

AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	MATTHEW DUCKWORTH (CLAYTON-LE-MOORS HARR)		RUNNER	109	00:36:26.61	5:53	10.2mph	M	29	
2	PAUL MULLER (HORWICH R M I HARRIERS)		RUNNER	260	00:36:41.35	5:55	10.1mph	M	60	
3	ANDREW FAIRBAIRN (THORNTON CLEVELEYS RU)		RUNNER	114	00:37:59.42	6:08	9.8mph	M	42	
4	MATT WALSH (THORNTON CLEVELEYS RU)		RUNNER	438	00:38:44.84	6:15	9.6mph	M	37	
5	JAMES WILSON		RUNNER	409	00:38:50.08	6:16	9.6mph	M	37	
6	IAN SADLER (BARROW & FURNESS STRI)		RUNNER	317	00:38:53.10	6:16	9.6mph	M	52	
7	STEVE ROBINSON		RUNNER	313	00:38:56.76	6:17	9.5mph	M	49	
8	NICHOLAS WILLIAMS		RUNNER	407	00:39:01.88	6:18	9.5mph	M	45	
9	ROSS MCKELVIE (LYTHAM ST ANNES RR CL)		RUNNER	3056	00:39:11.20	6:18	9.5mph	M	30	
10	MATT FARRINGTON		RUNNER	121	00:39:45.01	6:25	9.4mph	M	32	
11	SHAUN HEYS		RUNNER	174	00:39:56.58	6:26	9.3mph	M	34	
12	JERRY WALDER (COLCHESTER HARRIERS AC)		RUNNER	387	00:40:24.95	6:31	9.2mph	M	44	
13	JOHN AGNEW		RUNNER	42	00:40:42.07	6:34	9.1mph	M	38	
14	KEV REED (GARSTANG RUNNING CLUB)		RUNNER	301	00:40:59.92	6:37	9.1mph	M	37	
15	MARK MAYERS (ABERGELE HARRIERS)		RUNNER	241	00:41:01.58	6:37	9.1mph	M	48	
16	DAVID DALY		RUNNER	94	00:41:22.15	6:40	9.0mph	M	35	
17	MYLES HEYWOOD		RUNNER	176	00:41:22.59	6:41	9.0mph	M	34	
18	MICHAEL CLEARY		RUNNER	82	00:41:31.40	6:42	9.0mph	M	49	
19	WARREN CROOK		RUNNER	3053	00:41:39.15	6:43	8.9mph	M	52	
20	CHRIS MILES (PRESTON HARRIERS)		RUNNER	252	00:42:05.64	6:47	8.8mph	M	26	
21	LEE HARDINGHAM		RUNNER	161	00:42:14.10	6:49	8.8mph	M	33	
22	DANNY KING		RUNNER	211	00:42:21.75	6:50	8.8mph	M	37	
23	ANTONY BRISCOE (CUMBERLAND AC)		RUNNER	48	00:42:36.74	6:54	8.7mph	M	55	
24	BOB LAUDER (FYLDE COAST RUNNERS)		RUNNER	218	00:42:49.82	6:55	8.7mph	M	54	
25	LEE WALKER		RUNNER	389	00:42:53.90	6:56	8.7mph	M	28	
26	STUART SMITH		RUNNER	336	00:43:04.93	6:57	8.6mph	M	41	
27	NEIL TATE (LYTHAM ST ANNES RR CL)		RUNNER	358	00:43:05.40	6:58	8.6mph	M	38	
28	CHRIS PUNTON (WALNEY WIND CHEETAHS)		RUNNER	441	00:43:17.56	6:59	8.6mph	M	34	
29	JENNIFER HILL (LYTHAM ST ANNES RR CL)		RUNNER	177	00:43:26.15	7:00	8.6mph	F	31	
30	RUSSELL WAREING (LANCASTER & MORECAMBE)		RUNNER	392	00:43:37.00	7:04	8.5mph	M	46	
31	MIKE SKYRME		RUNNER	334	00:43:46.95	7:05	8.5mph	M	49	
32	JAMES CORNALL (GARSTANG RUNNING CLUB)		RUNNER	88	00:43:53.22	7:05	8.5mph	M	31	
33	DAVID SEMMENCE		RUNNER	325	00:44:05.14	7:06	8.4mph	M	32	
34	JANINE NEEDHAM (RED ROSE ROAD RUNNERS)		RUNNER	263	00:44:11.39	7:09	8.4mph	F	42	
35	MICHAEL ODDIE		RUNNER	274	00:44:11.90	7:08	8.4mph	M	43	
36	JANUSZ BARTNIK		RUNNER	23	00:44:25.04	7:11	8.4mph	M	38	
37	KIM ANDERSON (WALNEY WIND CHEETAHS)		RUNNER	7	00:44:34.63	7:11	8.3mph	F	36	
38	ALEX MASON		RUNNER	238	00:44:36.32	7:13	8.3mph	M	15	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
39	MICHAEL MORAN (BLACKBURN ROAD RUNNERS)		RUNNER	258	00:44:47.15	7:14	8.3mph	M	58	
40	DANNY HEYES		RUNNER	435	00:44:55.58	7:15	8.3mph	M	29	
41	DAVID CLARKSON		RUNNER	78	00:44:57.15	7:16	8.3mph	M	39	
42	MICHELLE ABBOTT (CLAYTON-LE-MOORS HARR)		RUNNER	1	00:44:57.79	7:15	8.3mph	F	37	
43	BEN SMITHERS (RED ROSE ROAD RUNNERS)		RUNNER	340	00:44:59.15	7:16	8.3mph	M	30	
44	GEOFF LEECH (HORWICH R M I HARRIERS)		RUNNER	224	00:44:59.97	7:17	8.2mph	M	51	
