



Sherriff 10k

05/05/2019 10:30:00

Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
1	BEN WALMSLEY	Ribble Valley Harriers	5207	00:35:45.75	00:35:45.75	M	34
2	KEVIN WATERHOUSE	Salford Mets	5213	00:36:43.74	00:36:43.74	M	38
3	PAUL MULLER	Northern Masters AC	5246	00:36:59.99	00:36:59.99	M	62
4	CHARLIE SHARPE	Time2Run	5208	00:37:50.48	00:37:50.48	M	30
5	GRAEME MURRAY	Garstang RC	5233	00:38:41.31	00:38:41.31	M	44
6	STEVEN WORSLEY	Lancaster & Morecambe AC	5231	00:38:47.97	00:38:47.97	M	56
7	PAUL HETHERINGTON	Wesham Road Runners	5212	00:39:08.05	00:39:08.05	M	45
8	HELEN SAHGAR	Liverpool Pembroke	5219	00:39:21.30	00:39:21.30	F	36
9	SEAN DAVIS	COLT	5202	00:39:38.47	00:39:38.47	M	38
10	WILL NELSON		5245	00:39:56.29	00:39:56.29	M	36
11	CHRIS SMITH		5062	00:40:03.54	00:40:03.54	M	41
12	CHRIS HORNER	Garstang RC	5221	00:40:09.79	00:40:09.79	M	44
13	PAUL GILLON	Lancaster Runners	5237	00:40:28.46	00:40:28.46	M	53
14	PAUL WEARDEN		5067	00:40:33.96	00:40:33.96	M	44
15	MARWAN KHOUEIRY	Wakefield Harriers	5038	00:40:39.54	00:40:39.54	M	47
16	GARY ATKINSON		5004	00:40:48.45	00:40:48.45	M	47
17	MIKE PAULEY	Bentham Beagles	5053	00:40:50.54	00:40:50.54	M	59
18	BRIAN KENNEDY	Settle Harriers	5235	00:41:49.19	00:41:49.19	M	21
19	MIKE VINEGRAD	East Hull Harriers	5239	00:42:03.44	00:42:03.44	M	49
20	IAN PARKER	Garstang RC	5241	00:42:05.33	00:42:05.33	M	51
21	PETE WAYWELL	Thornton Cleveleys RC	5238	00:42:06.45	00:42:06.45	M	52
22	PAUL YATES		5074	00:42:08.52	00:42:08.52	M	47
23	KENNETH BEAZLEY	Preston Harriers	5215	00:42:14.27	00:42:14.27	M	61
24	BEV WRIGHT	Blackpool Wyre & Fylde AC	5210	00:42:21.52	00:42:21.52	F	57
25	CHRIS HADFIELD		5028	00:43:01.18	00:43:01.18	M	32
26	PETER LLOYD	Lancaster Runners	5040	00:43:49.51	00:43:49.51	M	37
27	PETER CRUSE	Wesham Road Runners	5211	00:43:56.92	00:43:56.92	M	56
28	DAVID RAYNOR		5227	00:44:22.25	00:44:22.25	M	56
29	PAUL MACKIE	Lancaster & Morecambe AC	5206	00:44:26.92	00:44:26.92	M	48
30	ANTHONY BLIGHT	Blackpool Wyre & Fylde AC	5218	00:45:01.74	00:45:01.74	M	47
31	LISA FRANCE	Bentham Beagles	5022	00:45:09.50	00:45:09.50	F	29
32	PETER WOODHOUSE		5248	00:45:35.99	00:45:35.99	M	54
33	COLIN WATERS	Fylde Coast Runners	5065	00:46:28.41	00:46:28.41	M	55
34	LARA DEBENHAM		5209	00:46:36.65	00:46:36.65	M	26
35	PETE MCLEAN	Fylde Coast Runners	5043	00:46:58.40	00:46:58.40	M	52
36	EMMA LUND	Wesham Road Runners	5041	00:47:04.22	00:47:04.22	F	36
37	ALEX CURRAN	Blackburn Road Runners	5240	00:47:07.73	00:47:07.73	M	26
38	BASIA PAWELCZAK	Blackpool Wyre & Fylde AC	5054	00:47:10.90	00:47:10.90	F	26
39	STUART DAWSON		5017	00:47:11.65	00:47:11.65	M	58
40	STEVE MURPHY	Red Rose Road Runners	5051	00:47:12.64	00:47:12.64	M	48
41	JONATHAN LAWSON	Wesham Road Runners	5244	00:47:42.39	00:47:42.39	M	51
42	PAUL WILDGOOSE		5224	00:48:06.98	00:48:06.98	M	44
43	GEMMA GREENWOOD	Lancaster Runners	5222	00:48:10.14	00:48:10.14	F	36
44	AUSTIN BURROWS		5012	00:48:35.14	00:48:35.14	M	42
45	PHILLIP YOUNG	Lonely Goat RC	5075	00:48:50.97	00:48:50.97	M	55
46	ZOE EDMONDSON		5226	00:48:52.63	00:48:52.63	F	44
47	LISA BOLTON	Red Rose Road Runners	5008	00:49:05.12	00:49:05.12	F	37
48	JOHN WILKINSON		5071	00:49:08.88	00:49:08.88	M	45
49	DOUG BRYDEN	Red Rose Road Runners	5010	00:49:14.70	00:49:14.70	M	52
50	MATT YATES		5073	00:49:21.47	00:49:21.47	M	45
51	KEVIN WOODS	Blackpool Wyre & Fylde AC	5220	00:49:56.20	00:49:56.20	M	59
52	JOHN WISEMAN	Red Rose Road Runners	5072	00:50:03.12	00:50:03.12	M	54
53	GRAHAM OPENSHAW	Garstang RC	5204	00:50:19.70	00:50:19.70	M	39



