



Garstang 10k

13/01/2019 10:00:00

Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
1	MATTHEW LALOR	Ribble Valley Harriers	539	00:34:00.46	00:33:56.99	M	34
2	CALLUM ROWETT		371	00:34:53.94	00:34:52.44	M	24
3	CHRIS MCCARTHY	Lytham St Annes RR Club	279	00:35:22.45	00:35:21.99	M	32
4	JOHN LLOYD	Salford Harriers	256	00:35:59.44	00:35:56.05	M	41
5	RAY CLARK	Warrington Running Club	78	00:36:50.69	00:36:46.78	M	29
6	CHRIS GREEN		167	00:36:55.88	00:36:51.16	M	49
7	PAUL MULLER	Northern Masters AC	310	00:37:05.93	00:37:03.96	M	61
8	SIMON DENYE	Wesham Road Runners & AC	111	00:37:22.69	00:37:18.45	M	45
9	MIKE FINLAYSON		145	00:37:34.93	00:37:31.96	M	41
10	PAUL EDWARDS	Spa Striders	124	00:38:21.92	00:38:19.43	M	32
11	OLIVER DONNELLY	Bury Athletic Club	115	00:38:34.92	00:38:33.44	M	15
12	DAVID PARKINSON	Red Rose Road Runners	329	00:38:51.67	00:38:47.53	M	52
13	MIRAS ESKANDER	Northern Masters AC	129	00:39:06.91	00:39:03.69	M	39
14	KARL HODGSON	Red Rose Road Runners	203	00:39:08.67	00:39:05.20	M	30
15	JOE MARTIN	Red Rose Road Runners	9170	00:39:07.00	00:39:07.00	M	25
16	LEE BARLOW	Wesham Road Runners & AC	26	00:39:17.92	00:39:07.03	M	47
17	JASON RIPPINGALE	Blackburn Road Runners	359	00:39:22.92	00:39:21.20	M	43
18	GARRY BARNETT	Wesham Road Runners & AC	29	00:39:31.17	00:39:28.65	M	52
19	MATT FLANAGAN	Todmorden Harriers & Ac	146	00:39:36.17	00:39:31.14	M	46
20	DAN TAYLOR	Todmorden Harriers & Ac	440	00:39:44.41	00:39:39.05	M	40
21	DANIEL BYE	Lancaster and Morecambe Athletics Club	65	00:39:47.60	00:39:43.13	M	38
22	SEAN PAUL DAVIS		544	00:39:52.91	00:39:47.13	M	38
23	IAN DAWSON	Blackpool Wyre & Fylde Ac	9160	00:39:57.68	00:39:51.11	M	40
24	VICTORIA MOUSLEY	Blackburn Harriers & AC	307	00:39:54.19	00:39:52.23	F	37
25	SEAN MCMYLER	Horwich RMI Harriers	286	00:39:56.90	00:39:52.68	M	56
26	CHRIS HASTWELL	Wesham Road Runners & AC	186	00:40:04.65	00:39:53.29	M	35
27	MARC POTTER	Riversway Road Runners	341	00:40:06.90	00:39:59.59	M	42
28	DAVID LORD	Trawden Athletic Club	260	00:40:23.40	00:40:18.61	M	57
29	DOUGIE POTTER	Preston Harriers	340	00:40:24.16	00:40:18.66	M	35
30	NEIL HARRISON		180	00:40:46.93	00:40:39.71	M	36
31	JOHN AGNEW	Fylde Coast Runners	3	00:40:44.66	00:40:41.04	M	39
32	MIKE PAULEY	Bentham Beagles Running Club	333	00:40:46.41	00:40:43.19	M	59
33	LEE CALVERT	Lancaster and Morecambe Athletics Club	68	00:40:49.46	00:40:43.25	M	27
34	MATTHEW PARKER		328	00:40:52.65	00:40:44.75	M	36
35	LEE DENTON	Blackburn Road Runners	110	00:41:11.41	00:40:59.82	M	56
36	DAVE ROWLEY		372	00:41:21.92	00:41:04.70	M	40
37	BEN SWARBRICK		9184	00:41:23.91	00:41:09.22	M	29
38	JONATHAN FINCH	Red Rose Road Runners	144	00:41:21.16	00:41:14.96	M	35
39	PAULINE MAY	Todmorden Harriers & Ac	271	00:41:29.40	00:41:23.20	F	37
40	GUY HEYWOOD		197	00:41:40.39	00:41:30.06	M	35
41	MARK PAYLER		334	00:41:49.64	00:41:42.57	M	41
42	MARIA LOWE	Horwich RMI Harriers	261	00:41:46.82	00:41:42.85	F	39
43	RYAN MEWIS		290	00:41:54.89	00:41:43.77	M	36
44	DAVID WALKER	Lancaster and Morecambe Athletics Club	460	00:41:49.64	00:41:45.04	M	59
45	IAN PARKER	Garstang Running Club	9172	00:42:29.38	00:41:58.54	M	50
46	GARY ATKINSON		16	00:42:40.64	00:42:29.92	M	46
47	NEIL BAYNTON ROBERTS	Lytham St Annes RR Club	32	00:42:38.88	00:42:32.37	M	57
48	DUNCAN RITCHIE		360	00:42:50.37	00:42:41.08	M	47
49	JAMES RIDEOUT	Bolton United Harriers	357	00:42:57.37	00:42:44.23	M	57
50	STUART WOLSTENHOLME	Todmorden Harriers & Ac	504	00:42:56.38	00:42:46.85	M	47
51	CHRIS BIBBY	Red Rose Road Runners	38	00:42:57.64	00:42:47.73	M	31



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
52	JOHN HALLIWELL	Manchester Harriers & AC	178	00:43:04.15	00:42:50.35	M	55
53	JIM SMITH		410	00:42:54.88	00:42:50.91	M	48
54	SASHA WALLBANK	Freckleton & Warton Running Club	466	00:42:58.39	00:42:52.61	F	25
55	IAN DALE	Royton Road Runners	99	00:43:11.13	00:43:04.15	M	55
56	STEVE TINGLE	Red Rose Road Runners	448	00:43:15.88	00:43:08.67	M	55
57	STEVEN KIRKHAM	Riversway Road Runners	234	00:43:22.34	00:43:12.38	M	42
58	SHAUN BIBBY		528	00:43:42.16	00:43:15.14	M	26
