

Longridge 7 Mile Christmas Pudding Run

Team Overall Results

<u>Place</u>	<u>Name</u>	<u>Average Time</u>	<u>Score</u>
1	Lytham St.Annes Road Runners	00:56:39.47	21
2	Wesham Road Runners	00:59:55.00	42
3	Red Rose Road Runners	01:00:03.10	43
4	Blackburn RR	01:02:15.08	46
5	Lonely Goat Running Club	01:01:00.95	46
6	Accrington RR	01:03:47.14	55
7	Clayton Le Moors Harriers	01:02:27.26	59
8	Women on the Run	01:05:25.97	75
9	Blackpool Wyre & Fylde AC	01:06:49.29	84
10	Fylde Coast Runners	01:08:36.13	92
11	Penny Lane Striders	01:05:58.05	96
12	Radcliffe Athletics Club	01:15:18.14	129
13	Darwen Dashers RC	01:15:56.87	129

non-Scoring Teams

<u>Name</u>	<u>Average Time</u>	<u>Finishers</u>
Thornton Cleveleys Running Club	01:06:52.63	2
Ramsbottom Running Club	01:06:39.78	2
Riversway Road Runners	01:10:24.72	2
Wigan & District Harriers AC	01:10:20.47	2
Ribby Hall Tri Club	01:18:08.27	2
Freck & Warton RC	01:14:05.58	2
Kirkby Milers	01:24:13.57	2
Wigan Phoenix	00:54:05.47	1
Preston Harriers	00:55:26.95	1
Lancashire Tridents Triathlon Club	00:57:37.19	1
Run Sandymoor	00:58:10.93	1
Leeds University	00:59:01.17	1
Riversway road Runners	01:00:12.71	1
The Stragglers	01:01:03.90	1
Lonely Goat RC	01:01:39.90	1
Airecentre Pacers	01:01:46.90	1
Dockside Runners	01:02:00.40	1
Rosendale Harriers & Ac	01:02:57.64	1
Clayton Harriers	01:04:39.11	1
Attached	01:04:39.38	1
Skelmersdale Boundary Harriers	01:05:56.37	1
Bentham Beagles RC	01:06:11.11	1
Lancaster & Morecambe Ac	01:06:29.36	1
Lymm Runners	01:07:20.35	1
Southport Waterloo	01:08:12.08	1
Lostock Ac	01:09:16.33	1
Triengland	01:10:08.87	1
Lostock AC	01:12:03.61	1
Ribby tri club	01:13:26.84	1
Trawden AC	01:15:48.53	1
Lancaster Runners	01:17:20.06	1
Cybelé	01:17:27.80	1
Radcliffe AC	01:18:33.01	1
Stockport tri club	01:22:08.97	1
Ramsbottom RC	01:22:29.25	1
Vegan Runners UK	01:23:21.76	1
Mossley Hill Athletic Club	01:26:34.48	1
Running 4CF	01:27:28.46	1

