

Garstang 10k

Team Overall Results

<u>Place</u>	<u>Name</u>	<u>Average Time</u>	<u>Score</u>
1	Todmorden Harriers & Ac	00:45:39.95	28
2	Red Rose Road Runners	00:48:32.90	47
3	Lancaster and Morecambe Athletics Club	00:49:31.98	53
4	Blackburn Road Runners	00:51:59.19	80
5	Blackpool Wyre & Fylde Ac	00:53:44.78	102
6	Wesham Road Runners & AC	00:53:34.56	106
7	Wesham Road Runners & Ac	00:56:00.61	127
8	Freckleton & Warton Running Club	01:02:06.87	129
9	Women on the Run	00:57:42.14	141
10	Thornton Cleveleys Running Club	01:00:58.74	175
11	Lytham St Annes RR Club	01:03:47.15	186
12	Winston Runners	01:05:38.29	200

non-Scoring Teams

<u>Name</u>	<u>Average Time</u>	<u>Finishers</u>
Preston Harriers	00:53:34.90	3
Fylde Coast Runners	00:53:43.56	3
Blackburn Harriers & AC	00:39:52.23	1
Horwich RMI Harriers	00:41:42.85	1
Eden Runners	00:48:10.03	1
Vegan Runners UK	00:49:29.75	1
Tri England	00:54:31.55	1
Helm Hill	00:55:18.19	1
Marlow Striders	00:56:40.16	1
Ribby Hall Tri Club	00:56:44.95	1
Royton Road Runners	00:57:08.88	1
Astley & Tyldesley Road Runners	00:57:09.27	1
Bentham Beagles Running Club	00:57:41.75	1
Garstang Running Club	00:58:33.82	1
Lancaster Runners	01:01:50.60	1
Southport Waterloo AC	01:15:31.42	1

Garstang 10k

Team Results

Place	Team Name	Average Time	# of Finishers	Team Score		
1	Todmorden Harriers & Ac	00:45:39.95	5	28		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	2	271	Pauline May	00:41:23.20	1
	2	5	125	Kerry Edwards	00:44:14.15	3
	3	8	161	Sarah Glyde	00:45:14.13	6
	4	24	293	Elise Milnes	00:51:48.31	18
	5	33	369	Heather Rostron	00:53:33.90	(27)
2	Red Rose Road Runners	00:48:32.90	13	47		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	6	218	Jill Jefferson	00:44:22.27	4
	2	17	126	Samantha Edwards	00:49:08.77	12
	3	20	9167	Janette Rayton	00:49:44.35	14
	4	23	51	Gail Bristo	00:50:56.24	17
	5	29	116	Carol Douglass	00:52:56.62	(23)
	6	36	425	Paula Stell	00:54:02.24	(30)
3	Lancaster and Morecambe Athletics Club	00:49:31.98	12	53		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	10	9168	Louise Wareing	00:47:07.32	8
	2	16	284	Christina Mcguire	00:49:01.42	11
	3	21	380	Holly Satterly	00:50:08.61	15
	4	25	423	Emily Stapleton	00:51:50.58	19
	5	28	162	Louise Goddard	00:52:52.33	(22)
	6	54	393	Elaine Simmill	00:57:38.05	(38)
4	Blackburn Road Runners	00:51:59.19	10	80		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	15	270	Jane Matthewman	00:48:57.85	10
	2	26	219	Trudy Jenkinson	00:52:35.12	20
	3	27	358	Kate Rippingale	00:52:36.80	21
	4	35	47	Lorna Bowes	00:53:47.00	29
	5	45	8	Jennifer Allen	00:55:37.53	(34)
	6	50	473	Joanne Weir	00:56:51.55	(37)
5	Blackpool Wyre & Fylde Ac	00:53:44.78	6	102		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	7	455	Nicola Unsworth	00:44:54.42	5
	2	22	482	Gina Whiteley	00:50:24.84	16
	3	44	152	Amanda Fuller	00:55:32.55	33
	4	80	462	Nickola Walker	01:04:07.31	48
	5	88	348	Laura Raynor	01:08:38.64	(54)
	6	96	253	Fiona Little	01:17:42.67	(58)
6	Wesham Road Runners & AC	00:53:34.56	8	106		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	30	101	Maureen Danson	00:53:17.67	24
	2	31	112	Louisa Denye	00:53:28.26	25
	3	32	164	Vicky Gore	00:53:30.02	26
	4	37	386	Tanya Shaw	00:54:02.31	31
	5	49	277	Jo McCaffery	00:56:48.51	(36)
	6	56	545	Tanya Barlow	00:57:53.97	(39)
7	Wesham Road Runners & Ac	00:56:00.61	4	127		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>

