

# AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	MATTHEW DUCKWORTH (CLAYTON-LE-MOORS HARR)		RUNNER	109	00:36:31.36	5:52	10.2mph	M	29	
2	PAUL MULLER (HORWICH R M I HARRIERS)		RUNNER	260	00:36:46.10	5:54	10.2mph	M	60	
3	ANDREW FAIRBAIRN (THORNTON CLEVELEYS RU)		RUNNER	114	00:38:04.17	6:07	9.8mph	M	42	
4	MATT WALSH (THORNTON CLEVELEYS RU)		RUNNER	438	00:38:49.59	6:14	9.6mph	M	37	
5	JAMES WILSON		RUNNER	409	00:38:54.83	6:15	9.6mph	M	37	
6	IAN SADLER (BARROW & FURNESS STRI)		RUNNER	317	00:38:57.85	6:15	9.6mph	M	52	
7	STEVE ROBINSON		RUNNER	313	00:39:03.18	6:16	9.6mph	M	49	
8	NICHOLAS WILLIAMS		RUNNER	407	00:39:09.84	6:17	9.6mph	M	45	
9	ROSS MCKELVIE (LYTHAM ST ANNES RR CL)		RUNNER	3056	00:39:11.20	6:18	9.5mph	M	30	
10	MATT FARRINGTON		RUNNER	121	00:39:51.42	6:24	9.4mph	M	32	
11	SHAUN HEYS		RUNNER	174	00:40:01.33	6:26	9.3mph	M	34	
12	JERRY WALDER (COLCHESTER HARRIERS AC)		RUNNER	387	00:40:29.70	6:30	9.2mph	M	44	
13	JOHN AGNEW		RUNNER	42	00:40:46.82	6:33	9.2mph	M	38	
14	KEV REED (GARSTANG RUNNING CLUB)		RUNNER	301	00:41:05.66	6:36	9.1mph	M	37	
15	MARK MAYERS (ABERGELE HARRIERS)		RUNNER	241	00:41:06.33	6:36	9.1mph	M	48	
16	DAVID DALY		RUNNER	94	00:41:26.90	6:39	9.0mph	M	35	
17	MYLES HEYWOOD		RUNNER	176	00:41:29.58	6:39	9.0mph	M	34	
18	MICHAEL CLEARY		RUNNER	82	00:41:36.15	6:41	9.0mph	M	49	
19	WARREN CROOK		RUNNER	3053	00:41:43.90	6:42	9.0mph	M	52	
20	CHRIS MILES (PRESTON HARRIERS)		RUNNER	252	00:42:10.39	6:46	8.9mph	M	26	
21	LEE HARDINGHAM		RUNNER	161	00:42:23.41	6:48	8.8mph	M	33	
22	DANNY KING		RUNNER	211	00:42:29.15	6:49	8.8mph	M	37	
23	ANTONY BRISCOE (CUMBERLAND AC)		RUNNER	48	00:42:53.06	6:51	8.8mph	M	55	
24	BOB LAUDER (FYLDE COAST RUNNERS)		RUNNER	218	00:42:58.82	6:53	8.7mph	M	54	
25	LEE WALKER		RUNNER	389	00:43:02.90	6:54	8.7mph	M	28	
26	STUART SMITH		RUNNER	336	00:43:12.91	6:56	8.7mph	M	41	
27	NEIL TATE (LYTHAM ST ANNES RR CL)		RUNNER	358	00:43:20.39	6:56	8.7mph	M	38	
28	CHRIS PUNTON (WALNEY WIND CHEETAHS)		RUNNER	441	00:43:22.31	6:58	8.6mph	M	34	
29	JENNIFER HILL (LYTHAM ST ANNES RR CL)		RUNNER	177	00:43:31.40	6:59	8.6mph	F	31	
30	RUSSELL WAREING (LANCASTER & MORECAMBE)		RUNNER	392	00:43:54.31	7:01	8.5mph	M	46	
31	JAMES CORNALL (GARSTANG RUNNING CLUB)		RUNNER	88	00:43:59.63	7:04	8.5mph	M	31	
32	MIKE SKYRME		RUNNER	334	00:43:59.63	7:03	8.5mph	M	49	
33	DAVID SEMMENCE		RUNNER	325	00:44:09.89	7:06	8.5mph	M	32	
34	MICHAEL ODDIE		RUNNER	274	00:44:20.39	7:07	8.4mph	M	43	
35	JANINE NEEDHAM (RED ROSE ROAD RUNNERS)		RUNNER	263	00:44:23.29	7:07	8.4mph	F	42	
36	JANUSZ BARTNIK		RUNNER	23	00:44:38.55	7:09	8.4mph	M	38	
37	KIM ANDERSON (WALNEY WIND CHEETAHS)		RUNNER	7	00:44:41.39	7:10	8.4mph	F	36	
38	ALEX MASON		RUNNER	238	00:44:53.30	7:11	8.4mph	M	15	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
39	MICHAEL MORAN (BLACKBURN ROAD RUNNERS)		RUNNER	258	00:44:58.80	7:12	8.3mph	M	58	
40	DANNY HEYES		RUNNER	435	00:45:01.90	7:14	8.3mph	M	29	
41	MICHELLE ABBOTT (CLAYTON-LE-MOORS HARR)		RUNNER	1	00:45:02.54	7:14	8.3mph	F	37	
42	DAVID CLARKSON		RUNNER	78	00:45:07.90	7:14	8.3mph	M	39	
43	ALEX BURNS		RUNNER	59	00:45:08.04	7:15	8.3mph	M	21	
44	BEN SMITHERS (RED ROSE ROAD RUNNERS)		RUNNER	340	00:45:09.90	7:14	8.3mph	M	30	
45	MATTHEW JACKSON		RUNNER	199	00:45:11.55	7:15	8.3mph	M	26	
