

Longridge Xmas Pudding 7 2021

Place Name	Club	Gender	Bib #	Race Time	Chip Time	Age	Division Rank	
1	MARCO PAROLIN	Blackpool Wyre & Fyld	M: 1	203	00:40:24.09	00:40:20.69	30	Male Overall: 1
2	PHIL CHRITCHLOW	Beaumont RC	M: 2	61	00:42:00.84	00:41:56.69	54	Male Overall: 2
3	WILL TOMLINSON	Bolton United Harriers	M: 3	262	00:41:59.85	00:41:56.95	35	Male Overall: 3
4	ROBERT WALSH	Chorley AC & Tri	M: 4	271	00:42:14.08	00:42:10.17	48	Male Vet over 45: 1
5	DAN EDWARDS	Chorley AC & Tri	M: 5	91	00:43:02.08	00:42:59.78	45	Male Vet over 45: 2
6	TOM BAMBER		M: 6	20	00:43:33.08	00:43:29.68	41	Male Vet over 40: 1
7	JASON PARKER	Preston Harriers	M: 7	200	00:43:48.07	00:43:45.17	47	Male Vet over 45: 3
8	WILLIAM HOWARD		M: 8	134	00:43:58.07	00:43:54.67	21	:
9	JOSEPH LIVESEY		M: 9	159	00:44:09.82	00:44:02.66	27	:
10	DAN GRUNDY	Trawden AC	M: 10	113	00:45:15.81	00:45:11.16	46	Male Vet over 45: 4
11	ROLAND WHITEAR		M: 11	274	00:45:34.80	00:45:29.91	37	:
12	PHILIP MARSDEN	Preston Harriers	M: 12	167	00:46:00.57	00:45:56.43	49	Male Vet over 45: 5
13	ALEKZANDER WALKER	Wesham Road Runners	M: 13	267	00:46:15.32	00:46:10.67	38	:
14	ANDREW BESWICK		M: 14	35	00:46:33.56	00:46:29.65	52	Male Vet over 50: 1
15	DAVID PARKINSON	Preston Harriers	M: 15	202	00:46:44.80	00:46:40.41	55	Male Vet over 55: 1
16	HEATHER BROWN	Bolton United Harriers	F: 1	47	00:46:48.31	00:46:44.66	29	Female Overall: 1
17	JOHN WORTHINGTON		M: 16	287	00:47:13.80	00:47:08.16	57	Male Vet over 55: 2
18	MICHAEL OSINSKI-GRAY		M: 17	198	00:47:14.31	00:47:09.67	39	:
19	OLIVER PYE		M: 18	218	00:47:22.83	00:47:17.94	29	:
20	SAM LAWRENCE	Riversway Road Runners	M: 19	153	00:47:22.55	00:47:18.23	40	Male Vet over 40: 2
21	ETHAN MCEVOY		M: 20	174	00:47:52.04	00:47:48.63	19	:
22	DANIEL PATON	Northern Masters Ac	M: 21	205	00:47:57.30	00:47:52.16	43	Male Vet over 40: 3
23	RICHARD HALSTEAD	Bentham Beagles RC	M: 22	116	00:48:17.55	00:48:10.15	37	:
24	GARETH TAYLOR	Darwen Dashers	M: 23	257	00:48:33.54	00:48:28.65	31	:
25	FAY MORNE		F: 2	187	00:48:55.54	00:48:48.40	46	Female Overall: 2
26	MICHAEL CORNALL		M: 24	70	00:48:58.06	00:48:53.76	28	:
27	DAVID PARK	Red Rose Road Runners	M: 25	199	00:49:06.28	00:49:01.39	35	:
28	DOUGIE POTTER	Preston Harriers	M: 26	216	00:49:17.29	00:49:11.15	38	:
29	LEE SHOCKLEDGE		M: 27	236	00:50:00.28	00:49:55.12	42	Male Vet over 40: 4
30	LIAM BETNEY		M: 28	36	00:50:12.53	00:50:05.64	34	:
31	CHRISTOPHER HAINES	Wesham Road Runners	M: 29	114	00:50:30.03	00:50:22.39	37	:
32	MARK YEAMAN		M: 30	288	00:50:43.78	00:50:34.89	40	Male Vet over 40: 5
