:01:39.76	Runner	
9	107	STEVE CRAGG	01:04:33.75	Runner	

Male Vet over 70

Place	Bib #	Name	Time	Type	City
1	213	ALAN HUDSON	00:46:20.90	Runner	
2	458	GEORGE WILLIAMS	00:48:53.14	Runner	
3	59	STEPHEN BROOK	00:52:57.84	Runner	
4	274	FRANK MILLER	00:55:32.83	Runner	
5	470	DAVID YOUNG	00:56:23.81	Runner	
6	211	GRAHAM HOWELL	00:58:04.30	Runner	

Male Vet over 75

Place	Bib #	Name	Time	Type	City
1	434	MEL WALKER	00:52:56.34	Runner	

Lady Vet over 35

Place	Bib #	Name	Time	Type	City
1	335	VICTORIA RAE	00:43:00.68	Runner	
2	341	GRETEL REDWOOD	00:45:16.40	Runner	
3	425	JOANNE UNSWORTH	00:46:36.15	Runner	
4	428	ANNA WADE	00:47:20.14	Runner	
5	497	GEMMA GREENWOOD	00:50:01.62	Runner	
6	212	NIKOLETTA HUDAK	00:51:18.85	Runner	
7	252	JENNIFER LUTTON	00:54:35.83	Runner	
8	223	EMMA JACKSON	00:54:36.08	Runner	
9	250	CAROLINE LOWCOCK	00:54:53.32	Runner	
10	131	HELEN DUTTON	00:56:35.56	Runner	
11	120	CHARLOTTE DEAN	00:56:40.56	Runner	
12	21	KATE BAIRD	00:56:48.56	Runner	
13	373	LAURA SINGLETON	00:57:27.55	Runner	
14	98	MELANIE COOPER	01:00:29.53	Runner	
15	271	JULIE MERRILL	01:01:08.26	Runner	
16	97	SARAH COOK	01:01:17.02	Runner	
17	430	MICHELLE WALKER	01:02:17.76	Runner	
18	179	DEBORAH HALL	01:05:42.73	Runner	
19	159	HELEN GIBBINS	01:07:48.96	Runner	
20	376	DEBBIE SLATER	01:10:46.52	Runner	
21	405	HELEN TASKER	01:10:55.94	Runner	
22	53	MICHELLE BOYLAN	01:11:47.93	Runner	
23	116	CHARLOTTE DANSON	01:11:50.94	Runner	
24	278	JOANNE MOODY	01:14:32.15	Runner	

Lady Vet over 40

Place	Bib #	Name	Time	Type	City
1	300	TORI NIXON	00:42:52.92	Runner	
2	111	RACHEL CULLEN	00:45:30.16	Runner	
3	399	JOANNE SUMNER	00:48:52.88	Runner	
4	16	PAULA ASKEW	00:49:13.62	Runner	
5	360	TANYA SHAW	00:51:06.86	Runner	
6	444	MICHELLE WEIR	00:52:00.85	Runner	
7	307	JANE OPENSHAW	00:53:01.58	Runner	
8	73	CATHERINE CAMPBELL	00:53:02.09	Runner	
9	96	EMMA COLLINGS	00:53:45.84	Runner	
10	337	NEELA RATHOD	00:54:30.07	Runner	
11	110	ALISON CROSS	00:54:38.32	Runner	
12	125	ALISON DICKINSON	00:56:42.81	Runner	
13	294	JACQUI MURRAY	00:58:44.55	Runner	
14	262	JO MCCAFFERY	00:58:58.79	Runner	
15	304	HAYLEY O'NEILL	00:59:07.06	Runner	
16	196	WENDY HEBBLETHWAITE	00:59:29.28	Runner	
17	437	VIKI WALSH	01:00:20.53	Runner	
18	486	JO MOSS	01:01:03.27	Runner	
19	411	SHARON TERNAN	01:06:51.48	Runner	
20	197	SUE HENRY	01:07:01.73	Runner	
21	371	REBECCA SIMPSON	01:07:56.21	Runner	
22	233	ALISON KEHER	01:07:57.22	Runner	
23	168	LINDSEY GREENSLADE	01:10:29.20	Runner	
24	161	SHARON GLEN	01:11:01.19	Runner	
25	375	CHARLOTTE SINKINGS	01:11:16.18	Runner	
26	36	SUSAN BEARDSWORTH	01:15:30.66	Runner	
27	13	SHARON ARTS	01:21:04.11	Runner	