59	ROBIN MITCHELL	Lancaster Runners	296	00:43:28.63	00:43:17.27	M	43
60	PETER ANDREW GALE		153	00:43:26.87	00:43:18.15	M	29
61	ALLAN SUMNER	Lancaster and Morecambe Athletics Club	430	00:43:32.63	00:43:19.15	M	50
62	PETER LLOYD	Lancaster Runners	255	00:43:32.13	00:43:20.40	M	36
63	ROY TOMLINSON	Thornton Cleveleys Running Club	450	00:43:37.37	00:43:28.29	M	59
64	SAM LAWRENCE	Riversway Road Runners	242	00:43:42.16	00:43:32.08	M	37
65	DAVE HESLOP	Garstang Running Club	195	00:43:44.87	00:43:37.90	M	58
66	NIGEL BARNES	Garstang Running Club	28	00:44:09.61	00:43:40.76	M	55
67	TOM MCATEER		274	00:43:56.37	00:43:45.53	M	55
68	CARL BARNES		27	00:44:16.37	00:44:00.28	M	39
69	JOHN WELSHMAN		477	00:44:14.63	00:44:00.55	M	55
70	KERRY EDWARDS	Todmorden Harriers & Ac	125	00:44:26.37	00:44:14.15	F	45
71	MICHAEL ODDIE	Red Rose Road Runners	322	00:44:29.11	00:44:20.23	M	45
72	CHANDAN DAFALE		97	00:44:53.86	00:44:21.05	M	31
73	JILL JEFFERSON	Red Rose Road Runners	218	00:44:30.63	00:44:22.27	F	60
74	MARK BENTELE	Lancaster and Morecambe Athletics Club	536	00:44:39.36	00:44:26.55	M	31
75	DAVID ATKINSON	Fylde Coast Runners	17	00:44:54.37	00:44:33.14	M	58
76	STEVE PERRY	Lancaster and Morecambe Athletics Club	336	00:44:43.40	00:44:36.44	M	60
77	LIAM BETNEY		37	00:44:50.62	00:44:40.91	M	31
78	JACK CULVER		96	00:45:33.36	00:44:43.25	M	19
79	COLIN WALTON	Garstang Running Club	469	00:45:29.86	00:44:44.75	M	39
80	NICOLA UNSWORTH	Blackpool Wyre & Fylde Ac	455	00:45:06.64	00:44:54.42	F	48
81	STEVEN YATES		514	00:45:04.86	00:45:01.40	M	47
82	GARY JONES	Bolton United Harriers	223	00:45:13.39	00:45:03.13	M	57
83	BEN SINGLETON		399	00:45:46.11	00:45:03.48	M	21
84	ADRIAN LEIGH	Bentham Beagles Running Club	248	00:45:08.11	00:45:04.64	M	62
85	SARAH GLYDE	Todmorden Harriers & Ac	161	00:45:32.60	00:45:14.13	F	44
86	STUART CLAYTON	Wesham Road Runners & AC	83	00:45:34.10	00:45:18.38	M	50
87	SAM KELLET	Lancaster and Morecambe Athletics Club	229	00:45:31.88	00:45:19.12	M	39
88	HELEN LAWRENSON	Wesham Road Runners & Ac	244	00:45:35.40	00:45:21.18	F	49
89	ANDREW STELL	Red Rose Road Runners	424	00:45:42.35	00:45:24.89	M	48
90	GUY WHITMORE	Todmorden Harriers & Ac	484	00:45:37.12	00:45:25.90	M	51
91	WARREN CROOK	Chorley Ac & Tri	208	00:46:46.09	00:45:32.21	M	55
92	RUTH MEWIS		289	00:45:45.60	00:45:34.10	F	38
93	ROB EVANS		132	00:45:45.04	00:45:36.35	M	36
94	IMRAN YUNUS		517	00:45:48.55	00:45:39.44	M	43
95	PATRICK MATTHEW CORBETT	Lancaster and Morecambe Athletics Club	88	00:45:55.11	00:45:43.14	M	36
96	JOHN ROSS	Winston Runners	368	00:46:27.60	00:45:45.59	M	50
97	ANGUS MURRAY	Lancaster and Morecambe Athletics Club	312	00:46:03.10	00:45:46.38	M	66
98	DAVID NICHOLS	Dallam Running Club	317	00:46:20.85	00:45:54.81	M	38
99	THOMAS FARQUHAR	Wesham Road Runners & AC	534	00:46:12.10	00:46:07.49	M	29
100	ZOE EDMUNDSON		9162	00:46:22.11	00:46:09.53	F	44



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
101	BOB LAUDER		239	00:46:19.60	00:46:10.14	M	56
102	ADE GODDARD		163	00:46:32.35	00:46:20.13	M	43
103	MATT WILSON	Blackburn Road Runners	497	00:46:32.85	00:46:24.35	M	31
104	STEVE MURPHY	Red Rose Road Runners	311	00:46:37.85	00:46:29.37	M	47
105	ROY FEATHERSTONE	Winston Runners	140	00:47:14.59	00:46:32.71	M	64
106	NEIL WILKES	Horwich RMI Harriers	488	00:46:47.60	00:46:34.13	M	52
107	SIMON MITCHELL		298	00:46:57.84	00:46:36.37	M	53
108	JAMES BIRCHALL		531	00:47:05.35	00:46:38.09	M	28
109	MARK MCCONVILLE	Trawden Athletic Club	280	00:47:14.59	00:46:42.11	M	47
110	BEN RANSOME	Lancaster and Morecambe Athletics Club	295	00:47:00.09	00:46:43.13	M	49
111	DAVID MARSH	Southport Waterloo AC	265	00:46:53.59	00:46:45.89	M	58
112	BRENDAN CRONIN	Lancaster and Morecambe Athletics Club	92	00:47:33.61	00:47:02.31	M	64
113	GEOFF LEECH	Horwich RMI Harriers	247	00:47:13.84	00:47:03.35	M	52
114	JOHN RIACH	Lancaster and Morecambe Athletics Club	353	00:47:28.83	00:47:05.26	M	57
115	LOUISE WAREING	Lancaster and Morecambe Athletics Club	9168	00:47:20.09	00:47:07.32	F	43
116	PETER WALTERS	Winston Runners	468	00:47:26.35	00:47:13.84	M	62