33	MIKE PAULEY	Bentham Beagles RC	M: 31	206	00:50:42.53	00:50:38.87	62	Male Vet over 60: 1
34	JONATHAN HOLDEN		M: 32	126	00:51:09.78	00:50:52.62	41	Male Vet over 40: 6
35	STEVE MYERSCOUGH	Wesham Road Runners	M: 33	191	00:51:16.27	00:51:08.88	46	Male Vet over 45: 6
36	SEAN MCMYLER	Horwich RMI Harriers	M: 34	178	00:51:20.53	00:51:15.14	59	Male Vet over 55: 3
37	SARAH RIDEHALGH	Accrington Road Runne	F: 3	222	00:51:30.77	00:51:23.63	46	Female Overall: 3
38	DAVID SARGENT	Lancaster Runners	M: 35	230	00:51:38.78	00:51:28.64	37	:
39	WILLIAM DORAN		M: 36	87	00:51:51.95	00:51:43.75	26	:
40	DAVID LANCASTER	City of York	M: 37	151	00:51:55.52	00:51:49.13	64	Male Vet over 60: 2
41	JANE COUNSELL	Horwich RMI Harriers	F: 4	73	00:52:11.77	00:52:05.38	48	Lady Vet over 45: 1
42	CARL BROWN		M: 38	49	00:52:38.76	00:52:30.36	36	:
43	STEVE WILSON		M: 39	281	00:52:49.26	00:52:41.06	48	Male Vet over 45: 7
44	ADRIAN FITCH		M: 40	97	00:52:58.01	00:52:52.10	56	Male Vet over 55: 4
45	ANDREW ACKLAM	Preston Harriers	M: 41	8	00:53:00.04	00:52:54.40	52	Male Vet over 50: 2
46	EMMA DEAN		F: 5	81	00:53:11.02	00:53:01.92	24	:
47	STEVE TOWNHILL	Preston Harriers	M: 42	263	00:53:12.01	00:53:05.71	46	Male Vet over 45: 8
48	SIMON LAWSON		M: 43	154	00:53:26.76	00:53:14.62	44	Male Vet over 40: 7
49	DAVID BRUNTON		M: 44	50	00:53:31.30	00:53:22.90	52	Male Vet over 50: 3
50	PAUL JEFFRIES	Preston Harriers	M: 45	145	00:53:29.75	00:53:23.61	47	Male Vet over 45: 9
51	DAVID SEDDON	Darwen Dashers	M: 46	232	00:54:05.02	00:54:01.12	17	:
52	DAN GREGSON	Lytham St Annes RR	M: 47	111	00:54:15.51	00:54:05.87	49	Male Vet over 45: 10
53	MARIA LOWE	Horwich RMI Harriers	F: 6	162	00:54:25.26	00:54:19.35	41	Lady Vet over 40: 1
54	MICHAEL EFFORD		M: 48	92	00:54:45.25	00:54:34.85	44	Male Vet over 40: 8
55	GEMA SNAPE		F: 7	247	00:55:08.79	00:54:47.14	38	Lady Vet over 35: 1
56	NIGEL BARNES	Garstang RC	M: 49	24	00:54:56.50	00:54:47.20	58	Male Vet over 55: 5
57	MARK WILLET	Red Rose Road Runners	M: 50	280	00:55:16.00	00:54:55.59	47	Male Vet over 45: 11
58	ADAM HOYLE		M: 51	136	00:55:07.01	00:54:58.61	36	:
59	ANTHONY BLIGHT	Blackpool Wyre & Fyld	M: 52	40	00:55:24.00	00:55:08.84	50	Male Vet over 50: 4
60	AMY FREEMAN		F: 8	99	00:55:44.00	00:55:30.10	37	Lady Vet over 35: 2
61	DAMIAN INGS	Wesham Road Runners	M: 53	141	00:55:45.01	00:55:35.61	47	Male Vet over 45: 12
62	STEVEN MELLING	Rosendaleharriers	M: 54	180	00:55:46.75	00:55:40.11	65	Male Vet over 65: 1