46	CASSANDRA SMEDLEY (CLAYTON-LE-MOORS HARR)		RUNNER	335	00:45:13.04	7:16	8.3mph	F	38	
47	GEOFF LEECH (HORWICH R M I HARRIERS)		RUNNER	224	00:45:14.87	7:14	8.3mph	M	51	
48	TONY WARHAM (BOLTON UNITED HARRIER)		RUNNER	393	00:45:15.62	7:15	8.3mph	M	40	
49	MARTIN LALLY (FYLDE COAST RUNNERS)		RUNNER	216	00:45:47.87	7:19	8.2mph	M	37	
50	IAN JONES (WALNEY WIND CHEETAHS)		RUNNER	203	00:45:49.79	7:22	8.2mph	M	60	
51	LYNSEY BIRTWISTLE (CLAYTON-LE-MOORS HARR)		RUNNER	33	00:46:04.08	7:24	8.1mph	F	38	
52	PAUL BROWN		RUNNER	51	00:46:08.40	7:25	8.1mph	M	43	
53	DOUGIE POTTER (PRESTON HARRIERS)		RUNNER	298	00:46:09.62	7:24	8.1mph	M	34	
54	NEIL WALKER (RED ROSE ROAD RUNNERS)		RUNNER	388	00:46:10.38	7:24	8.1mph	M	37	
55	VINCENT JONES		RUNNER	205	00:46:18.11	7:26	8.1mph	M	45	
56	MARK WHITEHOUSE		RUNNER	396	00:46:19.41	7:26	8.1mph	M	44	
57	KAREN MAGGIO-POYNTZ		RUNNER	233	00:46:23.86	7:27	8.1mph	F	46	
58	STUART BENSON (FYLDE COAST RUNNERS)		RUNNER	29	00:46:30.12	7:27	8.1mph	M	45	
59	ANNETTE QUARRY		RUNNER	300	00:46:43.78	7:29	8.0mph	F	48	
60	DUNCAN MCINTYRE		RUNNER	250	00:46:53.37	7:30	8.0mph	M	56	
61	ADAM ROBINSON		RUNNER	312	00:46:55.12	7:32	8.0mph	M	26	
62	SIMON DOLMAN (DH RUNNERS)		RUNNER	102	00:46:59.11	7:31	8.0mph	M	45	
63	STEPHEN PERRY (LANCASTER & MORECAMBE)		RUNNER	287	00:47:02.85	7:31	8.0mph	M	60	
64	GEMMA GREENWOOD (LANCASTER RACE SERIES)		RUNNER	152	00:47:03.28	7:31	8.0mph	F	35	
65	OZZIE PARSONS (FYLDE COAST RUNNERS)		RUNNER	282	00:47:07.88	7:34	7.9mph	M	36	
66	AMY SINGLETON (WALNEY WIND CHEETAHS)		RUNNER	332	00:47:08.63	7:33	8.0mph	F	36	
67	JOSEPH SATE (SALFORD METROPOLITAN)		RUNNER	319	00:47:08.87	7:33	8.0mph	M	65	
68	GARETH TROUGHTON		RUNNER	374	00:47:09.53	7:34	7.9mph	M	34	
69	JANICE CALLISTER		RUNNER	64	00:47:12.37	7:34	7.9mph	F	51	
70	WILLIAM MCINERNEY		RUNNER	248	00:47:14.88	7:34	7.9mph	M	33	
71	JAMIE DEPPORT		RUNNER	98	00:47:18.07	7:34	7.9mph	M	32	
72	OWEN WHITTELL		RUNNER	398	00:47:22.53	7:33	7.9mph	M	37	
73	LEE TASKER		RUNNER	356	00:47:26.63	7:35	7.9mph	M	40	
74	ADAM BUTLER		RUNNER	62	00:47:28.68	7:35	7.9mph	M	33	
75	SHAUN HAYNES		RUNNER	170	00:47:32.13	7:37	7.9mph	M	54	
76	TOM MCATEER		RUNNER	242	00:47:32.61	7:35	7.9mph	M	54	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
77	ANDREW ALLEN		RUNNER	5	00:47:36.86	7:36	7.9mph	M	49	
78	SAM BLAKEMAN (WIGAN & DISTRICT H & )		RUNNER	35	00:47:40.86	7:38	7.9mph	M	36	
79	JAMES BUTLER (RED ROSE ROAD RUNNERS)		RUNNER	61	00:47:50.02	7:40	7.8mph	M	30	
80	CHRISTOPHER WYLIE		RUNNER	418	00:47:51.28	7:39	7.8mph	M	26	
81	MARK SALISBURY		RUNNER	318	00:47:52.16	7:39	7.8mph	M	35	
82	ANDY LEA		RUNNER	223	00:47:54.14	7:40	7.8mph	M	27	
83	PATRICK FILIO		RUNNER	123	00:48:03.77	7:41	7.8mph	M	35	
84	RACHEL SATE (SALFORD METROPOLITAN )		RUNNER	321	00:48:06.85	7:42	7.8mph	F	32	
85	PHILLIP DUNN		RUNNER	111	00:48:10.64	7:44	7.8mph	M	25	
86	MIKE SAWYER (FYLDE COAST RUNNERS)		RUNNER	322	00:48:12.62	7:43	7.8mph	M	30	
87	HELEN JONES		RUNNER	206	00:48:15.11	7:44	7.8mph	F	37	
88	ALAN COOPER (FYLDE COAST RUNNERS)		RUNNER	86	00:48:26.77	7:45	7.7mph	M	34	
89	DAVID MILLAR		RUNNER	253	00:48:27.64	7:44	7.8mph	M	48	
90	GARY TURNER (RED ROSE ROAD RUNNERS)		RUNNER	376	00:48:28.58	7:46	7.7mph	M	35	