117	GREG TURNER	Thornton Cleveleys Running Club	9163	00:47:26.10	00:47:16.10	M	37
118	BEN MCCABE	Lytham St Annes RR Club	275	00:47:29.34	00:47:21.49	M	30
119	MICHAEL CHALFONT		9166	00:47:29.57	00:47:22.00	M	48
120	DANIEL PATON	Central Lancs Running & Triathlon Club (CLAN)	331	00:47:34.34	00:47:23.54	M	40
121	DEZ APPLETON	Lytham St Annes RR Club	10	00:47:30.34	00:47:23.59	M	43
122	DAVID LLOYD	Blackburn Road Runners	254	00:47:37.59	00:47:25.02	M	61
123	SUSAN PLANT		337	00:47:47.58	00:47:26.73	F	53
124	DARREN MARTIN	Winston Runners	267	00:47:43.09	00:47:28.17	M	48
125	SAMUEL FOX		150	00:47:46.33	00:47:28.81	M	34
126	BEN WRIGLEY	Wesham Road Runners & AC	512	00:47:45.28	00:47:30.80	M	38
127	PETER WOODHOUSE		507	00:48:10.61	00:47:35.64	M	47
128	STUART O'CONNOR		525	00:47:58.12	00:47:37.04	M	51
129	DAVID WALL		464	00:48:38.58	00:47:45.70	M	46
130	MICHAEL WALLING		467	00:47:59.58	00:47:45.97	M	30
131	ALAN HUDSON	Wesham Road Runners & AC	214	00:47:56.84	00:47:48.35	M	69
132	LEE BIBBY		39	00:48:31.39	00:47:51.69	M	38
133	JULIAN EYRE		137	00:49:07.08	00:48:04.00	M	52
134	MARTIN BATES	Wesham Road Runners & AC	169	00:48:21.08	00:48:06.72	M	62
135	LAURA CONN	Preston Harriers	543	00:48:25.59	00:48:08.65	F	30
136	AMANDA SINGLETON	Eden Runners	403	00:48:34.60	00:48:10.03	F	49
137	ANN GRIFFITHS	Fylde Coast Runners	173	00:48:23.09	00:48:11.26	F	57
138	CHARLES SATTERLY	Lancaster and Morecambe Athletics Club	379	00:48:45.11	00:48:25.90	M	51
139	DAVID RAYNOR		347	00:49:12.63	00:48:27.52	M	56
140	ANDREW LEA	Preston Harriers	246	00:48:44.85	00:48:28.13	M	28
141	PHILLP LEWIS	Lancaster Runners	249	00:48:44.07	00:48:32.43	M	36
142	JOHN WISEMAN	Red Rose Road Runners	500	00:49:11.32	00:48:32.93	M	54
143	JOANNE CAIN	Freckleton & Warton Running Club	66	00:49:16.08	00:48:38.44	F	43
144	SIMON HOLDEN		205	00:49:05.02	00:48:46.84	M	37
145	MICHAEL THOMPSTONE	Winston Runners	447	00:49:17.10	00:48:51.53	M	36
146	MARK SIMMILL	Lancaster and Morecambe Athletics Club	394	00:49:15.33	00:48:56.21	M	57
147	JANE MATTHEWMAN	Blackburn Road Runners	270	00:49:20.06	00:48:57.85	F	37
148	CHRISTINA MCGUIRE	Lancaster and Morecambe Athletics Club	284	00:49:23.58	00:49:01.42	F	56



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
149	DAVID WILKINSON	Lancaster and Morecambe Athletics Club	491	00:49:21.36	00:49:02.06	M	59
150	ANDREW HOLDING		207	00:49:18.08	00:49:03.21	M	35
151	MATTHEW EDGLEY	Red Rose Road Runners	123	00:49:50.84	00:49:04.22	M	35
152	SAMANTHA EDWARDS	Red Rose Road Runners	126	00:49:47.34	00:49:08.77	F	32
153	RUSS LAW	Freckleton & Warton Running Club	241	00:49:52.56	00:49:14.47	M	38
154	BRIAN SPEAKE		419	00:49:39.58	00:49:22.08	M	49
155	LOREN DAWSON	Vegan Runners UK	107	00:50:21.56	00:49:29.75	F	23
156	GRAHAM HALL		177	00:50:09.56	00:49:32.44	M	40
157	MARK MORGAN		302	00:50:45.10	00:49:33.07	M	35
158	VICKY VAN DEN BIGGELAAR	Women on the Run	457	00:49:52.06	00:49:33.23	F	46
159	LINSEY EVANS		131	00:50:02.32	00:49:37.22	F	38
160	JANETTE RAYTON	Red Rose Road Runners	9167	00:49:55.10	00:49:44.35	F	40
161	JASON BROWN	Blackburn Road Runners	56	00:50:26.82	00:50:05.61	M	46
162	PAULA ASKEW		15	00:50:36.06	00:50:08.35	F	43
163	HOLLY SATTERLY	Lancaster and Morecambe Athletics Club	380	00:50:28.81	00:50:08.61	F	16
164	PAUL BROGDEN	Freckleton & Warton Running Club	52	00:50:49.56	00:50:11.17	M	48
165	DANNY MCCABE		276	00:51:08.30	00:50:11.99	M	32
166	MARK DOBSON	Wesham Road Runners & AC	9173	00:50:47.08	00:50:15.31	M	54
167	MARTIN ALLISON	Wesham Road Runners & AC	9	00:50:33.31	00:50:17.31	M	35
168	JULIE DUGDALE		117	00:50:37.31	00:50:23.98	F	48
169	STEVE BRAITHWAITE		50	00:50:34.81	00:50:24.59	M	46
170	GINA WHITELEY	Blackpool Wyre & Fylde Ac	482	00:50:37.31	00:50:24.84	F	50
171	JAMES CORNALL	Garstang Running Club	90	00:51:09.31	00:50:25.28	M	33
172	SIMON LINFORD		252	00:50:38.31	00:50:27.09	M	31
173	MICHAEL BRENNAND	Central Lancs Running & Triathlon Club (CLAN)	549	00:50:44.05	00:50:33.82	M	53
174	PAUL MCKENNY		285	00:50:53.32	00:50:36.00	M	55
175	JULIAN EGAN		127	00:51:32.81	00:50:36.78	M	52