63	STE SNAPE		M: 55	248	00:55:53.49	00:55:45.19	41	Male Vet over 40: 9

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Place Name	Club	Gender	Bib #	Race Time	Chip Time	Age	Division Rank	
64	LORNA GALBRAITH	Red Rose Road Runners	F: 9	101	00:56:11.49	00:55:58.60	41	Lady Vet over 40: 2
65	LEWIS JOHNSON		M: 56	146	00:56:09.50	00:56:03.59	33	:
66	JAMES HODSON		M: 57	125	00:56:12.55	00:56:06.05	35	:
67	EDWARD EVANS	Bentham Beagles RC	M: 58	93	00:56:17.74	00:56:11.65	37	:
68	DAVID EAVES	Red Rose Road Runners	M: 59	89	00:56:26.25	00:56:15.11	54	Male Vet over 50: 5
69	CHARLIE KILLEEN	St Cecilians School	M: 60	2	00:57:12.25	00:57:00.05	16	:
70	MARCELLO GARBAGNOLI		M: 61	102	00:57:20.49	00:57:01.58	47	Male Vet over 45: 13
71	BRIAN SEAL	Wallasey Athletics Cl	M: 62	231	00:57:29.49	00:57:20.79	33	:
72	RICHARD SMITH		M: 63	246	00:57:31.24	00:57:24.35	31	:
73	IAN LEAMAN		M: 64	155	00:57:49.98	00:57:25.08	49	Male Vet over 45: 14
74	TOM BEER		M: 65	31	00:57:36.75	00:57:27.05	21	:
75	KATIE MARSHALL		F: 10	169	00:57:38.03	00:57:28.35	40	Lady Vet over 40: 3
76	MARTIN BRADY	Clayton Le Moors Harr	M: 66	44	00:57:41.00	00:57:33.84	59	Male Vet over 55: 6
77	PHIL SLEE		M: 67	244	00:57:45.49	00:57:38.85	32	:
78	TOM HANNA	Running Bugs	M: 68	118	00:57:52.02	00:57:39.92	52	Male Vet over 50: 6
79	HELEN READ		F: 11	220	00:57:56.99	00:57:41.11	47	Lady Vet over 45: 2
80	JAMES JARDINE	Eden Runners	M: 69	143	00:58:02.99	00:57:51.84	39	:
81	IAN MCCONNELL		M: 70	172	00:58:07.49	00:57:57.99	54	Male Vet over 50: 7
82	HELEN SIMPSON		F: 12	238	00:58:08.49	00:57:59.09	51	Lady Vet over 50: 1
83	ANNEKE CROSBY	Red Rose Road Runners	F: 13	76	00:58:17.99	00:58:05.59	55	Lady Vet over 55: 1
84	KIERON CARR	Liverpool Running Bugs	M: 71	58	00:58:29.54	00:58:19.34	51	Male Vet over 50: 8
85	VICKY VAN DEN BIGGELAAR	Red Rose Road Runners	F: 14	265	00:58:44.24	00:58:33.59	48	Lady Vet over 45: 3
86	OLIVER GORNALL		M: 72	106	00:58:57.54	00:58:35.89	29	:
87	LAURA LANGTREE		F: 15	152	00:58:57.22	00:58:36.81	23	:
88	GEORGE BELL	Blackburn Road Runners	M: 73	33	00:59:08.03	00:58:49.12	66	Male Vet over 65: 2
89	LINDSEY BLACK	Liverpool Running Bugs	F: 16	39	00:59:06.98	00:58:53.83	43	Lady Vet over 40: 4
90	TOM MCATEER		M: 74	171	00:59:41.23	00:59:13.08	58	Male Vet over 55: 7
91	GINO WINSTANLEY		M: 75	284	00:59:41.75	00:59:17.85	37	:
92	FAYE BOLTON	St Cecilians School	F: 17	1	00:59:42.25	00:59:30.24	43	Lady Vet over 40: 5
93	STEPHEN DAVIES		M: 76	80	00:59:51.68	00:59:32.18	48	Male Vet over 45: 15
94	BASIA PAWELCZAK	Blackpool Wyre & Fyld	F: 18	207	00:59:51.48	00:59:37.32	29	:
