

# EVENT RESULTS

CRAZY COW 10k  
SUNDAY 17th JUNE 2018

OFFICIAL GUN TIMES					
PLACE	BIB	NAME	AGE	GENDER	TIME
1	122	SIMON CROFT (RED ROSE ROAD RUNNERS)	37	M	00:33:38.45
2	134	CHRISTOPHER DAVIES (BLACKBURN HARRIERS)	42	M	00:34:17.27
3	377	DAN MILLER	27	M	00:35:26.98
4	146	JON-JO DOHERTY (ST HELENS STRIDERS)	32	M	00:35:36.72
5	275	KARL HODGSON (PRESTON HARRIERS)	29	M	00:35:59.73
6	348	PHILIP MARSDEN (RED ROSE ROAD RUNNERS)	45	M	00:36:00.48
7	403	IAN NUTTALL	52	M	00:38:19.95
8	551	JOSEPH TYLDESLEY (THORNTON CLEVELEYS RU)	33	M	00:38:26.70
9	207	ROBERT GARTH (PENNY LANE STRIDERS)	30	M	00:38:42.45
10	416	DAVID PARKINSON (RED ROSE ROAD RUNNERS)	51	M	00:39:06.44
11	244	MIKE HARRIS (WIGAN HARRIERS)	47	M	00:39:27.18
12	655	STUART NIXON	35	M	00:39:32.70
13	624	JAMES MCLEOD	35	M	00:39:51.87
14	265	JOHN HEYES (WIGAN & DISTRICT H & )	48	M	00:40:18.68
15	429	DOUGIE POTTER (PRESTON HARRIERS)	35	M	00:40:23.18
16	437	CHRIS PUNTON (WALNEY WIND CHEETAHS)	35	M	00:40:26.90
17	632	NORMAN HAYHURST	57	M	00:40:34.43
18	492	JOANNE SHARP (BLACKBURN ROAD RUNNERS)	46	F	00:40:35.36
19	514	STUART SMITH (RED ROSE ROAD RUNNERS)	41	M	00:41:56.41
20	473	JAMES SARGENT	20	M	00:42:01.59
21	77	DAVID BUTLER	46	M	00:42:02.17
22	641	KENNETH BEAZLEY (PRESTON HARRIERS)	60	M	00:42:04.17
23	617	JAMES DARKIN	48	M	00:42:04.70
24	415	LEE PARKINSON	50	M	00:42:20.92
25	663	RYAN WALMSLEY	17	M	00:42:25.16
26	283	LIAM HOOTON (RED ROSE ROAD RUNNERS)	31	M	00:42:28.41
27	631	PHILIP LOW (WALNEY WIND CHEETAHS)	52	M	00:42:53.40
28	133	ELENA DAVIES (MARKET DRAYTON RUNNIN)	25	F	00:42:57.65
29	571	COLIN WATERS (FYLDE COAST RUNNERS)	54	M	00:43:02.66
30	586	HANNAH WHITTAKER (ST HELENS STRIDERS)	32	F	00:43:06.41
31	191	NIGEL FOO (PENNY LANE STRIDERS)	49	M	00:43:07.92
32	365	PETE MCLEAN (FYLDE COAST RUNNERS)	51	M	00:43:25.90
33	411	MICHAEL ODDIE (RED ROSE ROAD RUNNERS)	44	M	00:43:30.40
34	155	JON DURHAM (RIVERSWAY ROAD RUNNERS)	34	M	00:43:38.31
35	257	RYAN HENEGHAN (ROSSENDALE HARRIERS & )	15	M	00:43:53.77
36	362	JAMES MCGLYNN (WIGAN & DISTRICT H & )	68	M	00:44:00.84
37	383	STEVEN MOON (RED ROSE ROAD RUNNERS)	43	M	00:44:06.66
38	497	AMY SINGLETON	37	F	00:44:11.89

CHIP TIMES					
PLACE	BIB	NAME	AGE	GENDER	TIME
1	122	SIMON CROFT (RED ROSE ROAD RUNNERS)	37	M	00:33:36.70
2	134	CHRISTOPHER DAVIES (BLACKBURN HARRIERS)	42	M	00:34:15.52
3	377	DAN MILLER	27	M	00:35:25.41
4	146	JON-JO DOHERTY (ST HELENS STRIDERS)	32	M	00:35:35.15
5	275	KARL HODGSON (PRESTON HARRIERS)	29	M	00:35:57.21
6	348	PHILIP MARSDEN (RED ROSE ROAD RUNNERS)	45	M	00:35:58.31
7	403	IAN NUTTALL	52	M	00:38:16.35
8	551	JOSEPH TYLDESLEY (THORNTON CLEVELEYS RU)	33	M	00:38:23.77
9	207	ROBERT GARTH (PENNY LANE STRIDERS)	30	M	00:38:39.01
10	416	DAVID PARKINSON (RED ROSE ROAD RUNNERS)	51	M	00:39:04.32
11	655	STUART NIXON	35	M	00:39:22.96
12	244	MIKE HARRIS (WIGAN HARRIERS)	47	M	00:39:24.92
13	624	JAMES MCLEOD	35	M	00:39:48.70
14	265	JOHN HEYES (WIGAN & DISTRICT H & )	48	M	00:40:11.79
15	429	DOUGIE POTTER (PRESTON HARRIERS)	35	M	00:40:19.87
16	437	CHRIS PUNTON (WALNEY WIND CHEETAHS)	35	M	00:40:23.31
17	632	NORMAN HAYHURST	57	M	00:40:29.40
18	492	JOANNE SHARP (BLACKBURN ROAD RUNNERS)	46	F	00:40:31.16
19	473	JAMES SARGENT	20	M	00:41:33.26
20	514	STUART SMITH (RED ROSE ROAD RUNNERS)	41	M	00:41:51.97
21	77	DAVID BUTLER	46	M	00:41:55.25
22	617	JAMES DARKIN	48	M	00:42:00.68
23	641	KENNETH BEAZLEY (PRESTON HARRIERS)	60	M	00:42:00.73
24	415	LEE PARKINSON	50	M	00:42:18.12
25	283	LIAM HOOTON (RED ROSE ROAD RUNNERS)	31	M	00:42:19.50
26	663	RYAN WALMSLEY	17	M	00:42:25.16
27	571	COLIN WATERS (FYLDE COAST RUNNERS)	54	M	00:42:42.11
28	631	PHILIP LOW (WALNEY WIND CHEETAHS)	52	M	00:42:49.96
29	133	ELENA DAVIES (MARKET DRAYTON RUNNIN)	25	F	00:42:52.53
30	191	NIGEL FOO (PENNY LANE STRIDERS)	49	M	00:42:56.74
31	586	HANNAH WHITTAKER (ST HELENS STRIDERS)	32	F	00:43:03.61
32	365	PETE MCLEAN (FYLDE COAST RUNNERS)	51	M	00:43:05.35
33	411	MICHAEL ODDIE (RED ROSE ROAD RUNNERS)	44	M	00:43:23.93
34	155	JON DURHAM (RIVERSWAY ROAD RUNNERS)	34	M	00:43:30.20
35	257	RYAN HENEGHAN (ROSSENDALE HARRIERS & )	15	M	00:43:46.17
36	362	JAMES MCGLYNN (WIGAN & DISTRICT H & )	68	M	00:43:53.62
37	383	STEVEN MOON (RED ROSE ROAD RUNNERS)	43	M	00:43:54.48
38	497	AMY SINGLETON	37	F	00:44:06.86

39	626	NIGEL SHEPHERD (WESHAM RR)	60	M	00:44:14.40	39	626	NIGEL SHEPHERD (WESHAM RR)	60	M	00:44:10.39
40	31	RICHARD BARNES (RED ROSE ROAD RUNNERS)	38	M	00:44:23.80	40	31	RICHARD BARNES (RED ROSE ROAD RUNNERS)	38	M	00:44:15.51
41	656	MICHAEL CROFT	35	M	00:44:25.89	41	656	MICHAEL CROFT	35	M	00:44:16.73
42	517	BEN SMITHERS (RED ROSE ROAD RUNNERS)	31	M	00:44:29.40	42	517	BEN SMITHERS (RED ROSE ROAD RUNNERS)	31	M	00:44:23.73
43	51	PAUL BLAKEMORE (WIGAN PHOENIX)	34	M	00:44:31.89	43	652	SAM LAWRENCE (RIVERSWAY RR)	37	M	00:44:24.35
44	224	WILL GREEN	48	M	00:44:34.15	44	51	PAUL BLAKEMORE (WIGAN PHOENIX)	34	M	00:44:25.63
45	398	PAUL MURRAY	49	M	00:44:34.41	45	224	WILL GREEN	48	M	00:44:26.46
46	652	SAM LAWRENCE (RIVERSWAY RR)	37	M	00:44:36.89	46	398	PAUL MURRAY	49	M	00:44:27.38
47	358	CRAIG MCDUGALL (PRESTON HARRIERS)	30	M	00:44:51.64	47	463	DAVE RUSHTON (RADCLIFFE AC)	52	M	00:44:42.75
48	463	DAVE RUSHTON (RADCLIFFE AC)	52	M	00:44:52.88	48	358	CRAIG MCDUGALL (PRESTON HARRIERS)	30	M	00:44:44.98
49	190	PETER FLOWERS	47	M	00:44:56.90	49	190	PETER FLOWERS	47	M	00:44:48.41
50	594	JON WILSON (STILTON STRIDERS)	51	M	00:45:02.39	50	209	DAVID GASKELL	51	M	00:44:53.02
51	209	DAVID GASKELL	51	M	00:45:04.31	51	594	JON WILSON (STILTON STRIDERS)	51	M	00:44:58.04
52	151	CAROLINE DOWTHWAITE	54	F	00:45:11.50	52	565	ALEX WALTON	35	M	00:45:02.96
53	565	ALEX WALTON	35	M	00:45:17.13	53	151	CAROLINE DOWTHWAITE	54	F	00:45:06.03
54	357	JOHN MCDONALD (TRAWDEN AC)	55	M	00:45:19.65	54	357	JOHN MCDONALD (TRAWDEN AC)	55	M	00:45:13.43
55	382	PHILIP MOLLOY	35	M	00:45:24.64	55	382	PHILIP MOLLOY	35	M	00:45:13.50
56	388	SIMON MORRIS (RED ROSE ROAD RUNNERS)	42	M	00:45:30.40	56	388	SIMON MORRIS (RED ROSE ROAD RUNNERS)	42	M	00:45:18.84
57	412	CHARLIE OHARE (WALNEY WIND CHEETAHS)	17	M	00:45:41.31	57	412	CHARLIE OHARE (WALNEY WIND CHEETAHS)	17	M	00:45:34.42
58	559	MARK WALBANK	42	M	00:45:45.01	58	636	ANDY MILLER (WALNEY WIND CHEETAHS)	53	M	00:45:36.14
59	216	MARK GLAISTER (SKELMERSDALE BOUNDARY)	56	M	00:45:49.38	59	559	MARK WALBANK	42	M	00:45:38.92
60	313	IAN JONES (WALNEY WIND CHEETAHS)	61	M	00:45:59.38	60	216	MARK GLAISTER (SKELMERSDALE BOUNDARY)	56	M	00:45:42.68
61	636	ANDY MILLER (WALNEY WIND CHEETAHS)	53	M	00:45:59.38	61	313	IAN JONES (WALNEY WIND CHEETAHS)	61	M	00:45:55.83
62	345	KAREN MAGGIO-POYNTZ (WALNEY WIND CHEETAHS)	47	F	00:46:01.94	62	345	KAREN MAGGIO-POYNTZ (WALNEY WIND CHEETAHS)	47	F	00:45:56.50
63	64	DAVID BRISCO (ST HELENS STRIDERS)	51	M	00:46:16.62	63	274	OLI HODGE (UKRUNCHAT RUNNING CLUB)	37	M	00:46:02.88
64	274	OLI HODGE (UKRUNCHAT RUNNING CLUB)	37	M	00:46:17.14	64	64	DAVID BRISCO (ST HELENS STRIDERS)	51	M	00:46:09.40
65	65	CHRISTOPHER BROWN	47	M	00:46:21.14	65	65	CHRISTOPHER BROWN	47	M	00:46:10.19
66	643	CAROLINE ROLSBURN (WIGAN HARRIERS)	54	F	00:46:26.38	66	643	CAROLINE ROLSBURN (WIGAN HARRIERS)	54	F	00:46:19.91
67	135	LINDSAY DAVIES (BLACKBURN HARRIERS)	45	F	00:46:31.14	67	135	LINDSAY DAVIES (BLACKBURN HARRIERS)	45	F	00:46:23.45
68	390	TERRY MOSS	46	M	00:46:44.13	68	390	TERRY MOSS	46	M	00:46:35.00
69	496	ADAM SILCOX	42	M	00:46:45.17	69	651	SCOTT SMITH	29	M	00:46:37.32
70	30	TRACEY BARLOW (SOUTHPORT WATERLOO AC)	47	F	00:46:46.65	70	496	ADAM SILCOX	42	M	00:46:39.33
71	651	SCOTT SMITH	29	M	00:46:48.89	71	30	TRACEY BARLOW (SOUTHPORT WATERLOO AC)	47	F	00:46:44.09
72	477	CHRISTOPHER SAVAGE (SOUTHPORT COASTERS RU)	43	M	00:46:56.37	72	1	PAULA ABERNETHY (RADCLIFFE AC)	53	F	00:46:46.66
73	1	PAULA ABERNETHY (RADCLIFFE AC)	53	F	00:46:58.13	73	477	CHRISTOPHER SAVAGE (SOUTHPORT COASTERS RU)	43	M	00:46:56.37
74	404	HAYLEY NUTTALL	45	F	00:47:25.12	74	630	ANNA WADE (RIVERSWAY RR)	34	F	00:46:59.17
75	630	ANNA WADE (RIVERSWAY RR)	34	F	00:47:29.61	75	404	HAYLEY NUTTALL	45	F	00:47:09.82
76	52	CHLOE BLAKEMORE (WIGAN PHOENIX)	33	F	00:47:31.38	76	553	VICKY VAN DEN BIGGELAAR (WOMEN ON THE RUN)	45	F	00:47:12.24
77	167	SAMANTHA EDWARDS (RED ROSE ROAD RUNNERS)	31	F	00:47:33.86	77	17	LEE ASHWORTH	44	M	00:47:24.68
78	286	PHILIP HORROCKS (GLAXO HOAD HILL HARRI)	52	M	00:47:46.08	78	52	CHLOE BLAKEMORE (WIGAN PHOENIX)	33	F	00:47:25.11
79	17	LEE ASHWORTH	44	M	00:48:00.61	79	167	SAMANTHA EDWARDS (RED ROSE ROAD RUNNERS)	31	F	00:47:27.21
80	553	VICKY VAN DEN BIGGELAAR (WOMEN ON THE RUN)	45	F	00:48:02.50	80	286	PHILIP HORROCKS (GLAXO HOAD HILL HARRI)	52	M	00:47:38.62
81	537	SHAUN TAYLOR	56	M	00:48:14.88	81	537	SHAUN TAYLOR	56	M	00:48:09.27
82	111	ALISON COOKE (HOAD HILL HARRIERS)	57	F	00:48:21.11	82	111	ALISON COOKE (HOAD HILL HARRIERS)	57	F	00:48:15.50
83	35	IAN BEBBINGTON (PRESTON HARRIERS)	55	M	00:48:32.62	83	35	IAN BEBBINGTON (PRESTON HARRIERS)	55	M	00:48:16.33
84	34	JADE BEBBINGTON (PRESTON HARRIERS)	28	F	00:48:33.11	84	34	JADE BEBBINGTON (PRESTON HARRIERS)	28	F	00:48:17.06
85	110	JAMES COOKE (HOAD HILL HARRIERS)	61	M	00:48:33.40	85	110	JAMES COOKE (HOAD HILL HARRIERS)	61	M	00:48:25.10
86	285	PHIL HORNER (GARSTANG RUNNING CLUB)	45	M	00:48:48.11	86	185	SHAUN FISHER	53	M	00:48:27.88

