



## Green Man 10k Trail

Place	Name	Club	Gender	Bib #	Official Gun Time	Your Personal Chip Time	Division Rank
1	DANIEL MINNIS		M: 1	517	01:02:59.92	01:02:38.73	Male Overall: 1
2	DANIEL HOUNSLEA	Wesham RR	M: 2	508	01:02:52.92	01:02:51.24	Male Overall: 2
3	SAM LUND	Todmorden Harriers	M: 3	513	01:03:31.42	01:03:29.74	Male Overall: 3
4	RYAN GROGAN		M: 4	506	01:03:56.66	01:03:35.98	Male Overall: 4
5	NICK HUNT		M: 5	510	01:04:16.91	01:04:07.47	Male Overall: 5
6	BECKY INGHAM	Wesham Road runners	F: 1	141	01:04:30.90	01:04:27.46	Female Overall: 1
7	JADE HODGES		F: 2	507	01:05:38.41	01:05:20.98	Female Overall: 2
8	ZOE GMEREK	Altrincham district and athletic	F: 3	129	01:06:18.90	01:06:12.20	Female Overall: 3
9	LISA KEMPSTER	Todmorden Harriers	F: 4	512	01:06:16.89	01:06:12.21	Female Overall: 4
10	NIKOLETTA HUDAK		F: 5	509	01:06:22.14	01:06:14.21	Female Overall: 5
11	CHRISTINA MCGUIRE	Lancaster & Morecambe AC	F: 6	514	01:11:09.61	01:10:58.93	Female Overall: 6
12	CRAIG BRADBURY	Astley & Tyldsley RR	M: 6	502	01:24:58.25	01:24:40.07	Male Overall: 6
13	PAUL REAY		M: 7	521	01:26:53.74	01:26:30.80	Male Overall: 7
14	STEPHEN SCRAGG		M: 8	522	01:27:34.50	01:27:17.82	Male Overall: 8
15	ANGELA COULTER	Madrunners	F: 7	504	01:27:33.47	01:27:24.03	Female Overall: 7
16	RACHEL FRODSHAM		F: 8	505	01:27:58.97	01:27:54.29	Female Overall: 8
17	ALISTAIR MORRIS	Wesham RR	M: 9	518	01:28:41.22	01:28:25.29	Male Overall: 9
18	JANE MILLER		F: 9	516	01:29:27.71	01:29:12.28	Female Overall: 9
19	SARAH WALKER		F: 10	523	01:29:34.46	01:29:21.27	Female Overall: 10
20	AMANDA BLESSINGTON		F: 11	501	01:29:33.97	01:29:21.79	Female Overall: 11
21	SHAZ BROWNE		F: 12	111	01:45:10.33	01:44:48.16	Female Overall: 12
22	AMANDA HUNT		F: 13	511	01:46:18.08	01:46:06.90	Female Overall: 13
23	VICKY MCKAY		F: 14	515	01:52:10.53	01:51:51.09	Female Overall: 14
24	VICKY MULLEN		F: 15	519	01:52:45.28	01:52:25.85	Female Overall: 15
25	JULIA PARK		F: 16	520	01:52:50.54	01:52:31.86	Female Overall: 16