95	JULIAN BROWN		M: 77	48	01:00:02.98	00:59:41.08	50	Male Vet over 50: 9
96	LISA LO		F: 19	160	01:00:16.51	00:59:48.61	46	Lady Vet over 45: 4
97	ROBERT FISHER	Chorley AC & Tri	M: 78	96	01:00:11.98	00:59:55.57	50	Male Vet over 50: 10
98	SID MAKINSON	Blackburn Road Runners	M: 79	164	01:00:28.97	01:00:07.32	47	Male Vet over 45: 16
99	DAVID GILLAN		M: 80	104	01:00:26.23	01:00:19.13	55	Male Vet over 55: 8
100	IAN BLUNDELL	Wesham Road Runners	M: 81	41	01:00:50.47	01:00:24.03	37	:
101	ANN CLEAVE	Red Rose Road Runners	F: 20	62	01:00:38.97	01:00:26.08	60	Lady Vet over 60: 1
102	WILL SINGLETON		M: 82	241	01:00:42.48	01:00:29.88	34	:
103	CASSIE LIVESEY	Liverpool Running Bugs	F: 21	157	01:00:52.01	01:00:39.12	30	:
104	DAVID WILKINSON	Lancaster & Morecambe	M: 83	278	01:00:56.25	01:00:43.13	62	Male Vet over 60: 3
105	DAWN MAHER	Blackpool Wyre & Fyld	F: 22	163	01:01:07.22	01:00:52.56	38	Lady Vet over 35: 3
106	PETER ROONEY	Wesham Road Runners	M: 84	226	01:01:09.46	01:01:01.05	63	Male Vet over 60: 4
107	NICK BURNS		M: 85	53	01:01:30.47	01:01:06.03	57	Male Vet over 55: 9
108	ALAN BROWN	Riversway Road Runners	M: 86	46	01:01:21.22	01:01:12.33	62	Male Vet over 60: 5
109	GARY TURNER	Red Rose Road Runners	M: 87	264	01:01:43.71	01:01:18.26	39	:
110	ELEANOR RUSSELL		F: 23	8111	01:01:57.46	01:01:46.32	38	Lady Vet over 35: 4
111	GAYLE DENNY	Bentham Beagles RC	F: 24	82	01:02:13.45	01:01:47.55	31	:
112	HELEN BARROW		F: 25	25	01:01:59.51	01:01:49.08	40	Lady Vet over 40: 6
113	CHRIS COLLINGS	Red Rose Road Runners	M: 88	66	01:01:57.80	01:01:49.66	34	:
114	ROBERT BAKER		M: 89	16	01:02:06.71	01:01:52.41	37	:
115	SYLVIA DICK		F: 26	85	01:02:13.45	01:01:56.82	48	Lady Vet over 45: 5
116	STEVE SINGLETON	Tri England	M: 90	239	01:02:24.21	01:01:58.76	49	Male Vet over 45: 17
117	DOUG BRYDEN	Red Rose Road Runners	M: 91	51	01:02:38.21	01:02:24.54	54	Male Vet over 50: 11
118	ANDREW EASTERBY	Bentham Beagles	M: 92	8107	01:02:55.21	01:02:29.56	64	Male Vet over 60: 6
119	EMILY STAPLETON	Lancaster & Morecambe	F: 27	251	01:03:08.46	01:02:43.56	49	Lady Vet over 45: 6
120	COLIN GREENWOOD		M: 93	110	01:03:18.46	01:03:03.54	53	Male Vet over 50: 12
121	MARK WHITEHOUSE		M: 94	275	01:03:24.21	01:03:10.82	48	Male Vet over 45: 18
122	RACHAEL PORTER	Red Rose Road Runners	F: 28	215	01:03:55.70	01:03:42.30	46	Lady Vet over 45: 7
123	JENN MCDONOUGH		F: 29	173	01:04:06.21	01:03:54.56	38	Lady Vet over 35: 5
124	PHIL HORNER	Garstang RC	M: 95	128	01:04:17.45	01:03:55.15	49	Male Vet over 45: 19