Garstang Community 10k

Lady Vet over 45

Place	Bib #	Name	Time	Type	City
1	259	BETH MASSEY	00:43:22.41	Runner	
2	418	HEATHER TRAVIS	00:46:39.39	Runner	
3	305	REBECCA O'NEILL	00:47:24.13	Runner	
4	142	SARAH ELLIOTT	00:47:41.14	Runner	
5	426	NICOLA UNSWORTH	00:47:53.13	Runner	
6	99	SHARON COOPER	00:49:45.62	Runner	
7	58	GAIL BRISTO	00:50:16.12	Runner	
8	216	JUDI INGHAM	00:51:09.67	Runner	
9	147	ANNA FISHPOOL	00:52:36.59	Runner	
10	395	GAYNOR STONECLIFFE	00:52:44.84	Runner	
11	393	PAULA STELL	00:52:59.59	Runner	
12	86	SHEFALI CHOWDHURY	00:54:13.83	Runner	
13	389	JEANIE STARKIE	00:54:46.32	Runner	
14	248	LOUISE LORD	00:54:53.57	Runner	
15	4	MONIKA ALDELIME	00:55:09.32	Runner	
16	218	SARAH INGRAM	00:55:29.57	Runner	
17	481	GILLIAN HEYWOOD	00:55:53.31	Runner	
18	70	SHARLAN BUTCHER	00:56:25.56	Runner	
19	452	DEBORAH WILDING	00:56:56.05	Runner	
20	387	EMILY STAPLETON	00:57:13.56	Runner	
21	6	JENNIFER ALLEN	00:57:59.80	Runner	
22	464	EMMA WRATHALL	00:58:40.81	Runner	
23	1	CHRISTINE ACKLAM	00:58:48.79	Runner	
24	72	DAWN CALLAGHAN	00:59:59.78	Runner	
25	431	NICKOLA WALKER	01:01:06.52	Runner	
26	478	DONNA MORTON	01:01:43.27	Runner	
27	77	LOUISE CATON	01:01:52.77	Runner	
28	207	CAT HOLDEN	01:02:33.02	Runner	
29	109	ZOE CROOK	01:03:14.25	Runner	
30	488	SHARON HARTLEY	01:04:46.48	Runner	
31	362	DEBRA SHERLOCK	01:05:03.74	Runner	
32	469	LEEZA YOUNG	01:08:18.20	Runner	
33	87	MICHELLE CLAPHAM	01:08:20.96	Runner	
34	93	KATE CLIPSTON	01:08:20.96	Runner	
35	349	JULIE ROONEY	01:08:21.46	Runner	
36	54	JENNY BRADLEY	01:08:21.71	Runner	
37	101	KAREN CORAM	01:09:19.95	Runner	
38	225	SAMANTHA JACKSON	01:10:12.44	Runner	
39	178	JACKIE HALL	01:12:43.42	Runner	
40	214	ELAINE HUDSON	01:14:04.42	Runner	
41	446	HANNAH WHALE	01:41:32.95	Runner	
42	102	GENEVIEVE CORBETT	01:41:36.45	Runner	