87	201	NEIL FRASER (BLACKBURN ROAD RUNNERS)	45	M	00:48:56.87	87	373	MARK MERCADO	29	M	00:48:31.91
88	185	SHAUN FISHER	53	M	00:48:59.85	88	285	PHIL HORNER (GARSTANG RUNNING CLUB)	45	M	00:48:36.36
89	373	MARK MERCADO	29	M	00:49:00.61	89	201	NEIL FRASER (BLACKBURN ROAD RUNNERS)	45	M	00:48:46.52
90	434	GILLIAN PRYOR (THORNTON CLEVELEYS RU)	45	F	00:49:08.11	90	434	GILLIAN PRYOR (THORNTON CLEVELEYS RU)	45	F	00:48:57.63
91	470	JAYNE SALLOUM (WIGAN & DISTRICT H & )	45	F	00:49:31.34	91	637	STEVEN LOMAX (RADCLIFFE AC)	34	M	00:48:59.54
92	570	LUKE WASS	31	M	00:49:38.59	92	609	ALEX YOXALL	20	M	00:49:05.85
93	569	LEE WARREN	37	M	00:49:44.85	93	570	LUKE WASS	31	M	00:49:06.00
94	637	STEVEN LOMAX (RADCLIFFE AC)	34	M	00:49:47.10	94	591	RICK WILSON (BLACKBURN ROAD RUNNERS)	51	M	00:49:15.03
95	450	JODIE RIMMER (SOUTHPORT WATERLOO AC)	36	F	00:49:48.12	95	394	MARIO MULLANY	35	M	00:49:20.60
96	609	ALEX YOXALL	20	M	00:49:48.91	96	470	JAYNE SALLOUM (WIGAN & DISTRICT H & )	45	F	00:49:24.31
97	591	RICK WILSON (BLACKBURN ROAD RUNNERS)	51	M	00:49:52.13	97	450	JODIE RIMMER (SOUTHPORT WATERLOO AC)	36	F	00:49:25.31
98	266	LISA HEYES (WIGAN & DISTRICT H & )	46	F	00:49:53.37	98	43	LEE BIBBY	38	M	00:49:27.52
99	74	MICHELLE BULLIVANT-EVANS	39	F	00:49:58.11	99	575	BILL WATTS	55	M	00:49:32.50
100	394	MARIO MULLANY	35	M	00:49:59.60	100	569	LEE WARREN	37	M	00:49:36.31
101	461	STEVEN ROBINSON (THORNTON CLEVELEYS RU)	63	M	00:50:00.85	101	74	MICHELLE BULLIVANT-EVANS	39	F	00:49:40.61
102	414	ALISON PARKINSON (RED ROSE RR)	52	F	00:50:03.23	102	461	STEVEN ROBINSON (THORNTON CLEVELEYS RU)	63	M	00:49:43.68
103	575	BILL WATTS	55	M	00:50:04.37	103	266	LISA HEYES (WIGAN & DISTRICT H & )	46	F	00:49:45.68
104	43	LEE BIBBY	38	M	00:50:09.12	104	414	ALISON PARKINSON (RED ROSE RR)	52	F	00:49:49.57
105	487	KELLY SEWARD (LANCASTER RUNNERS)	39	F	00:50:15.13	105	487	KELLY SEWARD (LANCASTER RUNNERS)	39	F	00:49:51.03
106	67	JASON BROWN (BLACKBURN ROAD RUNNERS)	45	M	00:50:34.60	106	67	JASON BROWN (BLACKBURN ROAD RUNNERS)	45	M	00:49:57.13
107	95	MARTIN CLARKSON	36	M	00:50:36.59	107	384	NATALIE MOORE (RED ROSE ROAD RUNNERS)	37	F	00:50:25.04
108	384	NATALIE MOORE (RED ROSE ROAD RUNNERS)	37	F	00:50:38.84	108	95	MARTIN CLARKSON	36	M	00:50:28.11
109	540	RICHARD TEASDALE (WIGAN & DISTRICT H & )	32	M	00:50:40.50	109	478	ANDY SAYERS	40	M	00:50:29.76
110	478	ANDY SAYERS	40	M	00:50:59.35	110	540	RICHARD TEASDALE (WIGAN & DISTRICT H & )	32	M	00:50:35.06
111	150	GRAHAM DOWLING (SKELMERSDALE BOUNDARY)	48	M	00:51:00.21	111	150	GRAHAM DOWLING (SKELMERSDALE BOUNDARY)	48	M	00:50:42.71
112	138	GRAHAM DENNEY (TRAWDEN AC)	53	M	00:51:08.23	112	138	GRAHAM DENNEY (TRAWDEN AC)	53	M	00:50:43.64
113	233	FIONA HAIGH	48	F	00:51:12.56	113	233	FIONA HAIGH	48	F	00:50:50.97
114	602	BECKY WORSLEY	52	F	00:51:14.59	114	602	BECKY WORSLEY	52	F	00:50:53.71
115	506	SAMANTHA SLATER	43	F	00:51:22.34	115	172	LOUISE FACEY (RIVERSWAY ROAD RUNNERS)	37	F	00:50:55.08
116	172	LOUISE FACEY (RIVERSWAY ROAD RUNNERS)	37	F	00:51:27.09	116	506	SAMANTHA SLATER	43	F	00:50:59.71
117	627	ANDREW DALTON (SKELMERSDALE BOUNDARY)	56	M	00:51:35.61	117	241	BRIAN HANLEY (RED ROSE ROAD RUNNERS)	51	M	00:50:59.71
118	217	LISA GLOVER (ST HELENS STRIDERS)	26	F	00:51:39.58	118	627	ANDREW DALTON (SKELMERSDALE BOUNDARY)	56	M	00:51:17.68
119	181	MARK FILLINGHAM (ST HELENS STRIDERS)	51	M	00:51:51.58	119	660	NEIL BROOKS	49	M	00:51:25.50
120	634	STEPHEN WORBEY	43	M	00:51:52.85	120	588	RACHEL WILCOCK (ACCRINGTON ROAD RUNNE)	38	F	00:51:26.95
121	347	HELEN MARR (WALNEY WIND CHEETAHS)	41	F	00:51:54.11	121	217	LISA GLOVER (ST HELENS STRIDERS)	26	F	00:51:30.03
122	241	BRIAN HANLEY (RED ROSE ROAD RUNNERS)	51	M	00:51:57.57	122	474	DANNY SARGENT	25	M	00:51:32.36
123	474	DANNY SARGENT	25	M	00:52:01.35	123	181	MARK FILLINGHAM (ST HELENS STRIDERS)	51	M	00:51:33.84
124	588	RACHEL WILCOCK (ACCRINGTON ROAD RUNNE)	38	F	00:52:05.11	124	202	LISA FRASER (BLACKBURN ROAD RUNNERS)	45	F	00:51:35.97
125	39	NICOLA BENNETT (RUNSMART LEYLAND)	36	F	00:52:06.09	125	562	LESLEY WALLACE	51	F	00:51:37.51
126	131	LEE-VICTORIA DAVIES (MERSEY TRI)	42	F	00:52:08.58	126	60	CLAIRE BRIDGE (BLACKBURN ROAD RUNNERS)	45	F	00:51:37.85
127	202	LISA FRASER (BLACKBURN ROAD RUNNERS)	45	F	00:52:15.58	127	347	HELEN MARR (WALNEY WIND CHEETAHS)	41	F	00:51:44.99
128	660	NEIL BROOKS	49	M	00:52:19.33	128	39	NICOLA BENNETT (RUNSMART LEYLAND)	36	F	00:51:50.23
129	562	LESLEY WALLACE	51	F	00:52:27.58	129	634	STEPHEN WORBEY	43	M	00:51:52.85
130	469	DENISE RYLEY (WIGAN & DISTRICT H & )	44	F	00:52:31.07	130	131	LEE-VICTORIA DAVIES (MERSEY TRI)	42	F	00:51:53.80
131	60	CLAIRE BRIDGE (BLACKBURN ROAD RUNNERS)	45	F	00:52:31.35	131	611	VERNON YULE	54	M	00:51:56.62
132	124	SHAUN CUNLIFFE (WIGAN & DISTRICT H & )	46	M	00:52:31.35	132	263	CHRIS HEWITT (SOUTHPORT WATERLOO AC)	40	M	00:52:05.81
133	659	GABRIELLA CONWAY	36	F	00:52:32.10	133	659	GABRIELLA CONWAY	36	F	00:52:06.21
134	263	CHRIS HEWITT (SOUTHPORT WATERLOO AC)	40	M	00:52:32.36	134	196	TIMOTHY FOSTER	31	M	00:52:08.76

