



Longridge 7 Mile Christmas Pudding Run

08/12/2019 11:00:00

Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
1	OLIVER HEATON	Preston Harriers	180	00:42:20.62	00:42:18.76	M	35
2	MARCO PAROLIN	Vegan Runners UK	308	00:43:18.57	00:43:16.18	M	28
3	GLEN GOODWIN	Accrington RR	150	00:43:52.05	00:43:48.94	M	54
4	JOHN HORROCKS	Blackburn Harriers	190	00:44:25.61	00:44:23.50	M	29
5	DAN EDWARDS	Chorley AC & Tri	125	00:44:37.55	00:44:35.19	M	43
6	DAVID TAYLOR	Wesham Road Runners	394	00:44:42.60	00:44:40.96	M	33
7	ALAN LUNDBERG-BURY	Rosendale Harriers	241	00:45:01.35	00:44:57.99	M	56
8	PHILIP MARSDEN	Red Rose Road Runners	250	00:45:11.54	00:45:08.68	M	47
9	CHRIS WALTON	Accrington RR	460	00:45:26.34	00:45:23.44	M	34
10	KEVIN DAVIES	Clayton Le Moors Harriers	100	00:45:29.34	00:45:25.48	M	58
11	DARREN HORROCKS		189	00:45:34.59	00:45:30.23	M	34
12	MICHAEL OSINSKI-GRAY		299	00:45:37.10	00:45:34.94	M	37
13	STEPHEN BURTON	Accrington RR	457	00:46:45.79	00:46:42.18	M	40
14	MIRAS ESKANDER	Northern Masters Athletic Club	127	00:46:48.08	00:46:45.47	M	40
15	DAN GRUNDY	3324237	158	00:46:50.54	00:46:45.71	M	44
16	PAUL EDWARDS		123	00:47:27.58	00:47:25.72	M	33
17	DAVID PARKINSON	Red Rose Road Runners	307	00:47:31.33	00:47:28.44	M	53
18	GARRY BARNETT	Wesham Road Runners	24	00:47:35.29	00:47:33.68	M	53
19	ALEX CURRAN	Blackburn RR	98	00:48:00.57	00:47:56.21	M	27
20	MATT SIMPSON	Blackburn RR	458	00:48:17.53	00:48:12.92	M	39
21	NEIL HARRISON	Wesham road runners	169	00:48:32.26	00:48:30.37	M	37
22	ETHAN MCEVOY	Blackpool Wyre & Fylde AC	55	00:48:34.32	00:48:32.96	M	17
23	CHRISTOPHER LEE	Liverpool Running Bugs	232	00:48:46.26	00:48:43.12	M	51
24	JASON RIPPINGDALE	Blackburn RR	119	00:48:54.26	00:48:50.65	M	44
25	JOSEPH LIVESEY		236	00:48:56.06	00:48:51.45	M	25
26	STUART ROBERTS	Central Lancs Running & Triathlon Club	340	00:49:06.25	00:49:02.61	M	45
27	ROLAND WHITEAR		428	00:49:10.76	00:49:05.87	M	35
28	NEIL GREGSON	Wesham Road Runners	157	00:49:16.81	00:49:11.67	M	35
29	TIM MOSS		281	00:49:53.30	00:48:59.91	M	37
30	CHRISTOPHER HAINES	Wesham Road Runners	160	00:50:00.51	00:49:52.90	M	35
31	CHRISTOPHER WYLIE	Blackpool Wyre & Fylde AC	453	00:50:02.50	00:49:59.89	M	28
32	MARC POTTER	Riversway Road Runners	321	00:50:03.00	00:49:48.36	M	43
33	ANDREW BESWICK		31	00:50:14.81	00:50:05.98	M	50
34	DANIEL MARK WHITTAKER	Blackburn Harriers	430	00:50:16.25	00:50:13.10	M	44
35	SIMON BANFIELD	Lancashire Constabulary AC	20	00:50:19.51	00:50:15.40	M	47
36	TONY NICHOLLS		289	00:50:35.25	00:50:31.89	M	60
37	JOSHUA HOWLETT		199	00:50:46.04	00:50:35.44	M	17
38	SARAH RIDEHALGH	Accrington RR	454	00:50:47.24	00:50:43.38	F	44
39	SAM LAWRENCE	Riversway Road Runners	228	00:50:50.80	00:50:36.40	M	38
40	MICHAEL MURRAY		286	00:51:00.30	00:50:57.19	M	57
41	MELANIE KOTH	Lytham St.Annes Road Runners	222	00:51:06.25	00:51:02.35	F	46
42	MICHAEL ODDIE	Red Rose Road Runners	296	00:51:07.56	00:51:02.16	M	46
43	MATTHEW JOHNSTON	Lonely Goat Running Club	213	00:51:24.99	00:51:11.64	M	39
44	DAVID BRUNTON	Red Rose Road Runners	51	00:51:51.29	00:51:43.68	M	50
45	STUART CANN	Red Rose Road Runners	451	00:52:01.73	00:51:58.09	M	55
46	NIGEL BARNES	Garstang Running Club	23	00:52:04.73	00:51:57.34	M	56
47	ERIC RANSON	St Helens Striders	328	00:52:10.29	00:51:56.18	M	49
48	ADAM HEATON		179	00:52:15.78	00:52:11.42	M	37
49	RICK HILL		185	00:52:17.48	00:52:12.62	M	38
