

Longridge 7 Mile Christmas Pudding Run

Team Overall Results

<u>Place</u>	<u>Name</u>	<u>Average Time</u>	<u>Score</u>
1	Accrington RR	00:45:21.39	13
2	Wesham Road Runners	00:47:11.57	24
3	Red Rose Road Runners	00:47:56.81	29
4	Blackburn RR	00:48:24.12	31
5	Preston Harriers	00:49:46.46	50
6	Riversway Road Runners	00:51:14.84	56
7	Blackpool Wyre & Fylde AC	00:51:52.76	61
8	Trawden Ac	00:54:39.81	86
9	Fylde Coast Runners	00:55:16.90	89
10	Lonely Goat Running Club	00:57:44.93	97
11	Darwen Dashers RC	01:04:05.24	129

non-Scoring Teams

<u>Name</u>	<u>Average Time</u>	<u>Finishers</u>
Blackburn Harriers	00:47:20.93	2
Chorley AC & Tri	00:52:14.76	2
Clayton Le Moors Harriers	00:51:14.64	2
Liverpool Running Bugs	00:56:10.32	2
Central Lancs Running & Triathlon Club	00:55:17.20	2
Lancaster Runners	01:00:29.04	2
Vegan Runners UK	00:43:18.57	1
Rossendale Harriers	00:45:01.35	1
Northern Masters Athletic Club	00:46:48.08	1
3324237	00:46:50.54	1
Wesham road runners	00:48:32.26	1
Lancashire Constabulary AC	00:50:19.51	1
Garstang Running Club	00:52:04.73	1
St Helens Striders	00:52:10.29	1
Holcombe Harriers	00:53:48.46	1
Ramsbottom RC	00:55:50.25	1
Rossendaleharriers	00:55:53.46	1
Lytham St.Annes Road Runners	01:00:06.91	1
Cybelé	01:00:32.90	1
Liverpool Pembroke Sefton H & Ac	01:00:37.16	1
Victoria Park and Tower Hamlets AC	01:00:44.90	1
Trawden AC	01:01:04.66	1
Looe Pioneers	01:01:08.64	1
Skelmersdale Boundary Harriers	01:01:40.64	1
Halifax Harriers	01:01:50.39	1
Lostock AC	01:02:18.69	1
Thornton Cleveleys Running Club	01:02:36.90	1
Triengland	01:04:10.42	1
Triathlon England	01:04:37.93	1
North Bolton Runners	01:06:24.65	1
liverpool running bugs	01:07:11.35	1
Ramsbottom Running Club	01:07:52.88	1
Lions Running Community	01:09:32.87	1
Holmfirth Harriers	01:11:01.32	1
Penny Lane Striders	01:23:17.47	1
Ribby Hall Tri Club	01:25:58.73	1
Mossley Hill Athletic Club	01:26:34.17	1

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Team Results

Place	Team Name	Average Time	# of Finishers	Team Score		
1	Accrington RR	00:45:21.39	3	13		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	3	150	Glen Goodwin	00:43:52.05	2
	2	9	460	Chris Walton	00:45:26.34	5
	3	11	457	Stephen Burton	00:46:45.79	6
2	Wesham Road Runners	00:47:11.57	12	24		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	6	394	David Taylor	00:44:42.60	3
	2	15	24	Garry Barnett	00:47:35.29	8
	3	23	157	Neil Gregson	00:49:16.81	13
	4	24	160	Christopher Haines	00:50:00.51	(14)
	5	43	70	Stuart Clayton	00:54:10.22	(26)
3	Red Rose Road Runners	00:47:56.81	14	29		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	8	250	Philip Marsden	00:45:11.54	4
	2	14	307	David Parkinson	00:47:31.33	7
	3	30	296	Michael Oddie	00:51:07.56	18
	4	32	51	David Brunton	00:51:51.29	(20)
	5	33	451	Stuart Cann	00:52:01.73	(21)
4	Blackburn RR	00:48:24.12	13	31		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	16	98	Alex Curran	00:48:00.57	9
	2	17	458	Matt Simpson	00:48:17.53	10
	3	21	119	Jason Rippingdale	00:48:54.26	12
	4	47	86	Mike Counsell-Thomas	00:55:15.26	(30)
	5	56	245	Sid Makinson	00:57:01.70	(36)
5	Preston Harriers	00:49:46.46	5	50		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	1	180	Oliver Heaton	00:42:20.62	1
	2	36	5086	Dougie Potter	00:52:44.78	22
	3	44	5	Andrew Acklam	00:54:13.97	27
	4	48	263	Craig McDougall	00:55:32.96	(31)
	5	52	16	Willie Johnson	00:55:54.75	(33)
6	Riversway Road Runners	00:51:14.84	7	56		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	26	321	Marc Potter	00:50:03.00	16
	2	29	228	Sam Lawrence	00:50:50.80	17
	3	38	295	Simon O'Leary	00:52:50.72	23
	4	59	440	Peter Wright	00:57:57.23	(38)
	5	67	421	Bill Watts	01:00:00.96	(41)
7	Blackpool Wyre & Fylde AC	00:51:52.76	3	61		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	19	55	Ethan McEvoy	00:48:34.32	11
	2	25	453	Christopher Wylie	00:50:02.50	15
	3	55	38	Anthony Blight	00:57:01.45	35
8	Trawden Ac	00:54:39.81	4	86		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	40	194	Adam Howard	00:53:41.77	25