Garstang 10k

1	9	244	Helen Lawrenson	00:45:21.18	7	
2	34	121	Kerry Eccles	00:53:39.45	28	
3	69	511	Emma Wright	01:00:32.81	43	
4	81	40	Dawn Biggs	01:04:29.02	49	
8	Freckleton & Warton Running Club			01:02:06.87	4	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	4	466	Sasha Wallbank	00:42:52.61	2
	2	14	66	Joanne Cain	00:48:38.44	9
	3	95	215	Clair Hutchison	01:17:31.62	57
	4	101	190	Nikki Hearn	01:19:24.83	61
9	Women on the Run			00:57:42.14	4	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	19	457	Vicky Van Den Biggelaar	00:49:33.23	13
	2	46	268	Kirsty Martindale	00:56:21.81	35
	3	68	518	Christine Acklam	00:59:59.89	42
	4	83	367	Karen Rose	01:04:53.62	51
10	Thornton Cleveleys Running Club			01:00:58.74	4	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	39	451	Michelle Tomlinson	00:54:23.45	32
	2	75	209	Susan Hopcroft	01:02:26.07	46
	3	76	319	Angela Norris	01:02:29.47	47
	4	82	456	Sophie Uttley	01:04:35.95	50
11	Lytham St Annes RR Club			01:03:47.15	4	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	66	41	Pam Binns	00:59:56.28	41
	2	70	160	Sylvia Gittins	01:00:47.98	44
	3	73	499	Julie Wiseman	01:01:38.96	45
	4	92	387	Michelle Sheridan	01:12:45.38	56
12	Winston Runners			01:05:38.29	7	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Chip Time</u>	<u>Score</u>
	1	61	445	Sally Thompstone	00:58:47.11	40
	2	84	453	Kath Tyms	01:06:06.54	52
	3	85	175	Maureen Hadfield	01:06:22.69	53
	4	91	226	Lesley Jordan	01:11:16.80	55
	5	97	69	Margaret Carleton	01:17:56.38	(59)
	6	98	398	Teresa Sinclair	01:17:56.66	(60)