125	CAROLE WILKINSON	Lancaster & Morecambe	F: 30	279	01:04:18.23	01:03:55.59	62	Lady Vet over 60: 2

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126 BRADLEY JONES	St Cecillas School	M: 96	5	01:04:08.48	01:03:56.38	16	:
127 HOWARD CROOK		M: 97	75	01:04:55.20	01:04:35.30	51	Male Vet over 50: 13
128 LOUISE LORD	Wesham Road Runners	F: 31	161	01:04:56.44	01:04:46.30	47	Lady Vet over 45: 8
129 SAMANTHA SLATER	Lonely Goat RC	F: 32	242	01:05:02.52	01:04:48.14	47	Lady Vet over 45: 9
130 LISA SCHOLLES	Fylde Coast Runners	F: 33	8106	01:05:02.23	01:04:50.09	44	Lady Vet over 40: 7
131 EMMA REYNOLDS	Riversway Road Runners	F: 34	221	01:05:06.73	01:04:58.09	38	Lady Vet over 35: 6
132 LYDIA BAMBER	Women on the Run	F: 35	17	01:05:15.95	01:04:59.29	22	:
133 JILL GREENWOOD		F: 36	109	01:05:15.19	01:04:59.99	56	Lady Vet over 55: 2
134 LISA MINNS	Wesham RR	F: 37	8112	01:05:17.70	01:05:07.55	57	Lady Vet over 55: 3
135 DAVE HIRST		M: 98	124	01:05:37.19	01:05:13.54	50	Male Vet over 50: 14
136 JULIA CAREFOOT		F: 38	56	01:05:29.20	01:05:17.55	41	Lady Vet over 40: 8
137 CLAIRE MARKHAM	Lytham St Annes RR	F: 39	166	01:05:51.93	01:05:39.79	48	Lady Vet over 45: 10
138 DAVID NAVIS	Liverpool Running Bugs	M: 99	192	01:05:56.69	01:05:43.79	32	:
139 JUDI INGHAM	Red Rose Road Runners	F: 40	139	01:06:02.94	01:05:48.74	51	Lady Vet over 50: 2
140 ELLEN FERIA	Liverpool Running Bugs	F: 41	94	01:06:06.44	01:05:53.55	39	Lady Vet over 35: 7
141 MIKE BIRD		M: 100	38	01:06:08.94	01:05:54.34	55	Male Vet over 55: 10
142 SIMONE DERWEDUWEN	Fylde Coast Runners	F: 42	84	01:06:17.46	01:05:55.31	59	Lady Vet over 55: 4
143 ALISON PARKINSON	Red Rose Road Runners	F: 43	201	01:06:16.95	01:06:00.04	55	Lady Vet over 55: 5
144 PHIL THORP	Liverpool Running Bugs	M: 101	259	01:06:21.49	01:06:08.59	63	Male Vet over 60: 7
145 SUSANNE GARTH		F: 44	103	01:06:39.43	01:06:21.04	41	Lady Vet over 40: 9
146 REBECCA SIMPSON	England Athletics	F: 45	237	01:06:33.18	01:06:23.29	43	Lady Vet over 40: 10
147 GILLIAN HALHEAD		F: 46	115	01:06:43.94	01:06:28.64	50	Lady Vet over 50: 3
148 EMILY HEYS		F: 47	123	01:06:54.19	01:06:38.28	38	Lady Vet over 35: 8
149 GAIL BAMBER	Blackburn Road Runners	F: 48	19	01:07:16.00	01:06:55.10	49	Lady Vet over 45: 11
150 HANNAH ECCLES	Clayton Le Moors Harr	F: 49	90	01:07:11.93	01:07:01.28	16	:
151 RICHARD HOWARD	Freck & Warton	M: 102	132	01:07:14.53	01:07:01.63	45	Male Vet over 45: 20
152 CRAIG ECCLES	Clayton le Moors H	M: 103	8110	01:07:15.68	01:07:06.56	48	Male Vet over 45: 21