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2	46	442	Michael Wrigley	00:54:37.46	29
3	49	195	David Howard	00:55:40.20	32
4	78	374	Colin Smith	01:01:32.65	(42)

9 Fylde Coast Runners **00:55:16.90** **8** **89**

<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	39	1	Stuart Abel	00:53:25.73	24
2	45	419	Colin Waters	00:54:32.51	28
3	58	324	Mark Proctor	00:57:52.48	37
4	66	268	Pete Mclean	00:59:58.91	(40)
5	97	327	Phillip Ramsay	01:06:08.10	(45)

10 Lonely Goat Running Club **00:57:44.93** **4** **97**

<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	31	213	Matthew Johnston	00:51:24.99	19
2	53	354	Christopher Savage	00:56:57.45	34
3	95	312	Darren Percival	01:04:52.37	44
4	101	446	Phillip Young	01:07:01.85	(46)

11 Darwen Dashers RC **01:04:05.24** **3** **129**

<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
1	63	358	Philip Seddon	00:59:23.67	39
2	87	11	David Allen	01:03:17.88	43
3	108	395	Mark Taylor	01:09:34.18	47

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Individual Overall Results

<u>Overall</u>	<u>Score</u>	<u>Bib#</u>	<u>Name</u>	<u>Type</u>	<u>Time</u>	<u>Team</u>
1	1	180	Oliver Heaton	Runner	00:42:20.62	Preston Harriers
2	0	308	Marco Parolin	Runner	00:43:18.57	Vegan Runners UK
3	2	150	Glen Goodwin	Runner	00:43:52.05	Accrington RR
4	0	190	John Horrocks	Runner	00:44:25.61	Blackburn Harriers
5	0	125	Dan Edwards	Runner	00:44:37.55	Chorley AC & Tri
6	3	394	David Taylor	Runner	00:44:42.60	Wesham Road Runners
7	0	241	Alan Lundberg-Bury	Runner	00:45:01.35	Rossendale Harriers
8	4	250	Philip Marsden	Runner	00:45:11.54	Red Rose Road Runners
9	5	460	Chris Walton	Runner	00:45:26.34	Accrington RR
10	6	100	Kevin Davies	Runner	00:45:29.34	Clayton Le Moors Harriers
11	6	457	Stephen Burton	Runner	00:46:45.79	Accrington RR
12	0	127	Miras Eskander	Runner	00:46:48.08	Northern Masters Athletic Club
13	0	158	Dan Grundy	Runner	00:46:50.54	3324237
14	7	307	David Parkinson	Runner	00:47:31.33	Red Rose Road Runners
15	8	24	Garry Barnett	Runner	00:47:35.29	Wesham Road Runners
16	9	98	Alex Curran	Runner	00:48:00.57	Blackburn RR
17	10	458	Matt Simpson	Runner	00:48:17.53	Blackburn RR
18	0	169	Neil Harrison	Runner	00:48:32.26	Wesham road runners
19	11	55	Ethan McEvoy	Runner	00:48:34.32	Blackpool Wyre & Fylde AC
20	0	232	Christopher Lee	Runner	00:48:46.26	Liverpool Running Bugs
21	12	119	Jason Rippingdale	Runner	00:48:54.26	Blackburn RR
22	0	340	Stuart Roberts	Runner	00:49:06.25	Central Lancs Running & Triathlon Club
23	13	157	Neil Gregson	Runner	00:49:16.81	Wesham Road Runners
24	(14)	160	Christopher Haines	Runner	00:50:00.51	Wesham Road Runners
25	15	453	Christopher Wylie	Runner	00:50:02.50	Blackpool Wyre & Fylde AC
26	16	321	Marc Potter	Runner	00:50:03.00	Riversway Road Runners
27	0	430	Daniel Mark Whittaker	Runner	00:50:16.25	Blackburn Harriers
28	0	20	Simon Banfield	Runner	00:50:19.51	Lancashire Constabulary AC
29	17	228	Sam Lawrence	Runner	00:50:50.80	Riversway Road Runners
30	18	296	Michael Oddie	Runner	00:51:07.56	Red Rose Road Runners
31	19	213	Matthew Johnston	Runner	00:51:24.99	Lonely Goat Running Club
32	(20)	51	David Brunton	Runner	00:51:51.29	Red Rose Road Runners
33	(21)	451	Stuart Cann	Runner	00:52:01.73	Red Rose Road Runners
34	0	23	Nigel Barnes	Runner	00:52:04.73	Garstang Running Club
35	0	328	Eric Ranson	Runner	00:52:10.29	St Helens Striders
36	22	5086	Dougie Potter	Runner	00:52:44.78	Preston Harriers
37	0	304	David Park	Runner	00:52:46.98	Red Rose Road Runners
38	23	295	Simon O'Leary	Runner	00:52:50.72	Riversway Road Runners
39	24	1	Stuart Abel	Runner	00:53:25.73	Fylde Coast Runners
40	25	194	Adam Howard	Runner	00:53:41.77	Trawden Ac
41	0	260	Phil McCardle	Runner	00:53:48.46	Holcombe Harriers
42	30	353	David Sargent	Runner	00:53:58.96	Lancaster Runners
43	(26)	70	Stuart Clayton	Runner	00:54:10.22	Wesham Road Runners
44	27	5	Andrew Acklam	Runner	00:54:13.97	Preston Harriers
45	28	419	Colin Waters	Runner	00:54:32.51	Fylde Coast Runners
46	29	442	Michael Wrigley	Runner	00:54:37.46	Trawden Ac
47	(30)	86	Mike Counsell-Thomas	Runner	00:55:15.26	Blackburn RR
48	(31)	263	Craig McDougall	Runner	00:55:32.96	Preston Harriers
49	32	195	David Howard	Runner	00:55:40.20	Trawden Ac
50	0	5083	Steve Wilson	Runner	00:55:50.25	Ramsbottom RC
51	0	269	Steven Melling	Runner	00:55:53.46	Rossendaleharriers