45	TONY WARHAM (BOLTON UNITED HARRIER)		RUNNER	393	00:45:00.72	7:17	8.2mph	M	40	
46	ALEX BURNS		RUNNER	59	00:45:01.28	7:16	8.3mph	M	21	
47	MATTHEW JACKSON		RUNNER	199	00:45:01.57	7:16	8.3mph	M	26	
48	CASSANDRA SMEDLEY (CLAYTON-LE-MOORS HARR)		RUNNER	335	00:45:08.29	7:17	8.2mph	F	38	
49	MARTIN LALLY (FYLDE COAST RUNNERS)		RUNNER	216	00:45:27.96	7:22	8.1mph	M	37	
50	IAN JONES (WALNEY WIND CHEETAHS)		RUNNER	203	00:45:44.45	7:22	8.1mph	M	60	
51	DOUGIE POTTER (PRESTON HARRIERS)		RUNNER	298	00:45:57.87	7:26	8.1mph	M	34	
52	NEIL WALKER (RED ROSE ROAD RUNNERS)		RUNNER	388	00:45:58.19	7:26	8.1mph	M	37	
53	LYNSEY BIRTWISTLE (CLAYTON-LE-MOORS HARR)		RUNNER	33	00:45:59.33	7:25	8.1mph	F	38	
54	PAUL BROWN		RUNNER	51	00:46:03.65	7:25	8.1mph	M	43	
55	VINCENT JONES		RUNNER	205	00:46:09.12	7:27	8.1mph	M	45	
56	MARK WHITEHOUSE		RUNNER	396	00:46:10.26	7:27	8.0mph	M	44	
57	KAREN MAGGIO-POYNTZ		RUNNER	233	00:46:16.46	7:28	8.0mph	F	46	
58	STUART BENSON (FYLDE COAST RUNNERS)		RUNNER	29	00:46:16.97	7:29	8.0mph	M	45	
59	ANNETTE QUARRY		RUNNER	300	00:46:27.29	7:31	8.0mph	F	48	
60	DUNCAN MCINTYRE		RUNNER	250	00:46:34.06	7:33	8.0mph	M	56	
61	STEPHEN PERRY (LANCASTER & MORECAMBE)		RUNNER	287	00:46:43.10	7:34	7.9mph	M	60	
62	SIMON DOLMAN (DH RUNNERS)		RUNNER	102	00:46:43.20	7:34	7.9mph	M	45	
63	GEMMA GREENWOOD (LANCASTER RACE SERIES)		RUNNER	152	00:46:43.79	7:34	7.9mph	F	35	
64	ADAM ROBINSON		RUNNER	312	00:46:48.36	7:33	7.9mph	M	26	
65	JOSEPH SATE (SALFORD METROPOLITAN)		RUNNER	319	00:46:52.40	7:35	7.9mph	M	65	
66	AMY SINGLETON (WALNEY WIND CHEETAHS)		RUNNER	332	00:46:53.22	7:35	7.9mph	F	36	
67	OWEN WHITTELL		RUNNER	398	00:46:55.22	7:37	7.9mph	M	37	
68	OZZIE PARSONS (FYLDE COAST RUNNERS)		RUNNER	282	00:46:58.23	7:35	7.9mph	M	36	
69	GARETH TROUGHTON		RUNNER	374	00:47:00.02	7:35	7.9mph	M	34	
70	JAMIE DEPPORT		RUNNER	98	00:47:00.57	7:37	7.9mph	M	32	
71	WILLIAM MCINERNEY		RUNNER	248	00:47:03.90	7:36	7.9mph	M	33	
72	JANICE CALLISTER		RUNNER	64	00:47:04.89	7:36	7.9mph	F	51	
73	ADAM BUTLER		RUNNER	62	00:47:08.70	7:38	7.9mph	M	33	
74	TOM MCATEER		RUNNER	242	00:47:09.69	7:39	7.8mph	M	54	
75	LEE TASKER		RUNNER	356	00:47:09.90	7:38	7.9mph	M	40	
76	ANDREW ALLEN		RUNNER	5	00:47:14.55	7:40	7.8mph	M	49	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
77	SHAUN HAYNES		RUNNER	170	00:47:17.15	7:39	7.8mph	M	54	
78	SAM BLAKEMAN (WIGAN & DISTRICT H &)		RUNNER	35	00:47:23.36	7:40	7.8mph	M	36	
79	CHRISTOPHER WYLIE		RUNNER	418	00:47:31.96	7:42	7.8mph	M	26	
80	MARK SALISBURY		RUNNER	318	00:47:33.41	7:42	7.8mph	M	35	
81	JAMES BUTLER (RED ROSE ROAD RUNNERS)		RUNNER	61	00:47:40.51	7:42	7.8mph	M	30	
82	ANDY LEA		RUNNER	223	00:47:41.40	7:43	7.8mph	M	27	
83	PATRICK FILIO		RUNNER	123	00:47:43.04	7:44	7.8mph	M	35	
84	RACHEL SATE (SALFORD METROPOLITAN)		RUNNER	321	00:47:53.19	7:44	7.8mph	F	32	
85	MIKE SAWYER (FYLDE COAST RUNNERS)		RUNNER	322	00:47:55.12	7:45	7.7mph	M	30	
86	DAVID MILLAR		RUNNER	253	00:48:02.33	7:48	7.7mph	M	48	
87	HELEN JONES		RUNNER	206	00:48:02.70	7:46	7.7mph	F	37	
88	PHILLIP DUNN		RUNNER	111	00:48:03.65	7:45	7.7mph	M	25	
89	ALAN COOPER (FYLDE COAST RUNNERS)		RUNNER	86	00:48:08.35	7:48	7.7mph	M	34	
90	GARY PEET		RUNNER	284	00:48:15.90	7:52	7.6mph	M	50	