50	SUE COULTHURST		85	00:52:39.28	00:52:31.46	F	52
51	DOUGIE POTTER	Preston Harriers	5086	00:52:44.78	00:52:40.89	M	36
52	DAVID PARK	Red Rose Road Runners	304	00:52:46.98	00:52:41.59	M	33



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
53	SIMON O'LEARY	Riversway Road Runners	295	00:52:50.72	00:52:34.87	M	43
54	CATHERINE DERBYSHIRE	Accrington RR	103	00:53:01.72	00:52:49.36	F	44
55	FRASER SNAPE		376	00:53:04.97	00:52:57.86	M	52
56	MATT PRENTICE		322	00:53:05.72	00:52:54.82	M	48
57	STUART ABEL	Fylde Coast Runners	1	00:53:25.73	00:53:18.37	M	41
58	ADAM HOWARD	Trawden Ac	194	00:53:41.77	00:53:31.12	M	37
59	PHIL MCCARDLE	Holcombe Harriers	260	00:53:48.46	00:53:42.60	M	43
60	SIMON LAWSON		230	00:53:51.71	00:53:06.36	M	42
61	LORNE BARNARD		22	00:53:52.03	00:53:43.39	M	31
62	PETE COX		91	00:53:53.71	00:53:47.85	M	28
63	MARCELLO GARBAGNOLI		140	00:53:58.21	00:53:33.35	M	45
64	DAVID SARGENT	Lancaster Runners	353	00:53:58.96	00:53:37.86	M	35
65	EMMA LOUISE WEALL	Wigan Phoenix	422	00:54:05.47	00:54:01.33	F	39
66	STUART CLAYTON	Wesham Road Runners	70	00:54:10.22	00:54:02.61	M	51
67	ANDREW ACKLAM	Preston Harriers	5	00:54:13.97	00:54:08.58	M	50
68	JILL JEFFERSON	Red Rose Road Runners	209	00:54:14.72	00:54:08.56	F	61
69	HELEN LAWRENSON	Wesham Road Runners	229	00:54:28.22	00:54:20.11	F	50
70	MICHAEL CHALFONT		60	00:54:28.97	00:54:22.11	M	49
71	COLIN WATERS	Fylde Coast Runners	419	00:54:32.51	00:53:54.62	M	55
72	MICHAEL WRIGLEY	Trawden Ac	442	00:54:37.46	00:54:27.56	M	45
73	IAN THOMPSON		398	00:54:44.21	00:54:38.35	M	53
74	ROB KEMPSTER		218	00:54:48.71	00:54:15.37	M	25
75	MIKE COUNSELL-THOMAS	Blackburn RR	86	00:55:15.26	00:55:11.12	M	46
76	LAURA CONN	Preston Harriers	76	00:55:26.95	00:55:06.60	F	31
77	CRAIG MCDUGALL	Preston Harriers	263	00:55:32.96	00:55:29.32	M	31
78	DAVID HOWARD	Trawden Ac	195	00:55:40.20	00:55:29.60	M	63
79	STEVE WILSON	Ramsbottom RC	5083	00:55:50.25	00:55:44.89	M	60
80	STEVEN MELLING	Rosendaleharriers	269	00:55:53.46	00:55:44.56	M	63
81	WILLIE JOHNSON	Preston Harriers	16	00:55:54.75	00:55:45.60	M	58
82	TIM GRAYSTON		5080	00:55:56.52	00:55:25.61	M	43
83	KATIE GRAYSTON		153	00:55:57.94	00:55:25.81	F	39
84	LAURA LANGTREE		226	00:56:00.45	00:55:28.85	F	21
85	ABIGAIL BRADSHAW		42	00:56:06.95	00:55:26.09	F	27
86	CHRIS BYRNE		456	00:56:07.70	00:56:01.31	M	34
87	BRETT JOHNSON		212	00:56:14.00	00:56:07.11	M	44
88	JENNY CLARK	Thornton Cleveleys Running Club	66	00:56:41.00	00:56:30.39	F	41
89	JANICE DAVIES	Clayton Le Moors Harriers	101	00:56:49.74	00:56:43.13	F	48
90	CHRIS LEIGH		233	00:56:56.73	00:56:43.09	M	40
91	CHRISTOPHER SAVAGE	Lonely Goat Running Club	354	00:56:57.45	00:56:42.85	M	44
92	BARRY RIMMER		335	00:56:58.94	00:56:44.80	M	58
93	MARTIN BRADY	Clayton Le Moors Harriers	44	00:56:59.93	00:56:54.32	M	57
94	ANTHONY BLIGHT	Blackpool Wyre & Fylde AC	38	00:57:01.45	00:56:35.05	M	48
95	SID MAKINSON	Blackburn RR	245	00:57:01.70	00:56:51.87	M	45
96	NATALIE SAVAGE	Lonely Goat Running Club	355	00:57:03.24	00:56:49.12	F	41
97	STUART SQUIRES		379	00:57:03.95	00:56:39.60	M	41
98	THEA WILSON		436	00:57:04.48	00:56:40.13	F	42
99	NICOLA UNSWORTH	Blackpool Wyre & Fylde AC	404	00:57:14.18	00:56:48.28	F	49
100	TOM MCATEER		258	00:57:18.44	00:56:19.83	M	56
101	DAVID BAYLISS	Red Rose Road Runners	25	00:57:34.19	00:57:15.84	M	41
102	HELEN READ	Lancashire Tridents Triathlon Club	333	00:57:37.19	00:57:29.33	F	45