176	GEORGE BELL	Blackburn Road Runners	36	00:51:15.08	00:50:47.40	M	63
177	THOMAS DILLON	Fylde Coast Runners	114	00:51:58.05	00:50:54.05	M	36
178	DAVID GARNER		156	00:51:10.81	00:50:54.07	M	44
179	GAIL BRISTO	Red Rose Road Runners	51	00:51:33.55	00:50:56.24	F	48
180	MARK WARDLEY		470	00:51:34.59	00:50:57.18	M	49
181	STEPHANIE SHARP		384	00:51:52.79	00:50:58.40	F	50
182	MATTHEW NUNN		320	00:51:32.05	00:51:05.09	M	42
183	KEN MCGRATTAN	Bentham Beagles Running Club	283	00:51:56.06	00:51:07.26	M	47
184	JOHN WILSON		498	00:51:38.59	00:51:22.20	M	38
185	DANNY LOGUE		257	00:51:46.29	00:51:24.41	M	66
186	ALAN BROWN	Riversway Road Runners	55	00:51:56.06	00:51:24.59	M	59
187	STEVE SINGLETON	Tri England	401	00:52:08.30	00:51:24.69	M	47
188	COLIN SMITH	Trawden Athletic Club	408	00:51:54.58	00:51:29.87	M	61
189	STEPHEN BROOK	Queensbury RC	53	00:51:54.58	00:51:38.43	M	71
190	JOSHUA AUBREY-WILLIAMS		21	00:52:15.29	00:51:39.53	M	18
191	ANGELA FOSTER		148	00:52:29.06	00:51:40.17	F	44
192	EMILY SNAPE		415	00:51:59.79	00:51:43.60	F	28
193	GRAHAM OPENSHAW	Garstang Running Club	323	00:52:24.57	00:51:43.87	M	39
194	ELISE MILNES	Todmorden Harriers & Ac	293	00:52:17.80	00:51:48.31	F	60
195	CRAIG MITCHELL		535	00:51:54.48	00:51:49.12	M	48
196	EMILY STAPLETON	Lancaster and Morecambe Athletics Club	423	00:52:06.54	00:51:50.58	F	47
197	JASON WOOD	Winston Runners	506	00:52:35.81	00:51:59.25	M	47
198	JOHN MOORE	Halifax Harriers	301	00:52:40.93	00:51:59.67	M	49
199	JENNA WOOD		505	00:52:43.29	00:52:10.53	F	29



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
200	MARK KAY		227	00:52:57.81	00:52:15.86	M	42
201	MARK CORLESS		89	00:52:34.31	00:52:22.34	M	48
202	JAMES ROBERT DANSON	Wesham Road Runners & AC	100	00:52:41.54	00:52:26.43	M	54
203	DANIEL RAINFORD		343	00:53:09.80	00:52:26.94	M	39
204	STEPHEN PARFITT		326	00:53:09.28	00:52:26.98	M	42
205	MIKE WARRINER		471	00:52:37.53	00:52:28.07	M	42
206	PETER ROONEY	Wesham Road Runners & AC	365	00:52:47.32	00:52:30.75	M	60
207	PAUL MOSS	Garstang Running Club	306	00:53:10.81	00:52:32.09	M	60
208	TRUDY JENKINSON	Blackburn Road Runners	219	00:52:51.33	00:52:35.12	F	53
209	KATE RIPPINGALE	Blackburn Road Runners	358	00:52:56.29	00:52:36.80	F	44
210	ANN BOARDMAN		44	00:53:44.08	00:52:38.29	F	46
211	PAUL MUCKALT		9174	00:53:47.80	00:52:39.19	M	37
212	MICHAEL RICHARDSON	Chorley Ac & Tri	9171	00:53:06.31	00:52:39.83	M	35
213	CLARE BUGEJA		59	00:52:50.54	00:52:41.90	F	48
214	GARY SMITH		407	00:53:50.99	00:52:42.42	M	34
215	STEVE SLANEY		404	00:53:29.43	00:52:43.18	M	48
216	ANDREW MOXHAM		522	00:52:51.76	00:52:45.29	M	44
217	SIMON TAYLOR		437	00:53:35.54	00:52:47.06	M	48
218	KRIS MYERS		314	00:53:53.52	00:52:49.80	M	45
219	LOUISE GODDARD	Lancaster and Morecambe Athletics Club	162	00:53:07.35	00:52:52.33	F	51
220	BILLY GARDNER	Lancaster and Morecambe Athletics Club	520	00:53:51.29	00:52:55.63	M	50
221	CAROL DOUGLASS	Red Rose Road Runners	116	00:53:08.31	00:52:56.62	F	73
222	EMMA LAWRENSON		243	00:53:44.54	00:52:56.96	F	46
223	JOHN WILKINSON		489	00:53:32.54	00:52:58.06	M	44
224	JOHN SWIFT	Chorley Ac & Tri	434	00:53:24.80	00:53:00.81	M	79
225	MICHELLE WEIR		474	00:53:32.28	00:53:01.91	F	42
226	ANDREW THISTLETHWAITE	Lancaster Runners	443	00:53:31.53	00:53:06.96	M	54
227	ANEELA BAMBER		523	00:53:16.32	00:53:09.47	F	45
228	ANDREW MICHIE		291	00:53:42.53	00:53:09.87	M	31
229	LEWIS MCAFEE	Lytham St Annes RR Club	273	00:53:26.29	00:53:17.32	M	36
230	MAUREEN DANSON	Wesham Road Runners & AC	101	00:53:41.80	00:53:17.67	F	52
231	FINLAY MCCALMAN	Wesham Road Runners & AC	278	00:53:34.32	00:53:19.10	M	54
232	MATTHEW DIXON		542	00:53:29.54	00:53:21.69	M	25
233	KEVIN WILLIAMS		540	00:53:40.79	00:53:24.33	M	49
234	HELEN FIELD		142	00:53:44.08	00:53:26.04	F	36
235	LOUISA DENYE	Wesham Road Runners & AC	112	00:53:47.80	00:53:28.26	F	40
236	VICKY GORE	Wesham Road Runners & AC	164	00:53:57.32	00:53:30.02	F	43
237	JASON SPEAR	Lions Running Community	420	00:54:13.28	00:53:32.19	M	50
238	LIESL ALLEN		7	00:53:45.28	00:53:33.31	F	45
239	HEATHER ROSTRON	Todmorden Harriers & Ac	369	00:54:08.06	00:53:33.90	F	38