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Team Results

<u>Place</u>	<u>Team Name</u>	<u>Average Time</u>	<u># of Finishers</u>	<u>Team Score</u>		
1	Lytham St.Annes Road Runners	00:56:39.47	8	21		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	2	222	Melanie Koth	00:51:06.25	2
	2	15	249	Maddy Markham	00:59:08.41	9
	3	16	248	Claire Markham	00:59:43.74	10
	4	63	145	Kathy Gaunt	01:08:19.64	(36)
	5	64	174	Susan Hawitt	01:08:19.89	(37)
2	Wesham Road Runners	00:59:55.00	4	42		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	6	229	Helen Lawrenson	00:54:28.22	5
	2	18	81	Sharon Cooper	01:00:13.42	11
	3	40	359	Tanya Shaw	01:05:03.37	26
	4	51	5053	Maureen Danson	01:06:21.90	(34)
3	Red Rose Road Runners	01:00:03.10	17	43		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	5	209	Jill Jefferson	00:54:14.72	4
	2	30	95	Anneke Crosby	01:02:51.94	19
	3	32	318	Paula Plowman	01:03:02.64	20
	4	35	210	Andrea Jenkins	01:03:55.93	(23)
	5	37	306	Alison Parkinson	01:04:37.11	(25)
4	Blackburn RR	01:02:15.08	19	46		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	25	420	Elizabeth Watton	01:02:05.95	14
	2	26	211	Trudi Jenkinson	01:02:06.15	15
	3	28	455	Lisa Ingham	01:02:33.14	17
	4	29	280	Katie Morris	01:02:40.39	(18)
	5	34	19	Gail Bamber	01:03:41.88	(22)
5	Lonely Goat Running Club	01:01:00.95	5	46		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	10	355	Natalie Savage	00:57:03.24	7
	2	19	368	Samantha Slater	01:00:54.71	12
	3	41	143	Susanne Garth	01:05:04.91	27
	4	42	384	Rebecca Stead	01:05:13.92	(28)
	5	116	276	Sirka Moore	01:22:48.25	(50)
6	Accrington RR	01:03:47.14	4	55		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	1	454	Sarah Ridehalgh	00:50:47.24	1
	2	3	103	Catherine Derbyshire	00:53:01.72	3
	3	123	439	Alison Wolstenholme	01:27:32.48	51
	4	128	334	Catherine Richardson	01:32:02.43	(53)
7	Clayton Le Moors Harriers	01:02:27.26	3	59		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	9	101	Janice Davies	00:56:49.74	6
	2	36	184	Vicky Heys	01:04:36.41	24
	3	44	350	Julia Rushton	01:05:55.61	29
8	Women on the Run	01:05:25.97	4	75		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	27	405	Vicky Van Den Biggelaar	01:02:25.45	16

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2	33	252	<i>Katie Marshall</i>	01:03:22.38	21
3	74	4	<i>Christine Acklam</i>	01:10:30.07	38
4	97	61	<i>Joanne Chard</i>	01:16:06.28	(43)
9	Blackpool Wyre & Fylde AC			01:06:49.29	3
	84				
<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	11	404	<i>Nicola Unsworth</i>	00:57:14.18	8
2	46	310	<i>Basia Pawelczak</i>	01:05:57.66	30
3	101	410	<i>Nickola Walker</i>	01:17:16.03	46
10	Fylde Coast Runners			01:08:36.13	6
					92
<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	23	357	<i>Lisa Scholes</i>	01:01:51.94	13
2	57	62	<i>Kathryn Chester</i>	01:07:31.90	35
3	98	167	<i>Susan Hargreaves</i>	01:16:24.57	44
4	99	325	<i>Kay Proctor</i>	01:16:56.08	(45)
5	126	418	<i>Pat Waters</i>	01:30:08.19	(52)
11	Penny Lane Striders			01:05:58.05	3
					96
<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	47	155	<i>Alice Green</i>	01:05:57.92	31
2	48	117	<i>Judy Dyer</i>	01:05:58.12	32
3	49	217	<i>Supanki Kamalanathan</i>	01:05:58.12	33
12	Radcliffe Athletics Club			01:15:18.14	4
					129
<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	85	111	<i>Karen Doherty</i>	01:13:29.86	40
2	88	443	<i>Tracy Wroe</i>	01:13:51.08	42
3	105	106	<i>Lucy Dewhurst</i>	01:18:33.49	47
4	106	302	<i>Sarah Oxley</i>	01:18:33.49	(48)
13	Darwen Dashers RC			01:15:56.87	3
					129
<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	82	8	<i>Claire Alberts</i>	01:12:41.80	39
2	86	412	<i>Viki Walsh</i>	01:13:32.60	41
3	112	326	<i>Nicola Quinn</i>	01:21:36.22	49