153 JOHN HOUGHTON	Run Sandymoor	M: 104	131	01:07:50.18	01:07:30.79	62	Male Vet over 60: 8
154 RACHAEL SLATER		F: 50	243	01:08:04.45	01:07:47.05	45	Lady Vet over 45: 12
155 GARY SHERRATT		M: 105	235	01:08:03.98	01:07:47.82	37	:
156 DI BARTON		F: 51	27	01:08:22.68	01:07:53.27	51	Lady Vet over 50: 4
157 JENNIFER STANNERS		F: 52	250	01:08:03.68	01:07:53.53	60	Lady Vet over 60: 3
158 ALAN CHESTERS	Bentham Beagles RC	M: 106	60	01:08:36.17	01:08:09.73	69	Male Vet over 65: 3
159 DAVID WALLWORTH		M: 107	270	01:08:40.18	01:08:09.78	65	Male Vet over 65: 4
160 ANNE WALLWORTH		F: 53	269	01:08:40.50	01:08:10.84	64	Lady Vet over 60: 4
161 KATE POMFRET	Blackburn Road Runners	F: 54	213	01:09:10.45	01:08:49.30	51	Lady Vet over 50: 5
162 CLAIRE HORNER	Garstang RC	F: 55	129	01:09:13.22	01:08:52.07	47	Lady Vet over 45: 13
163 JAMES BICKERSTAFF	Riversway Road Runners	M: 108	37	01:09:03.42	01:08:55.27	51	Male Vet over 50: 15
164 ANNE-MARIE WOODCOCK	Lions Running Communi	F: 56	286	01:09:03.93	01:08:55.52	51	Lady Vet over 50: 6
165 LEWIS THOMAS		M: 109	258	01:09:04.45	01:08:56.30	51	Male Vet over 50: 16
166 RACHAEL STOTT		F: 57	254	01:09:16.68	01:09:00.76	46	Lady Vet over 45: 14
167 DANIEL ROTHERHAM		M: 110	227	01:09:25.17	01:09:06.27	32	:
168 SARAH MARSDEN	Darwen Dashers	F: 58	168	01:09:34.97	01:09:06.49	46	Lady Vet over 45: 15
169 DAVID MORRIS	Blackburn Road Runners	M: 111	188	01:09:31.17	01:09:09.02	59	Male Vet over 55: 11
170 RICHARD BARTON		M: 112	26	01:09:42.42	01:09:13.77	56	Male Vet over 55: 12
171 JOEL FREEMAN		M: 113	100	01:09:34.44	01:09:20.05	40	Male Vet over 40: 10
172 DIANE ARMSTRONG	Bentham Beagles RC	F: 59	11	01:09:45.93	01:09:20.57	44	Lady Vet over 40: 11
173 NICHOLAS ARMSTRONG	Bentham Beagles RC	M: 114	12	01:09:45.39	01:09:26.19	41	Male Vet over 40: 11
174 GARY HALL		M: 115	8104	01:09:47.17	01:09:29.87	42	Male Vet over 40: 12
175 DONNA MAZUR	Blackburn Road Runners	F: 60	170	01:09:57.66	01:09:36.76	48	Lady Vet over 45: 16
176 MICK WIGNALL	Blackburn Road Runners	M: 116	277	01:10:05.92	01:09:47.79	55	Male Vet over 55: 13
177 HANNAH O'CONNOR		F: 61	8108	01:10:23.01	01:10:08.35	28	:
178 STUART O'CONNOR		M: 117	8109	01:10:22.66	01:10:08.50	54	Male Vet over 50: 17
179 SARAH INGRAM	Bentham Beagles RC	F: 62	140	01:10:36.42	01:10:10.76	47	Lady Vet over 45: 17
180 EVE HOWARD	Freck & Warton	F: 63	133	01:10:53.17	01:10:35.26	43	Lady Vet over 40: 12
181 THOMAS IVES		M: 118	142	01:11:11.92	01:10:55.42	44	Male Vet over 40: 13
