

Garstang 10k

Male

Place	Bib#	Name	Time	Type	City
1.	496	Rob Webb	00:32:16.83	Runner	Rossendale Harriers
2.	389	Beau Smith	00:34:17.74	Runner	Racepace
3.	359	Callum Rowett	00:34:42.55	Runner	

Female

Place	Bib#	Name	Time	Type	City
1.	93	Amanda Crook	00:35:19.02	Runner	Southport Waterloo AC
2.	42	Karen Bridge	00:40:52.60	Runner	Eden Runners
3.	214	Sarah Jepson	00:42:12.95	Runner	

Male Vet over 40

Place	Bib#	Name	Time	Type	City
1.	433	Kevin Wallace	00:37:24.22	Runner	Cumberland Ac
2.	181	Paul Hetherington	00:38:07.23	Runner	Wesham
3.	230	Duncan Kennedy	00:38:31.96	Runner	Liverpool Running Club
4.	73	Robert Cassidy	00:39:13.35	Runner	
5.	193	Chris Horner	00:39:39.41	Runner	Garstang Running Club
6.	438	Paul Wearden	00:41:10.09	Runner	
7.	307	Simon O'Leary	00:41:29.39	Runner	Riversway Road Runners
8.	337	Marc Potter	00:41:54.83	Runner	Riversway Roadrunners
9.	412	Ian Tate	00:41:58.50	Runner	Lytham St Annes RR Club
10.	116	Stephen Dunn	00:42:32.57	Runner	Blackpool
11.	391	Stuart Smith	00:42:41.26	Runner	Red Rose Road Runners
12.	310	Michael Oddie	00:43:11.05	Runner	Red Rose Road Runners
13.	491	Steve Boardman	00:45:01.90	Runner	Preston Harriers
14.	10	Derek Appleton	00:45:08.07	Runner	
15.	366	Craig Sawers	00:45:49.01	Runner	Chorley Athletic and Triathlon Club
16.	401	Dan Stapleton	00:46:40.36	Runner	
17.	328	Neil Pedder	00:47:38.27	Runner	N/a
18.	300	Stuart Nevin	00:47:39.79	Runner	Lmac
19.	228	Nigel Kelsall	00:47:45.29	Runner	
20.	110	Graham Downs	00:48:08.43	Runner	
21.	485	Matt Yates	00:48:34.08	Runner	
22.	137	Jonathan Ford	00:48:34.23	Runner	
23.	456	John Wilkinson	00:50:08.53	Runner	

24.	66	Stephen Carr	00:50:31.27	Runner	Swinton Running Club
25.	436	Mike Warriner	00:51:41.81	Runner	
26.	297	Kris Myers	00:51:50.74	Runner	
27.	469	Paul Willis	00:52:08.47	Runner	
28.	493	Mark Egan	00:52:56.97	Runner	
29.	291	Andrew Moxham	00:53:45.07	Runner	
30.	25	Alex Beaumont	00:55:02.74	Runner	
31.	464	Steve Williams	00:57:36.50	Runner	
32.	466	Dave Williams	01:20:19.64	Runner	