91	ANN GRIFFITHS (FYLDE COAST RUNNERS)		RUNNER	154	00:48:16.86	7:49	7.7mph	F	55	
92	GARY TURNER (RED ROSE ROAD RUNNERS)		RUNNER	376	00:48:18.10	7:48	7.7mph	M	35	
93	MICK BRAITHWAITE (RED ROSE ROAD RUNNERS)		RUNNER	44	00:48:24.89	7:51	7.6mph	M	46	
94	COLIN DAVIES (ALTRINCHAM & DISTRICT)		RUNNER	95	00:48:30.20	7:49	7.7mph	M	67	
95	PHILLIP YOUNG		RUNNER	422	00:48:47.79	7:55	7.6mph	M	54	
96	JUSTIN BIRTWISTLE (CLAYTON-LE-MOORS HARR)		RUNNER	34	00:48:49.61	7:52	7.6mph	M	42	
97	NIGEL HASTINGS		RUNNER	168	00:48:59.09	7:55	7.6mph	M	40	
98	JOHN HEATON		RUNNER	171	00:49:14.36	7:59	7.5mph	M	43	
99	MARTIN OGIER		RUNNER	436	00:49:14.37	7:57	7.5mph	M	37	
100	GERARD BROWNE (LYTHAM ST ANNES RR CL)		RUNNER	52	00:49:15.03	7:58	7.5mph	M	39	
101	ROBERT HAYES		RUNNER	169	00:49:20.62	7:59	7.5mph	M	34	
102	SCOTT BURNS		RUNNER	58	00:49:20.86	7:59	7.5mph	M	49	
103	TED KIRKHAM		RUNNER	214	00:49:34.39	8:00	7.5mph	M	44	
104	STEPHEN OSEI-OSAFO		RUNNER	279	00:49:35.91	8:02	7.5mph	M	21	
105	STEVEN GORE (WESHAM ROAD RUNNERS &)		RUNNER	141	00:49:36.05	8:02	7.5mph	M	36	
106	DANIELLE CATHCART		RUNNER	69	00:49:41.64	8:01	7.5mph	F	26	
107	MATHEW HILL (LYTHAM ST ANNES RR CL)		RUNNER	179	00:49:48.98	8:02	7.5mph	M	35	
108	CLOEY MASON (BARLICK FELL RUNNERS)		RUNNER	239	00:49:55.78	8:05	7.4mph	F	44	
109	TERRY LONERGAN (BARLICK FELL RUNNERS)		RUNNER	229	00:49:59.43	8:05	7.4mph	M	68	
110	PAUL DREW		RUNNER	107	00:49:59.62	8:06	7.4mph	M	49	
111	JONATHAN FORD		RUNNER	132	00:50:10.31	8:11	7.3mph	M	41	
112	LAURA STENHOUSE		RUNNER	350	00:50:28.15	8:11	7.3mph	F	21	
113	AMY LONGWORTH		RUNNER	230	00:50:33.09	8:11	7.3mph	F	25	
114	MCCARTHY ED		RUNNER	3055	00:50:34.08	8:08	7.4mph	M	50	
115	KATHRYN BERRIE		RUNNER	31	00:50:41.85	8:10	7.3mph	F	25	
116	STU GORRY		RUNNER	145	00:50:52.74	8:16	7.3mph	M	43	
117	TARA BROWN		RUNNER	425	00:50:56.84	8:16	7.3mph	F	36	
118	PETE WILLIAMS (OLDHAM & ROYTON H & AC)		RUNNER	404	00:50:58.14	8:15	7.3mph	M	61	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
119	CLARE COLLINS		RUNNER	84	00:51:12.88	8:19	7.2mph	F	40	
120	DARREN MARTIN		RUNNER	237	00:51:26.35	8:18	7.2mph	M	47	
121	TONY GORNALL		RUNNER	143	00:51:27.66	8:22	7.2mph	M	57	
122	JASON STONES		RUNNER	354	00:51:28.33	8:18	7.2mph	M	44	
123	SUZANNE BOYLE (WALNEY WIND CHEETAHS)		RUNNER	43	00:51:32.62	8:19	7.2mph	F	46	
124	NICK VALENTINE		RUNNER	380	00:51:37.73	8:20	7.2mph	M	22	
125	JULIE SENIOR		RUNNER	326	00:51:37.76	8:20	7.2mph	F	46	
126	SARA FISH		RUNNER	126	00:51:42.66	8:24	7.1mph	F	28	
127	TONY THWAITES		RUNNER	367	00:51:47.41	8:26	7.1mph	M	52	
128	JOHN CLUCAS (BLACKBURN ROAD RUNNERS)		RUNNER	439	00:51:47.73	8:24	7.1mph	M	55	
129	JENNY MCINTYRE (SPECTRUM STRIDERS)		RUNNER	249	00:51:50.68	8:23	7.2mph	F	55	
130	MARC TAYLOR-ALLAN		RUNNER	364	00:51:52.90	8:25	7.1mph	M	35	
131	RICHARD JONES		RUNNER	204	00:51:54.09	8:25	7.1mph	M	34	
132	BRENDAN O'DONNELL		RUNNER	427	00:51:54.94	8:30	7.1mph	M	34	
133	CRAIG PLATT		RUNNER	291	00:51:55.31	8:25	7.1mph	M	46	
134	CHRIS TAYLOR		RUNNER	361	00:52:05.34	8:25	7.1mph	M	28	
135	KATHRYN CHESTER		RUNNER	71	00:52:11.17	8:26	7.1mph	F	48	
136	JASON BRUCE		RUNNER	53	00:52:13.04	8:30	7.1mph	M	29	
137	ANDREA DOUGLAS (BRAMLEY BREEZERS)		RUNNER	105	00:52:20.02	8:26	7.1mph	F	42	
138	ROBERT SPENCER		RUNNER	348	00:52:23.61	8:29	7.1mph	M	52	