182 KATHRYN ABBOTT	Red Rose Road Runners	F: 64	6	01:11:16.15	01:10:58.49	54	Lady Vet over 50: 7
183 TRACEY CARR	Liverpool Running Bugs	F: 65	57	01:11:21.16	01:11:07.00	57	Lady Vet over 55: 6
184 KAREN DOHERTY	Radcliffe Ac	F: 66	86	01:11:32.40	01:11:13.00	48	Lady Vet over 45: 18
185 NADINE PARSONS	Garstang RC	F: 67	204	01:11:41.15	01:11:22.65	35	Lady Vet over 35: 9
186 SAMANTHA FORSTER	Garstang RC	F: 68	98	01:11:41.46	01:11:23.16	30	:
187 CLARE KIRK		F: 69	149	01:11:44.43	01:11:27.23	46	Lady Vet over 45: 19
188 ALISON MERCER	Red Rose Road Runners	F: 70	182	01:12:01.65	01:11:44.74	60	Lady Vet over 60: 5

Longridge Xmas Pudding 7 2021

Place Name	Club	Gender	Bib #	Race Time	Chip Time	Age	Division Rank
189	BERNADETTE MOONEY	F: 71	186	01:12:10.66	01:12:00.24	60	Lady Vet over 60: 6
190	LYNNE KENYON	Red Rose Road Runners	F: 72	01:12:44.39	01:12:35.50	56	Lady Vet over 55: 7
191	LIA MURPHY	Lytham St Annes RR	F: 73	01:13:01.89	01:12:49.79	26	:
192	CAROLE BAILEY		F: 74	01:13:09.40	01:12:56.20	47	Lady Vet over 45: 20
193	CHRISTINE ACKLAM	Women on the Run	F: 75	01:13:14.15	01:12:56.49	48	Lady Vet over 45: 21
194	SUE ARNOTT	Bentham Beagles RC	F: 76	01:13:54.40	01:13:28.50	62	Lady Vet over 60: 7
195	STEVE ARNOTT	Bentham Beagles RC	M: 119	01:14:00.68	01:13:35.03	64	Male Vet over 60: 9
196	ANGELA HARGREAVES		F: 77	01:14:06.89	01:13:41.24	59	Lady Vet over 55: 8
197	JANET CAMPBELL	Ramsbottom Running Cl	F: 78	01:14:07.64	01:13:45.00	58	Lady Vet over 55: 9
198	KATY WHITWELL	Ramsbottom Running Cl	F: 79	01:14:09.64	01:13:46.99	35	Lady Vet over 35: 10
199	MARTIN LUNT		M: 120	01:14:13.67	01:13:52.78	73	Male Vet over 70+: 1
200	JOHN MCLAUGHLIN		M: 121	01:14:30.39	01:14:12.23	46	Male Vet over 45: 22
201	GLENN WILSON		M: 122	01:14:38.40	01:14:21.73	52	Male Vet over 50: 18
202	SHONA MOYLON		F: 80	01:15:08.16	01:14:44.01	45	Lady Vet over 45: 22
203	VICKY BAMBER		F: 81	01:15:03.13	01:14:44.23	37	Lady Vet over 35: 11
204	JESSICA MILLER		F: 82	01:15:10.13	01:14:50.33	38	Lady Vet over 35: 12
205	CHRIS BAMBER		M: 123	01:15:11.14	01:14:58.24	42	Male Vet over 40: 14
206	ALLAN DUCKWORTH		M: 124	01:15:16.38	01:15:00.47	65	Male Vet over 65: 5
207	LINDSAY COBHAM		F: 83	01:15:18.63	01:15:03.24	37	Lady Vet over 35: 13
208	SUZANNE BEST		F: 84	01:15:44.13	01:15:16.98	45	Lady Vet over 45: 23
209	CLIVE BARKER		M: 125	01:15:56.13	01:15:29.98	62	Male Vet over 60: 10
210	STEVE RUSSELL		M: 126	01:15:51.39	01:15:31.99	57	Male Vet over 55: 14
211	BARBARA MEAD-MASON		F: 85	01:15:56.13	01:15:43.99	55	Lady Vet over 55: 10