103	MARK PROCTOR	Fylde Coast Runners	324	00:57:52.48	00:57:42.88	M	50
104	PETER WRIGHT	Riversway Road Runners	440	00:57:57.23	00:57:39.87	M	41
105	JONATHAN HOLDEN		186	00:58:03.43	00:57:54.61	M	39



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106	STUART NICOL	Red Rose Road Runners	291	00:58:07.97	00:57:34.58	M	45
107	SUSAN PLANT	Run Sandymoor	314	00:58:10.93	00:57:52.57	F	53
108	PAUL HOWLETT		198	00:58:20.43	00:58:09.58	M	52
109	WILL SINGLETON		364	00:58:32.74	00:58:20.84	M	32
110	MARK IDDON		204	00:58:33.47	00:58:09.32	M	47
111	PAUL BLAKE		35	00:58:43.43	00:58:33.07	M	58
112	IAN GARROD	Wesham Road Runners	459	00:58:48.47	00:58:24.82	M	49
113	HANNAH STIRRUP	Leeds University	389	00:59:01.17	00:58:31.53	F	23
114	PAUL STIRRUP		5050	00:59:01.23	00:58:31.59	M	53
115	JEANETTE WHITHAM		429	00:59:02.67	00:58:53.82	F	45
116	MADDY MARKHAM	Lytham St.Annes Road Runners	249	00:59:08.41	00:58:47.26	F	16
117	JOHN WISEMAN	Red Rose Road Runners	437	00:59:19.91	00:58:45.27	M	55
118	MARK DILWORTH		108	00:59:21.21	00:58:56.11	M	38
119	PHILIP SEDDON	Darwen Dashers RC	358	00:59:23.67	00:59:01.08	M	61
120	STEPHEN BROWNE	Wesham Road Runners	50	00:59:24.47	00:58:57.82	M	54
121	CHRIS HOWARTH		5087	00:59:38.96	00:59:29.11	M	23
122	CLAIRE MARKHAM	Lytham St.Annes Road Runners	248	00:59:43.74	00:59:23.60	F	46
123	RICHARD HOLDING	Chorley AC & Tri	187	00:59:51.97	00:59:24.82	M	39
124	PETE MCLEAN	Fylde Coast Runners	268	00:59:58.91	00:59:21.02	M	53
125	BILL WATTS	Riversway Road Runners	421	01:00:00.96	00:59:40.61	M	56
126	KEV MURRAY	Lytham St.Annes Road Runners	284	01:00:06.91	00:59:54.76	M	46
127	KAREN MUNNELLY	Riversway road Runners	283	01:00:12.71	00:59:58.82	F	53
128	SHARON COOPER	Wesham Road Runners	81	01:00:13.42	01:00:01.80	F	46
129	PAUL GARDNER		141	01:00:17.45	01:00:05.05	M	54
130	STEVE WILSON	Cybelé	435	01:00:32.90	00:59:46.78	M	46
131	JANETTE ORMEROD		297	01:00:33.41	01:00:21.31	F	50
132	MARK BLEASDALE	Liverpool Pembroke Sefton H & Ac	37	01:00:37.16	01:00:14.30	M	59
133	JOHN WAIN		408	01:00:40.21	01:00:20.36	M	52
134	JOHNNY EVESON	Victoria Park and Tower Hamlets AC	129	01:00:44.90	01:00:19.29	M	41
135	MARK WARDLEY	Red Rose Road Runners	417	01:00:46.72	01:00:08.37	M	49
136	SAMANTHA SLATER	Lonely Goat Running Club	368	01:00:54.71	01:00:46.82	F	45
137	HANNAH ACKERLEY	The Stragglers	3	01:01:03.90	01:00:46.77	F	28
138	JOHN MCDONALD	Trawden AC	262	01:01:04.66	01:00:53.04	M	56
139	DARREN HARDWICK	Looe Pioneers	165	01:01:08.64	01:00:56.54	M	52
140	JOHN MCCULLAGH		261	01:01:08.96	01:00:41.60	M	55
141	IAN NICHOLS HOGG	Wesham Road Runners	290	01:01:11.91	01:01:04.30	M	28
142	JAMES DANSON	Wesham Road Runners	5054	01:01:19.20	01:01:10.35	M	55
143	CRAIG FARMER		130	01:01:26.14	01:01:10.75	M	30
144	MICK BRENNAND	Central Lancs Running & Triathlon Club	448	01:01:28.15	01:01:19.51	M	53
145	COLIN SMITH	Trawden Ac	374	01:01:32.65	01:01:22.29	M	62
146	DEREK HARRISON		168	01:01:35.14	01:01:13.00	M	57
147	RACHEL NORMAN	Lonely Goat RC	49	01:01:39.90	01:00:45.79	F	43
148	MIKE CREAMER	Skelmersdale Boundary Harriers	93	01:01:40.64	01:00:49.79	M	64
149	SARAH HEPWORTH		182	01:01:41.45	01:01:29.83	F	46
150	PETER FLOWERS	Riversway Road Runners	136	01:01:42.69	01:01:22.34	M	49
151	AMBER MANOIU		246	01:01:44.40	01:01:02.51	F	29
152	DEBBIE BLAND	Airecentre Pacers	36	01:01:46.90	01:01:40.29	F	66