139	ANDY WHITE		RUNNER	426	00:52:37.63	8:34	7.0mph	M	54	
140	STEVEN MAINE		RUNNER	234	00:52:43.98	8:34	7.0mph	M	40	
141	KARL LUCAS (THORNTON CLEVELEYS RU)		RUNNER	433	00:52:47.85	8:34	7.0mph	M	48	
142	MATT WILSON		RUNNER	411	00:52:48.31	8:31	7.0mph	M	29	
143	GIANMARCO VITTI		RUNNER	384	00:52:50.17	8:35	7.0mph	M	25	
144	GARRY WILD		RUNNER	401	00:52:58.34	8:36	7.0mph	M	37	
145	SHEONA LAWRENCE- SILVER		RUNNER	219	00:53:03.82	8:37	7.0mph	F	29	
146	STEPHEN BULLEN		RUNNER	54	00:53:04.25	8:36	7.0mph	M	45	
147	MICHAEL BERRIE		RUNNER	32	00:53:15.99	8:35	7.0mph	M	24	
148	BRETT STEVENS (FYLDE COAST RUNNERS)		RUNNER	351	00:53:16.62	8:38	6.9mph	M	43	
149	PHIL GREENWOOD		RUNNER	151	00:53:29.45	8:41	6.9mph	M	37	
150	DEBBIE CALLENDER		RUNNER	432	00:53:31.11	8:41	6.9mph	F	34	
151	DEREK WOOLLEY		RUNNER	415	00:53:31.91	8:40	6.9mph	M	67	
152	CHRIS WOODHOUSE		RUNNER	414	00:53:36.64	8:38	6.9mph	M	60	
153	JANE HYLANDS (CLAYTON-LE-MOORS HARR)		RUNNER	193	00:53:39.82	8:39	6.9mph	F	46	
154	DAN CRABTREE		RUNNER	91	00:53:45.27	8:41	6.9mph	M	37	
155	LEWIS THWAITES		RUNNER	368	00:53:52.95	8:46	6.8mph	M	18	
156	ADAM HOLMES		RUNNER	185	00:53:53.49	8:44	6.9mph	M	27	
157	CHARLOTTE DAY		RUNNER	96	00:53:53.74	8:44	6.9mph	F	21	
158	MIKE SMITH		RUNNER	338	00:53:56.48	8:42	6.9mph	M	45	
159	CAROLE WILKINSON (LANCASTER & MORECAMBE)		RUNNER	403	00:53:58.49	8:45	6.9mph	F	57	
160	JOANNE FAIRCLOUGH		RUNNER	116	00:54:03.71	8:44	6.9mph	F	37	
161	JOE INCUTTI		RUNNER	195	00:54:09.24	8:49	6.8mph	M	46	
162	IRENA OGOROWSKA		RUNNER	275	00:54:25.08	8:50	6.8mph	F	29	
163	LOUISE HOWARD		RUNNER	191	00:54:31.73	8:47	6.8mph	F	33	
164	RUSSELL WHYHAM		RUNNER	399	00:54:33.74	8:48	6.8mph	M	40	
165	MICHAEL HARRISON		RUNNER	165	00:54:39.14	8:51	6.8mph	M	59	

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166	RACHEL JOHNSON		RUNNER	202	00:54:40.40	8:52	6.8mph	F	51	
167	DAVID CARD (OSWESTRY OLYMPIANS)		RUNNER	65	00:54:40.50	8:52	6.8mph	M	37	
168	MARY SATE		RUNNER	320	00:54:47.72	8:53	6.8mph	F	66	
169	ALEX KILPATRICK		RUNNER	210	00:54:48.49	8:53	6.8mph	M	31	
170	JAMES PATRICKSON		RUNNER	283	00:54:49.43	8:54	6.7mph	M	54	
171	LAURA LEIGH (WALNEY WIND CHEETAHS)		RUNNER	437	00:54:57.40	8:52	6.8mph	F	36	
172	CLAIRE BRIDGE (BLACKBURN HARRIERS &)		RUNNER	431	00:54:57.97	8:52	6.8mph	F	45	
173	LUCY FALLON		RUNNER	117	00:54:58.80	8:56	6.7mph	F	39	
174	KIRK DOUGLAS (BRAMLEY BREEZERS)		RUNNER	104	00:55:02.35	8:52	6.8mph	M	50	
175	SINEADH WHEELER		RUNNER	395	00:55:09.15	8:56	6.7mph	F	39	
176	EMILY SNAPE		RUNNER	342	00:55:17.08	8:57	6.7mph	F	26	
177	MELISSA BREW		RUNNER	45	00:55:28.48	8:59	6.7mph	F	25	
178	TERRY CLARKSON		RUNNER	79	00:55:37.84	9:04	6.6mph	M	44	
179	DAWN CALLAGHAN (FYLDE COAST RUNNERS)		RUNNER	440	00:55:41.89	9:02	6.6mph	F	43	
180	CHRIS BRIGGS		RUNNER	46	00:55:51.31	9:03	6.6mph	M	44	
181	JULIE PETTY		RUNNER	289	00:55:52.47	9:05	6.6mph	F	56	
182	PETER ROBERTS (WIGAN & DISTRICT H &)		RUNNER	309	00:55:54.56	9:04	6.6mph	M	37	
183	JENNIFER IRELAND		RUNNER	196	00:56:00.28	9:02	6.6mph	F	48	
184	BEN TIPPING		RUNNER	369	00:56:04.08	9:06	6.6mph	M	35	
185	VICKY REYNOLDS		RUNNER	306	00:56:05.78	9:07	6.6mph	F	37	
186	AMANDA HAGUE		RUNNER	156	00:56:09.54	9:07	6.6mph	F	37	
187	A SHAKESHAFT		RUNNER	327	00:56:14.12	9:09	6.6mph	F	26	