135	143	JONATHAN DOBSON (ST HELENS STRIDERS)	61	M	00:52:33.08	135	289	SUSAN HARTLEY	48	F	00:52:21.28
136	196	TIMOTHY FOSTER	31	M	00:52:38.07	136	469	DENISE RYLEY (WIGAN & DISTRICT H & )	44	F	00:52:22.53
137	490	BARRY SHACKLETON (DARWEN DASHERS RC)	61	M	00:52:54.32	137	143	JONATHAN DOBSON (ST HELENS STRIDERS)	61	M	00:52:22.78
138	555	MATTHEW VERNON	29	M	00:53:06.32	138	124	SHAUN CUNLIFFE (WIGAN & DISTRICT H & )	46	M	00:52:24.18
139	611	VERNON YULE	54	M	00:53:08.15	139	490	BARRY SHACKLETON (DARWEN DASHERS RC)	61	M	00:52:38.27
140	81	MADDALENA CAPP	49	F	00:53:09.08	140	336	CAROLINE LIGHTFOOT	38	F	00:52:47.19
141	289	SUSAN HARTLEY	48	F	00:53:09.08	141	555	MATTHEW VERNON	29	M	00:52:53.77
142	336	CAROLINE LIGHTFOOT	38	F	00:53:12.07	142	81	MADDALENA CAPP	49	F	00:52:55.47
143	423	LORNA PICKUP	38	F	00:53:14.09	143	423	LORNA PICKUP	38	F	00:53:02.93
144	558	DAVE WAKEFIELD (PRESTON HARRIERS)	46	M	00:53:22.57	144	558	DAVE WAKEFIELD (PRESTON HARRIERS)	46	M	00:53:05.29
145	238	PAUL HANCOCK (WIGAN & DISTRICT H & )	50	M	00:53:23.60	145	520	TRACY SPENCELEY	54	F	00:53:07.61
146	623	RACHEL TICKLE (ST HELENS STRIDERS)	32	F	00:53:35.80	146	370	CAROLINE MELLING	40	F	00:53:08.37
147	528	SUE STEWART	71	F	00:53:40.81	147	528	SUE STEWART	71	F	00:53:18.04
148	352	KIM MATTHEWS	37	F	00:53:44.31	148	36	GEORGE BELL (BLACKBURN ROAD RUNNERS)	62	M	00:53:23.05
149	520	TRACY SPENCELEY	54	F	00:53:53.58	149	238	PAUL HANCOCK (WIGAN & DISTRICT H & )	50	M	00:53:23.60
150	635	CHERRYL ORRICK (ST HELENS STRIDERS)	45	F	00:53:56.83	150	173	JULIE FAIRBROTHER	35	F	00:53:24.69
151	432	ADRIAN PRIDGEON (ST HELENS STRIDERS)	37	M	00:53:57.32	151	623	RACHEL TICKLE (ST HELENS STRIDERS)	32	F	00:53:25.88
152	581	KELLY WHITE (RED ROSE ROAD RUNNERS)	41	F	00:53:57.52	152	542	SAMANTHA THOMPSON	30	F	00:53:27.25
153	173	JULIE FAIRBROTHER	35	F	00:53:57.57	153	352	KIM MATTHEWS	37	F	00:53:27.46
154	542	SAMANTHA THOMPSON	30	F	00:54:00.08	154	645	SARAH BARTON (THORNTON CLEVELEYS)	38	F	00:53:29.58
155	370	CAROLINE MELLING	40	F	00:54:03.59	155	42	CARRIE BEST	34	F	00:53:36.75
156	42	CARRIE BEST	34	F	00:54:13.05	156	581	KELLY WHITE (RED ROSE ROAD RUNNERS)	41	F	00:53:38.56
157	642	DANIELLE DEANS	29	F	00:54:16.31	157	486	MICHELLE SEARS (BLACKBURN ROAD RUNNERS)	42	F	00:53:40.31
158	413	DAWN OWEN	55	F	00:54:18.33	158	642	DANIELLE DEANS	29	F	00:53:42.87
159	486	MICHELLE SEARS (BLACKBURN ROAD RUNNERS)	42	F	00:54:20.30	159	432	ADRIAN PRIDGEON (ST HELENS STRIDERS)	37	M	00:53:45.99
160	284	CLAIRE HORNER (GARSTANG RUNNING CLUB)	44	F	00:54:24.32	160	635	CHERRYL ORRICK (ST HELENS STRIDERS)	45	F	00:53:48.72
161	58	TAMMY BRADLEY	41	F	00:54:25.12	161	48	WENDY BLACK	44	F	00:53:53.34
162	36	GEORGE BELL (BLACKBURN ROAD RUNNERS)	62	M	00:54:25.57	162	516	JOHN SMITH	44	M	00:53:53.75
163	645	SARAH BARTON (THORNTON CLEVELEYS)	38	F	00:54:25.57	163	249	ANTHONY HARVEY (BLACKBURN ROAD RUNNERS)	34	M	00:53:54.38
164	210	LOUISE GASKELL (TRYARDERS)	40	F	00:54:26.82	164	447	LISA RIMMER	42	F	00:53:58.86
165	426	KATE PLOWRIGHT	47	F	00:54:27.32	165	413	DAWN OWEN	55	F	00:54:01.43
166	164	MIRIAM EATON	54	F	00:54:32.81	166	100	JOHN CLUCAS (BLACKBURN ROAD RUNNERS)	56	M	00:54:02.29
167	516	JOHN SMITH	44	M	00:54:41.31	167	58	TAMMY BRADLEY	41	F	00:54:02.54
168	48	WENDY BLACK	44	F	00:54:41.33	168	426	KATE PLOWRIGHT	47	F	00:54:07.99
169	524	ADAM STAINES (SKELMERSDALE BOUNDARY)	51	M	00:54:42.81	169	210	LOUISE GASKELL (TRYARDERS)	40	F	00:54:08.00
170	100	JOHN CLUCAS (BLACKBURN ROAD RUNNERS)	56	M	00:54:43.32	170	284	CLAIRE HORNER (GARSTANG RUNNING CLUB)	44	F	00:54:10.47
171	447	LISA RIMMER	42	F	00:54:44.56	171	164	MIRIAM EATON	54	F	00:54:17.56
172	249	ANTHONY HARVEY (BLACKBURN ROAD RUNNERS)	34	M	00:54:48.07	172	165	TRACY ECCLES (BLACKBURN ROAD RUNNERS)	40	F	00:54:19.13
173	223	RIKKI GREEN (WIGAN & DISTRICT H & )	33	M	00:54:52.56	173	359	STUART MCDOWALL (FYLDE COAST RUNNERS)	34	M	00:54:23.92
174	539	HELEN TAYLOR (RED ROSE ROAD RUNNERS)	32	F	00:54:56.07	174	223	RIKKI GREEN (WIGAN & DISTRICT H & )	33	M	00:54:24.23
175	380	BILL MILLER (FYLDE COAST RUNNERS)	60	M	00:54:58.81	175	524	ADAM STAINES (SKELMERSDALE BOUNDARY)	51	M	00:54:25.37
176	359	STUART MCDOWALL (FYLDE COAST RUNNERS)	34	M	00:55:01.06	176	41	ANTHONY BERESFORD	15	M	00:54:26.21
177	165	TRACY ECCLES (BLACKBURN ROAD RUNNERS)	40	F	00:55:02.82	177	198	DAN FOSTER (FYLDE COAST RUNNERS)	42	M	00:54:39.30
178	550	PHILIP TURNER (WIGAN & DISTRICT H & )	62	M	00:55:13.78	178	264	AMANDA HEY (RADCLIFFE AC)	56	F	00:54:39.47
179	293	DIANE IDDON (FYLDE COAST RUNNERS)	49	F	00:55:15.56	179	539	HELEN TAYLOR (RED ROSE ROAD RUNNERS)	32	F	00:54:41.80
180	270	DIANE HILL (WIGAN & DISTRICT H & )	37	F	00:55:16.87	180	311	VIKKI JONES (BLACKBURN ROAD RUNNERS)	40	F	00:54:41.95
181	311	VIKKI JONES (BLACKBURN ROAD RUNNERS)	40	F	00:55:21.56	181	616	MARK MULRYAN (LANCASHIRE CONSTAB)	50	M	00:54:43.74
182	41	ANTHONY BERESFORD	15	M	00:55:22.31	182	380	BILL MILLER (FYLDE COAST RUNNERS)	60	M	00:54:46.68