153	JOHN MOORE	Halifax Harriers	277	01:01:50.39	01:01:23.49	M	49
154	LISA SCHOLES	Fylde Coast Runners	357	01:01:51.94	01:01:39.59	F	42
155	GARY HANKIN		164	01:01:54.69	01:01:34.84	M	48
156	NEIL ROBINSON		342	01:01:55.45	01:01:35.59	M	44
157	JULIAN EGAN		126	01:01:58.19	01:01:25.04	M	53



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
158	SHARON PENDLETON	Dockside Runners	311	01:02:00.40	01:01:11.79	F	25
159	ELIZABETH WATTON	Blackburn RR	420	01:02:05.95	01:01:50.34	F	34
160	TRUDI JENKINSON	Blackburn RR	211	01:02:06.15	01:01:50.04	F	54
161	ALLAN MILLER		273	01:02:10.14	01:02:00.54	M	62
162	NEIL MARSH		251	01:02:13.15	01:01:13.27	M	50
163	ANTHONY MAXWELL	Lostock AC	255	01:02:18.69	01:02:02.55	M	61
164	JOHN CRELLIN	Blackburn RR	94	01:02:19.15	01:02:04.33	M	37
165	GREG HOLLAND		188	01:02:25.15	01:01:47.05	M	33
166	VICKY VAN DEN BIGGELAAR	Women on the Run	405	01:02:25.45	01:02:07.09	F	46
167	ROY GLENDINNING		147	01:02:28.45	01:02:16.30	M	51
168	LISA INGHAM	Blackburn RR	455	01:02:33.14	01:02:10.78	F	50
169	PETER ROONEY	Wesham Road Runners	348	01:02:35.90	01:02:26.55	M	61
170	TERRY BOWE		40	01:02:36.44	01:02:09.09	M	55
171	STEVEN ROBINSON	Thornton Cleveleys Running Club	344	01:02:36.90	01:01:51.05	M	64
172	KATIE MORRIS	Blackburn RR	280	01:02:40.39	01:02:19.54	F	31
173	CHRISTOPHER WARDROPE		5085	01:02:48.64	01:02:23.51	M	44
174	DANIELLE GLOVER		5084	01:02:48.69	01:02:24.09	F	36
175	ANNEKE CROSBY	Red Rose Road Runners	95	01:02:51.94	01:02:32.79	F	53
176	JOHN BRADSHAW		43	01:02:52.65	01:02:12.52	M	55
177	SISSEL LUNDBERG-BURY	Rosendale Harriers & Ac	242	01:02:57.64	01:02:48.79	F	53
178	ALAN BROWN	Riversway Road Runners	48	01:03:00.43	01:02:46.04	M	60
179	PAULA PLOWMAN	Red Rose Road Runners	318	01:03:02.64	01:02:44.00	F	56
180	SAM DOUGLAS		5077	01:03:03.69	01:02:47.87	F	42
181	DANIEL COWGILL		88	01:03:15.68	01:02:54.79	M	28
182	DAVID ALLEN	Darwen Dashers RC	11	01:03:17.88	01:02:48.76	M	69
183	KATIE MARSHALL	Women on the Run	252	01:03:22.38	01:03:01.78	F	38
184	PETER O'GRADY	Red Rose Road Runners	294	01:03:22.65	01:02:54.26	M	62
185	JONATHAN IRWIN		206	01:03:22.94	01:03:13.28	M	32
186	PAUL HOWLES		197	01:03:30.93	01:03:00.58	M	41
187	CRAIG TESSYMAN	Liverpool Running Bugs	396	01:03:34.38	01:03:20.27	M	37
188	RICHARD SLATER	Blackburn RR	216	01:03:40.64	01:03:22.78	M	0
189	GAIL BAMBER	Blackburn RR	19	01:03:41.88	01:03:23.77	F	47
190	ANDREA JENKINS	Red Rose Road Runners	210	01:03:55.93	01:03:32.77	F	43
191	STEVE SINGLETON	Triengland	365	01:04:10.42	01:03:34.31	M	47
192	JOSH COUPE		87	01:04:12.87	01:03:40.49	M	27
193	TOM SOUTHWORTH		377	01:04:19.12	01:03:55.71	M	65
194	ZOE WARBURTON		414	01:04:24.42	01:04:00.32	F	28
195	VICKY HEYS	Clayton Le Moors Harriers	184	01:04:36.41	01:04:15.52	F	49
196	ALISON PARKINSON	Red Rose Road Runners	306	01:04:37.11	01:04:06.01	F	53
197	PETE CROSSLEY	Triathlon England	97	01:04:37.93	01:04:12.32	M	51
198	ANGELA SHIAN	Clayton Harriers	362	01:04:39.11	01:04:18.01	F	42
199	RACHAEL PORTER	Attached	320	01:04:39.38	01:04:15.49	F	44
200	JOHN CLUCAS	Blackburn RR	73	01:04:42.67	01:04:24.85	M	57
201	ALEX BEAUMONT	Wesham Road Runners	27	01:04:49.63	01:04:41.22	M	42
202	DARREN PERCIVAL	Lonely Goat Running Club	312	01:04:52.37	01:04:32.76	M	39
203	TANYA SHAW	Wesham Road Runners	359	01:05:03.37	01:04:54.76	F	43
204	STUART TOPPING	Wesham Road Runners	401	01:05:03.87	01:04:55.51	M	48