188	LEIGH CLAYTON		RUNNER	81	00:56:14.78	9:08	6.6mph	M	31	
189	SUSAN HARGREAVES		RUNNER	163	00:56:23.32	9:07	6.6mph	F	40	
190	KAREN JACKSON		RUNNER	198	00:56:26.81	9:09	6.6mph	F	36	
191	BERNARD BROWN		RUNNER	50	00:56:43.33	9:14	6.5mph	M	53	
192	JOANNE HARGREAVES		RUNNER	164	00:56:46.47	9:13	6.5mph	F	49	
193	CASHEL MCGOWAN		RUNNER	246	00:56:50.73	9:15	6.5mph	M	33	
194	GARETH CARLISLE		RUNNER	67	00:56:51.95	9:14	6.5mph	M	36	
195	MARIEKE GALGENBELD		RUNNER	136	00:56:57.63	9:15	6.5mph	F	28	
196	JOE SIMI		RUNNER	331	00:57:04.88	9:16	6.5mph	M	20	
197	CAROL SHARPE		RUNNER	328	00:57:05.27	9:16	6.5mph	F	42	
198	PAUL KINGSHOTT		RUNNER	213	00:57:10.51	9:17	6.5mph	M	42	
199	SARAH CASEY		RUNNER	446	00:57:33.56	9:23	6.4mph	F	29	
200	BYRON TOULMIN		RUNNER	373	00:57:47.19	9:23	6.4mph	M	40	
201	STEPHEN BOYD		RUNNER	41	00:58:00.62	9:26	6.4mph	M	35	
202	KATIE DALTON (TRAWDEN ATHLETIC CLUB)		RUNNER	93	00:58:08.20	9:25	6.4mph	F	26	
203	JOANNE TAYLOR		RUNNER	363	00:58:11.58	9:26	6.4mph	F	25	
204	JO RODGER (FYLDE COAST RUNNERS)		RUNNER	314	00:58:18.58	9:27	6.4mph	F	48	
205	REBECCA GANCHI		RUNNER	138	00:58:22.71	9:29	6.3mph	F	44	
206	NORMAN REES		RUNNER	302	00:58:26.72	9:32	6.3mph	M	60	
207	LUCY TURNER (RED ROSE ROAD RUNNERS)		RUNNER	375	00:58:28.96	9:29	6.3mph	F	35	
208	NIKKI MILLS (OLDHAM & ROYTON H & AC)		RUNNER	256	00:58:34.13	9:31	6.3mph	F	40	
209	JASON COLCLOUGH		RUNNER	83	00:58:42.87	9:29	6.3mph	M	46	
210	CHARLOTTE THOMAS		RUNNER	365	00:58:43.47	9:29	6.3mph	F	38	
211	DAN FOSTER (FYLDE COAST RUNNERS)		RUNNER	133	00:58:47.43	9:32	6.3mph	M	41	
212	ROSEANNE SOAR		RUNNER	343	00:58:50.37	9:34	6.3mph	F	26	

AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
213	ALISON NUTTALL		RUNNER	268	00:58:51.19	9:34	6.3mph	F	40	
214	MARK NUTTALL		RUNNER	267	00:58:51.30	9:34	6.3mph	M	49	
215	ALEXIA O'FLAHERTY (FYLDE COAST RUNNERS)		RUNNER	271	00:58:51.84	9:35	6.3mph	F	37	
216	NATASHA HOLMES		RUNNER	187	00:58:57.05	9:33	6.3mph	F	25	
217	LISA HOLMES		RUNNER	186	00:58:57.47	9:33	6.3mph	F	48	
218	CAROLE BARTLETT		RUNNER	22	00:58:59.70	9:36	6.3mph	F	55	
219	STEPHEN DUNN		RUNNER	110	00:59:00.10	9:33	6.3mph	M	60	
220	MARZENA TOMAS		RUNNER	370	00:59:02.51	9:34	6.3mph	F	33	
221	REBECCA YEOMAN		RUNNER	421	00:59:03.97	9:35	6.3mph	F	38	
222	BECKIE WAINE (RUN MUMMY RUN)		RUNNER	385	00:59:07.51	9:32	6.3mph	F	35	
223	JAMIE-LEIGH LUNDY		RUNNER	231	00:59:12.79	9:38	6.2mph	F	21	
224	VAL FLEMING (WALNEY WIND CHEETAHS)		RUNNER	129	00:59:20.54	9:35	6.3mph	F	62	
225	ALLAN MCNEIL		RUNNER	251	00:59:22.25	9:40	6.2mph	M	42	
226	JENNY POLLARD (FYLDE COAST RUNNERS)		RUNNER	292	00:59:23.07	9:40	6.2mph	F	39	
227	MARIKA PACHOLEWICZ		RUNNER	280	00:59:25.96	9:38	6.2mph	F	32	
228	KATIE MYNOTT		RUNNER	262	00:59:29.01	9:39	6.2mph	F	33	
229	ANDY MCCULLOCH		RUNNER	243	00:59:36.35	9:43	6.2mph	M	42	
230	MALCOLM WHITEHOUSE		RUNNER	397	00:59:38.27	9:38	6.2mph	M	70	
231	LEANNE BATTY (THORNTON CLEVELYS RU)		RUNNER	24	00:59:39.97	9:42	6.2mph	F	39	
232	JAYNE RENNIE		RUNNER	304	00:59:42.54	9:43	6.2mph	F	28	
233	KATIE CLANCY		RUNNER	72	00:59:48.42	9:42	6.2mph	F	26	
234	MEL HALL (OLDHAM & ROYTON H & AC)		RUNNER	157	00:59:53.79	9:44	6.2mph	F	38	
235	KAREN BENNETT		RUNNER	28	00:59:56.35	9:41	6.2mph	F	48	