183	153	ALLAN DUCKWORTH	62	M	00:55:24.82	183	270	DIANE HILL (WIGAN & DISTRICT H & )	37	F	00:54:49.53
184	198	DAN FOSTER (FYLDE COAST RUNNERS)	42	M	00:55:24.82	184	29	ANTHONY POPE (BLACKBURN ROAD RUNNERS)	61	M	00:54:52.67
185	639	HEATHER MITCHELL (DEWSBURY RR)	65	F	00:55:28.31	185	293	DIANE IDDON (FYLDE COAST RUNNERS)	49	F	00:54:54.58
186	616	MARK MULRYAN (LANCASHIRE CONSTAB)	50	M	00:55:29.07	186	153	ALLAN DUCKWORTH	62	M	00:54:57.67
187	252	NEIL HEALY (RED ROSE ROAD RUNNERS)	45	M	00:55:33.04	187	550	PHILIP TURNER (WIGAN & DISTRICT H & )	62	M	00:55:03.71
188	476	NATALIE SAVAGE (SOUTHPORT COASTERS RU)	40	F	00:55:39.31	188	252	NEIL HEALY (RED ROSE ROAD RUNNERS)	45	M	00:55:06.91
189	264	AMANDA HEY (RADCLIFFE AC)	56	F	00:55:41.80	189	568	CRAIG WARD	37	M	00:55:10.98
190	618	DARYL MUNRO (FYLDE COAST RUNNERS)	31	M	00:55:41.97	190	618	DARYL MUNRO (FYLDE COAST RUNNERS)	31	M	00:55:15.42
191	484	MARK SCOTT (LIVERPOOL RUNNING CLUB)	51	M	00:55:47.56	191	639	HEATHER MITCHELL (DEWSBURY RR)	65	F	00:55:15.53
192	315	JACKIE JONES (LIVERPOOL RUNNING CLUB)	54	F	00:55:48.32	192	644	LEANNE BATTY (THORNTON CLEVELEYS)	40	F	00:55:17.09
193	29	ANTHONY POPE (BLACKBURN ROAD RUNNERS)	61	M	00:55:56.83	193	476	NATALIE SAVAGE (SOUTHPORT COASTERS RU)	40	F	00:55:17.87
194	425	ANDY PLATT	49	M	00:55:57.32	194	303	GED JOHNSON (BLACKBURN ROAD RUNNERS)	62	M	00:55:19.40
195	568	CRAIG WARD	37	M	00:56:04.29	195	484	MARK SCOTT (LIVERPOOL RUNNING CLUB)	51	M	00:55:31.28
196	297	EMMA JACKSON (RIVERSWAY ROAD RUNNERS)	38	F	00:56:05.82	196	315	JACKIE JONES (LIVERPOOL RUNNING CLUB)	54	F	00:55:31.66
197	625	GRAHAM BROCK (WESHAM RR)	52	M	00:56:12.30	197	297	EMMA JACKSON (RIVERSWAY ROAD RUNNERS)	38	F	00:55:33.36
198	106	STEVE COLLIGAN	50	M	00:56:13.31	198	372	JANE MELOY	33	F	00:55:36.87
199	644	LEANNE BATTY (THORNTON CLEVELEYS)	40	F	00:56:14.06	199	425	ANDY PLATT	49	M	00:55:40.80
200	379	SARA MILLER	27	F	00:56:19.29	200	527	KERRY STEVENSON (BURNDEN ROAD RUNNERS)	43	F	00:55:42.19
201	527	KERRY STEVENSON (BURNDEN ROAD RUNNERS)	43	F	00:56:22.03	201	54	DEBBIE BOLTON (BLACKBURN ROAD RUNNERS)	49	F	00:55:46.42
202	303	GED JOHNSON (BLACKBURN ROAD RUNNERS)	62	M	00:56:28.04	202	106	STEVE COLLIGAN	50	M	00:55:51.77
203	301	KATE JAMES (FYLDE COAST RUNNERS)	46	F	00:56:28.56	203	299	DAVINIA JACKSON (THORNTON CLEVELEYS RU)	38	F	00:55:55.04
204	87	PHIL CASWELL	37	M	00:56:29.81	204	280	KATHRYN HOLT	43	F	00:55:58.05
205	54	DEBBIE BOLTON (BLACKBURN ROAD RUNNERS)	49	F	00:56:31.56	205	625	GRAHAM BROCK (WESHAM RR)	52	M	00:55:58.08
206	530	KRISTIAN STONE	43	M	00:56:34.03	206	301	KATE JAMES (FYLDE COAST RUNNERS)	46	F	00:56:00.12
207	372	JANE MELOY	33	F	00:56:35.04	207	63	SHELL BRINKHUIJSEN (RED ROSE ROAD RUNNERS)	35	F	00:56:04.18
208	534	SINEAD LOUISE SWEENEY (PRESTON HARRIERS)	46	F	00:56:36.06	208	534	SINEAD LOUISE SWEENEY (PRESTON HARRIERS)	46	F	00:56:06.47
209	63	SHELL BRINKHUIJSEN (RED ROSE ROAD RUNNERS)	35	F	00:56:40.95	209	379	SARA MILLER	27	F	00:56:06.55
210	170	LINDA ENSBY (TRAWDEN AC)	52	F	00:56:47.30	210	653	MATTHEW MCCOLL	41	M	00:56:06.58
211	299	DAVINIA JACKSON (THORNTON CLEVELEYS RU)	38	F	00:56:50.79	211	465	WAYNE RUSHWORTH	50	M	00:56:07.33
212	343	LIZ LYNCH	48	F	00:56:51.05	212	343	LIZ LYNCH	48	F	00:56:09.78
213	360	LINDSEY MCGAHEY (WOMEN ON THE RUN)	41	F	00:56:53.78	213	546	LEWIS TOLEN	20	M	00:56:11.83
214	116	ANGELA COULTER (BLACKBURN ROAD RUNNERS)	51	F	00:56:57.06	214	530	KRISTIAN STONE	43	M	00:56:12.25
215	546	LEWIS TOLEN	20	M	00:56:57.16	215	12	BECCA APPLETON	21	F	00:56:14.38
216	12	BECCA APPLETON	21	F	00:56:57.29	216	351	SYLVIA MASON (WOMEN ON THE RUN)	56	F	00:56:15.08
217	440	MICHAEL RAWSTERNE (BLACKBURN ROAD RUNNERS)	65	M	00:56:59.54	217	585	ANDY WHITLAM (THORNTON CLEVELEYS RU)	63	M	00:56:15.45
218	25	ALISON TAYLOR (WOMAN ON THE RUN)	42	F	00:57:02.07	218	116	ANGELA COULTER (BLACKBURN ROAD RUNNERS)	51	F	00:56:18.49
219	351	SYLVIA MASON (WOMEN ON THE RUN)	56	F	00:57:04.53	219	360	LINDSEY MCGAHEY (WOMEN ON THE RUN)	41	F	00:56:18.89
220	339	STU LIVESSEY (ASTLEY & TYLDESLEY RO)	40	M	00:57:05.58	220	170	LINDA ENSBY (TRAWDEN AC)	52	F	00:56:22.23
221	578	KELVIN WEEKS	41	M	00:57:05.58	221	87	PHIL CASWELL	37	M	00:56:25.09
222	280	KATHRYN HOLT	43	F	00:57:05.85	222	339	STU LIVESSEY (ASTLEY & TYLDESLEY RO)	40	M	00:56:26.95
223	465	WAYNE RUSHWORTH	50	M	00:57:10.03	223	578	KELVIN WEEKS	41	M	00:56:27.14
224	585	ANDY WHITLAM (THORNTON CLEVELEYS RU)	63	M	00:57:13.03	224	419	IAN PATTERSON (PRESTON HARRIERS)	40	M	00:56:28.07
225	221	ALICE GRAVES-MORRIS	46	F	00:57:14.93	225	25	ALISON TAYLOR (WOMAN ON THE RUN)	42	F	00:56:28.43
226	428	DANIEL POPPY	47	M	00:57:15.03	226	148	MICHAELA DOUGLAS (BLACKBURN ROAD RUNNERS)	44	F	00:56:32.78
227	148	MICHAELA DOUGLAS (BLACKBURN ROAD RUNNERS)	44	F	00:57:15.80	227	485	DAVID SEARS (BLACKBURN ROAD RUNNERS)	69	M	00:56:33.24
228	653	MATTHEW MCCOLL	41	M	00:57:16.79	228	640	LISA STEPHENSON	50	F	00:56:34.95
229	242	SUSAN HARGREAVES (FYLDE COAST RUNNERS)	41	F	00:57:19.44	229	221	ALICE GRAVES-MORRIS	46	F	00:56:41.05
230	92	ANDREA CHEETHAM	42	F	00:57:27.28	230	428	DANIEL POPPY	47	M	00:56:42.86

231	579	JANET WEIR (BLACKBURN ROAD RUNNERS)	55	F	00:57:29.05	231	70	PAUL BROWN	47	M	00:56:43.24
232	323	JOANNE KEOGH (ST HELENS STRIDERS)	43	F	00:57:29.30	232	606	VICTORIA WRIGLEY (THORNTON CLEVELEYS RU)	43	F	00:56:45.44
233	610	STE YOXALL	48	M	00:57:32.78	233	579	JANET WEIR (BLACKBURN ROAD RUNNERS)	55	F	00:56:46.40
234	37	SARA BELL	41	F	00:57:35.58	234	350	KIRSTY MARTINDALE (WOMEN ON THE RUN)	48	F	00:56:47.27
235	350	KIRSTY MARTINDALE (WOMEN ON THE RUN)	48	F	00:57:37.29	235	610	STE YOXALL	48	M	00:56:48.06
236	640	LISA STEPHENSON	50	F	00:57:38.55	236	440	MICHAEL RAWSTERNE (BLACKBURN ROAD RUNNERS)	65	M	00:56:48.77
237	419	IAN PATTERSON (PRESTON HARRIERS)	40	M	00:57:39.79	237	242	SUSAN HARGREAVES (FYLDE COAST RUNNERS)	41	F	00:56:49.80
238	240	ALEX HANDLEY	29	M	00:57:42.04	238	268	TRACY HICKEY (BLACKBURN ROAD RUNNERS)	49	F	00:56:59.21
239	606	VICTORIA WRIGLEY (THORNTON CLEVELEYS RU)	43	F	00:57:42.79	239	324	HELEN KERR	35	F	00:57:03.66
240	70	PAUL BROWN	47	M	00:57:44.74	240	240	ALEX HANDLEY	29	M	00:57:11.02
241	324	HELEN KERR	35	F	00:57:47.54	241	92	ANDREA CHEETHAM	42	F	00:57:11.42
242	485	DAVID SEARS (BLACKBURN ROAD RUNNERS)	69	M	00:57:55.04	242	248	MICHAELA HARVEY (BLACKBURN ROAD RUNNERS)	29	F	00:57:16.48
243	268	TRACY HICKEY (BLACKBURN ROAD RUNNERS)	49	F	00:58:00.52	243	328	ZENA KNOWLES (RADCLIFFE AC)	43	F	00:57:16.56
244	22	CAROLINE BABA (MANCHESTER HARRIERS A)	39	F	00:58:02.80	244	620	MARK DEVINE	19	M	00:57:19.53
245	614	HELEN GREENHALGH (RED ROSE RR)	40	F	00:58:03.28	245	37	SARA BELL	41	F	00:57:20.09
246	248	MICHAELA HARVEY (BLACKBURN ROAD RUNNERS)	29	F	00:58:09.51	246	323	JOANNE KEOGH (ST HELENS STRIDERS)	43	F	00:57:20.44
247	661	MATTHEW THORPE	45	M	00:58:16.25	247	27	ANNA BARCROFT (BLACKBURN ROAD RUNNERS)	56	F	00:57:22.21
248	328	ZENA KNOWLES (RADCLIFFE AC)	43	F	00:58:18.49	248	479	KATH SCAIFE (BENTHAM BEAGLES)	50	F	00:57:27.17
249	243	NEIL HARGREAVES	69	M	00:58:21.52	249	22	CAROLINE BABA (MANCHESTER HARRIERS A)	39	F	00:57:42.81
250	479	KATH SCAIFE (BENTHAM BEAGLES)	50	F	00:58:25.04	250	628	CAT DASCENDIS	36	F	00:57:45.60
251	27	ANNA BARCROFT (BLACKBURN ROAD RUNNERS)	56	F	00:58:25.53	251	629	DAVID RATCLIFT	31	M	00:57:48.00
252	620	MARK DEVINE	19	M	00:58:32.24	252	614	HELEN GREENHALGH (RED ROSE RR)	40	F	00:57:49.06
253	342	TRACEY LOWE (BURNDEN ROAD RUNNERS)	48	F	00:58:39.01	253	28	LYNDA BARKER (BLACKBURN ROAD RUNNERS)	56	F	00:57:49.87
254	47	LINDSEY BLACK	40	F	00:58:42.27	254	342	TRACEY LOWE (BURNDEN ROAD RUNNERS)	48	F	00:57:59.57
255	619	LEE HOPKINS	52	M	00:58:43.04	255	243	NEIL HARGREAVES	69	M	00:58:05.36
256	481	LAURA SCARBOROUGH (RIVERSWAY ROAD RUNNERS)	38	F	00:58:48.26	256	444	DOMINIQUE RICIOPPPO (DARWEN DASHERS RC)	34	F	00:58:05.77
257	61	CRAIG BRIDGE	37	M	00:58:50.03	257	661	MATTHEW THORPE	45	M	00:58:06.10
258	91	SARAH CHARLTON (ST HELENS STRIDERS)	34	F	00:58:50.49	258	61	CRAIG BRIDGE	37	M	00:58:13.49
259	28	LYNDA BARKER (BLACKBURN ROAD RUNNERS)	56	F	00:58:51.74	259	91	SARAH CHARLTON (ST HELENS STRIDERS)	34	F	00:58:14.38
260	628	CAT DASCENDIS	36	F	00:58:56.34	260	481	LAURA SCARBOROUGH (RIVERSWAY ROAD RUNNERS)	38	F	00:58:15.20
261	629	DAVID RATCLIFT	31	M	00:58:59.02	261	552	JULIE TYRER (PRESTON HARRIERS)	41	F	00:58:15.64
262	157	SEAN DUTTON	33	M	00:58:59.05	262	304	MATT JOINSON	38	M	00:58:18.08
263	158	HELEN DUTTON	35	F	00:58:59.85	263	401	CATHERINE NOBLETT	38	F	00:58:18.28
264	271	LUCY HILL (WOMEN ON THE RUN)	47	F	00:59:08.02	264	179	HELEN FIELD	36	F	00:58:20.27
265	212	JACKIE GILBERT (VEGAN RUNNERS UK)	37	F	00:59:10.27	265	47	LINDSEY BLACK	40	F	00:58:22.94
266	179	HELEN FIELD	36	F	00:59:11.52	266	619	LEE HOPKINS	52	M	00:58:24.51
267	444	DOMINIQUE RICIOPPPO (DARWEN DASHERS RC)	34	F	00:59:11.52	267	8	CHRIS ALMOND (BLACKBURN ROAD RUNNERS)	51	M	00:58:26.33
268	49	JANE BLACKLIN (SOUTHPORT WATERLOO AC)	58	F	00:59:12.77	268	441	SATWANT REHAL (BLACKBURN ROAD RUNNERS)	58	M	00:58:26.80
269	397	AMANDA MURRAY	44	F	00:59:17.27	269	502	PHIL SKUPSKI (BLACKBURN ROAD RUNNERS)	54	M	00:58:30.11
270	234	MICHELLE HALL (TRAWDEN AC)	47	F	00:59:20.53	270	212	JACKIE GILBERT (VEGAN RUNNERS UK)	37	F	00:58:31.50
271	502	PHIL SKUPSKI (BLACKBURN ROAD RUNNERS)	54	M	00:59:24.86	271	271	LUCY HILL (WOMEN ON THE RUN)	47	F	00:58:34.58
272	277	WAYNE HOLDEN (RADCLIFFE AC)	38	M	00:59:25.56	272	318	ALISON KEHER	41	F	00:58:37.84
273	319	RUSSELL KELLETT	71	M	00:59:25.56	273	277	WAYNE HOLDEN (RADCLIFFE AC)	38	M	00:58:39.27
274	318	ALISON KEHER	41	F	00:59:26.02	274	157	SEAN DUTTON	33	M	00:58:44.03
275	441	SATWANT REHAL (BLACKBURN ROAD RUNNERS)	58	M	00:59:26.46	275	158	HELEN DUTTON	35	F	00:58:45.86
276	8	CHRIS ALMOND (BLACKBURN ROAD RUNNERS)	51	M	00:59:26.80	276	49	JANE BLACKLIN (SOUTHPORT WATERLOO AC)	58	F	00:58:49.11
277	522	IAN SPENCER (ST HELENS STRIDERS)	50	M	00:59:26.80	277	273	CATHY HINKINS (WOMEN ON THE RUN)	35	F	00:58:49.38
278	401	CATHERINE NOBLETT	38	F	00:59:27.53	278	397	AMANDA MURRAY	44	F	00:58:55.02