Garstang 10k

Individual Overall Results

Overall	Score	Bib#	Name	Type	Chip Time	Team
1	0	307	Victoria Mousley	Runner	00:39:52.23	Blackburn Harriers & AC
2	1	271	Pauline May	Runner	00:41:23.20	Todmorden Harriers & Ac
3	23	261	Maria Lowe	Runner	00:41:42.85	Horwich RMI Harriers
4	2	466	Sasha Wallbank	Runner	00:42:52.61	Freckleton & Warton Running Club
5	3	125	Kerry Edwards	Runner	00:44:14.15	Todmorden Harriers & Ac
6	4	218	Jill Jefferson	Runner	00:44:22.27	Red Rose Road Runners
7	5	455	Nicola Unsworth	Runner	00:44:54.42	Blackpool Wyre & Fylde Ac
8	6	161	Sarah Glyde	Runner	00:45:14.13	Todmorden Harriers & Ac
9	7	244	Helen Lawrenson	Runner	00:45:21.18	Wesham Road Runners & Ac
10	8	9168	Louise Wareing	Runner	00:47:07.32	Lancaster and Morecambe Athletics Club
11	61	543	Laura Conn	Runner	00:48:08.65	Preston Harriers
12	0	403	Amanda Singleton	Runner	00:48:10.03	Eden Runners
13	62	173	Ann Griffiths	Runner	00:48:11.26	Fylde Coast Runners
14	9	66	Joanne Cain	Runner	00:48:38.44	Freckleton & Warton Running Club
15	10	270	Jane Matthewman	Runner	00:48:57.85	Blackburn Road Runners
16	11	284	Christina Mcguire	Runner	00:49:01.42	Lancaster and Morecambe Athletics Club
17	12	126	Samantha Edwards	Runner	00:49:08.77	Red Rose Road Runners
18	0	107	Loren Dawson	Runner	00:49:29.75	Vegan Runners UK
19	13	457	Vicky Van Den Biggelaar	Runner	00:49:33.23	Women on the Run
20	14	9167	Janette Rayton	Runner	00:49:44.35	Red Rose Road Runners
21	15	380	Holly Satterly	Runner	00:50:08.61	Lancaster and Morecambe Athletics Club
22	16	482	Gina Whiteley	Runner	00:50:24.84	Blackpool Wyre & Fylde Ac
23	17	51	Gail Bristo	Runner	00:50:56.24	Red Rose Road Runners
24	18	293	Elise Milnes	Runner	00:51:48.31	Todmorden Harriers & Ac
25	19	423	Emily Stapleton	Runner	00:51:50.58	Lancaster and Morecambe Athletics Club
26	20	219	Trudy Jenkinson	Runner	00:52:35.12	Blackburn Road Runners
27	21	358	Kate Rippingale	Runner	00:52:36.80	Blackburn Road Runners
28	(22)	162	Louise Goddard	Runner	00:52:52.33	Lancaster and Morecambe Athletics Club
29	(23)	116	Carol Douglass	Runner	00:52:56.62	Red Rose Road Runners
30	24	101	Maureen Danson	Runner	00:53:17.67	Wesham Road Runners & AC
31	25	112	Louisa Denye	Runner	00:53:28.26	Wesham Road Runners & AC
32	26	164	Vicky Gore	Runner	00:53:30.02	Wesham Road Runners & AC
33	(27)	369	Heather Rostron	Runner	00:53:33.90	Todmorden Harriers & Ac
34	28	121	Kerry Eccles	Runner	00:53:39.45	Wesham Road Runners & Ac
35	29	47	Lorna Bowes	Runner	00:53:47.00	Blackburn Road Runners
36	(30)	425	Paula Stell	Runner	00:54:02.24	Red Rose Road Runners
37	31	386	Tanya Shaw	Runner	00:54:02.31	Wesham Road Runners & AC
38	0	165	Joan Gouldthorpe	Runner	00:54:17.07	Red Rose Road Runners
39	32	451	Michelle Tomlinson	Runner	00:54:23.45	Thornton Cleveleys Running Club
40	0	402	Louisa Singleton	Runner	00:54:31.55	Tri England
41	(84)	204	Sherry Hogarth	Runner	00:54:32.56	Fylde Coast Runners
42	0	495	Kate Wilson	Runner	00:55:18.19	Helm Hill
43	85	454	Julie Tyrer	Runner	00:55:27.31	Preston Harriers
44	33	152	Amanda Fuller	Runner	00:55:32.55	Blackpool Wyre & Fylde Ac
45	(34)	8	Jennifer Allen	Runner	00:55:37.53	Blackburn Road Runners
46	35	268	Kirsty Martindale	Runner	00:56:21.81	Women on the Run
47	0	264	Jackie Marfleet	Runner	00:56:40.16	Marlow Striders
48	0	113	Simone Derweduwen	Runner	00:56:44.95	Ribby Hall Tri Club
49	(36)	277	Jo McCaffery	Runner	00:56:48.51	Wesham Road Runners & AC
50	(37)	473	Joanne Weir	Runner	00:56:51.55	Blackburn Road Runners
51	(91)	94	Felicity Cross	Runner	00:57:08.75	Preston Harriers