Lady Vet over 50

Place	Bib #	Name	Time	Type	City
1	57	KAREN BRIDGE	00:42:46.67	Runner	
2	105	SUE COULTHURST	00:43:47.67	Runner	
3	242	HELEN LAWRENSON	00:45:19.90	Runner	
4	328	SUSAN PLANT	00:47:05.39	Runner	
5	374	AMANDA SINGLETON	00:47:40.88	Runner	
6	163	LOUISE GODDARD	00:48:15.87	Runner	
7	449	GINA WHITELEY	00:50:12.61	Runner	
8	227	TRUDI JENKINSON	00:51:01.86	Runner	
9	423	KAY TWIST	00:51:42.60	Runner	
10	289	KAREN MUNNELLY	00:51:43.11	Runner	
11	203	DAWN HODGKINS	00:52:33.34	Runner	
12	115	MAUREEN DANSON	00:53:43.84	Runner	
13	32	BARBARA BATH	00:56:28.30	Runner	
14	44	DAWN BIGGS	00:56:50.56	Runner	
15	409	JANE TAYLOR	00:57:18.82	Runner	
16	297	CHRISTY NEWBURY	00:58:17.55	Runner	
17	184	DEB HANLON- CATLOW	00:58:37.55	Runner	
18	68	KAY BURNS	00:59:09.29	Runner	
19	493	ANNA RICHINGS	01:01:01.28	Runner	
20	195	CAROL HEATON	01:03:55.49	Runner	
21	290	HELEN MURPHY	01:04:26.25	Runner	
22	356	KATH SCAIFE	01:04:59.49	Runner	
23	333	DAWN PRESTON	01:05:43.73	Runner	
24	494	MAXINE DARRET	01:06:02.49	Runner	
25	48	JACKIE BIRKS	01:07:31.72	Runner	
26	361	MICHELLE SHERIDAN	01:10:01.69	Runner	
27	66	HEATHER BURKITT	01:10:34.19	Runner	
28	8	KAREN ALMOND	01:11:47.43	Runner	
29	41	LOUISE BENTLEY	01:21:46.10	Runner	
30	451	ROSEMARY WHITTAKER	01:25:51.83	Runner	
31	247	FIONA LITTLE	01:29:23.04	Runner	

Lady Vet over 55

Place	Bib #	Name	Time	Type	City
1	170	ANN GRIFFITHS	00:47:30.38	Runner	
2	266	CHRISTINA MCGUIRE	00:48:31.63	Runner	
3	385	SANDRA SNAPE	00:53:46.84	Runner	
4	368	ELAINE SIMMILL	00:57:34.06	Runner	
5	25	ANNA BARCROFT	00:58:05.30	Runner	
6	473	SUSAN HODGSON	00:58:23.79	Runner	
7	124	LESLEY DEWHIRST	00:58:45.29	Runner	
8	127	JANET DOHERTY	01:00:10.28	Runner	
9	138	KERRY ECCLES	01:00:15.78	Runner	
10	75	JACKIE CARRUTHERS	01:01:14.77	Runner	
11	173	JUDITH HACKING	01:02:58.25	Runner	
12	150	CATHERINE FORD	01:03:09.77	Runner	
13	433	LINDA WALKER	01:04:43.25	Runner	
14	495	JULIE BONSALE	01:05:39.48	Runner	
15	352	CHRISTINE ROSTRON	01:05:50.99	Runner	
16	316	MARGARET PARKINSON	01:10:09.94	Runner	
17	189	CAROL HART	01:11:17.68	Runner	
18	346	JACQUELINE ROBSON	01:24:46.59	Runner	

Garstang Community 10k

Lady Vet over 60

Place	Bib #	Name	Time	Type	City
1	226	JILL JEFFERSON	00:45:34.15	Runner	
2	201	MARY HEWITT	00:54:05.58	Runner	
3	12	SUE ARNOTT	00:54:49.82	Runner	
4	158	CAROL GIBBINS	01:06:36.72	Runner	
5	193	CAROLE HAYES	01:11:42.19	Runner	
6	81	LYNNE CHAMBERS	01:17:58.63	Runner	

Lady Vet over 65

Place	Bib #	Name	Time	Type	City
1	167	JOAN GOULDTHORPE	00:56:14.05	Runner	
2	136	GAY EASTOE	00:56:55.30	Runner	
3	298	EILEEN NEWMAN	00:57:00.55	Runner	
4	192	MADLINE HAWORTH	00:57:17.56	Runner	
5	322	FREDA PEACOCK	01:02:54.26	Runner	

Lady Vet over 70

Place	Bib #	Name	Time	Type	City
1	130	CAROL DOUGLASS	00:54:19.58	Runner	
2	382	NORMA SMITH	00:57:36.80	Runner	
3	388	LINDA STAPLETON	01:13:12.17	Runner	

Lady Vet over 75

Place	Bib #	Name	Time	Type	City
1	483	KATHY CARTLEDGE	01:02:08.76	Runner	