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Individual Overall Results

<u>Overall</u>	<u>Score</u>	<u>Bib#</u>	<u>Name</u>	<u>Type</u>	<u>Time</u>	<u>Team</u>
1	1	454	Sarah Ridehalgh	Runner	00:50:47.24	Accrington RR
2	2	222	Melanie Koth	Runner	00:51:06.25	Lytham St.Annes Road Runners
3	3	103	Catherine Derbyshire	Runner	00:53:01.72	Accrington RR
4	0	422	Emma Louise Weall	Runner	00:54:05.47	Wigan Phoenix
5	4	209	Jill Jefferson	Runner	00:54:14.72	Red Rose Road Runners
6	5	229	Helen Lawrenson	Runner	00:54:28.22	Wesham Road Runners
7	(35)	76	Laura Conn	Runner	00:55:26.95	Preston Harriers
8	39	66	Jenny Clark	Runner	00:56:41.00	Thornton Cleveleys Running Club
9	6	101	Janice Davies	Runner	00:56:49.74	Clayton Le Moors Harriers
10	7	355	Natalie Savage	Runner	00:57:03.24	Lonely Goat Running Club
11	8	404	Nicola Unsworth	Runner	00:57:14.18	Blackpool Wyre & Fylde AC
12	0	333	Helen Read	Runner	00:57:37.19	Lancashire Tridents Triathlon Club
13	0	314	Susan Plant	Runner	00:58:10.93	Run Sandymoor
14	0	389	Hannah Stirrup	Runner	00:59:01.17	Leeds University
15	9	249	Maddy Markham	Runner	00:59:08.41	Lytham St.Annes Road Runners
16	10	248	Claire Markham	Runner	00:59:43.74	Lytham St.Annes Road Runners
17	0	283	Karen Munnely	Runner	01:00:12.71	Riversway road Runners
18	11	81	Sharon Cooper	Runner	01:00:13.42	Wesham Road Runners
19	12	368	Samantha Slater	Runner	01:00:54.71	Lonely Goat Running Club
20	0	3	Hannah Ackerley	Runner	01:01:03.90	The Stragglers
21	0	49	Rachel Norman	Runner	01:01:39.90	Lonely Goat RC
22	0	36	Debbie Bland	Runner	01:01:46.90	Airecentre Pacers
23	13	357	Lisa Scholes	Runner	01:01:51.94	Fylde Coast Runners
24	0	311	Sharon Pendleton	Runner	01:02:00.40	Dockside Runners
25	14	420	Elizabeth Watton	Runner	01:02:05.95	Blackburn RR
26	15	211	Trudi Jenkinson	Runner	01:02:06.15	Blackburn RR
27	16	405	Vicky Van Den Biggelaar	Runner	01:02:25.45	Women on the Run
28	17	455	Lisa Ingham	Runner	01:02:33.14	Blackburn RR
29	(18)	280	Katie Morris	Runner	01:02:40.39	Blackburn RR
30	19	95	Anneke Crosby	Runner	01:02:51.94	Red Rose Road Runners
31	0	242	Sissel Lundberg-Bury	Runner	01:02:57.64	Rossendale Harriers & Ac
32	20	318	Paula Plowman	Runner	01:03:02.64	Red Rose Road Runners
33	21	252	Katie Marshall	Runner	01:03:22.38	Women on the Run
34	(22)	19	Gail Bamber	Runner	01:03:41.88	Blackburn RR
35	(23)	210	Andrea Jenkins	Runner	01:03:55.93	Red Rose Road Runners
36	24	184	Vicky Heys	Runner	01:04:36.41	Clayton Le Moors Harriers
37	(25)	306	Alison Parkinson	Runner	01:04:37.11	Red Rose Road Runners
38	0	362	Angela Shian	Runner	01:04:39.11	Clayton Harriers
39	0	320	Rachael Porter	Runner	01:04:39.38	Attached
40	26	359	Tanya Shaw	Runner	01:05:03.37	Wesham Road Runners
41	27	143	Susanne Garth	Runner	01:05:04.91	Lonely Goat Running Club
42	(28)	384	Rebecca Stead	Runner	01:05:13.92	Lonely Goat Running Club
43	64	57	Janet Campbell	Runner	01:05:25.67	Ramsbottom Running Club
44	29	350	Julia Rushton	Runner	01:05:55.61	Clayton Le Moors Harriers
45	0	243	Carole Lyon	Runner	01:05:56.37	Skelmersdale Boundary Harriers
46	30	310	Basia Pawelczak	Runner	01:05:57.66	Blackpool Wyre & Fylde AC
47	31	155	Alice Green	Runner	01:05:57.92	Penny Lane Striders
48	32	117	Judy Dyer	Runner	01:05:58.12	Penny Lane Striders
49	33	217	Supanki Kamalanathan	Runner	01:05:58.12	Penny Lane Striders
50	0	205	Sarah Ingram	Runner	01:06:11.11	Bentham Beagles RC
51	(34)	5053	Maureen Danson	Runner	01:06:21.90	Wesham Road Runners