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52	(33)	16	Willie Johnson	Runner	00:55:54.75	Preston Harriers
53	34	354	Christopher Savage	Runner	00:56:57.45	Lonely Goat Running Club
54	46	44	Martin Brady	Runner	00:56:59.93	Clayton Le Moors Harriers
55	35	38	Anthony Blight	Runner	00:57:01.45	Blackpool Wyre & Fylde AC
56	(36)	245	Sid Makinson	Runner	00:57:01.70	Blackburn RR
57	0	25	David Bayliss	Runner	00:57:34.19	Red Rose Road Runners
58	37	324	Mark Proctor	Runner	00:57:52.48	Fylde Coast Runners
59	(38)	440	Peter Wright	Runner	00:57:57.23	Riversway Road Runners
60	0	291	Stuart Nicol	Runner	00:58:07.97	Red Rose Road Runners
61	0	459	Ian Garrod	Runner	00:58:48.47	Wesham Road Runners
62	0	437	John Wiseman	Runner	00:59:19.91	Red Rose Road Runners
63	39	358	Philip Seddon	Runner	00:59:23.67	Darwen Dashers RC
64	0	50	Stephen Browne	Runner	00:59:24.47	Wesham Road Runners
65	0	187	Richard Holding	Runner	00:59:51.97	Chorley AC & Tri
66	(40)	268	Pete Mclean	Runner	00:59:58.91	Fylde Coast Runners
67	(41)	421	Bill Watts	Runner	01:00:00.96	Riversway Road Runners
68	(54)	284	Kev Murray	Runner	01:00:06.91	Lytham St.Annes Road Runners
69	0	435	Steve Wilson	Runner	01:00:32.90	Cybelé
70	0	37	Mark Bleasdale	Runner	01:00:37.16	Liverpool Pembroke Sefton H & Ac
71	0	129	Johnny Eveson	Runner	01:00:44.90	Victoria Park and Tower Hamlets AC
72	0	417	Mark Wardley	Runner	01:00:46.72	Red Rose Road Runners
73	0	262	John McDonald	Runner	01:01:04.66	Trawden AC
74	0	165	Darren Hardwick	Runner	01:01:08.64	Looe Pioneers
75	0	290	Ian Nichols Hogg	Runner	01:01:11.91	Wesham Road Runners
76	0	5054	James Danson	Runner	01:01:19.20	Wesham Road Runners
77	0	448	Mick Brennand	Runner	01:01:28.15	Central Lancs Running & Triathlon Club
78	(42)	374	Colin Smith	Runner	01:01:32.65	Trawden Ac
79	0	93	Mike Creamer	Runner	01:01:40.64	Skelmersdale Boundary Harriers
80	0	136	Peter Flowers	Runner	01:01:42.69	Riversway Road Runners
81	0	277	John Moore	Runner	01:01:50.39	Halifax Harriers
82	0	255	Anthony Maxwell	Runner	01:02:18.69	Lostock AC
83	0	94	John Crellin	Runner	01:02:19.15	Blackburn RR
84	0	348	Peter Rooney	Runner	01:02:35.90	Wesham Road Runners
85	58	344	Steven Robinson	Runner	01:02:36.90	Thornton Cleveleys Running Club