236	KEITH ANDREWS		RUNNER	9	00:59:59.36	9:45	6.2mph	M	68	
237	JENNIFER CARLISLE		RUNNER	66	01:00:02.14	9:46	6.1mph	F	36	
238	NAOMI JACKSON		RUNNER	200	01:00:03.75	9:43	6.2mph	F	27	
239	JENNIFER TOPPING		RUNNER	372	01:00:06.54	9:48	6.1mph	F	37	
240	ANNEKA ANDREWS		RUNNER	8	01:00:07.53	9:42	6.2mph	F	29	
241	TRACEY ALAMI (RED ROSE ROAD RUNNERS)		RUNNER	4	01:00:07.84	9:45	6.2mph	F	41	
242	BILL SMITH		RUNNER	339	01:00:13.24	9:47	6.1mph	M	68	
243	ROBERT PERRY		RUNNER	286	01:00:13.63	9:47	6.1mph	M	43	
244	LOUISE PORTER (DH RUNNERS)		RUNNER	297	01:00:14.27	9:45	6.2mph	F	46	
245	MAUREEN ROBERTS (LANCASTER RACE SERIES)		RUNNER	308	01:00:21.01	9:48	6.1mph	F	61	
246	HELEN TASKER (FYLDE COAST RUNNERS)		RUNNER	357	01:00:23.32	9:49	6.1mph	F	35	
247	MICHELLE FARMER		RUNNER	119	01:00:35.12	9:49	6.1mph	F	42	
248	KATIE SPENCER		RUNNER	347	01:00:36.36	9:48	6.1mph	F	41	
249	ANDREW BARRY		RUNNER	21	01:00:48.03	9:54	6.1mph	M	47	
250	ADINA POLLARD		RUNNER	293	01:00:52.34	9:54	6.1mph	F	41	
251	JOANNA DOBSON (RED ROSE ROAD RUNNERS)		RUNNER	101	01:00:52.53	9:52	6.1mph	F	30	
252	DAVID JONES		RUNNER	443	01:00:56.26	9:51	6.1mph	M	50	
253	DENISE FLITCROFT		RUNNER	131	01:01:06.20	9:57	6.0mph	F	44	
254	STEPHANIE ROBERTS (GLAXO HOAD HILL HARRI)		RUNNER	310	01:01:07.26	9:56	6.0mph	F	34	
255	SHARON TAYLOR		RUNNER	359	01:01:12.87	9:53	6.1mph	F	52	
256	KATIE PARKER		RUNNER	281	01:01:13.74	9:53	6.1mph	F	28	

AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
257	EMMA TAYLOR (DH RUNNERS)		RUNNER	360	01:01:15.18	9:54	6.1mph	F	28	
258	RUTH LLOYD		RUNNER	227	01:01:23.66	9:59	6.0mph	F	56	
259	NEIL LLOYD		RUNNER	226	01:01:23.69	9:59	6.0mph	M	56	
260	LYNDSEY LEEMING		RUNNER	225	01:01:28.15	9:58	6.0mph	F	41	
261	JULIE ORTON		RUNNER	278	01:01:34.00	9:59	6.0mph	F	46	
262	MARIO BOCCACCIO		RUNNER	37	01:01:45.87	10:02	6.0mph	M	37	
263	HARJINDER POONIAN (PRESTON HARRIERS)		RUNNER	296	01:01:48.16	10:03	6.0mph	M	56	
264	LORNA FENNEL (OLDHAM & ROYTON H & AC)		RUNNER	122	01:01:51.99	10:03	6.0mph	F	32	
265	MELISSA VALENTINE (FYLDE COAST RUNNERS)		RUNNER	379	01:01:54.17	10:05	6.0mph	F	31	
266	KAREN COOK		RUNNER	85	01:01:57.77	10:02	6.0mph	F	51	
267	GRAHAM STEVENSON		RUNNER	352	01:01:58.69	10:02	6.0mph	M	65	
268	MARIE SKYRME (WALNEY WIND CHEETAHS)		RUNNER	333	01:02:03.09	10:01	6.0mph	F	48	
269	MARIE HIRD		RUNNER	180	01:02:03.12	10:03	6.0mph	F	37	
270	DARREN HIRD		RUNNER	181	01:02:03.28	10:03	6.0mph	M	46	
271	KELLY DAY (RED ROSE ROAD RUNNERS)		RUNNER	97	01:02:07.34	10:06	5.9mph	F	37	
272	YVONNE LATHAM		RUNNER	217	01:02:32.71	10:11	5.9mph	F	50	
273	RUTH PEET		RUNNER	285	01:02:32.97	10:08	5.9mph	F	45	
274	SAM CORBETT		RUNNER	87	01:02:33.02	10:10	5.9mph	F	37	
275	SARAH NORTON		RUNNER	265	01:02:43.17	10:13	5.9mph	F	40	
276	JASON MILLS		RUNNER	257	01:02:47.60	10:12	5.9mph	M	44	
277	STEPHEN BURGESS (FYLDE COAST RUNNERS)		RUNNER	56	01:02:48.78	10:12	5.9mph	M	47	
278	JIM EGAN (FYLDE COAST RUNNERS)		RUNNER	3054	01:02:52.49	10:07	5.9mph	M	52	
279	HELEN WAITE		RUNNER	386	01:02:53.71	10:14	5.9mph	F	42	
280	JULIE CLARK (WALNEY WIND CHEETAHS)		RUNNER	76	01:03:15.73	10:16	5.8mph	F	46	
281	JULIE PETHICK		RUNNER	288	01:03:17.90	10:16	5.8mph	F	31	
282	RHIAN VICKERS		RUNNER	381	01:03:18.07	10:16	5.8mph	F	37	