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52	0	382	Emily Stapleton	Runner	01:06:29.36	Lancaster & Morecambe Ac
53	0	156	Helen Greenhalgh	Runner	01:06:48.85	Red Rose Road Runners
54	0	450	Angela Coulter	Runner	01:06:48.90	Blackburn RR
55	0	82	Amy Cooper	Runner	01:07:20.35	Lymm Runners
56	0	319	Kate Pomfret	Runner	01:07:21.59	Blackburn RR
57	35	62	Kathryn Chester	Runner	01:07:31.90	Fylde Coast Runners
58	0	423	Joanne Weir	Runner	01:07:40.90	Blackburn RR
59	0	254	Jane Matthewman	Runner	01:07:41.64	Blackburn RR
60	72	63	Fiona Chick	Runner	01:07:53.89	Ramsbottom Running Club
61	0	9	Monika Aldelime	Runner	01:08:12.08	Southport Waterloo
62	0	21	Anna Barcroft	Runner	01:08:19.09	Blackburn RR
63	(36)	145	Kathy Gaunt	Runner	01:08:19.64	Lytham St.Annes Road Runners
64	(37)	174	Susan Hawitt	Runner	01:08:19.89	Lytham St.Annes Road Runners
65	0	400	Sue Tonge	Runner	01:08:19.89	Red Rose Road Runners
66	0	58	Catherine Campbell	Runner	01:08:46.13	Riversway Road Runners
67	0	175	Madeline Haworth	Runner	01:09:14.08	Blackburn RR
68	0	361	Claire Shewbridge	Runner	01:09:16.33	Lostock Ac
69	0	399	Amy Tinker	Runner	01:09:30.62	Wigan & District Harriers AC
70	0	105	Lesley Dewhurst	Runner	01:09:37.37	Blackburn RR
71	0	315	Becky Platt	Runner	01:09:44.83	Red Rose Road Runners
72	0	366	Louisa Singleton	Runner	01:10:08.87	Triengland
73	75	104	Simone Derweduwen	Runner	01:10:18.32	Ribby Hall Tri Club
74	38	4	Christine Acklam	Runner	01:10:30.07	Women on the Run
75	0	351	Denise Ryley	Runner	01:11:10.31	Wigan & District Harriers AC
76	0	221	Lynne Knowles	Runner	01:11:51.80	Blackburn RR
77	0	256	Donna Mazur	Runner	01:11:54.56	Blackburn RR
78	0	259	Gemma McAuley	Runner	01:11:54.81	Blackburn RR
79	0	220	Lora Kidd	Runner	01:12:03.31	Riversway Road Runners
80	0	142	Sheila Garewal	Runner	01:12:03.61	Lostock AC
81	0	285	Jacqui Murray	Runner	01:12:07.05	Lytham St.Annes Road Runners
82	39	8	Claire Alberts	Runner	01:12:41.80	Darwen Dashers RC
83	0	215	Helen Jones	Runner	01:12:51.05	Blackburn RR
84	0	402	Jane Tregonning	Runner	01:13:26.84	Ribby tri club
85	40	111	Karen Doherty	Runner	01:13:29.86	Radcliffe Athletics Club
86	41	412	Viki Walsh	Runner	01:13:32.60	Darwen Dashers RC
87	0	78	Gayle Cookson	Runner	01:13:48.80	Red Rose Road Runners
88	42	443	Tracy Wroe	Runner	01:13:51.08	Radcliffe Athletics Club
89	0	375	Norma Smith	Runner	01:13:53.79	Blackburn RR
90	0	225	Sylvia Lancaster	Runner	01:14:05.58	Freck & Warton RC
91	0	56	Dawn Callaghan	Runner	01:14:05.59	Freck & Warton RC
92	0	298	Helen Ormerod-Pateman	Runner	01:15:40.53	Red Rose Road Runners
93	0	32	Gina Biggs	Runner	01:15:41.27	Red Rose Road Runners
94	0	387	Deborah Stevenson	Runner	01:15:48.53	Trawden AC
95	0	52	Kirsten Burnett	Runner	01:15:49.52	Lytham St.Annes Road Runners
96	0	424	Claire Incutti	Runner	01:16:03.76	Blackburn RR
97	(43)	61	Joanne Chard	Runner	01:16:06.28	Women on the Run
98	44	167	Susan Hargreaves	Runner	01:16:24.57	Fylde Coast Runners
99	(45)	325	Kay Proctor	Runner	01:16:56.08	Fylde Coast Runners
100	82	138	Melanie Foster	Runner	01:17:04.27	Thornton Cleveleys Running Club
101	46	410	Nickola Walker	Runner	01:17:16.03	Blackpool Wyre & Fylde AC
102	83	341	Maureen Roberts	Runner	01:17:20.06	Lancaster Runners
103	0	154	Judith Green	Runner	01:17:27.80	Cybelé
104	0	5052	Sarah Rushton	Runner	01:18:33.01	Radcliffe AC
105	47	106	Lucy Dewhurst	Runner	01:18:33.49	Radcliffe Athletics Club