86	0	48	Alan Brown	Runner	01:03:00.43	Riversway Road Runners
87	43	11	David Allen	Runner	01:03:17.88	Darwen Dashers RC
88	0	294	Peter O'Grady	Runner	01:03:22.65	Red Rose Road Runners
89	0	396	Craig Tessayman	Runner	01:03:34.38	Liverpool Running Bugs
90	0	216	Richard Slater	Runner	01:03:40.64	Blackburn RR
91	0	365	Steve Singleton	Runner	01:04:10.42	Triengland
92	0	97	Pete Crossley	Runner	01:04:37.93	Triathlon England
93	0	73	John Clucas	Runner	01:04:42.67	Blackburn RR
94	0	27	Alex Beaumont	Runner	01:04:49.63	Wesham Road Runners
95	44	312	Darren Percival	Runner	01:04:52.37	Lonely Goat Running Club
96	0	401	Stuart Topping	Runner	01:05:03.87	Wesham Road Runners
97	(45)	327	Phillip Ramsay	Runner	01:06:08.10	Fylde Coast Runners
98	0	356	Stephen Scholefield	Runner	01:06:24.65	North Bolton Runners
99	0	84	Peter Costello	Runner	01:06:41.11	Blackburn RR
100	70	99	Mark Davey	Runner	01:06:59.12	Lancaster Runners
101	(46)	446	Phillip Young	Runner	01:07:01.85	Lonely Goat Running Club
102	0	171	Tony Hart	Runner	01:07:11.35	liverpool running bugs
103	0	449	Michael Wignall	Runner	01:07:15.59	Blackburn RR
104	0	407	Stuart Wadsworth	Runner	01:07:39.59	Blackburn RR
105	71	292	Andrew Norman	Runner	01:07:52.88	Ramsbottom Running Club

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106	0	275	Bernie Mitchell	Runner	01:09:32.33	Red Rose Road Runners
107	0	378	Jason Spear	Runner	01:09:32.87	Lions Running Community
108	47	395	Mark Taylor	Runner	01:09:34.18	Darwen Dashers RC
109	0	161	Michael Hall	Runner	01:11:01.32	Holmfirth Harriers
110	0	139	Dan Foster	Runner	01:11:08.87	Fylde Coast Runners
111	0	28	George Bell	Runner	01:12:00.56	Blackburn RR
112	0	272	Ian Miller	Runner	01:15:14.10	Red Rose Road Runners
113	0	386	Graham Stevenson	Runner	01:18:26.80	Fylde Coast Runners
114	0	372	Bill Smith	Runner	01:19:46.04	Fylde Coast Runners
115	0	149	Ian Goodliffe	Runner	01:23:04.21	Blackburn RR
116	(86)	301	David Owens	Runner	01:23:17.47	Penny Lane Striders
117	0	67	Chris Clark	Runner	01:23:54.75	Red Rose Road Runners
118	88	135	Adam Fielder	Runner	01:25:58.73	Ribby Hall Tri Club
119	0	347	Martin Rogers	Runner	01:26:34.17	Mossley Hill Athletic Club