279	304	MATT JOINSON	38	M	00:59:27.58	279	234	MICHELLE HALL (TRAWDEN AC)	47	F	00:58:55.02
280	552	JULIE TYRER (PRESTON HARRIERS)	41	F	00:59:28.77	280	319	RUSSELL KELLETT	71	M	00:58:55.55
281	418	MICHELLE PARTINGTON (WIGAN & DISTRICT H & )	50	F	00:59:37.77	281	40	DARREN BENTHAM (FYLDE COAST RUNNERS)	47	M	00:58:56.06
282	273	CATHY HINKINS (WOMEN ON THE RUN)	35	F	00:59:39.03	282	601	SUE WORKMAN	54	F	00:59:00.05
283	40	DARREN BENTHAM (FYLDE COAST RUNNERS)	47	M	00:59:39.17	283	418	MICHELLE PARTINGTON (WIGAN & DISTRICT H & )	50	F	00:59:02.88
284	180	ZOE FILLINGHAM (ST HELENS STRIDERS)	50	F	00:59:41.51	284	84	KATIE CARTLEDGE	26	F	00:59:03.21
285	15	PHILIP ASHFORTH	52	M	00:59:44.02	285	522	IAN SPENCER (ST HELENS STRIDERS)	50	M	00:59:08.31
286	73	DONNA BULLIVANT-EVANS	35	F	00:59:46.75	286	457	JO ROBERTS (RED ROSE ROAD RUNNERS)	53	F	00:59:10.96
287	84	KATIE CARTLEDGE	26	F	01:00:11.01	287	15	PHILIP ASHFORTH	52	M	00:59:12.81
288	355	FINLAY MCCALMAN (WESHAM RR)	54	M	01:00:15.00	288	38	VAL BELLINGHAM (WARRINGTON RUNNING CL)	50	F	00:59:13.86
289	68	AMANDA BROWN	51	F	01:00:17.26	289	646	SARA IDDON	48	F	00:59:18.45
290	601	SUE WORKMAN	54	F	01:00:18.27	290	11	LEE ANDERSON (FYLDE COAST RUNNERS)	44	M	00:59:18.72
291	18	GAIL ASPEY	42	F	01:00:19.28	291	647	ANDREW IDDON	53	M	00:59:20.48
292	456	LINDA ROBERTS (PRESTON HARRIERS)	61	F	01:00:21.77	292	180	ZOE FILLINGHAM (ST HELENS STRIDERS)	50	F	00:59:23.39
293	646	SARA IDDON	48	F	01:00:23.27	293	458	SCOTT ROBERTSON (DARWEN DASHERS RC)	47	M	00:59:24.59
294	483	CHERYL SCHOFIELD (BLACKBURN ROAD RUNNERS)	45	F	01:00:24.26	294	73	DONNA BULLIVANT-EVANS	35	F	00:59:29.47
295	647	ANDREW IDDON	53	M	01:00:24.63	295	68	AMANDA BROWN	51	F	00:59:31.69
296	457	JO ROBERTS (RED ROSE ROAD RUNNERS)	53	F	01:00:25.53	296	456	LINDA ROBERTS (PRESTON HARRIERS)	61	F	00:59:32.80
297	279	JANET HOLMES (ST HELENS SUTTON AC)	63	F	01:00:26.01	297	483	CHERYL SCHOFIELD (BLACKBURN ROAD RUNNERS)	45	F	00:59:42.80
298	290	CHRISTINE HUMPHREY (ST HELENS STRIDERS)	57	F	01:00:27.10	298	543	CHARLOTTE THOMPSON	27	F	00:59:45.98
299	536	ZOEY TATTERSALL	31	F	01:00:28.01	299	3	MICHELLE ADDY	47	F	00:59:48.06
300	38	VAL BELLINGHAM (WARRINGTON RUNNING CL)	50	F	01:00:29.28	300	218	KIRSTY GOLDSMITH (BLACKBURN ROAD RUNNERS)	42	F	00:59:48.40
301	458	SCOTT ROBERTSON (DARWEN DASHERS RC)	47	M	01:00:30.03	301	355	FINLAY MCCALMAN (WESHAM RR)	54	M	00:59:49.34
302	11	LEE ANDERSON (FYLDE COAST RUNNERS)	44	M	01:00:38.25	302	50	MELISSA BLACKMORE	51	F	00:59:50.15
303	330	ANGIE LARSEN	54	F	01:00:38.58	303	251	DAVID HAWORTH (BLACKBURN ROAD RUNNERS)	56	M	01:00:01.92
304	409	ELAINE O'DEA	64	F	01:00:38.78	304	23	SAMANTHA BADLAND (BLACKBURN ROAD RUNNERS)	39	F	01:00:02.81
305	607	SHERYL WYNNE (BLACKBURN ROAD RUNNERS)	46	F	01:00:42.99	305	607	SHERYL WYNNE (BLACKBURN ROAD RUNNERS)	46	F	01:00:03.01
306	3	MICHELLE ADDY	47	F	01:00:44.19	306	493	PAULA SHARROCKS (WARRINGTON RUNNING CL)	44	F	01:00:04.66
307	50	MELISSA BLACKMORE	51	F	01:00:44.57	307	18	GAIL ASPEY	42	F	01:00:06.54
308	543	CHARLOTTE THOMPSON	27	F	01:00:45.26	308	230	KATRINA GRUNSHAW (BLACKBURN ROAD RUNNERS)	47	F	01:00:06.76
309	312	WENDY JONES (BTR ROAD RUNNERS)	46	F	01:00:45.76	309	290	CHRISTINE HUMPHREY (ST HELENS STRIDERS)	57	F	01:00:08.00
310	203	SANDRA FREEMAN (BTR ROAD RUNNERS)	52	F	01:00:47.73	310	407	MARION O'GRADY (RED ROSE ROAD RUNNERS)	59	F	01:00:08.97
311	218	KIRSTY GOLDSMITH (BLACKBURN ROAD RUNNERS)	42	F	01:00:48.07	311	589	DEBBIE WILDING	46	F	01:00:09.76
312	590	DAVID WILKINSON	55	M	01:00:52.25	312	366	JENNIFER MCLEAN	45	F	01:00:09.94
313	471	FIONA SALT (DARWEN DASHERS RC)	43	F	01:00:59.29	313	308	CAROLYN JONES (WARRINGTON RUNNING CL)	44	F	01:00:10.70
314	472	JOHN SALT	43	M	01:00:59.75	314	194	WENDY FOSTER (R4CF)	48	F	01:00:10.73
315	366	JENNIFER MCLEAN	45	F	01:01:00.26	315	312	WENDY JONES (BTR ROAD RUNNERS)	46	F	01:00:13.74
316	344	JOANNE MADDOX (WOMEN ON THE RUN)	44	F	01:01:00.79	316	279	JANET HOLMES (ST HELENS SUTTON AC)	63	F	01:00:15.06
317	589	DEBBIE WILDING	46	F	01:01:01.01	317	203	SANDRA FREEMAN (BTR ROAD RUNNERS)	52	F	01:00:15.29
318	147	KAREN DOHERTY (RADCLIFFE AC)	45	F	01:01:05.25	318	147	KAREN DOHERTY (RADCLIFFE AC)	45	F	01:00:17.07
319	563	LAURA WALLSWORTH	41	F	01:01:06.04	319	471	FIONA SALT (DARWEN DASHERS RC)	43	F	01:00:20.29
320	251	DAVID HAWORTH (BLACKBURN ROAD RUNNERS)	56	M	01:01:06.50	320	464	SARAH RUSHTON (RADCLIFFE AC)	48	F	01:00:21.60
321	23	SAMANTHA BADLAND (BLACKBURN ROAD RUNNERS)	39	F	01:01:06.96	321	472	JOHN SALT	43	M	01:00:22.28
322	464	SARAH RUSHTON (RADCLIFFE AC)	48	F	01:01:07.26	322	536	ZOEY TATTERSALL	31	F	01:00:22.54
323	407	MARION O'GRADY (RED ROSE ROAD RUNNERS)	59	F	01:01:13.51	323	344	JOANNE MADDOX (WOMEN ON THE RUN)	44	F	01:00:25.86
324	405	ALEXIA O'FLAHERTY (VEGAN RUNNERS UK)	37	F	01:01:15.99	324	590	DAVID WILKINSON	55	M	01:00:28.41
325	230	KATRINA GRUNSHAW (BLACKBURN ROAD RUNNERS)	47	F	01:01:16.27	325	330	ANGIE LARSEN	54	F	01:00:30.28
326	493	PAULA SHARROCKS (WARRINGTON RUNNING CL)	44	F	01:01:16.76	326	66	JOANNE BROWN (BLACKBURN ROAD RUNNERS)	45	F	01:00:30.42