Male Vet over 45

Place	Bib#	Name	Time	Type	City
1.	313	Martin Oldfield	00:37:20.25	Runner	Darwen Dashers RC
2.	358	Calvin Routledge	00:37:41.96	Runner	Ambleside AC
3.	168	Marko Gvero	00:38:04.27	Runner	
4.	166	Carl Groome	00:39:44.82	Runner	Wesham
5.	147	Jason George	00:41:16.94	Runner	Stockport Harriers & AC
6.	4	Andrew Acklam	00:41:34.03	Runner	Preston Harriers
7.	479	Peter Woodhouse	00:41:40.14	Runner	
8.	274	Manolo Mendoza	00:42:07.53	Runner	Red Rose Road Runners
9.	242	Philip Lawrenson	00:42:17.75	Runner	
10.	409	Allan Sumner	00:42:44.22	Runner	Lancaster & Morecambe
11.	486	Paul Yates	00:43:09.12	Runner	Towers and Gornall
12.	390	Jim Smith	00:43:21.86	Runner	
13.	509	Phillip Fawcett	00:43:43.36	Runner	Lancaster Runners
14.	308	Greg O'Brien	00:44:00.50	Runner	Preston Harriers
15.	512	Adrian Goddard	00:45:03.34	Runner	
16.	403	Andrew Stell	00:46:00.65	Runner	Red Rose Roadrunners
17.	15	Matt Ashton	00:46:09.50	Runner	Red Rose Road Runners
18.	39	Stephen Braithwaite	00:46:16.16	Runner	Kendal Aac
19.	503	Terry Moss	00:46:26.27	Runner	
20.	405	Richard Storey	00:47:53.61	Runner	Lytham St Annes Road Runners
21.	397	Brian Speake	00:47:57.44	Runner	
22.	478	Steve Physilk	00:48:01.03	Runner	
23.	267	Ken McGrattan	00:48:45.83	Runner	Bentham Beagles Running Club
24.	82	Michael Christopher	00:49:21.55	Runner	

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25.	89	Mark Corless	00:49:23.33	Runner		12.	452	Brendan Whyatt	00:46:10.95	Runner	Chorley Athletic and Triathlon Club
26.	97	Neil Cruickshank	00:49:24.16	Runner							
27.	284	John Moore	00:49:40.80	Runner	Halifax Harriers & AC	13.	477	John Wiseman	00:46:40.53	Runner	Red Rose Road Runners
28.	236	Ulyly Kritzler	00:50:00.58	Runner		14.	176	Philip Hayes	00:47:56.98	Runner	Thornton-cleveleys
29.	385	Steve Singleton	00:50:22.01	Runner	Tri England	15.	271	Paul Mckenny	00:48:05.95	Runner	
30.	195	Phil Horner	00:50:32.21	Runner	Garstang Rc	16.	146	Antony Genovese	00:49:33.95	Runner	
31.	132	Tim Fisher	00:50:51.24	Runner		17.	170	Brian Hanley	00:50:32.71	Runner	Red Rose Road Runners
32.	22	James Battersby	00:50:51.27	Runner		18.	363	Charles Satterly	00:51:15.49	Runner	Lancaster & Morecambe Ac
33.	434	Mark Wardley	00:51:58.44	Runner	Fylde Coast Runners	19.	99	James Robert Danson	00:53:47.92	Runner	Wesham Road Runners
34.	70	Paul Carter	00:53:40.47	Runner	Wesham Road Runners & AC	20.	45	Bernard Brown	00:55:25.48	Runner	
35.	163	Paul Gregory	00:54:22.56	Runner		21.	473	Robert Wilson	00:55:47.47	Runner	
36.	322	Nigel Pallett	00:55:32.23	Runner		22.	406	Brian Strickland	00:55:49.13	Runner	
37.	258	Andy Marrison	00:55:57.16	Runner		23.	69	Mark Carroll	00:55:53.45	Runner	Madrunners
38.	257	Chris Maiden	00:56:00.63	Runner		24.	156	Mick Gornall	00:56:32.48	Runner	Towers + Gornall
39.	95	Jonathan Cross	00:56:32.47	Runner	Towers & Gornall	25.	238	Gary Larke	00:56:47.18	Runner	
40.	188	Nigel Hodgson	00:58:39.35	Runner	Lancaster & Morecambe AC	26.	111	Rob Drake	00:58:39.24	Runner	
41.	78	Graham Charnock	01:00:21.13	Runner		27.	127	Mark Etherington	00:58:41.30	Runner	
42.	440	Ashley Weir	01:00:45.19	Runner	Blackburn Road Runners	28.	475	Andrew Winstanley	00:59:12.18	Runner	Towers + Gornall
43.	426	Marc Verite	01:04:18.82	Runner		29.	7	Neil Ainsworth	01:01:35.66	Runner	
44.	144	Martin Gautrey	01:04:19.32	Runner	High Park Running Club	30.	417	Eric Tomlinson	01:04:27.16	Runner	Fylde Coast Runners
45.	107	Mark Dobson	01:05:12.15	Runner		31.	72	Fintan Casey	01:06:35.70	Runner	
						32.	130	Adam Fielder	01:07:44.38	Runner	Preston Harriers
						33.	200	Robert Hudson	01:09:08.99	Runner	Cardiac Athletes