283	CAROLINE THORPE (ACRE STREET RUNNERS)		RUNNER	366	01:03:23.24	10:18	5.8mph	F	43	
284	TORIA CALLAGHAN (RED ROSE ROAD RUNNERS)		RUNNER	63	01:03:23.28	10:18	5.8mph	F	33	
285	LAUREN SHORT (FYLDE COAST RUNNERS)		RUNNER	330	01:03:25.00	10:18	5.8mph	F	15	
286	REBECCA OAKES (FYLDE COAST RUNNERS)		RUNNER	272	01:03:25.50	10:18	5.8mph	F	40	
287	JUDITH GREEN		RUNNER	148	01:03:25.52	10:19	5.8mph	F	45	
288	LUCY DEWHURST (RADCLIFFE AC)		RUNNER	99	01:03:42.25	10:21	5.8mph	F	37	
289	SHELLEY REGAN		RUNNER	303	01:03:59.73	10:25	5.8mph	F	34	
290	KATRIN ULLRICH		RUNNER	378	01:04:13.89	10:27	5.7mph	F	29	
291	ROBERT MANSFIELD		RUNNER	236	01:04:23.16	10:27	5.7mph	M	40	
292	STEPHANIE MCEVOY		RUNNER	245	01:04:33.94	10:28	5.7mph	F	46	
293	ANNE MARIE NIELD		RUNNER	264	01:04:34.55	10:30	5.7mph	F	40	
294	JOANNA ZMUDZINSKA		RUNNER	424	01:04:56.03	10:30	5.7mph	F	29	
295	JUDITH FLEMING		RUNNER	128	01:05:11.55	10:37	5.7mph	F	55	
296	DAVE DOWNEY		RUNNER	106	01:05:17.03	10:38	5.6mph	M	38	
297	EDWARD BAKER		RUNNER	15	01:05:33.66	10:39	5.6mph	M	36	
298	CHRIS GREGORY		RUNNER	153	01:05:47.39	10:41	5.6mph	M	59	
299	CRAIG BROWN		RUNNER	49	01:05:49.61	10:40	5.6mph	M	46	

AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
300	MICHELLE SHERIDAN (LYTHAM ST ANNES RR CL)		RUNNER	329	01:05:59.91	10:44	5.6mph	F	49	
301	CLAIRE OHARE		RUNNER	276	01:06:02.05	10:43	5.6mph	F	45	
302	SARAH HANCOCK (THORNTON CLEVELEYS RU)		RUNNER	159	01:06:04.06	10:44	5.6mph	F	51	
303	SHAUN WANTLING		RUNNER	391	01:06:06.41	10:45	5.6mph	M	45	
304	GEMMA GRAY		RUNNER	147	01:06:21.05	10:48	5.6mph	F	31	
305	GRAHAM EMMERSON		RUNNER	112	01:06:40.56	10:51	5.5mph	M	48	
306	PETER HITCHEN		RUNNER	182	01:06:56.24	10:52	5.5mph	M	66	
307	MARK ASHWORTH		RUNNER	428	01:07:08.32	10:55	5.5mph	M	51	
308	JULIE WILSON		RUNNER	408	01:07:10.21	10:54	5.5mph	F	47	
309	DEBORAH FRANCIS		RUNNER	134	01:07:10.80	10:54	5.5mph	F	46	
310	LAURA CATLOW		RUNNER	70	01:07:16.62	10:57	5.5mph	F	29	
311	ELLIW ROBERTS		RUNNER	311	01:07:29.40	10:57	5.5mph	F	30	
312	MARK GROGAN		RUNNER	155	01:07:36.97	10:56	5.5mph	M	55	
313	NEVILLE WILLIAMS		RUNNER	405	01:07:38.22	11:00	5.5mph	M	57	
314	ERIC TOMLINSON		RUNNER	371	01:08:15.70	11:05	5.4mph	M	52	
315	TRACY JONES		RUNNER	442	01:08:37.37	11:06	5.4mph	F	46	
316	MARK FAIRCLOUGH		RUNNER	115	01:08:38.63	11:05	5.4mph	M	34	
317	MARIA SNAPE (FYLDE COAST RUNNERS)		RUNNER	341	01:08:39.39	11:10	5.4mph	F	33	
318	NIKKI BENTLEY (RED ROSE ROAD RUNNERS)		RUNNER	30	01:09:18.63	11:15	5.3mph	F	29	
319	MICHELLE OCALLAGHAN		RUNNER	273	01:09:25.94	11:14	5.3mph	F	38	
320	SUE RENNIE (PRESTON HARRIERS)		RUNNER	305	01:09:46.10	11:21	5.3mph	F	64	
321	IAN MILLER		RUNNER	254	01:09:46.20	11:17	5.3mph	M	56	
322	CHARLES MCDONALD (FYLDE COAST RUNNERS)		RUNNER	244	01:09:50.80	11:23	5.3mph	M	49	
323	MELANIE LAWSON (FYLDE COAST RUNNERS)		RUNNER	222	01:09:51.18	11:21	5.3mph	F	41	
324	SARAH ASHTON		RUNNER	13	01:09:58.71	11:22	5.3mph	F	24	
325	ZOE HOBBS		RUNNER	183	01:10:01.43	11:22	5.3mph	F	28	
326	DAVID HOLT		RUNNER	188	01:10:01.95	11:22	5.3mph	M	38	
327	KELLY MILLER		RUNNER	255	01:10:40.11	11:30	5.2mph	F	32	
328	JENNIFER CLARK (FYLDE COAST RUNNERS)		RUNNER	75	01:11:33.18	11:38	5.2mph	F	41	
329	AMANDA BOWEN (FYLDE COAST RUNNERS)		RUNNER	40	01:12:16.92	11:46	5.1mph	F	44	