91	ANN GRIFFITHS (FYLDE COAST RUNNERS)		RUNNER	154	00:48:32.76	7:46	7.7mph	F	55	
92	COLIN DAVIES (ALTRINCHAM & DISTRICT)		RUNNER	95	00:48:36.13	7:48	7.7mph	M	67	
93	MICK BRAITHWAITE (RED ROSE ROAD RUNNERS)		RUNNER	44	00:48:49.37	7:47	7.7mph	M	46	
94	GARY PEET		RUNNER	284	00:48:52.88	7:46	7.7mph	M	50	
95	JUSTIN BIRTWISTLE (CLAYTON-LE-MOORS HARR)		RUNNER	34	00:48:54.36	7:51	7.6mph	M	42	
96	PHILLIP YOUNG		RUNNER	422	00:49:09.10	7:51	7.6mph	M	54	
97	NIGEL HASTINGS		RUNNER	168	00:49:12.61	7:53	7.6mph	M	40	
98	MARTIN OGIER		RUNNER	436	00:49:26.56	7:55	7.6mph	M	37	
99	GERARD BROWNE (LYTHAM ST ANNES RR CL)		RUNNER	52	00:49:32.01	7:56	7.6mph	M	39	
100	SCOTT BURNS		RUNNER	58	00:49:36.76	7:56	7.6mph	M	49	
101	ROBERT HAYES		RUNNER	169	00:49:37.60	7:56	7.6mph	M	34	
102	JOHN HEATON		RUNNER	171	00:49:39.35	7:55	7.6mph	M	43	
103	TED KIRKHAM		RUNNER	214	00:49:42.37	7:59	7.5mph	M	44	
104	DANIELLE CATHCART		RUNNER	69	00:49:46.39	8:00	7.5mph	F	26	
105	MATHEW HILL (LYTHAM ST ANNES RR CL)		RUNNER	179	00:49:54.64	8:01	7.5mph	M	35	
106	STEVEN GORE (WESHAM ROAD RUNNERS & )		RUNNER	141	00:49:58.07	7:59	7.5mph	M	36	
107	STEPHEN OSEI-OSAFO		RUNNER	279	00:49:58.07	7:59	7.5mph	M	21	
108	CLOEY MASON (BARLICK FELL RUNNERS)		RUNNER	239	00:50:13.80	8:02	7.5mph	F	44	
109	TERRY LONERGAN (BARLICK FELL RUNNERS)		RUNNER	229	00:50:16.62	8:03	7.5mph	M	68	
110	PAUL DREW		RUNNER	107	00:50:21.12	8:03	7.5mph	M	49	
111	MCCARTHY ED		RUNNER	3055	00:50:34.08	8:08	7.4mph	M	50	
112	KATHRYN BERRIE		RUNNER	31	00:50:46.60	8:09	7.4mph	F	25	
113	JONATHAN FORD		RUNNER	132	00:50:48.50	8:04	7.4mph	M	41	
114	LAURA STENHOUSE		RUNNER	350	00:50:52.81	8:07	7.4mph	F	21	
115	AMY LONGWORTH		RUNNER	230	00:50:52.84	8:08	7.4mph	F	25	
116	PETE WILLIAMS (OLDHAM & ROYTON H & AC)		RUNNER	404	00:51:18.04	8:12	7.3mph	M	61	
117	STU GORRY		RUNNER	145	00:51:20.35	8:11	7.3mph	M	43	
118	TARA BROWN		RUNNER	425	00:51:22.33	8:12	7.3mph	F	36	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
119	DARREN MARTIN		RUNNER	237	00:51:35.86	8:17	7.2mph	M	47	
120	JASON STONES		RUNNER	354	00:51:37.84	8:17	7.2mph	M	44	
121	SUZANNE BOYLE (WALNEY WIND CHEETAHS)		RUNNER	43	00:51:39.38	8:18	7.2mph	F	46	
122	CLARE COLLINS		RUNNER	84	00:51:41.36	8:14	7.3mph	F	40	
123	JULIE SENIOR		RUNNER	326	00:51:48.07	8:18	7.2mph	F	46	
124	NICK VALENTINE		RUNNER	380	00:51:49.05	8:18	7.2mph	M	22	
125	TONY GORNALL		RUNNER	143	00:51:57.82	8:17	7.2mph	M	57	
126	JENNY MCINTYRE (SPECTRUM STRIDERS)		RUNNER	249	00:52:05.10	8:21	7.2mph	F	55	
127	SARA FISH		RUNNER	126	00:52:09.31	8:19	7.2mph	F	28	
128	JOHN CLUCAS (BLACKBURN ROAD RUNNERS)		RUNNER	439	00:52:10.24	8:20	7.2mph	M	55	
129	MARC TAYLOR-ALLAN		RUNNER	364	00:52:17.55	8:21	7.2mph	M	35	
130	RICHARD JONES		RUNNER	204	00:52:17.57	8:21	7.2mph	M	34	
131	CHRIS TAYLOR		RUNNER	361	00:52:18.07	8:23	7.2mph	M	28	
132	CRAIG PLATT		RUNNER	291	00:52:18.74	8:21	7.2mph	M	46	
133	KATHRYN CHESTER		RUNNER	71	00:52:22.58	8:24	7.1mph	F	48	
134	ANDREA DOUGLAS (BRAMLEY BREEZERS)		RUNNER	105	00:52:25.36	8:25	7.1mph	F	42	
135	TONY THWAITES		RUNNER	367	00:52:27.14	8:20	7.2mph	M	52	
136	ROBERT SPENCER		RUNNER	348	00:52:41.34	8:26	7.1mph	M	52	
137	JASON BRUCE		RUNNER	53	00:52:47.23	8:24	7.1mph	M	29	
138	BRENDAN O'DONNELL		RUNNER	427	00:52:48.34	8:21	7.2mph	M	34	