Male Vet over 50

Place	Bib#	Name	Time	Type	City
1.	324	David Parkinson	00:37:26.98	Runner	Red Rose Runners
2.	333	Jose Pinon Shaw	00:38:15.66	Runner	Red Rose Road Runners
3.	345	Wayne Redman	00:41:15.52	Runner	Rochdale Harriers
4.	396	Fraser Snape	00:41:46.24	Runner	Trawden Ac
5.	20	Nigel Barnes	00:43:31.76	Runner	Garstang Running Club
6.	183	Gary Heyworth	00:43:36.84	Runner	Riversway Road Runners
7.	247	Tyrone Lewis	00:43:51.57	Runner	Dallam Running Club
8.	443	John Welshman	00:44:24.09	Runner	
9.	102	Peter Davison	00:44:53.14	Runner	Glaxo Hoad Hill Harriers
10.	196	Dave Horton	00:45:29.22	Runner	
11.	309	Stuart O'Connor	00:45:33.07	Runner	

Male Vet over 55

Place	Bib#	Name	Time	Type	City
1.	501	Brian Davies	00:35:42.76	Runner	
2.	339	Dave Ramsay	00:37:36.21	Runner	Bentham Beagles Running Club
3.	326	Mike Pauley	00:37:53.72	Runner	Bentham Beagles
4.	255	David Lord	00:37:57.51	Runner	Trawden Ac
5.	492	Neil Holding	00:38:01.82	Runner	Horwich RMI
6.	500	Kenneth Beazley	00:41:52.93	Runner	
7.	239	Bob Lauder	00:41:57.10	Runner	Fylde Coast Runners
8.	212	Bill Jambor	00:42:10.53	Runner	
9.	430	David Walker	00:42:29.19	Runner	Lancaster & Morecambe AC
10.	179	Dave Heslop	00:43:24.87	Runner	Garstang Rc

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11.	34	John Boothman	00:43:36.49	Runner	Barlick Fell Runners	7.	80	Alan Chesters	00:52:07.18	Runner	Bentham Beagles Running Club
12.	173	Michael Harrison	00:43:40.27	Runner	Howgill Harriers	8.	457	Stephen Wilkinson	00:53:25.66	Runner	
13.	38	Martin Brady	00:46:12.55	Runner	Clayton Le Moors Harriers	9.	281	Pete Mitchell	00:53:28.50	Runner	Kendal Amateur Athletic Club
14.	169	Andrew Halladay	00:46:37.32	Runner		10.	280	Frank Miller	00:54:15.27	Runner	Garstang Running Club
15.	454	David Wilkinson	00:46:51.95	Runner	Lancaster & Morecambe						
16.	513	Alan Archer	00:47:41.48	Runner	Clayton le Moors H						
17.	175	Simon Hawtin	00:48:01.71	Runner							
18.	516	David Collinson	00:48:20.71	Runner							
19.	56	Steve Burgess	00:48:40.30	Runner	Thornton Cleveleys Running Club						
20.	106	Kevin Dillon	00:48:57.86	Runner	Fylde						
21.	378	Mark Simmill	00:50:57.00	Runner							
22.	270	Peter McKay	00:51:50.27	Runner							
23.	319	Tony Orr	00:55:36.90	Runner							
24.	459	David Wilkinson	00:57:23.45	Runner	Red Rose Road Runners						