205	SUSANNE GARTH	Lonely Goat Running Club	143	01:05:04.91	01:04:59.52	F	39
206	SYLVIA DICK		107	01:05:12.61	01:04:43.72	F	46
207	REBECCA STEAD	Lonely Goat Running Club	384	01:05:13.92	01:04:54.57	F	34
208	JENNIFER STANNERS		381	01:05:15.61	01:04:33.51	F	58
209	MARK COOPER		80	01:05:19.86	01:04:54.22	M	58
210	IAN EDWARDS		124	01:05:24.88	01:04:53.53	M	61



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211	JANET CAMPBELL	Ramsbottom Running Club	57	01:05:25.67	01:04:59.57	F	56
212	NICK BURNS		53	01:05:47.16	01:05:06.76	M	55
213	ISABEL BINNS		33	01:05:54.15	01:05:40.33	F	28
214	JULIA RUSHTON	Clayton Le Moors Harriers	350	01:05:55.61	01:05:35.71	F	56
215	JOHN MCLAUGHLIN		266	01:05:55.92	01:05:49.52	M	44
216	CAROLE LYON	Skelmersdale Boundary Harriers	243	01:05:56.37	01:05:08.22	F	57
217	BASIA PAWELCZAK	Blackpool Wyre & Fylde AC	310	01:05:57.66	01:05:29.56	F	27
218	ALICE GREEN	Penny Lane Striders	155	01:05:57.92	01:05:29.81	F	44
219	JUDY DYER	Penny Lane Striders	117	01:05:58.12	01:05:30.25	F	53
220	SUPANKI KAMALANATHAN	Penny Lane Striders	217	01:05:58.12	01:05:29.76	F	31
221	PHILLIP RAMSAY	Fylde Coast Runners	327	01:06:08.10	01:05:37.25	M	39
222	KERRY SWINBURNE		393	01:06:08.36	01:05:29.97	F	25
223	RALPH PLATT		316	01:06:09.15	01:05:18.30	M	53
224	SARAH INGRAM	Bentham Beagles RC	205	01:06:11.11	01:05:33.50	F	45
225	ZOE ALLDER		10	01:06:12.66	01:05:38.27	F	46
226	JOHN FARRELL		133	01:06:12.84	01:05:26.70	M	48
227	MAUREEN DANSON	Wesham Road Runners	5053	01:06:21.90	01:06:13.79	F	53
228	PAUL MATLEY		253	01:06:22.36	01:05:30.26	M	55
229	STEPHEN SCHOLEFIELD	North Bolton Runners	356	01:06:24.65	01:06:01.24	M	49
230	IAN STATTER		383	01:06:29.15	01:05:53.05	M	47
231	EMILY STAPLETON	Lancaster & Morecambe Ac	382	01:06:29.36	01:05:44.72	F	47
232	BRENDAN WHITWORTH		431	01:06:31.61	01:06:07.21	M	50
233	JOYCE TETLOW		397	01:06:37.90	01:06:17.25	F	50
234	PETER COSTELLO	Blackburn RR	84	01:06:41.11	01:06:26.25	M	61
235	CAROLINE HOWLES		196	01:06:44.15	01:06:14.05	F	42
236	HELEN GREENHALGH	Red Rose Road Runners	156	01:06:48.85	01:06:30.03	F	41
237	ANGELA COULTER	Blackburn RR	450	01:06:48.90	01:06:34.05	F	52
238	MARK DAVEY	Lancaster Runners	99	01:06:59.12	01:06:37.26	M	53
239	PHILLIP YOUNG	Lonely Goat Running Club	446	01:07:01.85	01:06:25.24	M	56
240	TONY HART	liverpool running bugs	171	01:07:11.35	01:06:58.73	M	49
241	MICHAEL WIGNALL	Blackburn RR	449	01:07:15.59	01:07:00.74	M	53
242	MOLLY HAMILTON		163	01:07:18.60	01:06:28.99	F	23
243	AMY COOPER	Lymm Runners	82	01:07:20.35	01:07:03.21	F	29
244	KATE POMFRET	Blackburn RR	319	01:07:21.59	01:07:06.99	F	49
245	KATHRYN CHESTER	Fylde Coast Runners	62	01:07:31.90	01:07:02.78	F	50
246	STUART WADSWORTH	Blackburn RR	407	01:07:39.59	01:07:21.74	M	62
247	JOANNE WEIR	Blackburn RR	423	01:07:40.90	01:07:22.08	F	50
248	JANE MATTHEWMAN	Blackburn RR	254	01:07:41.64	01:07:18.78	F	38
249	HELEN DUTTON		116	01:07:42.59	01:07:09.48	F	36
250	SARAH DONALDSON		112	01:07:43.10	01:07:10.24	F	27
251	MIKE BIRD		34	01:07:46.14	01:07:20.24	M	53
252	ANDREW NORMAN	Ramsbottom Running Club	292	01:07:52.88	01:07:26.28	M	42
253	FIONA CHICK	Ramsbottom Running Club	63	01:07:53.89	01:07:27.29	F	49
254	MONIKA ALDELIME	Southport Waterloo	9	01:08:12.08	01:07:56.44	F	46
255	ANNA BARCROFT	Blackburn RR	21	01:08:19.09	01:08:00.98	F	57