240	PETER ROWLEY	Quakers Running Club	373	00:54:11.31	00:53:34.84	M	63
241	ALAN CHESTERS	Bentham Beagles Running Club	75	00:54:28.29	00:53:38.89	M	66
242	KERRY ECCLES	Wesham Road Runners & AC	121	00:54:04.78	00:53:39.45	F	55
243	STEVE MAYOR		272	00:54:41.77	00:53:41.03	M	37
244	BRIAN HANLEY	Red Rose Road Runners	179	00:54:20.27	00:53:42.77	M	52
245	LORNA BOWES	Blackburn Road Runners	47	00:54:11.48	00:53:47.00	F	52
246	EMMA FOX		149	00:54:40.28	00:53:56.67	F	40
247	DARREN SHACKLETON	Todmorden Harriers & Ac	382	00:54:44.27	00:54:01.74	M	32
248	PAULA STELL	Red Rose Road Runners	425	00:54:36.03	00:54:02.24	F	46
249	TANYA SHAW	Wesham Road Runners & AC	386	00:54:21.52	00:54:02.31	F	42
250	CRAIG SAMSON	Garstang Running Club	378	00:54:45.71	00:54:03.60	M	56
251	FRAZER DENNISON		109	00:54:54.05	00:54:05.07	M	26



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
252	JOAN GOULDTHORPE	Red Rose Road Runners	165	00:54:26.54	00:54:17.07	F	67
253	BEN COLLINS		86	00:55:17.52	00:54:18.46	M	21
254	JULIE MERRILL		288	00:54:44.53	00:54:21.38	F	38
255	INGAR MUNEEBAH		9175	00:54:46.29	00:54:22.83	F	15
256	MICHELLE TOMLINSON	Thornton Cleveleys Running Club	451	00:54:40.54	00:54:23.45	F	56
257	CHRIS TAYLOR		439	00:54:46.03	00:54:28.18	M	29
258	LOUISA SINGLETON	Tri England	402	00:55:15.77	00:54:31.55	F	47
259	SHERRY HOGARTH	Fylde Coast Runners	204	00:55:16.03	00:54:32.56	F	50
260	MARK GILLAN	Southport Waterloo AC	159	00:55:11.28	00:54:37.19	M	34
261	ADAM METCALFE		9183	00:55:06.78	00:54:38.30	M	29
262	AJ MUSSELL		313	00:55:47.78	00:54:40.45	M	31
263	ANDREW SMITH		413	00:55:35.53	00:54:43.62	M	51
264	PAUL SWARBRICK		433	00:55:20.51	00:54:46.21	M	55
265	LUCY MORRIS		303	00:54:59.05	00:54:51.49	F	32
266	ANDREW LAWRENSON		530	00:55:21.02	00:55:00.78	M	16
267	FRASER AUBREY-WILLIAMS		20	00:55:37.27	00:55:01.46	M	17
268	PETER MITCHELL	Kendal Amateur Athletic Club	297	00:55:34.01	00:55:06.29	M	70
269	KATE WILSON	Helm Hill	495	00:55:56.53	00:55:18.19	F	43
270	PHIL MYERSCOUGH		9161	00:56:31.25	00:55:20.30	M	33
271	JULIE TYRER	Preston Harriers	454	00:56:27.25	00:55:27.31	F	42
272	AMANDA FULLER	Blackpool Wyre & Fylde AC	152	00:55:48.51	00:55:32.55	F	43
273	JENNIFER ALLEN	Blackburn Road Runners	8	00:55:58.01	00:55:37.53	F	44
274	PAUL CARTER	Wesham Road Runners & Ac	70	00:56:05.04	00:55:41.01	M	49
275	JAMES SMITH		411	00:56:44.25	00:55:52.49	M	21
276	PETER ION	Kendal Amateur Athletic Club	216	00:56:13.02	00:56:02.05	M	75
277	KEVIN TAYLOR		438	00:56:56.52	00:56:02.55	M	43
278	ANTONIA HEAP		189	00:57:15.99	00:56:03.91	F	28
279	PAUL TEASDALE		442	00:56:37.01	00:56:16.90	M	50
280	PAUL HASWELL		188	00:57:21.56	00:56:19.98	M	50
281	KIRSTY MARTINDALE	Women on the Run	268	00:56:40.51	00:56:21.81	F	48
282	MARK JONES	Winston Runners	225	00:57:03.76	00:56:23.87	M	52
283	JONATHAN CROSS		93	00:56:56.52	00:56:24.18	M	49
284	STEPHEN WILKINSON		490	00:56:50.70	00:56:27.46	M	66
285	ANDY WHITLAM	Thornton Cleveleys Running Club	483	00:57:22.75	00:56:27.52	M	63
286	DARIA WLOCHOWSKA		501	00:57:15.99	00:56:27.67	F	26
287	JACKIE MARFLEET	Marlow Striders	264	00:57:38.51	00:56:40.16	F	56
288	JONATHAN SPRIGGS		421	00:57:29.01	00:56:40.92	M	37
289	SIMONE DERWEDUWEN	Ribby Hall Tri Club	113	00:57:26.04	00:56:44.95	F	56
290	JO MCCAFFERY	Wesham Road Runners & AC	277	00:57:08.00	00:56:48.51	F	41
291	CLARE GARFIELD		154	00:57:27.26	00:56:50.04	F	43
292	DAVID SHARPLES		385	00:58:01.30	00:56:50.62	M	58
293	JOANNE WEIR	Blackburn Road Runners	473	00:57:12.26	00:56:51.55	F	49
294	HELEN MOFFAT		300	00:57:32.51	00:56:51.77	F	52
295	MALCOLM BEECH	Blackpool Wyre & Fylde Ac	33	00:57:08.00	00:56:53.03	M	68
296	ASHLEY WEIR	Blackburn Road Runners	475	00:57:15.27	00:56:54.28	M	49
297	HAVANA SALE		377	00:57:15.52	00:56:55.65	F	15
298	ANDREW WHITE		481	00:58:04.27	00:56:57.31	M	56
299	ANNE-MARIE WOODCOCK		538	00:57:39.28	00:57:05.68	F	48
300	FELICITY CROSS	Preston Harriers	94	00:57:27.26	00:57:08.75	F	62
301	JILLIAN HEYWOOD	Royton Road Runners	198	00:57:48.25	00:57:08.88	F	48