Male Vet over 70

Place	Bib#	Name	Time	Type	City
1.	442	Robert Wells	00:42:10.80	Runner	Bedford Harriers AC
2.	380	Peter Simpson	00:48:28.47	Runner	Liverpool Harriers and Ac
3.	489	Simon David Young	00:51:20.16	Runner	Wesham Road Runners & AC
4.	210	Peter Ion	00:55:39.39	Runner	Kendal a C
5.	37	Ernie Bradshaw	01:00:03.59	Runner	
6.	158	Eric Green	01:04:15.16	Runner	
7.	375	Roger Sherlock	01:06:21.19	Runner	

Male Vet over 60

Place	Bib#	Name	Time	Type	City
1.	292	Paul Muller	00:36:29.58	Runner	Northern Veterans AC
2.	395	Dennis Smith	00:42:04.30	Runner	Trawden
3.	472	Simon Wilson	00:43:50.80	Runner	Lonsdale Fell Runners
4.	32	Stephen Biscomb	00:46:09.71	Runner	Clayton-le-moors Harriers
5.	120	Andrew Easterby	00:47:06.79	Runner	Bentham Beagles Running Club
6.	330	Steve Perry	00:48:36.94	Runner	Lancaster & Morecambe
7.	511	Philip Leaver	00:50:50.51	Runner	Wesham RR
8.	162	John Greenwood	00:51:55.27	Runner	
9.	450	Andy Whitlam	00:53:43.50	Runner	Thornton Cleveleys RC
10.	364	Paul Savage	00:57:35.18	Runner	none

Male Vet over 75

Place	Bib#	Name	Time	Type	City
1.	411	John Swift	00:50:33.02	Runner	Chorley Ac & Tri

Male Vet over 80

Place	Bib#	Name	Time	Type	City
1.	21	Robert Walsh	01:11:40.57	Runner	Thornton Cleveleys Rc
2.	124	Bernard Elkington	01:22:26.11	Runner	Red Rose RR

Lady Vet over 35

Place	Bib#	Name	Time	Type	City
1.	370	Emma Sharples	00:42:52.02	Runner	Swinton Running Club
2.	408	Samantha Sugden	00:45:38.03	Runner	Eden Runners
3.	278	Ruth Mewis	00:46:37.23	Runner	
4.	495	Gemma Greenwood	00:46:45.55	Runner	Lancaster Runners
5.	199	Nikoletta Hudak	00:47:10.20	Runner	Red Rose Road Runners
6.	320	Gemma Owen	00:47:13.77	Runner	Wesham Road Runners
7.	340	Katie Rawcliffe	00:48:20.39	Runner	
8.	368	Kelly Seward	00:49:22.05	Runner	Lancaster Runners
9.	447	Sineadh Wheeler	00:50:18.26	Runner	
10.	260	Jane Matthewman	00:51:03.32	Runner	Blackburn Road Runners
11.	206	Christine Hyde	00:52:11.26	Runner	Chorlton Runners

Male Vet over 65

Place	Bib#	Name	Time	Type	City
1.	321	Ray Padgett	00:41:37.51	Runner	
2.	415	Ray Taylor	00:43:46.27	Runner	Red Rose R R
3.	296	Angus Murray	00:44:17.37	Runner	Lancaster and Morecambe
4.	201	Alan Hudson	00:48:31.33	Runner	Wesham Road Runners & AC
5.	253	Danny Logue	00:49:28.74	Runner	
6.	100	Colin Davies	00:49:30.11	Runner	Altrincham & District Ac