256	KATHY GAUNT	Lytham St.Annes Road Runners	145	01:08:19.64	01:07:58.28	F	53
257	SUSAN HAWITT	Lytham St.Annes Road Runners	174	01:08:19.89	01:07:58.28	F	55
258	SUE TONGE	Red Rose Road Runners	400	01:08:19.89	01:07:47.78	F	63
259	PAUL LORD		237	01:08:28.13	01:07:38.98	M	45
260	TOBIN RAYNER		332	01:08:28.34	01:07:37.46	M	55
261	TOM IVES		207	01:08:31.13	01:07:49.52	M	42
262	RACHAEL SLATER		369	01:08:42.59	01:07:56.23	F	43
263	ANDY SLATER		370	01:08:45.09	01:07:58.73	M	39



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
264	CATHERINE CAMPBELL	Riversway Road Runners	58	01:08:46.13	01:08:31.23	F	41
265	OLIVIA TUDOR		403	01:08:54.38	01:08:12.98	F	26
266	CONSTANCE CORNTHWAITE		83	01:09:00.08	01:08:43.25	F	26
267	MATTHEW HENDI		181	01:09:01.38	01:08:29.03	M	34
268	CAROLE BAILEY		17	01:09:04.12	01:08:44.72	F	45
269	RACHAEL STOTT		390	01:09:05.63	01:08:54.28	F	44
270	MADLINE HAWORTH	Blackburn RR	175	01:09:14.08	01:08:54.26	F	66
271	CLAIRE SHEWBRIDGE	Lostock Ac	361	01:09:16.33	01:08:42.23	F	40
272	PETER STEELE		385	01:09:29.33	01:09:11.97	M	46
273	AMY TINKER	Wigan & District Harriers AC	399	01:09:30.62	01:09:11.80	F	30
274	BERNIE MITCHELL	Red Rose Road Runners	275	01:09:32.33	01:09:00.48	M	59
275	JASON SPEAR	Lions Running Community	378	01:09:32.87	01:08:53.52	M	51
276	MARK TAYLOR	Darwen Dashers RC	395	01:09:34.18	01:09:23.82	M	44
277	LOUISE LORD		239	01:09:34.83	01:08:53.97	F	45
278	LESLEY DEWHIRST	Blackburn RR	105	01:09:37.37	01:09:15.51	F	55
279	MIA GATRELL		144	01:09:41.08	01:09:29.23	F	47
280	BECKY PLATT	Red Rose Road Runners	315	01:09:44.83	01:08:54.98	F	23
281	DANIEL WALSH		411	01:09:48.08	01:09:44.94	M	32
282	LOUISA SINGLETON	Triengland	366	01:10:08.87	01:09:32.26	F	48
283	DANIEL ROTHERHAM		349	01:10:10.33	01:09:29.93	M	30
284	SIMONE DERWEDUWEN	Ribby Hall Tri Club	104	01:10:18.32	01:09:36.47	F	57
285	CARL ROBINSON		343	01:10:25.08	01:09:59.69	M	56
286	LINDSAY CRAWFORD		92	01:10:27.82	01:10:06.99	F	39
287	CHRISTINE ACKLAM	Women on the Run	4	01:10:30.07	01:10:07.72	F	46
288	JULIE RAYNER		331	01:10:47.32	01:09:56.70	F	46
289	EMMA LORD		238	01:10:47.36	01:09:57.47	F	43
290	DIANA MAIDEN		244	01:10:58.31	01:10:35.42	F	47
291	MICHAEL HALL	Holmfirth Harriers	161	01:11:01.32	01:10:31.46	M	57
292	DAN FOSTER	Fylde Coast Runners	139	01:11:08.87	01:10:24.71	M	43
293	DENISE RYLEY	Wigan & District Harriers AC	351	01:11:10.31	01:10:56.49	F	45
294	RICK ASHTON		14	01:11:36.30	01:11:24.90	M	35
295	LAURA MOSS		282	01:11:38.81	01:10:44.66	F	36
296	RACHEL DUERDEN		452	01:11:42.08	01:11:09.72	F	45
297	GREG COX		90	01:11:43.10	01:11:36.46	M	57
298	LYNNE KNOWLES	Blackburn RR	221	01:11:51.80	01:11:35.19	F	46
299	DONNA MAZUR	Blackburn RR	256	01:11:54.56	01:11:38.45	F	46
300	GEMMA MCAULEY	Blackburn RR	259	01:11:54.81	01:11:38.20	F	36
301	GEORGE BELL	Blackburn RR	28	01:12:00.56	01:11:43.20	M	64
302	LORA KIDD	Riversway Road Runners	220	01:12:03.31	01:11:44.70	F	39
303	SHEILA GAREWAL	Lostock AC	142	01:12:03.61	01:11:46.25	F	63
304	JACQUI MURRAY	Lytham St.Annes Road Runners	285	01:12:07.05	01:11:27.43	F	44
305	PATRICK ROACH		5051	01:12:13.85	01:11:15.76	M	20
306	STUART ADLINGTON		6	01:12:24.10	01:11:47.75	M	57
307	CLAIRE ALBERTS	Darwen Dashers RC	8	01:12:41.80	01:12:01.92	F	34
308	HELEN JONES	Blackburn RR	215	01:12:51.05	01:12:35.69	F	44
309	JANE ROBINSON		345	01:13:03.54	01:12:26.90	F	52