139	MATT WILSON		RUNNER	411	00:52:56.81	8:30	7.1mph	M	29	
140	ANDY WHITE		RUNNER	426	00:53:11.32	8:28	7.1mph	M	54	
141	STEVEN MAINE		RUNNER	234	00:53:13.29	8:29	7.1mph	M	40	
142	KARL LUCAS (THORNTON CLEVELEYS RU)		RUNNER	433	00:53:14.60	8:30	7.1mph	M	48	
143	MICHAEL BERRIE		RUNNER	32	00:53:20.74	8:34	7.0mph	M	24	
144	GIANMARCO VITTI		RUNNER	384	00:53:23.48	8:30	7.1mph	M	25	
145	GARRY WILD		RUNNER	401	00:53:25.98	8:31	7.0mph	M	37	
146	STEPHEN BULLEN		RUNNER	54	00:53:28.57	8:32	7.0mph	M	45	
147	SHEONA LAWRENCE- SILVER		RUNNER	219	00:53:30.57	8:32	7.0mph	F	29	
148	BRETT STEVENS (FYLDE COAST RUNNERS)		RUNNER	351	00:53:41.81	8:34	7.0mph	M	43	
149	CHRIS WOODHOUSE		RUNNER	414	00:53:41.98	8:38	7.0mph	M	60	
150	JANE HYLANDS (CLAYTON-LE-MOORS HARR)		RUNNER	193	00:53:44.57	8:38	6.9mph	F	46	
151	DEREK WOOLLEY		RUNNER	415	00:53:54.06	8:37	7.0mph	M	67	
152	DAN CRABTREE		RUNNER	91	00:53:55.59	8:39	6.9mph	M	37	
153	DEBBIE CALLENDER		RUNNER	432	00:53:58.09	8:37	7.0mph	F	34	
154	PHIL GREENWOOD		RUNNER	151	00:53:58.85	8:36	7.0mph	M	37	
155	MIKE SMITH		RUNNER	338	00:54:05.48	8:41	6.9mph	M	45	
156	CHARLOTTE DAY		RUNNER	96	00:54:17.05	8:40	6.9mph	F	21	
157	JOANNE FAIRCLOUGH		RUNNER	116	00:54:17.23	8:42	6.9mph	F	37	
158	ADAM HOLMES		RUNNER	185	00:54:17.48	8:40	6.9mph	M	27	
159	CAROLE WILKINSON (LANCASTER & MORECAMBE)		RUNNER	403	00:54:21.80	8:41	6.9mph	F	57	
160	LEWIS THWAITES		RUNNER	368	00:54:31.72	8:40	6.9mph	M	18	
161	LOUISE HOWARD		RUNNER	191	00:54:37.47	8:46	6.8mph	F	33	
162	RUSSELL WHYHAM		RUNNER	399	00:54:40.06	8:47	6.8mph	M	40	
163	JOE INCUTTI		RUNNER	195	00:54:45.71	8:43	6.9mph	M	46	
164	IRENA OGOROWSKA		RUNNER	275	00:54:52.06	8:45	6.9mph	F	29	
165	MICHAEL HARRISON		RUNNER	165	00:55:01.80	8:48	6.8mph	M	59	

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Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
166	LAURA LEIGH (WALNEY WIND CHEETAHS)		RUNNER	437	00:55:04.72	8:51	6.8mph	F	36	
167	CLAIRE BRIDGE (BLACKBURN HARRIERS & )		RUNNER	431	00:55:06.97	8:51	6.8mph	F	45	
168	KIRK DOUGLAS (BRAMLEY BREEZERS)		RUNNER	104	00:55:08.28	8:51	6.8mph	M	50	
169	DAVID CARD (OSWESTRY OLYMPIANS)		RUNNER	65	00:55:08.81	8:48	6.8mph	M	37	
170	RACHEL JOHNSON		RUNNER	202	00:55:08.81	8:48	6.8mph	F	51	
171	MARY SATE		RUNNER	320	00:55:12.21	8:49	6.8mph	F	66	
172	ALEX KILPATRICK		RUNNER	210	00:55:12.97	8:49	6.8mph	M	31	
173	JAMES PATRICKSON		RUNNER	283	00:55:20.34	8:49	6.8mph	M	54	
174	LUCY FALLON		RUNNER	117	00:55:32.11	8:51	6.8mph	F	39	
175	SINEADH WHEELER		RUNNER	395	00:55:33.80	8:53	6.8mph	F	39	
176	EMILY SNAPE		RUNNER	342	00:55:39.10	8:54	6.7mph	F	26	
177	MELISSA BREW		RUNNER	45	00:55:48.96	8:56	6.7mph	F	25	
178	DAWN CALLAGHAN (FYLDE COAST RUNNERS)		RUNNER	440	00:56:08.20	8:58	6.7mph	F	43	
179	JENNIFER IRELAND		RUNNER	196	00:56:08.77	9:01	6.7mph	F	48	
180	CHRIS BRIGGS		RUNNER	46	00:56:12.97	8:59	6.7mph	M	44	
181	PETER ROBERTS (WIGAN & DISTRICT H & )		RUNNER	309	00:56:22.04	9:00	6.7mph	M	37	
182	TERRY CLARKSON		RUNNER	79	00:56:23.81	8:57	6.7mph	M	44	
183	JULIE PETTY		RUNNER	289	00:56:28.78	8:59	6.7mph	F	56	
184	BEN TIPPING		RUNNER	369	00:56:35.08	9:01	6.6mph	M	35	
185	VICKY REYNOLDS		RUNNER	306	00:56:36.54	9:02	6.6mph	F	37	
186	SUSAN HARGREAVES		RUNNER	163	00:56:38.07	9:04	6.6mph	F	40	