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12.	211	Emma Jackson	00:54:55.03	Runner	Riversway Road Runners	11.	48	Cheryl Brown	00:56:07.97	Runner	
13.	234	Helen Kerr	00:55:03.48	Runner		12.	448	Elaine Whitehead	00:57:08.25	Runner	Rochdale Tri Club
14.	185	Diane Hill	00:55:58.15	Runner	Wigan & District H & AC	13.	277	Lynsey Merryweather	00:57:53.53	Runner	
15.	343	Rachel Rawsthorne	00:56:01.38	Runner		14.	420	Julie Tyrer	00:58:16.71	Runner	Preston Harriers
16.	86	Lauren Coleman	00:57:02.96	Runner	Hastings Runners	15.	24	Leanne Batty	00:58:28.72	Runner	Thornton Cleveleys
17.	184	Cherry Hibbert	00:57:54.57	Runner		16.	192	Sarah Hopkins	00:58:40.27	Runner	
18.	387	Debbie Slater	00:59:22.69	Runner		17.	273	Angela Meadows	00:58:51.77	Runner	
19.	365	Stephanie Savage	00:59:29.16	Runner	none	18.	58	Kirsten Burnett	00:59:41.41	Runner	Lytham St Annes RR Club
20.	429	Beckie Waine	00:59:36.88	Runner		19.	140	Amanda Fuller	01:00:10.65	Runner	Blackpool Wyre and Fylde Ac
21.	63	Laura Byrne	00:59:42.29	Runner	Lytham Road Runners	20.	227	Ali Keher	01:01:02.17	Runner	
22.	470	Laura Wilsdon	01:00:28.36	Runner		21.	349	Sue Rigby	01:01:02.37	Runner	Wesham Road Runners
23.	186	Jayne Hodge	01:00:30.43	Runner	Towers & Gornall	22.	54	Victoria Bullock	01:01:09.11	Runner	
24.	335	Kate Potter	01:00:42.59	Runner		23.	372	Tanya Shaw	01:01:27.68	Runner	
25.	119	Lynley Eason	01:01:16.83	Runner		24.	262	Jo McCaffery	01:01:28.62	Runner	
26.	276	Julie Merrill	01:01:39.94	Runner		25.	331	Jaynie Phillips	01:03:53.18	Runner	Stockport Harriers & AC
27.	471	Kelly Wilson	01:02:06.14	Runner	Red Rose Road Runners	26.	194	Claire Horner	01:04:02.31	Runner	
28.	231	Amanda Kennon	01:06:13.89	Runner	Elswick Harriers	27.	49	Sharon Bryan	01:04:23.91	Runner	
29.	425	Paula Veevers	01:07:07.55	Runner		28.	245	Karen Lawrenson	01:05:11.92	Runner	
30.	497	Linzi Young	01:07:07.93	Runner		29.	75	Donna Chadwick	01:05:12.62	Runner	Madrunners
31.	142	Michelle Gates	01:14:31.54	Runner		30.	374	Debra Sherlock	01:06:23.04	Runner	
32.	338	Alex Proffitt	01:15:59.53	Runner		31.	498	Debbie Hindley	01:08:37.23	Runner	Thornton Cleveleys RC
33.	282	Joanne Moody	01:17:08.76	Runner	Liverpool Running Club	32.	290	Jenny Moxham	01:12:05.22	Runner	
34.	465	Clare Williams	01:20:32.24	Runner		33.	23	Steph Battersby	01:14:48.95	Runner	

Lady Vet over 40

Place	Bib#	Name	Time	Type	City
1.	507	Nicola Clark	00:45:06.47	Runner	Garstang RC
2.	314	Kerry Oldfield	00:45:55.14	Runner	Kendal Amateur Athletic Club
3.	16	Paula Askew	00:47:30.31	Runner	
4.	439	Michelle Weir	00:48:01.52	Runner	
5.	65	Claire Capewell	00:48:42.38	Runner	
6.	155	Vicky Gore	00:53:00.33	Runner	Wesham Road Runners
7.	3	Christine Acklam	00:53:23.27	Runner	Womens Running Network
8.	449	Johanna Whiteley	00:54:04.01	Runner	Lancaster & Morecambe AC
9.	8	Jennifer Allen	00:55:09.44	Runner	Blackburn Road Runners
10.	64	Catherine Campbell	00:55:46.89	Runner	