330	FIONA JONES		RUNNER	208	01:12:20.12	11:46	5.1mph	F	41	
331	VICKY SPENCER (FYLDE COAST RUNNERS)		RUNNER	345	01:12:27.70	11:47	5.1mph	F	46	
332	JOYCE WYLIE		RUNNER	417	01:13:05.45	11:54	5.0mph	F	69	
333	LYNDSEY GLYNN		RUNNER	140	01:13:22.73	11:56	5.0mph	F	32	
334	HANNAH JONES		RUNNER	207	01:13:26.10	11:57	5.0mph	F	29	
335	RUTH WATKINSON (RED ROSE ROAD RUNNERS)		RUNNER	394	01:14:24.41	12:06	5.0mph	F	44	
336	CAROLANN BORRER		RUNNER	39	01:14:27.73	12:07	5.0mph	F	47	
337	PIP HOLDEN-PYKE		RUNNER	184	01:14:28.50	12:07	5.0mph	F	46	
338	AUDREY OLDHAM		RUNNER	277	01:14:35.93	12:07	5.0mph	F	55	
339	ELLIE TAYLOR		RUNNER	362	01:14:55.39	12:11	4.9mph	F	21	
340	STEPHANIE DONALDSON		RUNNER	103	01:15:05.96	12:15	4.9mph	F	46	
341	BRITTANY O'NEILL		RUNNER	269	01:15:06.94	12:06	5.0mph	F	20	
342	STEVE BULLOWS (HYDE VILLAGE STRIDERS)		RUNNER	55	01:15:08.05	12:14	4.9mph	M	45	
343	SANDIE ROWLAND (HYDE VILLAGE STRIDERS)		RUNNER	316	01:15:09.67	12:14	4.9mph	F	52	

AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
344	AMI JARVIS		RUNNER	201	01:15:20.64	12:15	4.9mph	F	35	
345	KAYE HOUSTON		RUNNER	190	01:15:21.64	12:15	4.9mph	F	35	
346	NATALIE MANIAK-ARCHER		RUNNER	235	01:16:36.81	12:22	4.9mph	F	25	
347	JOANNA ANDERSON (OLDHAM & ROYTON H & AC)		RUNNER	6	01:16:47.31	12:27	4.8mph	F	28	
348	RACHEL LADD		RUNNER	215	01:16:53.22	12:32	4.8mph	F	28	
349	ANDREA VIRASZKO		RUNNER	383	01:17:45.45	12:33	4.8mph	F	41	
350	MICHELLE CARR		RUNNER	68	01:17:46.39	12:33	4.8mph	F	53	
351	NIN FLETCHER		RUNNER	130	01:19:01.87	12:50	4.7mph	F	39	
352	LIZ MCGRATH		RUNNER	247	01:19:03.93	12:52	4.7mph	F	50	
353	ANDREW HARRISON		RUNNER	166	01:19:30.70	12:57	4.6mph	M	42	
354	JILLIAN ROSSALL		RUNNER	315	01:22:02.28	13:15	4.5mph	F	32	
355	TRACY YOUNG (PRESTON HARRIERS)		RUNNER	423	01:22:02.69	13:15	4.5mph	F	51	
356	RICHARD NUELL (PORTISHEAD R C)		RUNNER	266	01:22:17.35	13:22	4.5mph	M	67	
357	CATHERINE BARROW		RUNNER	20	01:22:34.85	13:24	4.5mph	F	27	
358	ANNA OLIVIA COTTOM		RUNNER	89	01:22:53.53	13:23	4.5mph	F	26	
359	DAWN KERSHAW		RUNNER	209	01:23:03.93	13:30	4.4mph	F	37	
360	CATHERINE WOLSTENHOLME		RUNNER	413	01:23:04.02	13:30	4.4mph	F	39	
361	KATY FALLOWS		RUNNER	118	01:23:05.55	13:31	4.4mph	F	38	
362	MATISSE BRIGNALL (THORNTON CLEVELEYS RU)		RUNNER	47	01:23:27.07	13:34	4.4mph	F	26	
363	STACEY WANTLING		RUNNER	390	01:24:24.81	13:42	4.4mph	F	40	
364	GILLIAN FINN (NORDIC WALKING PRESTON)		RUNNER	125	01:25:07.54	13:51	4.3mph	F	53	
365	CLAIRE PURCELL (CHORLTON RUNNERS)		RUNNER	299	01:26:19.36	14:02	4.3mph	F	37	
366	DIANE DUCKWORTH		RUNNER	108	01:28:49.80	14:27	4.2mph	F	60	
367	RUSTY WRIGHT		RUNNER	416	01:28:50.53	14:26	4.2mph	F	76	
368	GILLIAN MASON		RUNNER	240	01:29:24.22	14:33	4.1mph	F	54	
369	CHRISTINE LOMAS		RUNNER	228	01:29:27.24	14:34	4.1mph	F	56	
370	SUSAN HARRISON		RUNNER	167	01:29:36.11	14:35	4.1mph	F	44	
371	LESLEY FINCH		RUNNER	124	01:35:27.74	15:32	3.9mph	F	60	
372	HELEN FRUDD		RUNNER	135	01:35:38.28	15:33	3.9mph	F	51	
373	ANGELA STANWORTH		RUNNER	349	01:35:51.32	15:35	3.9mph	F	53	
374	VALERIE LAWRENSON		RUNNER	220	01:36:24.82	15:41	3.8mph	F	60	
375	KAREN ADAMS		RUNNER	3	01:36:26.15	15:41	3.8mph	F	59	
376	KERRY SEED		RUNNER	324	01:39:54.22	16:15	3.7mph	F	60	