187	AMANDA HAGUE		RUNNER	156	00:56:39.54	9:02	6.6mph	F	37	
188	LEIGH CLAYTON		RUNNER	81	00:56:46.59	9:03	6.6mph	M	31	
189	KAREN JACKSON		RUNNER	198	00:56:49.79	9:05	6.6mph	F	36	
190	A SHAKESHAFT		RUNNER	327	00:56:54.55	9:03	6.6mph	F	26	
191	JOANNE HARGREAVES		RUNNER	164	00:57:18.78	9:08	6.6mph	F	49	
192	BERNARD BROWN		RUNNER	50	00:57:20.80	9:08	6.6mph	M	53	
193	GARETH CARLISLE		RUNNER	67	00:57:22.95	9:09	6.6mph	M	36	
194	CASHEL MCGOWAN		RUNNER	246	00:57:27.20	9:09	6.6mph	M	33	
195	MARIEKE GALGENBELD		RUNNER	136	00:57:28.55	9:10	6.5mph	F	28	
196	JOE SIMI		RUNNER	331	00:57:34.28	9:11	6.5mph	M	20	
197	CAROL SHARPE		RUNNER	328	00:57:34.44	9:11	6.5mph	F	42	
198	PAUL KINGSHOTT		RUNNER	213	00:57:40.10	9:12	6.5mph	M	42	
199	BYRON TOULMIN		RUNNER	373	00:58:18.09	9:18	6.5mph	M	40	
200	SARAH CASEY		RUNNER	446	00:58:18.64	9:16	6.5mph	F	29	
201	KATIE DALTON (TRAWDEN ATHLETIC CLUB)		RUNNER	93	00:58:29.18	9:21	6.4mph	F	26	
202	STEPHEN BOYD		RUNNER	41	00:58:37.28	9:20	6.4mph	M	35	
203	JOANNE TAYLOR		RUNNER	363	00:58:40.56	9:22	6.4mph	F	25	
204	JO RODGER (FYLDE COAST RUNNERS)		RUNNER	314	00:58:42.48	9:23	6.4mph	F	48	
205	REBECCA GANCHI		RUNNER	138	00:58:55.02	9:24	6.4mph	F	44	
206	JASON COLCLOUGH		RUNNER	83	00:58:56.52	9:27	6.4mph	M	46	
207	CHARLOTTE THOMAS		RUNNER	365	00:58:56.78	9:27	6.3mph	F	38	
208	LUCY TURNER (RED ROSE ROAD RUNNERS)		RUNNER	375	00:58:56.94	9:25	6.4mph	F	35	
209	NIKKI MILLS (OLDHAM & ROYTON H & AC)		RUNNER	256	00:59:07.44	9:26	6.4mph	F	40	
210	BECKIE WAINE (RUN MUMMY RUN)		RUNNER	385	00:59:12.26	9:31	6.3mph	F	35	
211	NORMAN REES		RUNNER	302	00:59:12.69	9:24	6.4mph	M	60	

# AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
212	DAN FOSTER (FYLDE COAST RUNNERS)		RUNNER	133	00:59:17.03	9:28	6.3mph	M	41	
213	NATASHA HOLMES		RUNNER	187	00:59:21.03	9:29	6.3mph	F	25	
214	LISA HOLMES		RUNNER	186	00:59:21.45	9:29	6.3mph	F	48	
215	STEPHEN DUNN		RUNNER	110	00:59:23.02	9:30	6.3mph	M	60	
216	ALISON NUTTALL		RUNNER	268	00:59:24.18	9:28	6.3mph	F	40	
217	MARK NUTTALL		RUNNER	267	00:59:24.78	9:28	6.3mph	M	49	
218	ROSEANNE SOAR		RUNNER	343	00:59:26.68	9:28	6.3mph	F	26	
219	MARZENA TOMAS		RUNNER	370	00:59:29.26	9:30	6.3mph	F	33	
220	ALEXIA O'FLAHERTY (FYLDE COAST RUNNERS)		RUNNER	271	00:59:30.02	9:28	6.3mph	F	37	
221	REBECCA YEOMAN		RUNNER	421	00:59:33.97	9:30	6.3mph	F	38	
222	VAL FLEMING (WALNEY WIND CHEETAHS)		RUNNER	129	00:59:34.05	9:33	6.3mph	F	62	
223	CAROLE BARTLETT		RUNNER	22	00:59:38.02	9:30	6.3mph	F	55	
224	MALCOLM WHITEHOUSE		RUNNER	397	00:59:49.02	9:36	6.3mph	M	70	
225	JAMIE-LEIGH LUNDY		RUNNER	231	00:59:51.54	9:32	6.3mph	F	21	
226	MARIKA PACHOLEWICZ		RUNNER	280	00:59:52.48	9:34	6.3mph	F	32	
227	KATIE MYNOTT		RUNNER	262	00:59:55.17	9:34	6.3mph	F	33	
228	JENNY POLLARD (FYLDE COAST RUNNERS)		RUNNER	292	01:00:01.05	9:33	6.3mph	F	39	
229	ALLAN MCNEIL		RUNNER	251	01:00:04.56	9:33	6.3mph	M	42	
230	KAREN BENNETT		RUNNER	28	01:00:08.52	9:39	6.2mph	F	48	
231	LEANNE BATTY (THORNTON CLEVELEYS RU)		RUNNER	24	01:00:15.00	9:36	6.3mph	F	39	
232	ANNEKA ANDREWS		RUNNER	8	01:00:18.27	9:40	6.2mph	F	29	
233	KATIE CLANCY		RUNNER	72	01:00:19.19	9:37	6.2mph	F	26	
234	ANDY MCCULLOCH		RUNNER	243	01:00:21.43	9:35	6.3mph	M	42	
235	NAOMI JACKSON		RUNNER	200	01:00:24.23	9:40	6.2mph	F	27	