302	KERRY LOMAS	Astley & Tyldesley Road Runners	259	00:57:50.75	00:57:09.27	F	36
303	BERNARD BROWN		54	00:58:08.26	00:57:15.79	M	54
304	MARK WALKER		537	00:57:27.52	00:57:27.52	M	46



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
305	CALLUM RAINFORD		342	00:58:04.00	00:57:28.71	M	18
306	HELEN DUTTON		118	00:58:03.77	00:57:30.03	F	35
307	STEPHANIE COPLEY		87	00:58:20.75	00:57:31.11	F	29
308	NICOLA HALL		176	00:58:06.74	00:57:34.35	F	48
309	GRAHAM MILNES	Todmorden Harriers & Ac	294	00:58:01.75	00:57:34.79	M	63
310	TONY BEIRNE		34	00:58:26.27	00:57:36.32	M	31
311	MATTHEW PARKINSON		330	00:58:23.93	00:57:36.73	M	30
312	GRAHAM STEVENSON	Fylde Coast Runners	428	00:58:01.00	00:57:37.29	M	66
313	ELAINE SIMMILL	Lancaster and Morecambe Athletics Club	393	00:58:22.51	00:57:38.05	F	58
314	PATRICIA WHITE		480	00:57:58.77	00:57:38.11	F	59
315	RAY TAYLOR	Red Rose Road Runners	441	00:57:51.11	00:57:41.14	M	68
316	KATH SCAIFE	Bentham Beagles Running Club	381	00:58:32.75	00:57:41.75	F	50
317	TANYA BARLOW	Wesham Road Runners & AC	545	00:58:18.49	00:57:53.97	F	47
318	RICHARD FLUSKEY		147	00:58:56.75	00:58:12.80	M	43
319	CURTIS MORRIS		304	00:59:07.48	00:58:13.70	M	25
320	BRIAN DAVIES	St Helens Striders	106	00:59:18.48	00:58:17.51	M	52
321	BRETT STEVENS	Fylde Coast Runners	427	00:59:21.74	00:58:18.03	M	45
322	LEEZA YOUNG		515	00:58:52.23	00:58:22.00	F	45
323	DIANE RIACH	Lancaster and Morecambe Athletics Club	354	00:58:48.48	00:58:25.85	F	54
324	KATHRYN CHESTER	Fylde Coast Runners	521	00:59:22.74	00:58:26.85	F	49
325	MICHELLE ROUND	Red Rose Road Runners	370	00:59:05.97	00:58:29.23	F	26
326	RUTH PATTEN		332	00:59:16.50	00:58:30.80	F	32
327	JANE SHERRIFF	Garstang Running Club	390	00:59:13.48	00:58:33.82	F	41
328	SALLY THOMPSTONE	Winston Runners	445	00:59:24.99	00:58:47.11	F	39
329	CARL BOARDMAN		45	00:59:57.75	00:58:47.87	M	49
330	SINEAD WHITTAKER	Blackburn Road Runners	533	00:59:37.72	00:58:48.24	F	32
331	PAUL MULDOON	Winston Runners	309	00:59:38.72	00:58:50.91	M	32
332	ROBERT MASSEY	Blackpool Wyre & Fylde Ac	269	00:59:06.24	00:58:53.27	M	71
333	MIKE LAVERY	Glaxo Hoadhill Harriers	240	00:59:30.97	00:59:10.26	M	66
334	TERRY SWANN		432	01:00:19.98	00:59:11.46	M	40
335	HELEN GREENHALGH	Red Rose Road Runners	168	00:59:57.98	00:59:14.52	F	40
336	NICK POSTILL	St Helens Striders	339	01:00:14.47	00:59:15.93	M	32
337	LIAM RICHARDS		355	01:00:18.23	00:59:19.93	M	32
338	MIKE FAWCETT	Glaxo Hoadhill Harriers	139	01:00:07.73	00:59:31.52	M	68
339	JUDE SWAN		431	00:59:55.23	00:59:33.25	F	40
340	STUART ADLINGTON		1	00:59:51.73	00:59:34.26	M	56
341	MAGGIE AINSLIE	Blackburn Road Runners	5	00:59:58.97	00:59:39.01	F	50
342	SALLY HEPPESTALL	Blackburn Road Runners	194	01:00:03.97	00:59:41.76	F	46
343	ALISON KEHER		228	01:00:23.75	00:59:43.16	F	42
344	JOHN MALONE	Winston Runners	263	01:00:41.21	00:59:43.57	M	63
345	SZYMON WLOCHOWSKI		502	01:00:33.74	00:59:46.12	M	26
346	STEVE BURGESS	Winston Runners	61	01:00:26.49	00:59:47.92	M	56
347	PAM BINNS	Lytham St Annes RR Club	41	01:00:36.25	00:59:56.28	F	73
348	DEBRA BUNTING	Lancaster and Morecambe Athletics Club	60	01:00:41.21	00:59:59.48	F	56
349	CHRISTINE ACKLAM	Women on the Run	518	01:00:18.97	00:59:59.89	F	45
350	GED BURNS	Widnes Running Club	63	01:00:35.72	01:00:00.85	M	39
351	RACHEL RAWSTHORNE		346	01:00:43.96	01:00:08.02	F	36
352	LAURA SINGLETON		400	01:00:18.18	01:00:11.71	F	36
353	DARREN SHORROCK		392	01:01:12.47	01:00:29.51	M	48
354	EMMA WRIGHT	Wesham Road Runners & Ac	511	01:01:09.46	01:00:32.81	F	41
355	JAMES BIRCHALL	Wesham Road Runners & AC	43	01:00:58.97	01:00:33.77	M	29



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
356	JOHN HODKINSON		529	01:01:13.96	01:00:44.99	M	31
357	STEVE WILLIAMS	Colt	493	01:01:20.47	01:00:45.98	M	43
358	SYLVIA GITTINS	Lytham St Annes RR Club	160	01:01:29.47	01:00:47.98	F	73
359	ROSALIND DYDE		119	01:01:40.23	01:00:54.47	F	62
360	ANDY BIRCH		42	01:01:55.70	01:01:00.22	M	57
361	JEANETTE HIGHAM		199	01:02:10.70	01:01:12.17	F	40
362	HONOR ADLINGTON		2	01:01:35.43	01:01:17.96	F	52
363	KEVIN CLARKSON		81	01:01:49.46	01:01:25.07	M	53