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54	FRED SERGEANT		5234	00:50:28.62	00:50:28.62	M	36
55	KEN MCGRATTAN	Bentham Beagles	5230	00:50:39.45	00:50:39.45	M	47
56	DAVID WILKINSON	Lancaster & Morecambe AC	5070	00:50:41.11	00:50:41.11	M	59
57	JAMES-ROBERT SMITH		5061	00:50:44.49	00:50:44.49	M	35
58	SARAH INGRAM	Bentham Beagles	5035	00:50:44.95	00:50:44.95	F	45
59	DALE ROGERS		5243	00:50:58.19	00:50:58.19	M	32
60	ADAM CONNELL		5242	00:50:58.45	00:50:58.45	M	32
61	EMMA LAWRENSON		5039	00:51:05.10	00:51:05.10	F	46
62	ANN BOARDMAN	Garstang RC	5006	00:51:58.19	00:51:58.19	F	47
63	JIMMY WELSH		5247	00:52:37.18	00:52:37.18	M	43
64	CLARE BUGEJA		5011	00:53:04.68	00:53:04.68	F	48
65	JULIE CRUSE	Thornton Cleveleys RC	5015	00:53:23.58	00:53:23.58	F	57
66	CAROL DOIUGLASS	Red Rose Road Runners	5216	00:53:28.84	00:53:28.84	F	73
67	ANDREW HALSTEAD	Lonely Goat RC	5029	00:53:29.34	00:53:29.34	M	52
68	FINLAY MCCALMAN		5232	00:53:55.92	00:53:55.92	M	55
69	KEVIN TAYLOR		5201	00:53:58.67	00:53:58.67	M	44
70	BRIAN HANLEY	Red Rose Road Runners	5030	00:55:05.42	00:55:05.42	M	52
71	DARREN EDMONDSON		5225	00:55:19.65	00:55:19.65	M	43
72	BRIAN DAVIES	St Helens Striders	5016	00:56:11.40	00:56:11.40	M	52
73	JO GRAFTON		5223	00:56:47.14	00:56:47.14	F	48
74	YONG EVANS	Preesall Fire	5021	00:57:01.56	00:57:01.56	F	43
75	RICHARD HOLDEN	Preesall Fire	5033	00:57:33.14	00:57:33.14	M	46
76	WAYNE RUSHWORTH	Blackburn Road Runners	5059	00:57:33.40	00:57:33.40	M	51
77	JULIE MCBRIDE	Preesall Fire	5042	00:57:34.63	00:57:34.63	F	47
78	FRANK MILLER	Garstang RC	5049	00:57:44.81	00:57:44.81	M	70
79	BILL MILLER	Fylde Coast Runners	5048	00:57:56.14	00:57:56.14	M	61
80	SUE HORNBY		5236	00:58:13.12	00:58:13.12	F	52
81	JOHN KENYON		5214	00:58:15.79	00:58:15.79	M	55
82	CARL BOARDMAN		5007	00:58:58.78	00:58:58.78	M	49
83	JUDITH HACKING		5027	00:59:02.78	00:59:02.78	F	54
84	DARREN EVANS	Lonely Goat RC	5020	00:59:03.29	00:59:03.29	M	43
85	GIUDITTA SANNA		5060	00:59:17.87	00:59:17.87	F	44
86	CESARE GIOMBETTI		5026	01:00:32.78	01:00:32.78	M	43