Lady Vet over 45

Place	Bib#	Name	Time	Type	City
1.	241	Helen Lawrenson	00:42:33.83	Runner	Wesham RR
2.	421	Nicola Unsworth	00:43:16.60	Runner	Blackpool Wyre & Fylde AC
3.	94	Liz Crosland	00:44:03.08	Runner	
4.	423	Vicky Van Den Biggelaar	00:46:14.79	Runner	Women on the Run
5.	244	Emma Lawrenson	00:48:46.52	Runner	
6.	399	Emily Stapleton	00:49:15.19	Runner	Lancaster & Morecambe AC
7.	384	Amanda Singleton	00:49:58.56	Runner	Eden Runners
8.	36	Suzanne Boyle	00:50:14.47	Runner	Walney wind cheetahs

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9.	382	Karen Simpson	00:51:08.51	Runner		41.	317	Cathy O'Neill	01:10:14.09	Runner	
10.	187	Dawn Hodgkins	00:51:43.61	Runner		42.	367	Sue Scott	01:15:57.03	Runner	
11.	43	Gail Bristo Bristo	00:51:57.71	Runner	Red Rose Road Runners	<u>Lady Vet over 50</u>					
12.	404	Paula Stell	00:52:00.25	Runner	Red Rose Roadrunners	Place	Bib#	Name	Time	Type	City
13.	414	Jane Taylor	00:52:17.23	Runner	Women on the Run	1.	152	Louise Goddard	00:45:35.47	Runner	Lancaster & Morecambe
14.	312	Louise Oldfield	00:52:21.16	Runner	Darwen Dashers RC	2.	323	Alison Parkinson	00:49:32.31	Runner	Red Rose Runners
15.	53	Clare Bugeja	00:53:17.68	Runner		3.	303	Jill Nickson	00:50:38.02	Runner	Towers and Gornall
16.	215	Claudia Johnson	00:53:41.03	Runner		4.	112	Wendy Drake	00:51:00.02	Runner	
17.	386	Louisa Singleton	00:54:16.74	Runner	Tri England	5.	248	Helena Lewis	00:53:56.13	Runner	Lancaster & Morecambe AC
18.	121	Pauline Eccleston	00:54:20.00	Runner	Wesham Road Runners	6.	2	Kathryn Abbott	00:54:40.65	Runner	Red Rose Road Runners
19.	419	Kay Twist	00:54:34.81	Runner	Wesham Road Runners & AC	7.	517	Nicola Kitchen	00:55:44.24	Runner	
20.	19	Angela Bamber	00:55:11.70	Runner		8.	220	Susan Jones	01:00:27.03	Runner	Thornton Cleveleys Running Club
21.	208	Diane Iddon	00:55:36.65	Runner		9.	47	Amanda Brown	01:00:31.44	Runner	
22.	301	Christine Newbury	00:57:32.37	Runner	Liverpool Running Club	10.	251	Karen Livesey	01:06:22.29	Runner	Thornton Cleveleys Running Club
23.	441	Joanne Weir	00:58:18.19	Runner	Blackburn Road Runners	11.	44	Emma Brooks	01:12:12.30	Runner	Lancaster & Morecambe AC
24.	92	Zoe Crook	00:58:21.09	Runner		12.	488	Tracy Young	01:15:35.45	Runner	Preston Harriers
25.	77	Julie Charnock	01:00:22.62	Runner		13.	174	Imelda Hatton	01:17:58.93	Runner	Lancaster & Morecambe AC
26.	407	Rosa Stuart	01:00:28.57	Runner	Towers and Gornall Accountants	14.	451	Rosemary Whittaker	01:18:16.75	Runner	
27.	96	Anya Cross	01:00:29.47	Runner		15.	249	Fiona Little	01:18:24.93	Runner	Blackpool Wyre & Fylde Athletics Club
28.	432	Nickola Walker	01:00:31.83	Runner	Blackpool, Wyre and Fylde Ac	16.	334	Deirdre Pola	01:18:44.52	Runner	
29.	209	Claire Incutti	01:00:37.34	Runner	Blackburn Road Runners	<u>Lady Vet over 55</u>					
30.	204	Anne Hutton	01:00:42.09	Runner		Place	Bib#	Name	Time	Type	City
31.	177	Sally Heppenstall	01:01:50.92	Runner	Blackburn Road Runners	1.	213	Jill Jefferson	00:43:16.51	Runner	Red Rose Road Runners
32.	286	Margaret Morley	01:01:52.48	Runner	Blackburn RR	2.	164	Ann Griffiths	00:46:13.97	Runner	Fylde Coast Runners
33.	332	Alison Pickles	01:02:14.23	Runner		3.	268	Christina Mcguire	00:49:01.98	Runner	Lancaster & Morecambe AC
34.	68	Lorraine Carroll	01:05:23.18	Runner	madrunners	4.	502	Sue Arnott	00:50:24.53	Runner	Bentham Beagles
35.	373	Michelle Sheridan	01:05:57.59	Runner	Lytham St Annes RR Club	5.	398	Caroline Squires	00:51:26.01	Runner	Lancaster Runners
36.	150	Tracey Gill	01:06:19.18	Runner		6.	265	Ruth McDonald	00:52:38.76	Runner	Bentham Beagles Running Club
37.	482	Sarah Wright	01:06:51.87	Runner	Lancaster & Morecambe AC	7.	455	Carole Wilkinson	00:53:03.49	Runner	Lancaster & Morecambe
38.	289	Penny Morrison	01:07:02.14	Runner	Lytham St Annes RR Club						
39.	76	Di Chambers	01:08:09.92	Runner	Lancaster Runners						
40.	216	Carolyn Johnson	01:08:50.83	Runner	Cumberland Ac						