364	JOHANNA KENYON		9169	01:02:02.45	01:01:29.50	F	38
365	JANET THOMAS		444	01:02:09.21	01:01:32.93	F	56
366	SARAH WRIGHT	Lancaster and Morecambe Athletics Club	250	01:02:22.24	01:01:35.91	F	47
367	CAT HOLDEN	Red Rose Road Runners	206	01:02:38.97	01:01:38.75	F	47
368	JULIE WISEMAN	Lytham St Annes RR Club	499	01:02:19.46	01:01:38.96	F	60
369	JAYNE HODGE		202	01:02:33.94	01:01:38.99	F	39
370	MAUREEN ROBERTS	Lancaster Runners	361	01:02:53.96	01:01:50.60	F	63
371	CARRON LANE		238	01:02:39.71	01:01:53.61	F	57
372	KIRSTY WILLIAMS		492	01:02:52.44	01:01:53.72	F	16
373	MICHAEL CLEARY		84	01:02:53.21	01:01:54.74	M	50
374	JOANNA EWENSON		133	01:02:20.20	01:01:57.24	F	27
375	SARAH KITCHEN		235	01:02:21.20	01:01:58.66	F	36
376	HANNAH O'CONNOR		526	01:02:18.20	01:01:59.19	F	25
377	JULIE TAYLOR		436	01:02:57.95	01:02:05.47	F	42
378	HELEN GIBBINS		157	01:03:02.95	01:02:05.65	F	35
379	DIANE BARTON		31	01:02:57.22	01:02:13.13	F	46
380	DARREN BARTON		30	01:03:00.22	01:02:16.66	M	46
381	TONY BRADY	Manchester Harriers & AC	49	01:03:12.70	01:02:17.14	M	71
382	SUSAN HOPCROFT	Thornton Cleveleys Running Club	209	01:03:26.48	01:02:26.07	F	52
383	ANGELA NORRIS	Thornton Cleveleys Running Club	319	01:03:26.96	01:02:29.47	F	62
384	JOANNE BROWN	Blackburn Road Runners	57	01:03:01.45	01:02:37.71	F	45
385	SHARLAN BUTCHER	Wesham Road Runners & AC	64	01:03:26.48	01:02:46.36	F	45
386	KATE BELL		35	01:03:27.45	01:02:59.49	F	37
387	JAMES CLAYTON		82	01:04:36.93	01:03:38.02	M	23
388	ERNIE BRADSHAW		48	01:04:22.97	01:03:48.72	M	72
389	ALAN APPLETON		11	01:04:46.95	01:03:50.41	M	49
390	CATHERINE ELVIN		128	01:04:46.94	01:03:54.14	F	24
391	EMILY MCENNERNEY		281	01:04:48.19	01:03:57.44	F	25
392	SANDRA ROLSTON	Red Rose Road Runners	364	01:04:42.69	01:04:03.08	F	58
393	NICKOLA WALKER	Blackpool Wyre & Fylde Ac	462	01:04:23.70	01:04:07.31	F	47
394	KATIE BANKS		527	01:04:41.24	01:04:11.75	F	26
395	SAMMY METCALFE		9182	01:04:45.18	01:04:12.70	F	27
396	DAWN BIGGS	Wesham Road Runners & Ac	40	01:05:09.19	01:04:29.02	F	51
397	SOPHIE UTTLEY	Thornton Cleveleys Running Club	456	01:05:39.17	01:04:35.95	F	25
398	PAUL GRIFFIN		172	01:05:34.18	01:04:36.35	M	54
399	SHAZZA HARTLEY		184	01:05:42.68	01:04:36.42	F	45
400	JULIE CHARNOCK		73	01:05:13.93	01:04:37.45	F	46
401	GRAHAM CHARNOCK		74	01:05:15.19	01:04:38.96	M	50
402	DEBBIE SLATER		406	01:05:32.67	01:04:47.29	F	36
403	KAREN ROSE	Women on the Run	367	01:05:27.18	01:04:53.62	F	52
404	CATRIONA PORTER		338	01:05:31.17	01:04:58.13	F	49
405	STEVEN WALL		465	01:05:51.95	01:05:02.55	M	53
406	REBECCA RENDLE		350	01:05:32.18	01:05:10.70	F	62
407	CHRIS HARRISON		181	01:06:00.42	01:05:12.79	M	65
408	SEAN YATES		513	01:05:26.34	01:05:20.12	M	16



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
409	JOYDIP MAJUMDER	Red Rose Road Runners	262	01:06:38.92	01:05:37.96	M	44
410	JULIE SMITH		412	01:06:35.69	01:05:42.01	F	52
411	VICTORIA MYERSCOUGH		9181	01:06:53.93	01:05:44.97	F	22
412	NEIL JONES		224	01:06:13.67	01:05:47.02	M	47
413	MICHELE CLARKE		79	01:06:15.93	01:05:50.18	F	43
414	JANE JONES		222	01:07:02.93	01:06:03.43	F	51
415	AMANDA CLAEYS		77	01:07:02.41	01:06:03.65	F	51
416	KATH TYMS	Winston Runners	453	01:06:52.92	01:06:06.54	F	42
417	DANIELLE WALKER		463	01:06:37.41	01:06:11.18	F	37
418	ROGER SHERLOCK		389	01:06:55.18	01:06:19.51	M	72
419	MAUREEN HADFIELD	Winston Runners	175	01:07:08.17	01:06:22.69	F	57
420	IAN MILLER	Fylde Coast Runners	292	01:06:54.66	01:06:28.06	M	57
421	DEBRA SHERLOCK		388	01:07:04.45	01:06:28.60	F	45
422	CATHERINE WORMLEIGHTON		509	01:07:16.93	01:06:31.98	F	44
423	JACK YOUNG		516	01:07:06.90	01:06:33.68	M	26
424	SUSAN GARNER		155	01:07:21.90	01:07:00.82	F	46
425	INDIA SALE		376	01:07:22.41	01:07:01.33	F	17
426	DIANE BAIN		25	01:07:33.42	01:07:02.21	F	38
427	AMY SOUTHERN		416	01:07:54.90	01:07:02.29	F	24
428	JULIE AUBREY-WILLIAMS		19	01:07:50.66	01:07:07.10	F	49
429	GARETH AUBREY-WILLIAMS		22	01:07:51.40	01:07:07.84	M	50
430	BERNARD THOMPSTONE	Winston Runners	446	01:08:13.65	01:07:18.27	M	72
431	MARK DAVIES		104	01:08:30.64	01:07:23.03	M	55