212	RACHEL AIREY		F: 86	01:16:28.62	01:16:08.22	22	:
213	JENNIFER BURROUGH		F: 87	01:16:39.63	01:16:12.48	41	Lady Vet over 40: 13
214	PETER SEYMOUR		M: 127	01:16:49.63	01:16:26.73	32	:
215	SUE HENRY	Lytham St Annes RR	F: 88	01:17:30.89	01:17:07.75	45	Lady Vet over 45: 24
216	SUSAN HUGHES		F: 89	01:17:25.87	01:17:09.96	51	Lady Vet over 50: 8
217	ABIGAIL JARDINE	Eden Runners	F: 90	01:17:49.87	01:17:25.72	39	Lady Vet over 35: 14
218	REBECCA LOUISE STYLES	Stockport Tri Club	F: 91	01:18:08.12	01:17:48.72	49	Lady Vet over 45: 25
219	SUSAN HARGREAVES	Fylde Coast Runners	F: 92	01:18:09.64	01:17:50.73	44	Lady Vet over 40: 14
220	MICHELLE METCALFE	Stockport Harriers	F: 93	01:18:11.89	01:17:52.74	50	Lady Vet over 50: 9
221	CHRIS CASH	Darwen Dashers	M: 128	01:18:28.12	01:18:12.72	65	Male Vet over 65: 6
222	HELEN ORSON	Red Rose Road Runners	F: 94	01:18:41.61	01:18:27.94	57	Lady Vet over 55: 11
223	VIKI WALSH	Darwen Dashers	F: 95	01:18:52.62	01:18:37.71	43	Lady Vet over 40: 15
224	NICOLE CLOWES		F: 96	01:18:55.89	01:18:39.74	30	:
225	DEBORAH STEVENSON	Trawden AC	F: 97	01:19:05.35	01:18:42.48	43	Lady Vet over 40: 16
226	CLAIRE ALBERTS		F: 98	01:19:15.38	01:18:48.48	36	Lady Vet over 35: 15
227	NICOLA QUINN	Darwen Dashers	F: 99	01:19:17.35	01:18:57.31	39	Lady Vet over 35: 16
228	SARAH GRIFFIN		F: 100	01:19:31.36	01:19:19.72	47	Lady Vet over 45: 26
229	SHARON MCGEVOR		F: 101	01:20:25.36	01:20:07.45	51	Lady Vet over 50: 10
230	TRACEY BAMBER	Women on the Run	F: 102	01:20:25.66	01:20:08.00	50	Lady Vet over 50: 11
231	SIMON BAXENDALE		M: 129	01:21:07.34	01:20:47.20	58	Male Vet over 55: 15
232	KARIN GOSS	Clayton	F: 103	01:22:27.34	01:22:02.44	73	Lady Vet over 65+: 1
233	DAVID VOSPER		M: 130	01:22:52.60	01:22:39.20	30	:
234	ALISON WOLSTENHOLME	Accrington Road Runne	F: 104	01:26:29.57	01:26:00.42	56	Lady Vet over 55: 12
235	LEA MELLODY		F: 105	01:26:30.82	01:26:11.15	58	Lady Vet over 55: 13
236	ADAM FIELDER		M: 131	01:27:35.07	01:27:10.64	58	Male Vet over 55: 16
237	IAN GOODLIFFE	Blackburn Road Runners	M: 132	01:29:25.30	01:29:05.63	71	Male Vet over 70+: 2
238	MICHELLE SHERIDAN		F: 106	01:29:46.55	01:29:23.40	53	Lady Vet over 50: 12
239	MAUREEN ROBERTS	Lancaster & Morecambe	F: 107	01:31:09.04	01:30:41.14	66	Lady Vet over 65+: 2
240	JILL COOPER		F: 108	01:35:04.77	01:34:36.62	58	Lady Vet over 55: 14
241	MIKE STORRY		M: 133	01:38:09.25	01:37:46.60	78	Male Vet over 70+: 3
242	PENELOPE LIVESEY		F: 109	01:38:10.76	01:37:48.86	28	:
243	LESLEY ALLGER		F: 110	01:41:16.49	01:40:49.83	62	Lady Vet over 60: 8