236	JAYNE RENNIE		RUNNER	304	01:00:25.93	9:36	6.2mph	F	28	
237	MEL HALL (OLDHAM & ROYTON H & AC)		RUNNER	157	01:00:26.77	9:38	6.2mph	F	38	
238	KEITH ANDREWS		RUNNER	9	01:00:33.67	9:39	6.2mph	M	68	
239	LOUISE PORTER (DH RUNNERS)		RUNNER	297	01:00:33.75	9:42	6.2mph	F	46	
240	TRACEY ALAMI (RED ROSE ROAD RUNNERS)		RUNNER	4	01:00:36.68	9:40	6.2mph	F	41	
241	JENNIFER CARLISLE		RUNNER	66	01:00:43.05	9:40	6.2mph	F	36	
242	BILL SMITH		RUNNER	339	01:00:48.03	9:41	6.2mph	M	68	
243	ROBERT PERRY		RUNNER	286	01:00:48.42	9:41	6.2mph	M	43	
244	MAUREEN ROBERTS (LANCASTER RACE SERIES)		RUNNER	308	01:00:51.01	9:43	6.2mph	F	61	
245	JENNIFER TOPPING		RUNNER	372	01:00:51.01	9:40	6.2mph	F	37	
246	KATIE SPENCER		RUNNER	347	01:00:54.51	9:45	6.2mph	F	41	
247	MICHELLE FARMER		RUNNER	119	01:00:59.77	9:45	6.2mph	F	42	
248	HELEN TASKER (FYLDE COAST RUNNERS)		RUNNER	357	01:01:02.07	9:43	6.2mph	F	35	
249	DAVID JONES		RUNNER	443	01:01:14.74	9:48	6.1mph	M	50	
250	JOANNA DOBSON (RED ROSE ROAD RUNNERS)		RUNNER	101	01:01:20.16	9:48	6.1mph	F	30	
251	KATIE PARKER		RUNNER	281	01:01:23.26	9:51	6.1mph	F	28	
252	SHARON TAYLOR		RUNNER	359	01:01:24.52	9:51	6.1mph	F	52	
253	ANDREW BARRY		RUNNER	21	01:01:28.00	9:47	6.1mph	M	47	
254	ADINA POLLARD		RUNNER	293	01:01:30.01	9:48	6.1mph	F	41	
255	EMMA TAYLOR (DH RUNNERS)		RUNNER	360	01:01:34.66	9:51	6.1mph	F	28	

# AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
256	STEPHANIE ROBERTS (GLAXO HOAD HILL HARRI)		RUNNER	310	01:01:42.99	9:50	6.1mph	F	34	
257	DENISE FLITCROFT		RUNNER	131	01:01:51.29	9:50	6.1mph	F	44	
258	LYNDSEY LEEMING		RUNNER	225	01:01:56.99	9:54	6.1mph	F	41	
259	JULIE ORTON		RUNNER	278	01:02:02.41	9:54	6.1mph	F	46	
260	RUTH LLOYD		RUNNER	227	01:02:04.97	9:53	6.1mph	F	56	
261	NEIL LLOYD		RUNNER	226	01:02:05.00	9:53	6.1mph	M	56	
262	MARIE SKYRME (WALNEY WIND CHEETAHS)		RUNNER	333	01:02:17.40	9:59	6.0mph	F	48	
263	KAREN COOK		RUNNER	85	01:02:19.50	9:58	6.0mph	F	51	
264	GRAHAM STEVENSON		RUNNER	352	01:02:20.00	9:58	6.0mph	M	65	
265	MARIO BOCCACCIO		RUNNER	37	01:02:20.66	9:56	6.0mph	M	37	
266	LORNA FENNEL (OLDHAM & ROYTON H &		RUNNER	122	01:02:24.99	9:57	6.0mph	F	32	
267	HARJINDER POONIAN (PRESTON HARRIERS)		RUNNER	296	01:02:26.47	9:57	6.0mph	M	56	
268	MARIE HIRD		RUNNER	180	01:02:28.78	9:59	6.0mph	F	37	
269	DARREN HIRD		RUNNER	181	01:02:28.78	9:59	6.0mph	M	46	
270	MELISSA VALENTINE (FYLDE COAST RUNNERS)		RUNNER	379	01:02:37.48	9:58	6.0mph	F	31	
271	KELLY DAY (RED ROSE ROAD RUNNERS)		RUNNER	97	01:02:48.66	10:00	6.0mph	F	37	
272	JIM EGAN (FYLDE COAST RUNNERS)		RUNNER	3054	01:02:52.49	10:07	5.9mph	M	52	
273	RUTH PEET		RUNNER	285	01:02:58.16	10:04	6.0mph	F	45	
274	SAM CORBETT		RUNNER	87	01:03:08.98	10:04	6.0mph	F	37	
275	YVONNE LATHAM		RUNNER	217	01:03:14.90	10:04	6.0mph	F	50	
276	JASON MILLS		RUNNER	257	01:03:22.40	10:06	5.9mph	M	44	
277	STEPHEN BURGESS (FYLDE COAST RUNNERS)		RUNNER	56	01:03:24.52	10:06	5.9mph	M	47	
278	SARAH NORTON		RUNNER	265	01:03:27.50	10:06	5.9mph	F	40	
279	HELEN WAITE		RUNNER	386	01:03:36.40	10:07	5.9mph	F	42	
280	JULIE CLARK (WALNEY WIND CHEETAHS)		RUNNER	76	01:03:48.73	10:11	5.9mph	F	46	
281	RHIAN VICKERS		RUNNER	381	01:03:48.98	10:11	5.9mph	F	37	
282	JULIE PETHICK		RUNNER	288	01:03:50.21	10:11	5.9mph	F	31	