327	321	VIKKI KEMP	31	F	01:01:17.01	327	409	ELAINE O'DEA	64	F	01:00:30.91
328	194	WENDY FOSTER (R4CF)	48	F	01:01:20.75	328	563	LAURA WALLSWORTH	41	F	01:00:34.60
329	308	CAROLYN JONES (WARRINGTON RUNNING CL)	44	F	01:01:23.04	329	408	PETER O'GRADY (RED ROSE ROAD RUNNERS)	61	M	01:00:43.41
330	604	BRYAN WRIGHT	51	M	01:01:24.74	330	406	SUSAN O'FLYNN (BLACKBURN ROAD RUNNERS)	53	F	01:00:46.88
331	657	HANNAH CLAYTON (RED ROSE RR)	24	F	01:01:25.25	331	420	JANET PEEL	42	F	01:00:49.32
332	658	STEPH BAMBER	31	F	01:01:26.51	332	658	STEPH BAMBER	31	F	01:00:50.58
333	66	JOANNE BROWN (BLACKBURN ROAD RUNNERS)	45	F	01:01:30.00	333	405	ALEXIA O'FLAHERTY (VEGAN RUNNERS UK)	37	F	01:00:50.83
334	229	MICHELLE GRIMSHAW (WIGAN & DISTRICT H & )	32	F	01:01:32.50	334	321	VIKKI KEMP	31	F	01:01:01.15
335	325	DEBBIE KING	37	F	01:01:42.74	335	604	BRYAN WRIGHT	51	M	01:01:01.27
336	451	STEVE ROBERTS	53	M	01:01:44.25	336	657	HANNAH CLAYTON (RED ROSE RR)	24	F	01:01:02.81
337	452	SHARON ROBERTS	49	F	01:01:45.26	337	229	MICHELLE GRIMSHAW (WIGAN & DISTRICT H & )	32	F	01:01:04.36
338	406	SUSAN O'FLYNN (BLACKBURN ROAD RUNNERS)	53	F	01:01:46.75	338	451	STEVE ROBERTS	53	M	01:01:06.78
339	408	PETER O'GRADY (RED ROSE ROAD RUNNERS)	61	M	01:01:48.74	339	452	SHARON ROBERTS	49	F	01:01:07.93
340	420	JANET PEEL	42	F	01:01:55.74	340	648	VIKI WALSH	40	F	01:01:14.19
341	541	JAN THOMPSON	51	F	01:02:01.99	341	533	JUDE SWAN (WOMEN ON THE RUN)	39	F	01:01:16.18
342	14	MARISE ARMSTRONG	37	F	01:02:06.48	342	622	ADAM DEVINE	16	M	01:01:16.90
343	533	JUDE SWAN (WOMEN ON THE RUN)	39	F	01:02:07.25	343	316	GRAHAM JORDAN (BLACKBURN ROAD RUNNERS)	47	M	01:01:19.91
344	121	JOANNE CROASDALE (BLACKBURN ROAD RUNNERS)	51	F	01:02:12.74	344	541	JAN THOMPSON	51	F	01:01:19.97
345	176	GARETH FAIREY (RED ROSE ROAD RUNNERS)	43	M	01:02:17.98	345	9	JACK ALMOND (BLACKBURN ROAD RUNNERS)	16	M	01:01:21.03
346	125	CLAIRE CURRIE	43	F	01:02:19.26	346	272	DAVID HINDLE (RED ROSE ROAD RUNNERS)	64	M	01:01:29.30
347	9	JACK ALMOND (BLACKBURN ROAD RUNNERS)	16	M	01:02:19.99	347	121	JOANNE CROASDALE (BLACKBURN ROAD RUNNERS)	51	F	01:01:32.13
348	648	VIKI WALSH	40	F	01:02:19.99	348	206	CATHERINE GARDENER (BLACKBURN ROAD RUNNERS)	54	F	01:01:32.34
349	378	ANN MILLER (FYLDE COAST RUNNERS)	57	F	01:02:21.01	349	325	DEBBIE KING	37	F	01:01:38.91
350	316	GRAHAM JORDAN (BLACKBURN ROAD RUNNERS)	47	M	01:02:22.24	350	14	MARISE ARMSTRONG	37	F	01:01:39.79
351	75	RACHAEL BURNS	29	F	01:02:26.73	351	396	CAROLINE MURPHY (TEAM DERBY RUNNER)	43	F	01:01:40.99
352	622	ADAM DEVINE	16	M	01:02:30.45	352	309	SUSAN JONES (THORNTON CLEVELEYS RU)	52	F	01:01:42.45
353	206	CATHERINE GARDENER (BLACKBURN ROAD RUNNERS)	54	F	01:02:33.23	353	505	IRENE SLATER (BLACKBURN ROAD RUNNERS)	52	F	01:01:44.32
354	460	DANIEL ROBINSON	37	M	01:02:36.73	354	296	GREG JACKSON	33	M	01:01:46.26
355	272	DAVID HINDLE (RED ROSE ROAD RUNNERS)	64	M	01:02:38.99	355	176	GARETH FAIREY (RED ROSE ROAD RUNNERS)	43	M	01:01:54.54
356	309	SUSAN JONES (THORNTON CLEVELEYS RU)	52	F	01:02:41.50	356	125	CLAIRE CURRIE	43	F	01:01:54.81
357	395	JANE MULLINDER	51	F	01:02:42.25	357	460	DANIEL ROBINSON	37	M	01:01:55.27
358	505	IRENE SLATER (BLACKBURN ROAD RUNNERS)	52	F	01:02:44.97	358	395	JANE MULLINDER	51	F	01:01:55.62
359	396	CAROLINE MURPHY (TEAM DERBY RUNNER)	43	F	01:02:51.50	359	204	MELISSA FREEMAN (ROSSENDALE HARRIERS & )	49	F	01:02:04.98
360	220	MICHAEL GOODLIFFE (BLACKBURN ROAD RUNNERS)	42	M	01:02:51.77	360	306	CHRIS JOLLIFFE	48	M	01:02:06.03
361	219	IAN GOODLIFFE (BLACKBURN ROAD RUNNERS)	67	M	01:02:51.94	361	378	ANN MILLER (FYLDE COAST RUNNERS)	57	F	01:02:09.85
362	410	JACQUELINE O'DONNELL (CHORLEY RUNNERS)	46	F	01:02:56.98	362	410	JACQUELINE O'DONNELL (CHORLEY RUNNERS)	46	F	01:02:14.73
363	246	ALISON HARRIS	48	F	01:03:01.48	363	386	HEATHER MOORHOUSE	32	F	01:02:17.51
364	88	MARY CASWELL	33	F	01:03:02.74	364	557	RACHEL WAIN	18	F	01:02:18.27
365	296	GREG JACKSON	33	M	01:03:07.01	365	305	LOUISE JOLLIFFE	45	F	01:02:19.32
366	386	HEATHER MOORHOUSE	32	F	01:03:07.01	366	75	RACHAEL BURNS	29	F	01:02:22.16
367	204	MELISSA FREEMAN (ROSSENDALE HARRIERS & )	49	F	01:03:09.98	367	508	TINK SMITH	48	F	01:02:28.47
368	90	JOANNE CHARD (WOMEN ON THE RUN)	44	F	01:03:11.01	368	509	TED SMITH	53	M	01:02:29.09
369	306	CHRIS JOLLIFFE	48	M	01:03:13.15	369	389	MICHAEL MORTON (PENNY LANE STRIDERS)	50	M	01:02:33.97
370	508	TINK SMITH	48	F	01:03:15.47	370	90	JOANNE CHARD (WOMEN ON THE RUN)	44	F	01:02:37.13
371	509	TED SMITH	53	M	01:03:15.81	371	219	IAN GOODLIFFE (BLACKBURN ROAD RUNNERS)	67	M	01:02:39.01
372	199	CAROL FOY	51	F	01:03:20.72	372	480	NIGEL SCAIFE	50	M	01:02:39.43
373	305	LOUISE JOLLIFFE	45	F	01:03:25.47	373	220	MICHAEL GOODLIFFE (BLACKBURN ROAD RUNNERS)	42	M	01:02:39.46
374	310	SAMANTHA JONES	35	F	01:03:25.90	374	246	ALISON HARRIS	48	F	01:02:42.30



375	547	CHRISTINE TOOZE	41	F	01:03:26.49	375	595	SUSAN WINN (WOMEN ON THE RUN)	52	F	01:02:50.99
376	557	RACHEL WAIN	18	F	01:03:26.49	376	621	LAUREN WEST	35	F	01:02:53.37
377	93	MARIE CHESWORTH (ST HELENS STRIDERS)	49	F	01:03:38.97	377	310	SAMANTHA JONES	35	F	01:02:55.11
378	145	JACKIE DOBSON (ST HELENS STRIDERS)	57	F	01:03:39.26	378	547	CHRISTINE TOOZE	41	F	01:02:56.05
379	374	JOANNE MERCER (ST HELENS STRIDERS)	50	F	01:03:40.02	379	88	MARY CASWELL	33	F	01:02:57.64
380	595	SUSAN WINN (WOMEN ON THE RUN)	52	F	01:03:41.48	380	89	LOUISE CATON	47	F	01:02:58.56
381	261	SAM HERRON	77	M	01:03:47.97	381	199	CAROL FOY	51	F	01:03:07.11
382	89	LOUISE CATON	47	F	01:03:50.47	382	261	SAM HERRON	77	M	01:03:18.80
383	389	MICHAEL MORTON (PENNY LANE STRIDERS)	50	M	01:03:52.00	383	93	MARIE CHESWORTH (ST HELENS STRIDERS)	49	F	01:03:19.03
384	480	NIGEL SCAIFE	50	M	01:04:04.46	384	145	JACKIE DOBSON (ST HELENS STRIDERS)	57	F	01:03:19.74
385	621	LAUREN WEST	35	F	01:04:05.51	385	317	KATH JUMP	44	F	01:03:20.52
386	566	LORRAIN WANLESS	51	F	01:04:09.47	386	374	JOANNE MERCER (ST HELENS STRIDERS)	50	F	01:03:21.72
387	56	HELEN BORKING (WOMEN ON THE RUN)	52	F	01:04:20.47	387	566	LORRAIN WANLESS	51	F	01:03:22.71
388	475	NAOMI SAUL	45	F	01:04:21.51	388	560	NICKOLA WALKER (BLACKPOOL WYRE & FYLD)	47	F	01:03:40.68
389	650	PAUL MARSHALL (RUN SMART)	48	M	01:04:25.22	389	56	HELEN BORKING (WOMEN ON THE RUN)	52	F	01:03:45.02
390	399	JONATHAN MYLROIE (RUNSMART LEYLAND)	56	M	01:04:25.99	390	166	KERRY EDDLESTON	34	F	01:03:46.32
391	317	KATH JUMP	44	F	01:04:27.74	391	475	NAOMI SAUL	45	F	01:03:47.41
392	544	PHILIP THORNE (WIGAN & DISTRICT H & )	53	M	01:04:31.22	392	544	PHILIP THORNE (WIGAN & DISTRICT H & )	53	M	01:03:55.78
393	560	NICKOLA WALKER (BLACKPOOL WYRE & FYLD)	47	F	01:04:34.97	393	399	JONATHAN MYLROIE (RUNSMART LEYLAND)	56	M	01:04:02.99
394	592	JESSICA WILSON (WIGAN & DISTRICT H & )	29	F	01:04:45.71	394	650	PAUL MARSHALL (RUN SMART)	48	M	01:04:04.11
395	593	DEBORAH WILSON (STILTON STRIDERS)	51	F	01:04:45.71	395	592	JESSICA WILSON (WIGAN & DISTRICT H & )	29	F	01:04:04.67
396	322	PAUL KENYON (TRI PRESTON)	34	M	01:04:51.73	396	593	DEBORAH WILSON (STILTON STRIDERS)	51	F	01:04:05.44
397	166	KERRY EDDLESTON	34	F	01:05:02.95	397	322	PAUL KENYON (TRI PRESTON)	34	M	01:04:07.43
398	222	ERIKA GRECH (BLACKBURN ROAD RUNNERS)	54	F	01:05:12.98	398	222	ERIKA GRECH (BLACKBURN ROAD RUNNERS)	54	F	01:04:12.93
399	142	MICHELLE DIXON	40	F	01:05:20.21	399	4	FAISAL ALI (RED ROSE ROAD RUNNERS)	27	M	01:04:14.99
400	287	LAURA HOWELL	29	F	01:05:26.96	400	101	LINDSEY COANE	35	F	01:04:32.74
401	101	LINDSEY COANE	35	F	01:05:29.71	401	495	LYNN SHAW (THORNTON CLEVELEYS RU)	50	F	01:04:35.87
402	525	IAN STATTER (FYLDE COAST RUNNERS)	46	M	01:05:30.47	402	13	JANET APPELYARD (OLDHAM & ROYTON HARRI)	64	F	01:04:36.18
403	495	LYNN SHAW (THORNTON CLEVELEYS RU)	50	F	01:05:32.47	403	197	PHILIPPA FOSTER	40	F	01:04:37.26
404	4	FAISAL ALI (RED ROSE ROAD RUNNERS)	27	M	01:05:37.73	404	525	IAN STATTER (FYLDE COAST RUNNERS)	46	M	01:04:37.95
405	13	JANET APPELYARD (OLDHAM & ROYTON HARRI)	64	F	01:05:37.73	405	599	ALISON ELIZABETH WOLSTENHOLME (ACCRINGTON ROAD RUNNE)	52	F	01:04:42.37
406	333	LISA LEE	51	F	01:05:39.07	406	482	DEBRA SCHOFIELD (BLACKBURN ROAD RUNNERS)	45	F	01:04:46.71
407	526	PETER STEELE	45	M	01:05:39.40	407	142	MICHELLE DIXON	40	F	01:04:55.76
408	197	PHILIPPA FOSTER	40	F	01:05:43.20	408	287	LAURA HOWELL	29	F	01:04:59.23
409	599	ALISON ELIZABETH WOLSTENHOLME (ACCRINGTON ROAD RUNNE)	52	F	01:05:51.66	409	526	PETER STEELE	45	M	01:05:11.87
410	482	DEBRA SCHOFIELD (BLACKBURN ROAD RUNNERS)	45	F	01:05:59.70	410	333	LISA LEE	51	F	01:05:14.81
411	24	CAROLE BAILEY (FYLDE COAST RUNNERS)	43	F	01:06:01.25	411	435	MARK PRYOR (THORNTON CLEVELEYS RU)	45	M	01:05:15.35
412	435	MARK PRYOR (THORNTON CLEVELEYS RU)	45	M	01:06:14.21	412	227	DEWI GRIFFITHS (FYLDE COAST RUNNERS)	57	M	01:05:20.24
413	587	CATHERINE WHITTLE	52	F	01:06:19.94	413	532	KAREN STUTTARD (OLDHAM & ROYTON HARRI)	51	F	01:05:21.76
414	175	SCOTT FAIRCLOUGH	30	M	01:06:21.95	414	587	CATHERINE WHITTLE	52	F	01:05:37.30
415	532	KAREN STUTTARD (OLDHAM & ROYTON HARRI)	51	F	01:06:23.22	415	76	TANYA BUSHELL (WOMEN ON THE RUN)	40	F	01:05:39.43
416	149	LORRAINE ALMOND	53	F	01:06:25.96	416	149	LORRAINE ALMOND	53	F	01:05:42.13
417	117	KEELEY CRABTREE	41	F	01:06:29.97	417	78	RUTH BUXTON (KENDAL WOMEN ON THE R)	51	F	01:05:42.86
418	78	RUTH BUXTON (KENDAL WOMEN ON THE R)	51	F	01:06:31.45	418	154	CHANTELLE DUCKWORTH (WOMEN ON THE RUN)	30	F	01:05:43.60
419	76	TANYA BUSHELL (WOMEN ON THE RUN)	40	F	01:06:31.71	419	177	CLARE FEENEY-JOHNSON (WOMEN ON THE RUN KEND)	49	F	01:05:44.36
420	177	CLARE FEENEY-JOHNSON (WOMEN ON THE RUN KEND)	49	F	01:06:32.46	420	175	SCOTT FAIRCLOUGH	30	M	01:05:47.01
421	227	DEWI GRIFFITHS (FYLDE COAST RUNNERS)	57	M	01:06:34.21	421	98	BEVERLY CLEMSON (BLACKBURN ROAD RUNNERS)	48	F	01:05:50.20
422	154	CHANTELLE DUCKWORTH (WOMEN ON THE RUN)	30	F	01:06:34.48	422	24	CAROLE BAILEY (FYLDE COAST RUNNERS)	43	F	01:05:50.71