432	JILL SOUTHERN		417	01:08:27.40	01:07:24.18	F	51
433	KEITH WILDING	Wesham Road Runners & AC	487	01:08:18.64	01:07:24.35	M	61
434	HEATHER WILDING	Wesham Road Runners & AC	486	01:08:23.66	01:07:29.31	F	26
435	EMILY ATKINSON	Red Rose Road Runners	18	01:08:33.16	01:07:32.46	F	24
436	NICCI CAWTHORNE		71	01:08:42.39	01:07:47.07	F	40
437	GILLIAN EYRE		136	01:09:00.90	01:07:54.88	F	51
438	KATIE WAKEMAN		459	01:08:50.64	01:07:57.13	F	32
439	KATHERINE JAMIESON		217	01:09:05.89	01:08:08.97	F	25
440	KATE REYNOLDS		351	01:09:02.16	01:08:11.68	F	40
441	ANDREW REYNOLDS		352	01:09:05.14	01:08:14.47	M	40
442	LAURA RAYNOR	Blackpool Wyre & Fylde Ac	348	01:09:28.89	01:08:38.64	F	46
443	GEORGIE INTRONA		532	01:09:44.89	01:08:45.14	F	55
444	PAUL KELLY		230	01:09:06.65	01:08:48.66	M	50
445	ANDREA RUSSELL		374	01:09:37.14	01:08:54.04	F	49
446	GAV TOAL		449	01:10:06.38	01:08:55.23	M	53
447	ISOBEL CROSS		95	01:09:41.33	01:08:57.96	F	51
448	DANIEL HART		182	01:09:41.13	01:09:11.28	M	16
449	STEVE HART	Swinton Running Club	183	01:09:41.88	01:09:11.89	M	60
450	JANE SLANEY		405	01:10:28.13	01:09:36.65	F	48
451	RUTH WATKINSON	Red Rose Road Runners	472	01:10:18.67	01:09:39.48	F	46
452	JANE HASWELL		187	01:11:09.38	01:10:07.10	F	49
453	LESLEY ESSERY		130	01:11:08.37	01:10:07.44	F	49
454	HEATHER BURKITT		62	01:11:05.62	01:10:16.41	F	56
455	LINDA STAPLETON	Lancaster and Morecambe Athletics Club	422	01:11:31.11	01:10:36.07	F	72
456	MEGAN SMITH		409	01:11:55.62	01:11:02.49	F	16
457	LESLEY JORDAN	Winston Runners	226	01:12:03.37	01:11:16.80	F	57
458	MICK KERR	Fylde Coast Runners	233	01:13:31.87	01:12:36.41	M	33
459	JENNY MOXHAM		308	01:13:37.05	01:12:41.16	F	42
460	MICHELLE SHERIDAN	Lytham St Annes RR Club	387	01:13:23.10	01:12:45.38	F	50
461	MARGARET WILLIAMS		541	01:13:51.85	01:12:51.63	F	53



Garstang 10k

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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
462	LINDA WHELAN		479	01:13:54.60	01:12:51.99	F	43
463	KEVIN WHELAN		478	01:13:58.10	01:12:55.82	M	52
464	FRANCIS J MCGRATH		282	01:14:31.09	01:13:20.51	M	68
465	LINDA WALKER	Lancaster and Morecambe Athletics Club	461	01:13:55.89	01:13:27.55	F	55
466	JULIA PARK		327	01:15:01.61	01:14:12.11	F	47
467	JANE WOJCIECHOWSKA		503	01:15:17.40	01:14:12.70	F	54
468	SARAH DAGNALL		98	01:15:18.84	01:14:14.65	F	39
469	CHARLOTTE MOAKES		299	01:15:16.84	01:14:27.57	F	30
470	TOM KELSALL		231	01:15:16.09	01:14:27.60	M	29
471	JOHN SHARP		383	01:14:58.58	01:14:32.41	M	63
472	MARTIN WELLS	Red Rose Road Runners	476	01:15:43.33	01:15:03.84	M	36
473	JAN MARSH	Southport Waterloo AC	266	01:15:58.59	01:15:31.42	F	63
474	DAVE EYLES		134	01:16:16.07	01:15:43.74	M	53
475	DEBBIE EYLES		135	01:16:17.33	01:15:45.51	F	54
476	DAMIEN NICOLSON		318	01:17:16.32	01:16:09.04	M	25
477	JO LEA		245	01:17:54.56	01:16:53.45	F	49
478	ANNE MELLOR		287	01:18:03.32	01:17:08.32	F	58
479	CLAIR HUTCHISON	Freckleton & Warton Running Club	215	01:18:36.32	01:17:31.62	F	46
480	FIONA LITTLE	Blackpool Wyre & Fylde Ac	253	01:18:35.56	01:17:42.67	F	52
481	MARGARET CARLETON	Winston Runners	69	01:18:43.56	01:17:56.38	F	64
482	TERESA SINCLAIR	Winston Runners	398	01:18:43.56	01:17:56.66	F	57
483	NORA FEATHERSTONE	Winston Runners	141	01:18:44.10	01:17:59.85	F	64
484	IMELDA HATTON	Lancaster and Morecambe Athletics Club	251	01:19:29.08	01:18:20.61	F	52
485	ROSEMARY WHITTAKER		485	01:19:29.56	01:18:34.89	F	53
486	LUCY TABERNER		435	01:19:46.31	01:18:40.76	F	20
487	LUCY GIDDINGS		158	01:19:46.80	01:18:41.29	F	21
488	KATIE SOUTHERN		418	01:19:46.40	01:18:41.46	F	21
489	DEVON SALE		375	01:19:32.08	01:19:11.37	F	19
490	NIKKI HEARN	Freckleton & Warton Running Club	190	01:20:28.31	01:19:24.83	F	37
491	STUART BADDELEY		23	01:20:38.29	01:19:31.38	M	52
492	JAYNE AINSCOUGH		4	01:20:38.53	01:19:31.62	F	51
493	PATRICIA JEWELL		221	01:20:21.28	01:19:36.87	F	45
494	GARY JEWELL		220	01:20:21.54	01:19:37.04	M	52
495	ALEXANDER RIZENKO		524	01:20:51.79	01:19:50.17	M	68
496	DAVID ROBERTS		362	01:46:02.75	01:45:32.27	M	46
497	PAULA ROBERTS		363	01:46:02.39	01:45:32.72	F	49