310	CLAIRE NEVILLE		287	01:13:04.29	01:12:27.68	F	46
311	SHARRON LANGTREE		227	01:13:19.79	01:12:44.45	F	49
312	JANE TREGONNING	Ribby tri club	402	01:13:26.84	01:12:44.48	F	45
313	KAREN DOHERTY	Radcliffe Athletics Club	111	01:13:29.86	01:12:38.00	F	46
314	CAROL CEBRERO		59	01:13:32.30	01:12:44.65	F	47
315	VIKI WALSH	Darwen Dashers RC	412	01:13:32.60	01:13:04.20	F	41
316	EMMA GLEN		146	01:13:39.79	01:12:52.88	F	42



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
317	GAYLE COOKSON	Red Rose Road Runners	78	01:13:48.80	01:13:05.18	F	47
318	TRACY WROE	Radcliffe Athletics Club	443	01:13:51.08	01:12:59.99	F	57
319	NORMA SMITH	Blackburn RR	375	01:13:53.79	01:13:29.19	F	73
320	SYLVIA LANCASTER	Freck & Warton RC	225	01:14:05.58	01:13:38.22	F	66
321	DAWN CALLAGHAN	Freck & Warton RC	56	01:14:05.59	01:13:39.23	F	46
322	SIAN SINGLETON		367	01:14:24.10	01:13:47.21	F	17
323	DOUGLAS KUHRT		223	01:15:04.78	01:14:17.13	M	50
324	IAN MILLER	Red Rose Road Runners	272	01:15:14.10	01:14:40.00	M	58
325	BARRY FARNWORTH		131	01:15:22.28	01:14:40.89	M	44
326	JOSEPH COLLINS		75	01:15:23.57	01:14:41.93	M	64
327	BERNARD BROWN		47	01:15:24.03	01:14:26.89	M	55
328	JOSEPH COLLINS		74	01:15:24.03	01:14:40.88	M	34
329	JULIE PRESTON		323	01:15:39.02	01:15:26.16	F	48
330	HELEN ORMEROD-PATEMAN	Red Rose Road Runners	298	01:15:40.53	01:15:06.13	F	28
331	GINA BIGGS	Red Rose Road Runners	32	01:15:41.27	01:15:11.41	F	30
332	DEBORAH STEVENSON	Trawden AC	387	01:15:48.53	01:15:08.39	F	41
333	KIRSTEN BURNETT	Lytham St.Annes Road Runners	52	01:15:49.52	01:15:09.90	F	46
334	CLAIRE INCUTTI	Blackburn RR	424	01:16:03.76	01:15:33.17	F	46
335	JOANNE CHARD	Women on the Run	61	01:16:06.28	01:15:47.67	F	45
336	SUSAN HARGREAVES	Fylde Coast Runners	167	01:16:24.57	01:15:45.71	F	42
337	SUZANNE BEST		30	01:16:29.32	01:15:45.70	F	43
338	DAVID ROBERTS		339	01:16:50.01	01:16:27.37	M	51
339	ALLAN DUCKWORTH		114	01:16:53.76	01:16:05.91	M	63
340	SUSAN HUGHES		201	01:16:53.80	01:16:06.90	F	49
341	KAY PROCTOR	Fylde Coast Runners	325	01:16:56.08	01:16:46.98	F	49
342	MELANIE FOSTER	Thornton Cleveleys Running Club	138	01:17:04.27	01:16:19.13	F	52
343	JOANNA ALLITT		13	01:17:10.55	01:16:56.91	F	44
344	ALICE LIDDLE		235	01:17:14.55	01:16:22.93	F	23
345	PAUL LIDDLE		234	01:17:15.75	01:16:59.93	M	57
346	NICKOLA WALKER	Blackpool Wyre & Fylde AC	410	01:17:16.03	01:16:47.89	F	48
347	MAUREEN ROBERTS	Lancaster Runners	341	01:17:20.06	01:17:06.21	F	64
348	JUDITH GREEN	Cybelé	154	01:17:27.80	01:16:40.45	F	49
349	GLENN WILSON		434	01:18:01.75	01:17:22.12	M	50
350	ROBERT COOLEY		79	01:18:21.55	01:17:42.94	M	55
351	SARAH HUNT		203	01:18:26.54	01:17:51.70	F	30
352	GRAHAM STEVENSON	Fylde Coast Runners	386	01:18:26.80	01:17:55.15	M	67
353	LEA MELODY		270	01:18:30.55	01:18:09.69	F	56
354	SARAH RUSHTON	Radcliffe AC	5052	01:18:33.01	01:17:40.17	F	50
355	LUCY DEWHURST	Radcliffe Athletics Club	106	01:18:33.49	01:17:39.86	F	39
356	SARAH OXLEY	Radcliffe Athletics Club	302	01:18:33.49	01:17:40.36	F	47
357	JENNIFER BURROUGH		54	01:18:50.54	01:18:06.69	F	39
358	RACHEL WALSH		413	01:19:19.79	01:18:36.44	F	32
359	MARK HOUGH		191	01:19:29.49	01:19:16.15	M	36
360	LEWIS DOHERTY		110	01:19:34.74	01:18:39.13	M	24
361	CHRISTINE PLATT	Blackburn RR	257	01:19:42.48	01:19:11.88	F	42
362	BILL SMITH	Fylde Coast Runners	372	01:19:46.04	01:18:59.43	M	70
363	HELEN ECCLES		122	01:19:59.83	01:19:10.73	F	51