Garstang 10k

8.	494	Sandra Milton	00:53:51.93	Runner	
9.	275	Alison Mercer	00:54:43.24	Runner	Red Rose Road Runners
10.	379	Elaine Simmill	00:57:19.44	Runner	Lancaster & Morecambe AC
11.	225	Catherine Karn	00:57:38.29	Runner	
12.	29	Amanda Berry	00:59:08.42	Runner	Red Rose Road Runners
13.	416	Janet Thomas	01:00:07.18	Runner	
14.	55	Debra Bunting	01:01:13.36	Runner	Lancaster & Morecambe AC
15.	269	Kim Mcguire	01:01:58.94	Runner	Unattached
16.	57	Heather Burkitt	01:10:51.34	Runner	

Lady Vet over 60

Place	Bib#	Name	Time	Type	City
1.	304	Angela Norris	00:59:05.12	Runner	Thornton Cleveleys Running Club
2.	327	Freda Peacock	01:01:43.82	Runner	
3.	351	Maureen Roberts	01:04:31.96	Runner	Lancaster Runners
4.	161	Clare Greenwood	01:06:06.48	Runner	Walney Wind Cheetahs
5.	347	Susan Rennie	01:17:21.03	Runner	Preston Harriers

Lady Vet over 65

Place	Bib#	Name	Time	Type	City
1.	376	Dorothy Shorrock	01:02:29.99	Runner	Trawden Ac

Lady Vet over 70

Place	Bib#	Name	Time	Type	City
1.	108	Carolyn Douglass	00:52:19.29	Runner	Red Rose RR
2.	400	Linda Stapleton	01:06:03.58	Runner	Lancaster & Morecambe AC

Lady Vet over 75

Place	Bib#	Name	Time	Type	City
1.	71	Kathy Cartledge	00:57:14.05	Runner	Bentham Beagles