423	80	ADELE CAMPS	33	F	01:06:37.94	423	254	THOMAS HEDDERICK	24	M	01:06:05.47
424	454	KAYLEIGH ROBERTS	26	F	01:06:42.70	424	117	KEELEY CRABTREE	41	F	01:06:09.87
425	254	THOMAS HEDDERICK	24	M	01:06:42.75	425	427	ELLEN POPE (BLACKBURN ROAD RUNNERS)	58	F	01:06:20.47
426	98	BEVERLY CLEMSON (BLACKBURN ROAD RUNNERS)	48	F	01:06:59.45	426	228	SIOBHAN GRIMSHAW (BLACKBURN ROAD RUNNERS)	51	F	01:06:20.75
427	215	CESARE GIOMBETTI	42	M	01:07:04.36	427	376	JOANNE METCALFE	46	F	01:06:23.10
428	192	CARRIE FORD (TRYARDERS)	42	F	01:07:04.96	428	454	KAYLEIGH ROBERTS	26	F	01:06:26.18
429	455	LISA ROBERTS	39	F	01:07:10.19	429	215	CESARE GIOMBETTI	42	M	01:06:27.82
430	72	LAURA BUCKLEY	33	F	01:07:15.69	430	80	ADELE CAMPS	33	F	01:06:33.52
431	228	SIOBHAN GRIMSHAW (BLACKBURN ROAD RUNNERS)	51	F	01:07:24.44	431	455	LISA ROBERTS	39	F	01:06:34.88
432	427	ELLEN POPE (BLACKBURN ROAD RUNNERS)	58	F	01:07:24.44	432	488	RODNEY SHACK	46	M	01:06:39.04
433	126	GIUSEPPE DESPOSITO	37	M	01:07:25.69	433	430	JULIE PRICE	63	F	01:06:41.28
434	376	JOANNE METCALFE	46	F	01:07:29.94	434	489	MARSHA SHACK (WIGAN & DISTRICT H & )	49	F	01:06:41.64
435	430	JULIE PRICE	63	F	01:07:36.44	435	369	NICOLA MEAD (FYLDE COAST RUNNERS)	36	F	01:06:42.35
436	371	LEA MELLODY	55	F	01:07:41.94	436	72	LAURA BUCKLEY	33	F	01:06:43.63
437	488	RODNEY SHACK	46	M	01:08:02.20	437	192	CARRIE FORD (TRYARDERS)	42	F	01:06:44.83
438	369	NICOLA MEAD (FYLDE COAST RUNNERS)	36	F	01:08:03.45	438	545	AIMEE TINSLEY	32	F	01:06:46.95
439	545	AIMEE TINSLEY	32	F	01:08:04.19	439	331	BENJAMIN LAVERICK (ROCHDALE HARRIERS & AC)	42	M	01:06:48.01
440	331	BENJAMIN LAVERICK (ROCHDALE HARRIERS & AC)	42	M	01:08:04.45	440	126	GIUSEPPE DESPOSITO	37	M	01:06:49.16
441	239	TANYA HANCOCK (WIGAN & DISTRICT H & )	47	F	01:08:05.19	441	445	DAVE RICKART (WARRINGTON RUNNING CL)	55	M	01:06:57.49
442	489	MARSHA SHACK (WIGAN & DISTRICT H & )	49	F	01:08:05.46	442	574	RUTH WATKINSON (RED ROSE ROAD RUNNERS)	45	F	01:06:58.01
443	512	JOANNE SMITH	42	F	01:08:05.46	443	2	LEANNE ADAMS (WARRINGTON RUNNING CL)	32	F	01:07:03.39
444	574	RUTH WATKINSON (RED ROSE ROAD RUNNERS)	45	F	01:08:08.94	444	86	KAREN CARTWRIGHT (WARRINGTON RUNNING CL)	43	F	01:07:04.69
445	445	DAVE RICKART (WARRINGTON RUNNING CL)	55	M	01:08:12.43	445	431	MANDY PRICE	48	F	01:07:13.26
446	2	LEANNE ADAMS (WARRINGTON RUNNING CL)	32	F	01:08:16.71	446	144	JOANNA DOBSON (RED ROSE ROAD RUNNERS)	30	F	01:07:17.99
447	86	KAREN CARTWRIGHT (WARRINGTON RUNNING CL)	43	F	01:08:17.45	447	421	JULIE PENTONY	46	F	01:07:21.47
448	548	JUSTINE TOPPING (HORWICH R M I HARRIERS)	44	F	01:08:19.68	448	118	DAVID CRAIG (BLACKBURN ROAD RUNNERS)	50	M	01:07:22.40
449	392	KRISTINA MOUNTAIN (HORWICH R M I HARRIERS)	38	F	01:08:20.19	449	239	TANYA HANCOCK (WIGAN & DISTRICT H & )	47	F	01:07:24.93
450	118	DAVID CRAIG (BLACKBURN ROAD RUNNERS)	50	M	01:08:24.68	450	466	DEBRA RUSSELL	38	F	01:07:26.05
451	421	JULIE PENTONY	46	F	01:08:28.92	451	327	KAREN KNIGHT	44	F	01:07:27.35
452	5	ROB ALLEN	32	M	01:08:29.93	452	371	LEA MELLODY	55	F	01:07:28.09
453	250	KATIE HAWORTH (BLACKBURN ROAD RUNNERS)	32	F	01:08:30.44	453	5	ROB ALLEN	32	M	01:07:28.24
454	431	MANDY PRICE	48	F	01:08:31.95	454	250	KATIE HAWORTH (BLACKBURN ROAD RUNNERS)	32	F	01:07:29.78
455	600	STEPHANIE WOOD (BLACKPOOL WYRE & FYLD)	33	F	01:08:34.17	455	237	ANNIKA HALSALL (BLACKBURN ROAD RUNNERS)	39	F	01:07:29.86
456	327	KAREN KNIGHT	44	F	01:08:35.19	456	512	JOANNE SMITH	42	F	01:07:39.14
457	237	ANNIKA HALSALL (BLACKBURN ROAD RUNNERS)	39	F	01:08:38.93	457	600	STEPHANIE WOOD (BLACKPOOL WYRE & FYLD)	33	F	01:07:39.19
458	144	JOANNA DOBSON (RED ROSE ROAD RUNNERS)	30	F	01:08:40.20	458	211	CLARE GEBBIE	52	F	01:07:49.66
459	281	KATRINA HOLT	37	F	01:08:42.17	459	548	JUSTINE TOPPING (HORWICH R M I HARRIERS)	44	F	01:07:51.12
460	211	CLARE GEBBIE	52	F	01:08:44.93	460	392	KRISTINA MOUNTAIN (HORWICH R M I HARRIERS)	38	F	01:07:52.42
461	466	DEBRA RUSSELL	38	F	01:08:44.93	461	529	CLAIRE STOCK	37	F	01:08:01.52
462	161	FIONA EASTHAM	46	F	01:08:51.43	462	567	JOANNE WARD	40	F	01:08:04.67
463	529	CLAIRE STOCK	37	F	01:08:55.68	463	161	FIONA EASTHAM	46	F	01:08:10.99
464	567	JOANNE WARD	40	F	01:09:10.42	464	232	FIONA GUTTERIDGE (RED ROSE ROAD RUNNERS)	38	F	01:08:21.74
465	564	LINDSAY WALSH	43	F	01:09:18.16	465	518	RACHAEL SNAPE (DARWEN DASHERS RC)	32	F	01:08:25.24
466	531	WENDY STONELEY	49	F	01:09:19.68	466	538	DAVID TAYLOR	53	M	01:08:27.55
467	518	RACHAEL SNAPE (DARWEN DASHERS RC)	32	F	01:09:30.43	467	281	KATRINA HOLT	37	F	01:08:42.17
468	232	FIONA GUTTERIDGE (RED ROSE ROAD RUNNERS)	38	F	01:09:33.69	468	226	JUDITH GREENWOOD (WIGAN & DISTRICT H & )	47	F	01:08:44.45
469	538	DAVID TAYLOR	53	M	01:09:44.18	469	314	JULIE JONES	54	F	01:08:46.08
470	96	STEPHANIE CLAYTON (CHORLEY RUNNERS)	31	F	01:09:48.17	470	564	LINDSAY WALSH	43	F	01:08:52.13