87	DONNA BLEZARD		5203	01:00:57.86	01:00:57.86	F	42
88	RACHEL RAWSTHORNE		5056	01:01:06.01	01:01:06.01	F	36
89	KIRSTIE WHYATT		5069	01:01:17.77	01:01:17.77	F	43
90	MAUREEN ROBERTS	Lancaster Runners	5058	01:01:38.01	01:01:38.01	F	63
91	JANE OPENSHAW	Garstang RC	5205	01:01:43.60	01:01:43.60	F	41
92	SARAH HOLDEN	Preesall Fire	5032	01:01:43.88	01:01:43.88	F	41
93	JOHN APPLETON		5002	01:01:46.01	01:01:46.01	M	34
94	JOHN HOWORTH	Wesham Road Runners	5217	01:03:31.58	01:03:31.58	M	66
95	ELAINE HUDSON	Blackpool Wyre & Fylde AC	5229	01:03:42.82	01:03:42.82	F	45
96	HILARY HINKS	Hardley Runners	5228	01:04:28.57	01:04:28.57	F	66
97	TERRY SWANN		5063	01:04:48.81	01:04:48.81	M	41
98	JULIE MERRILL		5046	01:05:30.72	01:05:30.72	F	38
99	MARGARET PERKINS	Blackburn Road Runners	5055	01:05:35.23	01:05:35.23	F	60
100	CHERYL MCLEAN	Fylde Coast Runners	5044	01:05:39.07	01:05:39.07	F	52
101	PAT WATERS	Fylde Coast Runners	5064	01:05:39.07	01:05:39.07	F	60
102	HELEN GIBBINS		5024	01:05:46.48	01:05:46.48	F	35
103	CAROL GIBBINS		5025	01:05:51.97	01:05:51.97	F	61
104	DAVID CRAIG	Blackburn Road Runners	5013	01:06:07.72	01:06:07.72	M	48
105	SHEVONNE METCALFE		5047	01:06:41.29	01:06:41.29	F	32
106	JOY HETHERINGTON	Wesham Road Runners	5031	01:07:12.22	01:07:12.22	F	39



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Place	Runner Name	Club Name	Bib #	Gun Time	Chip Time	Sex	Age
107	SUE RIGBY	Wesham Road Runners	5057	01:07:12.96	01:07:12.96	F	45
108	SUSAN HOPCROFT	Wesham Road Runners	5034	01:07:37.46	01:07:37.46	F	53
109	KIRST WAYWELL	Thornton Cleveleys RC	5066	01:09:22.45	01:09:22.45	F	42
110	FIONA JONES		5037	01:09:38.28	01:09:38.28	F	42
111	SIAN JOLLY		5036	01:09:44.45	01:09:44.45	F	27
112	KERRY EDDLESTON		5018	01:12:15.77	01:12:15.77	F	35
113	SUSAN EDWARDS		5019	01:12:16.92	01:12:16.92	F	45
114	WENDY BLACK		5005	01:12:17.26	01:12:17.26	F	45
115	MELISSA FREEMAN	Ramsbottom Running Club	5023	01:12:42.75	01:12:42.75	F	50
116	COLIN BRIODY		5009	01:12:43.75	01:12:43.75	M	45
117	ROSEMARY WHITTAKER		5068	01:23:42.90	01:23:42.90	F	53