283	CAROLINE THORPE (ACRE STREET RUNNERS)		RUNNER	366	01:04:00.23	10:12	5.9mph	F	43	
284	LAUREN SHORT (FYLDE COAST RUNNERS)		RUNNER	330	01:04:00.48	10:12	5.9mph	F	15	
285	REBECCA OAKES (FYLDE COAST RUNNERS)		RUNNER	272	01:04:01.23	10:12	5.9mph	F	40	
286	TORIA CALLAGHAN (RED ROSE ROAD RUNNERS)		RUNNER	63	01:04:03.44	10:12	5.9mph	F	33	
287	JUDITH GREEN		RUNNER	148	01:04:07.49	10:12	5.9mph	F	45	
288	LUCY DEWHURST (RADCLIFFE AC)		RUNNER	99	01:04:18.89	10:15	5.9mph	F	37	
289	SHELLEY REGAN		RUNNER	303	01:04:46.47	10:18	5.8mph	F	34	
290	KATRIN ULLRICH		RUNNER	378	01:04:59.28	10:20	5.8mph	F	29	
291	ROBERT MANSFIELD		RUNNER	236	01:04:59.47	10:22	5.8mph	M	40	
292	STEPHANIE MCEVOY		RUNNER	245	01:05:03.53	10:23	5.8mph	F	46	
293	ANNE MARIE NIELD		RUNNER	264	01:05:14.02	10:23	5.8mph	F	40	
294	JOANNA ZMUDZINSKA		RUNNER	424	01:05:17.01	10:27	5.7mph	F	29	
295	JUDITH FLEMING		RUNNER	128	01:05:56.21	10:29	5.7mph	F	55	
296	DAVE DOWNEY		RUNNER	106	01:06:04.51	10:30	5.7mph	M	38	
297	EDWARD BAKER		RUNNER	15	01:06:10.38	10:33	5.7mph	M	36	
298	CRAIG BROWN		RUNNER	49	01:06:18.45	10:36	5.7mph	M	46	
299	CHRIS GREGORY		RUNNER	153	01:06:21.71	10:35	5.7mph	M	59	

# AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
300	CLAIRE OHARE		RUNNER	276	01:06:36.37	10:38	5.6mph	F	45	
301	MICHELLE SHERIDAN (LYTHAM ST ANNES RR CL)		RUNNER	329	01:06:41.23	10:37	5.7mph	F	49	
302	SARAH HANCOCK (THORNTON CLEVELEYS RU)		RUNNER	159	01:06:43.38	10:38	5.6mph	F	51	
303	SHAUN WANTLING		RUNNER	391	01:06:47.72	10:38	5.6mph	M	45	
304	GEMMA GRAY		RUNNER	147	01:07:09.36	10:41	5.6mph	F	31	
305	GRAHAM EMMERSON		RUNNER	112	01:07:23.87	10:44	5.6mph	M	48	
306	PETER HITCHEN		RUNNER	182	01:07:32.71	10:46	5.6mph	M	66	
307	DEBORAH FRANCIS		RUNNER	134	01:07:43.12	10:49	5.6mph	F	46	
308	JULIE WILSON		RUNNER	408	01:07:43.21	10:49	5.6mph	F	47	
309	MARK ASHWORTH		RUNNER	428	01:07:49.23	10:48	5.6mph	M	51	
310	MARK GROGAN		RUNNER	155	01:07:59.70	10:53	5.5mph	M	55	
311	LAURA CATLOW		RUNNER	70	01:08:00.95	10:50	5.5mph	F	29	
312	ELLIW ROBERTS		RUNNER	311	01:08:05.71	10:52	5.5mph	F	30	
313	NEVILLE WILLIAMS		RUNNER	405	01:08:21.96	10:53	5.5mph	M	57	
314	ERIC TOMLINSON		RUNNER	371	01:08:50.86	10:59	5.5mph	M	52	
315	MARK FAIRCLOUGH		RUNNER	115	01:08:51.36	11:03	5.4mph	M	34	
316	TRACY JONES		RUNNER	442	01:08:56.11	11:03	5.4mph	F	46	
317	MARIA SNAPE (FYLDE COAST RUNNERS)		RUNNER	341	01:09:24.86	11:03	5.4mph	F	33	
318	MICHELLE OCALLAGHAN		RUNNER	273	01:09:48.10	11:10	5.4mph	F	38	
319	NIKKI BENTLEY (RED ROSE ROAD RUNNERS)		RUNNER	30	01:09:56.94	11:09	5.4mph	F	29	
320	IAN MILLER		RUNNER	254	01:10:07.94	11:14	5.3mph	M	56	
321	MELANIE LAWSON (FYLDE COAST RUNNERS)		RUNNER	222	01:10:30.18	11:14	5.3mph	F	41	
322	SUE RENNIE (PRESTON HARRIERS)		RUNNER	305	01:10:33.10	11:14	5.3mph	F	64	
323	SARAH ASHTON		RUNNER	13	01:10:40.10	11:16	5.3mph	F	24	
324	ZOE HOBBS		RUNNER	183	01:10:40.43	11:16	5.3mph	F	28	
325	DAVID HOLT		RUNNER	188	01:10:40.95	11:16	5.3mph	M	38	
326	CHARLES MCDONALD (FYLDE COAST RUNNERS)		RUNNER	244	01:10:41.11	11:14	5.3mph	M	49	
327	KELLY MILLER		RUNNER	255	01:11:25.58	11:22	5.3mph	F	32	
328	JENNIFER CLARK (FYLDE COAST RUNNERS)		RUNNER	75	01:12:16.92	11:31	5.2mph	F	41	
329	AMANDA BOWEN (FYLDE COAST RUNNERS)		RUNNER	40	01:13:05.66	11:38	5.2mph	F	44	