Garstang 10k

52	0	198	Jillian Heywood	Runner	00:57:08.88	Royton Road Runners
53	0	259	Kerry Lomas	Runner	00:57:09.27	Astley & Tyldesley Road Runners
54	(38)	393	Elaine Simmill	Runner	00:57:38.05	Lancaster and Morecambe Athletics Club
55	(93)	381	Kath Scaife	Runner	00:57:41.75	Bentham Beagles Running Club
56	(39)	545	Tanya Barlow	Runner	00:57:53.97	Wesham Road Runners & AC
57	0	354	Diane Riach	Runner	00:58:25.85	Lancaster and Morecambe Athletics Club
58	0	521	Kathryn Chester	Runner	00:58:26.85	Fylde Coast Runners
59	0	370	Michelle Round	Runner	00:58:29.23	Red Rose Road Runners
60	0	390	Jane Sherriff	Runner	00:58:33.82	Garstang Running Club
61	40	445	Sally Thompstone	Runner	00:58:47.11	Winston Runners
62	0	533	Sinead Whittaker	Runner	00:58:48.24	Blackburn Road Runners
63	0	168	Helen Greenhalgh	Runner	00:59:14.52	Red Rose Road Runners
64	0	5	Maggie Ainslie	Runner	00:59:39.01	Blackburn Road Runners
65	0	194	Sally Heppenstall	Runner	00:59:41.76	Blackburn Road Runners
66	41	41	Pam Binns	Runner	00:59:56.28	Lytham St Annes RR Club
67	0	60	Debra Bunting	Runner	00:59:59.48	Lancaster and Morecambe Athletics Club
68	42	518	Christine Acklam	Runner	00:59:59.89	Women on the Run
69	43	511	Emma Wright	Runner	01:00:32.81	Wesham Road Runners & Ac
70	44	160	Sylvia Gittins	Runner	01:00:47.98	Lytham St Annes RR Club
71	0	250	Sarah Wright	Runner	01:01:35.91	Lancaster and Morecambe Athletics Club
72	0	206	Cat Holden	Runner	01:01:38.75	Red Rose Road Runners
73	45	499	Julie Wiseman	Runner	01:01:38.96	Lytham St Annes RR Club
74	(98)	361	Maureen Roberts	Runner	01:01:50.60	Lancaster Runners
75	46	209	Susan Hopcroft	Runner	01:02:26.07	Thornton Cleveleys Running Club
76	47	319	Angela Norris	Runner	01:02:29.47	Thornton Cleveleys Running Club
77	0	57	Joanne Brown	Runner	01:02:37.71	Blackburn Road Runners
78	0	64	Sharlan Butcher	Runner	01:02:46.36	Wesham Road Runners & AC
79	0	364	Sandra Rolston	Runner	01:04:03.08	Red Rose Road Runners
80	48	462	Nickola Walker	Runner	01:04:07.31	Blackpool Wyre & Fylde Ac
81	49	40	Dawn Biggs	Runner	01:04:29.02	Wesham Road Runners & Ac
82	50	456	Sophie Uttley	Runner	01:04:35.95	Thornton Cleveleys Running Club
83	51	367	Karen Rose	Runner	01:04:53.62	Women on the Run
84	52	453	Kath Tyms	Runner	01:06:06.54	Winston Runners
85	53	175	Maureen Hadfield	Runner	01:06:22.69	Winston Runners
86	0	486	Heather Wilding	Runner	01:07:29.31	Wesham Road Runners & AC
87	0	18	Emily Atkinson	Runner	01:07:32.46	Red Rose Road Runners
88	(54)	348	Laura Raynor	Runner	01:08:38.64	Blackpool Wyre & Fylde Ac
89	0	472	Ruth Watkinson	Runner	01:09:39.48	Red Rose Road Runners
90	0	422	Linda Stapleton	Runner	01:10:36.07	Lancaster and Morecambe Athletics Club
91	55	226	Lesley Jordan	Runner	01:11:16.80	Winston Runners
92	56	387	Michelle Sheridan	Runner	01:12:45.38	Lytham St Annes RR Club
93	0	461	Linda Walker	Runner	01:13:27.55	Lancaster and Morecambe Athletics Club
94	0	266	Jan Marsh	Runner	01:15:31.42	Southport Waterloo AC
95	57	215	Clair Hutchison	Runner	01:17:31.62	Freckleton & Warton Running Club
96	(58)	253	Fiona Little	Runner	01:17:42.67	Blackpool Wyre & Fylde Ac
97	(59)	69	Margaret Carleton	Runner	01:17:56.38	Winston Runners
98	(60)	398	Teresa Sinclair	Runner	01:17:56.66	Winston Runners
99	0	141	Nora Featherstone	Runner	01:17:59.85	Winston Runners
100	0	251	Imelda Hatton	Runner	01:18:20.61	Lancaster and Morecambe Athletics Club
101	61	190	Nikki Hearn	Runner	01:19:24.83	Freckleton & Warton Running Club