364	SIMON ROACH		336	01:20:06.23	01:19:44.41	M	56
365	MARK YEAMAN		444	01:20:39.53	01:19:59.17	M	38
366	DAWN YEAMAN		445	01:20:44.48	01:20:03.37	F	35
367	LISA GORNALL		151	01:20:50.73	01:20:07.11	F	36
368	MARY CONWAY	Red Rose Road Runners	77	01:20:50.78	01:20:21.17	F	60
369	JO ROBERTS	Red Rose Road Runners	338	01:20:54.72	01:20:26.82	F	55



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
370	KAREN SMITH	Red Rose Road Runners	371	01:20:55.06	01:20:26.21	F	43
371	STELLA WHALLEY		426	01:21:07.03	01:20:18.39	F	52
372	JEANETTE HARDY		166	01:21:07.48	01:20:17.87	F	53
373	DAVID BOLTON		39	01:21:17.47	01:20:31.62	M	51
374	KAREN CLARK	Red Rose Road Runners	68	01:21:21.52	01:20:46.88	F	60
375	NICOLA QUINN	Darwen Dashers RC	326	01:21:36.22	01:20:56.37	F	37
376	REBECCA STYLES	Stockport tri club	392	01:22:08.97	01:21:17.08	F	47
377	MICHELLE METCALFE		271	01:22:09.22	01:21:17.33	F	47
378	MICHELLE SHERIDAN	Lytham St.Annes Road Runners	360	01:22:21.96	01:21:42.61	F	51
379	HELEN MCVEY	Ramsbottom RC	5081	01:22:29.25	01:21:49.62	F	49
380	FIONA EASTHAM		121	01:22:42.01	01:21:54.40	F	47
381	SIRKA MOORE	Lonely Goat Running Club	276	01:22:48.25	01:22:06.61	F	47
382	LAURA WILKINSON		432	01:22:48.95	01:21:57.60	F	26
383	THOMAS MOORE		278	01:22:49.02	01:21:56.67	M	27
384	CAROLINE HOWSON		200	01:22:57.50	01:22:20.65	F	47
385	KELLY EARDLEY		118	01:22:58.46	01:22:21.36	F	21
386	COLETTE WHITE		427	01:22:59.25	01:22:07.36	F	42
387	IAN GOODLIFFE	Blackburn RR	149	01:23:04.21	01:22:42.81	M	69
388	DAVID OWENS	Penny Lane Striders	301	01:23:17.47	01:22:28.12	M	66
389	KIERA ABEL	Vegan Runners UK	2	01:23:21.76	01:22:38.13	F	35
390	PATRICIA NORMAN-BROWN		293	01:23:31.20	01:23:00.10	F	55
391	CHRIS CLARK	Red Rose Road Runners	67	01:23:54.75	01:23:18.61	M	59
392	KOREN OZDEMIR		303	01:23:59.00	01:23:10.65	F	57
393	SHARON HARRISON	Kirkby Milers	170	01:24:12.95	01:23:46.10	F	43
394	LISA PLATT	Kirkby Milers	317	01:24:14.20	01:23:47.59	F	43
395	MICHELLE WOLFENDEN		5078	01:24:54.19	01:24:35.81	F	45
396	LIZ SWAN		5079	01:24:55.43	01:24:37.08	F	41
397	LESLEY ALLGER	Ribby Hall Tri Club	12	01:25:58.23	01:25:15.61	F	60
398	ADAM FIELDER	Ribby Hall Tri Club	135	01:25:58.73	01:25:15.63	M	56
399	MARTIN ROGERS	Mossley Hill Athletic Club	347	01:26:34.17	01:25:37.83	M	53
400	DIANE ROGERS	Mossley Hill Athletic Club	346	01:26:34.48	01:25:38.84	F	55
401	LORRAINE NORDMANN		5082	01:26:41.48	01:26:05.59	F	55
402	MARIANNE MANSON		247	01:26:43.96	01:25:55.36	F	40
403	SUSAN LOWE		240	01:26:48.42	01:26:12.78	F	55
404	KIRSTY STREET	Running 4CF	391	01:27:28.46	01:26:33.58	F	47
405	ALISON WOLSTENHOLME	Accrington RR	439	01:27:32.48	01:26:37.39	F	54
406	STEVE JACKSON		208	01:28:28.66	01:28:18.56	M	50
407	LAUREN HATTON	Red Rose Road Runners	172	01:28:54.19	01:27:57.35	F	28
408	SUSAN BEARDSWORTH	Red Rose Road Runners	26	01:29:24.15	01:28:27.24	F	41
409	PAT WATERS	Fylde Coast Runners	418	01:30:08.19	01:29:30.54	F	60
410	CHERYL MCLEAN	Fylde Coast Runners	267	01:30:08.70	01:29:30.09	F	52
411	CATHERINE RICHARDSON	Accrington RR	334	01:32:02.43	01:31:09.07	F	63
412	BARBARA WILKINSON		433	01:32:02.87	01:31:09.24	F	65
413	RACHEL MITCHELL		274	01:32:13.13	01:31:54.74	F	41
414	ROWENA DOHERTY	Blackburn RR	109	01:36:32.39	01:35:36.98	F	44
415	NICKIE OHARE	Blackburn RR	416	01:36:37.10	01:35:42.25	F	47
416	ROBERT BAKER		18	01:41:45.78	01:41:43.63	M	35