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106	(48)	302	Sarah Oxley	Runner	01:18:33.49	Radcliffe Athletics Club
107	0	257	Christine Platt	Runner	01:19:42.48	Blackburn RR
108	0	77	Mary Conway	Runner	01:20:50.78	Red Rose Road Runners
109	0	338	Jo Roberts	Runner	01:20:54.72	Red Rose Road Runners
110	0	371	Karen Smith	Runner	01:20:55.06	Red Rose Road Runners
111	0	68	Karen Clark	Runner	01:21:21.52	Red Rose Road Runners
112	49	326	Nicola Quinn	Runner	01:21:36.22	Darwen Dashers RC
113	0	392	Rebecca Styles	Runner	01:22:08.97	Stockport tri club
114	0	360	Michelle Sheridan	Runner	01:22:21.96	Lytham St.Annes Road Runners
115	0	5081	Helen McVey	Runner	01:22:29.25	Ramsbottom RC
116	(50)	276	Sirka Moore	Runner	01:22:48.25	Lonely Goat Running Club
117	0	2	Kiera Abel	Runner	01:23:21.76	Vegan Runners UK
118	0	170	Sharon Harrison	Runner	01:24:12.95	Kirkby Milers
119	0	317	Lisa Platt	Runner	01:24:14.20	Kirkby Milers
120	87	12	Lesley Allger	Runner	01:25:58.23	Ribby Hall Tri Club
121	0	346	Diane Rogers	Runner	01:26:34.48	Mossley Hill Athletic Club
122	0	391	Kirsty Street	Runner	01:27:28.46	Running 4CF
123	51	439	Alison Wolstenholme	Runner	01:27:32.48	Accrington RR
124	0	172	Lauren Hatton	Runner	01:28:54.19	Red Rose Road Runners
125	0	26	Susan Beardsworth	Runner	01:29:24.15	Red Rose Road Runners
126	(52)	418	Pat Waters	Runner	01:30:08.19	Fylde Coast Runners
127	0	267	Cheryl Mclean	Runner	01:30:08.70	Fylde Coast Runners
128	(53)	334	Catherine Richardson	Runner	01:32:02.43	Accrington RR