330	FIONA JONES		RUNNER	208	01:13:06.44	11:38	5.2mph	F	41	
331	VICKY SPENCER (FYLDE COAST RUNNERS)		RUNNER	345	01:13:16.17	11:40	5.1mph	F	46	
332	JOYCE WYLIE		RUNNER	417	01:13:54.90	11:46	5.1mph	F	69	
333	LYNDSEY GLYNN		RUNNER	140	01:14:07.06	11:48	5.1mph	F	32	
334	HANNAH JONES		RUNNER	207	01:14:16.41	11:49	5.1mph	F	29	
335	RUTH WATKINSON (RED ROSE ROAD RUNNERS)		RUNNER	394	01:15:12.06	11:58	5.0mph	F	44	
336	BRITTANY O'NEILL		RUNNER	269	01:15:14.43	12:05	5.0mph	F	20	
337	CAROLANN BORRER		RUNNER	39	01:15:16.67	11:59	5.0mph	F	47	
338	PIP HOLDEN-PYKE		RUNNER	184	01:15:16.81	11:59	5.0mph	F	46	
339	AUDREY OLDHAM		RUNNER	277	01:15:19.90	12:00	5.0mph	F	55	
340	ELLIE TAYLOR		RUNNER	362	01:15:45.14	12:03	5.0mph	F	21	
341	STEVE BULLOWS (HYDE VILLAGE STRIDERS)		RUNNER	55	01:15:59.55	12:05	5.0mph	M	45	
342	SANDIE ROWLAND (HYDE VILLAGE STRIDERS)		RUNNER	316	01:16:00.39	12:06	5.0mph	F	52	
343	STEPHANIE DONALDSON		RUNNER	103	01:16:06.10	12:05	5.0mph	F	46	



# AUTUMN BREAKER 10K

Line Through = Disqualified

Place	Name (Team)	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
344	KAYE HOUSTON		RUNNER	190	01:16:10.39	12:08	4.9mph	F	35	
345	AMI JARVIS		RUNNER	201	01:16:10.39	12:07	4.9mph	F	35	
346	NATALIE MANIAK-ARCHER		RUNNER	235	01:16:51.56	12:20	4.9mph	F	25	
347	JOANNA ANDERSON (OLDHAM & ROYTON H & AC)		RUNNER	6	01:17:21.04	12:21	4.9mph	F	28	
348	RACHEL LADD		RUNNER	215	01:17:50.54	12:22	4.8mph	F	28	
349	ANDREA VIRASZKO		RUNNER	383	01:17:58.18	12:31	4.8mph	F	41	
350	MICHELLE CARR		RUNNER	68	01:17:58.56	12:31	4.8mph	F	53	
351	NIN FLETCHER		RUNNER	130	01:19:45.61	12:43	4.7mph	F	39	
352	LIZ MCGRATH		RUNNER	247	01:20:00.35	12:43	4.7mph	F	50	
353	ANDREW HARRISON		RUNNER	166	01:20:27.02	12:48	4.7mph	M	42	
354	TRACY YOUNG (PRESTON HARRIERS)		RUNNER	423	01:22:18.59	13:12	4.5mph	F	51	
355	JILLIAN ROSSALL		RUNNER	315	01:22:18.75	13:12	4.5mph	F	32	
356	RICHARD NUELL (PORTISHEAD R C)		RUNNER	266	01:23:04.83	13:15	4.5mph	M	67	
357	ANNA OLIVIA COTTOM		RUNNER	89	01:23:08.84	13:20	4.5mph	F	26	
358	CATHERINE BARROW		RUNNER	20	01:23:16.25	13:17	4.5mph	F	27	
359	DAWN KERSHAW		RUNNER	209	01:23:56.24	13:22	4.5mph	F	37	
360	CATHERINE WOLSTENHOLME		RUNNER	413	01:23:56.74	13:22	4.5mph	F	39	
361	KATY FALLOWS		RUNNER	118	01:23:58.87	13:22	4.5mph	F	38	
362	MATISSE BRIGNALL (THORNTON CLEVELEYS RU)		RUNNER	47	01:24:15.38	13:26	4.5mph	F	26	
363	STACEY WANTLING		RUNNER	390	01:25:08.22	13:35	4.4mph	F	40	
364	GILLIAN FINN (NORDIC WALKING PRESTON)		RUNNER	125	01:26:04.86	13:42	4.4mph	F	53	
365	CLAIRE PURCELL (CHORLTON RUNNERS)		RUNNER	299	01:27:11.00	13:53	4.3mph	F	37	
366	RUSTY WRIGHT		RUNNER	416	01:29:40.44	14:18	4.2mph	F	76	
367	DIANE DUCKWORTH		RUNNER	108	01:29:49.44	14:18	4.2mph	F	60	
368	GILLIAN MASON		RUNNER	240	01:30:26.19	14:23	4.2mph	F	54	
369	CHRISTINE LOMAS		RUNNER	228	01:30:28.54	14:24	4.2mph	F	56	
370	SUSAN HARRISON		RUNNER	167	01:30:38.58	14:25	4.2mph	F	44	
371	LESLEY FINCH		RUNNER	124	01:36:30.88	15:22	3.9mph	F	60	
372	HELEN FRUDD		RUNNER	135	01:36:37.47	15:23	3.9mph	F	51	
373	ANGELA STANWORTH		RUNNER	349	01:36:48.63	15:26	3.9mph	F	53	
374	KAREN ADAMS		RUNNER	3	01:37:26.54	15:31	3.9mph	F	59	
375	VALERIE LAWRENSEN		RUNNER	220	01:37:26.71	15:31	3.9mph	F	60	
376	KERRY SEED		RUNNER	324	01:40:57.69	16:05	3.7mph	F	60	