471	259	POLLY HENRY	45	F	01:09:48.98	471	531	WENDY STONELEY	49	F	01:08:57.89
472	326	SARAH KITCHEN (WOMAN WHO CAN RUN)	35	F	01:09:49.94	472	424	JANE PILKINGTON	68	F	01:08:58.19
473	226	JUDITH GREENWOOD (WIGAN & DISTRICT H & )	47	F	01:09:52.91	473	326	SARAH KITCHEN (WOMAN WHO CAN RUN)	35	F	01:08:59.06
474	314	JULIE JONES	54	F	01:09:54.18	474	96	STEPHANIE CLAYTON (CHORLEY RUNNERS)	31	F	01:09:05.29
475	424	JANE PILKINGTON	68	F	01:09:54.18	475	259	POLLY HENRY	45	F	01:09:06.52
476	603	LESLEY WRIGHT	54	F	01:10:08.16	476	603	LESLEY WRIGHT	54	F	01:09:15.27
477	521	VICKY SPENCER (FYLDE COAST RUNNERS)	47	F	01:10:19.31	477	10	JANELLA ANDERSON (FYLDE COAST RUNNERS)	41	F	01:09:21.53
478	499	CHARLOTTE SINKINGS	38	F	01:10:32.40	478	523	MIKE SPENCER	51	M	01:09:21.98
479	523	MIKE SPENCER	51	M	01:10:37.40	479	521	VICKY SPENCER (FYLDE COAST RUNNERS)	47	F	01:09:25.81
480	515	KAREN SMITH (THORNTON CLEVELEYS RU)	51	F	01:10:38.45	480	515	KAREN SMITH (THORNTON CLEVELEYS RU)	51	F	01:09:41.48
481	132	SALLY DAVIES (CLAYTON CHARGERS)	38	F	01:10:41.15	481	499	CHARLOTTE SINKINGS	38	F	01:10:06.74
482	10	JANELLA ANDERSON (FYLDE COAST RUNNERS)	41	F	01:10:42.29	482	132	SALLY DAVIES (CLAYTON CHARGERS)	38	F	01:10:13.67
483	662	SHARON ARTS	42	F	01:10:48.65	483	69	CAROL BROWN	49	F	01:10:18.83
484	69	CAROL BROWN	49	F	01:11:20.15	484	188	JULIE FLETCHER	54	F	01:10:19.03
485	288	NICHIE HOYLE	24	F	01:11:23.90	485	654	SARAH RUNGE (RED ROSE RR)	41	F	01:10:19.73
486	79	CATHERINE CALLAGHAN (WOMEN ON THE RUN)	59	F	01:11:32.17	486	662	SHARON ARTS	42	F	01:10:38.87
487	109	JESSICA COOK	26	F	01:11:33.42	487	79	CATHERINE CALLAGHAN (WOMEN ON THE RUN)	59	F	01:10:39.33
488	188	JULIE FLETCHER	54	F	01:11:38.14	488	109	JESSICA COOK	26	F	01:10:57.73
489	654	SARAH RUNGE (RED ROSE RR)	41	F	01:11:38.42	489	361	FRANCES MCGLYNN	67	F	01:11:09.25
490	361	FRANCES MCGLYNN	67	F	01:11:48.69	490	20	JESSICA ATHERTON	26	F	01:11:10.68
491	597	KELLY WITHERS (WIGAN & DISTRICT H & )	35	F	01:12:01.39	491	638	NITA NALK (PRESTON HARRIERS)	47	F	01:11:16.88
492	638	NITA NALK (PRESTON HARRIERS)	47	F	01:12:05.90	492	288	NICHIE HOYLE	24	F	01:11:23.90
493	584	CAROLE WHITELEY	57	F	01:12:17.16	493	584	CAROLE WHITELEY	57	F	01:11:24.27
494	20	JESSICA ATHERTON	26	F	01:12:17.90	494	433	ALEX PROFFITT	38	F	01:11:25.85
495	255	SANDRA HEIGHTON (WOMEN ON THE RUN)	54	F	01:12:29.90	495	597	KELLY WITHERS (WIGAN & DISTRICT H & )	35	F	01:11:32.64
496	433	ALEX PROFFITT	38	F	01:12:40.65	496	255	SANDRA HEIGHTON (WOMEN ON THE RUN)	54	F	01:11:38.04
497	340	JILL LONGSHAW (ROSSENDALE HARRIERS & )	56	F	01:13:05.89	497	340	JILL LONGSHAW (ROSSENDALE HARRIERS & )	56	F	01:11:48.45
498	577	HEIDI WEBBER (RED ROSE ROAD RUNNERS)	45	F	01:13:34.14	498	7	KAYLEY ALMOND (BLACKBURN ROAD RUNNERS)	34	F	01:12:45.76
499	605	LUZAAN WRIGHT	47	F	01:13:34.89	499	354	GEMMA MCAULEY	34	F	01:12:46.86
500	572	PAT WATERS (FYLDE COAST RUNNERS)	59	F	01:13:52.63	500	577	HEIDI WEBBER (RED ROSE ROAD RUNNERS)	45	F	01:13:03.54
501	364	CHERYL MCLEAN (FYLDE COAST RUNNERS)	51	F	01:13:53.40	501	605	LUZAAN WRIGHT	47	F	01:13:09.82
502	7	KAYLEY ALMOND (BLACKBURN ROAD RUNNERS)	34	F	01:14:00.37	502	187	CATHERINE FLETCHER (THORNTON CLEVELEYS RU)	63	F	01:13:27.87
503	354	GEMMA MCAULEY	34	F	01:14:00.65	503	572	PAT WATERS (FYLDE COAST RUNNERS)	59	F	01:13:32.13
504	561	OLIVIA WALKER	58	F	01:14:14.88	504	364	CHERYL MCLEAN (FYLDE COAST RUNNERS)	51	F	01:13:32.43
505	187	CATHERINE FLETCHER (THORNTON CLEVELEYS RU)	63	F	01:14:22.62	505	561	OLIVIA WALKER	58	F	01:13:51.65
506	300	LOUISE JAMES (STEPPING STONE STRIDE)	49	F	01:14:44.13	506	300	LOUISE JAMES (STEPPING STONE STRIDE)	49	F	01:14:05.93
507	292	ANNE HUTCHINSON (WOMEN ON THE RUN)	45	F	01:15:32.63	507	573	SUZANNE WATERS (WOMENS RUNNING NETWORK)	48	F	01:14:31.30
508	393	TRACY MOYNIHAN (BLACKBURN ROAD RUNNERS)	41	F	01:15:42.61	508	292	ANNE HUTCHINSON (WOMEN ON THE RUN)	45	F	01:14:42.00
509	573	SUZANNE WATERS (WOMENS RUNNING NETWORK)	48	F	01:15:44.62	509	393	TRACY MOYNIHAN (BLACKBURN ROAD RUNNERS)	41	F	01:14:58.68
510	169	EVELYN ELKINGTON (LANCASTER & MORECAMBE)	81	F	01:16:03.86	510	453	ELAINE ROBERTS	36	F	01:15:12.20
511	97	WYN CLAYTON (WOMEN ON THE RUN)	71	F	01:16:12.85	511	128	NICOLA DANIELS	40	F	01:15:12.88
512	128	NICOLA DANIELS	40	F	01:16:19.86	512	596	JACQUELINE WINSLOW (RED ROSE ROAD RUNNERS)	36	F	01:15:15.22
513	453	ELAINE ROBERTS	36	F	01:16:19.86	513	97	WYN CLAYTON (WOMEN ON THE RUN)	71	F	01:15:21.60
514	596	JACQUELINE WINSLOW (RED ROSE ROAD RUNNERS)	36	F	01:16:27.36	514	169	EVELYN ELKINGTON (LANCASTER & MORECAMBE)	81	F	01:15:39.82
515	442	LOUISE RENNIE	24	F	01:16:35.85	515	442	LOUISE RENNIE	24	F	01:15:46.69
516	608	TRACY YOUNG (PRESTON HARRIERS)	52	F	01:16:46.32	516	615	KATE HENDLEY (THORNTON CLEVELEYS)	48	F	01:15:56.16
517	615	KATE HENDLEY (THORNTON CLEVELEYS)	48	F	01:16:53.60	517	608	TRACY YOUNG (PRESTON HARRIERS)	52	F	01:15:56.25
518	334	SUE LEE (CHORLEY RUNNERS)	46	F	01:16:59.60	518	334	SUE LEE (CHORLEY RUNNERS)	46	F	01:16:16.31

519	141	LEAH DDCOTE	40	F	01:17:00.86	519	141	LEAH DDCOTE	40	F	01:16:17.17
520	294	JOHN IRWIN (ST HELENS SUTTON AC)	74	M	01:17:04.35	520	294	JOHN IRWIN (ST HELENS SUTTON AC)	74	M	01:16:18.09
521	6	KAREN ALMOND	50	F	01:17:23.85	521	6	KAREN ALMOND	50	F	01:16:18.38
522	193	LYNDSEY FORD	34	F	01:17:46.84	522	33	SUSAN BEARDSWORTH (RED ROSE ROAD RUNNERS)	40	F	01:16:45.59
523	33	SUSAN BEARDSWORTH (RED ROSE ROAD RUNNERS)	40	F	01:17:57.59	523	381	FRANCES MILLHOUSE	35	F	01:17:14.12
524	381	FRANCES MILLHOUSE	35	F	01:18:32.34	524	193	LYNDSEY FORD	34	F	01:17:29.29
525	422	GAIL PICKERING	44	F	01:18:47.58	525	104	STACY COE	33	F	01:18:04.12
526	349	GWENDA MARSHALL (FYLDE COAST RUNNERS)	59	F	01:19:18.58	526	349	GWENDA MARSHALL (FYLDE COAST RUNNERS)	59	F	01:18:04.61
527	104	STACY COE	33	F	01:19:19.34	527	19	DAVID ASPIN (RED ROSE ROAD RUNNERS)	71	M	01:18:10.28
528	19	DAVID ASPIN (RED ROSE ROAD RUNNERS)	71	M	01:19:32.08	528	422	GAIL PICKERING	44	F	01:18:16.61
529	208	JULIE GASKELL	48	F	01:20:07.33	529	208	JULIE GASKELL	48	F	01:18:56.22
530	99	JENNIFER CLOUGH	41	F	01:20:24.32	530	387	SUE MORRIS (MADRUNNERS)	65	F	01:19:30.12
531	320	MARGARET KELLETT	63	F	01:20:43.57	531	99	JENNIFER CLOUGH	41	F	01:19:47.78
532	387	SUE MORRIS (MADRUNNERS)	65	F	01:20:46.32	532	332	BARBARA LEATHER (PARK RUN ST HELENS)	58	F	01:20:07.54
533	338	FIONA LITTLE (BLACKPOOL WYRE & FYLD)	52	F	01:21:09.06	533	338	FIONA LITTLE (BLACKPOOL WYRE & FYLD)	52	F	01:20:12.09
534	443	SUSAN RENNIE (RED ROSE ROAD RUNNERS)	65	F	01:21:24.06	534	320	MARGARET KELLETT	63	F	01:20:13.79
535	332	BARBARA LEATHER (PARK RUN ST HELENS)	58	F	01:21:24.36	535	443	SUSAN RENNIE (RED ROSE ROAD RUNNERS)	65	F	01:20:34.00
536	184	SUSAN FISHER	50	F	01:21:32.56	536	184	SUSAN FISHER	50	F	01:20:59.90
537	103	IAN COCKCROFT (VIBE PT)	44	M	01:23:48.04	537	103	IAN COCKCROFT (VIBE PT)	44	M	01:22:47.81
538	182	MELANIE FINCH	43	F	01:23:53.53	538	235	SHARON MASON	21	F	01:23:06.77
539	235	SHARON MASON	21	F	01:24:21.80	539	182	MELANIE FINCH	43	F	01:23:27.22
540	71	JACKIE BRUNTON (RED ROSE ROAD RUNNERS)	42	F	01:24:52.54	540	71	JACKIE BRUNTON (RED ROSE ROAD RUNNERS)	42	F	01:24:21.94
541	85	SUSAN CARTMELL	45	F	01:24:53.04	541	85	SUSAN CARTMELL	45	F	01:24:22.58
542	633	DANI COHEN	42	F	01:26:28.02	542	633	DANI COHEN	42	F	01:25:10.78
543	649	DEBORAH MARSHALL (RUN SMART)	48	F	01:27:08.76	543	253	BRIAN HEATON	55	M	01:26:26.14
544	253	BRIAN HEATON	55	M	01:27:40.76	544	649	DEBORAH MARSHALL (RUN SMART)	48	F	01:26:48.34
545	507	CHRIS SMITH	41	M	01:27:50.26	545	507	CHRIS SMITH	41	M	01:26:51.40
546	510	STACEY SMITH	39	F	01:27:50.81	546	510	STACEY SMITH	39	F	01:26:51.95
547	256	SHELLEY HENEGHAN (ROSSENDALE HARRIERS &)	47	F	01:30:54.04	547	256	SHELLEY HENEGHAN (ROSSENDALE HARRIERS &)	47	F	01:29:35.77
548	535	WILLIAM SWIFT (FYLDE COAST RUNNERS)	70	M	01:32:39.72	548	535	WILLIAM SWIFT (FYLDE COAST RUNNERS)	70	M	01:31:14.28
549	174	CHRIS FAIRCLOUGH	52	F	01:36:18.68	549	174	CHRIS FAIRCLOUGH	52	F	01:35:44.40
550	276	CLAIRE HOLDEN	43	F	01:37:50.94	550	276	CLAIRE HOLDEN	43	F	01:36:40.06
551	302	ANNA-MARIE JESSON (WOMEN ON THE RUN)	46	F	01:39:15.65	551	302	ANNA-MARIE JESSON (WOMEN ON THE RUN)	46	F	01:38:24.02
552	139	JANE DEWHURST (WOMEN ON THE RUN)	52	F	01:39:16.71	552	139	JANE DEWHURST (WOMEN ON THE RUN)	52	F	01:38:24.90
553	45	GINA BIGGS (RED ROSE ROAD RUNNERS)	28	F	01:49:26.31	553	168	BERNARD ELKINGTON (RED ROSE ROAD RUNNERS)	81	M	01:48:02.81
554	168	BERNARD ELKINGTON (RED ROSE ROAD RUNNERS)	81	M	01:49:28.08	554	45	GINA BIGGS (RED ROSE ROAD RUNNERS)	28	F	01:48:10.24