



Southport 10k 2021

Place	Name	Running Club	Age	Bib #	Gun Time	Chip Time
1	EDD FLYNN	Cardiff AC	31	5137	00:32:11.79	00:32:08.90
2	JOHN STONE	Ellesmere Port RC	33	5277	00:34:10.55	00:34:06.45
3	MARTIN SWENSSON	Penny Lane Striders	45	5386	00:34:22.79	00:34:19.81
4	MARTIN PECK	Spennorth Athletics Club	40	5341	00:34:41.29	00:34:38.09
5	MATTHEW WALL	Leven Valley	25	5297	00:35:00.29	00:34:57.35
6	NATHAN PORTER	Goyt valley striders	30	5245	00:35:12.78	00:35:09.47
7	DARREN STEWART	Penny Lane striders	32	5438	00:35:41.79	00:35:39.33
8	TOMMY HARRISON	Bolton United Harriers	37	5417	00:35:44.01	00:35:39.59
9	STUART DAY	Cheadle	49	5382	00:37:49.04	00:37:02.81
10	NICK TURNER		37	5291	00:37:12.79	00:37:04.83
11	PAUL HETHERINGTON	Lonely Goat RC	47	5162	00:37:23.05	00:37:15.72
12	MATTHEW HOLMES	Redrose runners	36	5169	00:37:21.28	00:37:17.73
13	CHRIS MELLING		33	5388	00:37:33.51	00:37:26.09
14	BENJAMIN TUMILTY	Helsby Running Club	30	5450	00:38:11.76	00:37:44.30
15	AL GRANT	Southport and Waterloo AC	50	5021	00:37:51.02	00:37:46.11
16	PETER HEYES		51	5163	00:37:53.27	00:37:47.20
17	DANIEL SHAW		33	5267	00:38:34.26	00:38:27.96
18	MATTHEW ATKINSON	Bolton United Harriers	35	5067	00:39:13.26	00:38:48.80
19	DARREN MARTIN	Winston Runners	50	5206	00:39:03.25	00:38:56.34
20	VICTORIA BRYANT	Wigan Phoenix	39	5365	00:39:30.25	00:39:03.44
21	MIRAS ESKANDER	Northern Masters AC	42	5128	00:39:11.00	00:39:04.71
22	JOHN HARRISON	Ellesmere Port RC	39	5327	00:39:17.47	00:39:09.69
23	DAVID SIMS		42	5475	00:40:04.24	00:39:31.08
24	ANDREW MCGLONE	Kirkby Milers AC	37	5380	00:40:00.49	00:39:47.11
25	REBECCA BURKE	Liverpool Running Club	22	5091	00:40:26.76	00:40:21.05
26	MARC COOKSON		35	5479	00:40:44.24	00:40:31.29
27	ANDY THOMAS	Sandbach Striders	58	5283	00:41:08.49	00:40:40.07
28	LAURA HESKETH	Southport Strollers Running Club	35	5488	00:40:56.75	00:40:43.75
29	SOPHIE PILKINGTON	Red Rose Road Runners	29	5473	00:41:47.98	00:40:46.82
30	JORDAN BAMFORD	Wigan Phoenix AC	27	5069	00:42:32.02	00:41:04.82
31	MITCHELL WELLS	Southport & Waterloo Running Club	48	5304	00:41:49.98	00:41:39.44
32	PAUL MASON	Wigan & District H & AC	44	5207	00:42:28.98	00:41:58.80
33	ANDREW LLOYD		43	5458	00:43:20.98	00:42:02.23
34	TED HAWKES		71	5159	00:42:26.24	00:42:18.04
35	JOHN ABRAM	Wigan and District Harriers	54	5444	00:43:04.24	00:42:26.50
36	SARAH GRANT	Southport & Waterloo AC	48	5022	00:42:33.98	00:42:27.68
37	JENNY WADE	Skipton AC	38	5449	00:42:54.98	00:42:37.97
38	CHRISTOPHER WYLIE	Blackpool Wyre & Fylde AC	30	5405	00:43:21.25	00:43:15.28
39	MIKE MURRAY		52	5366	00:43:35.97	00:43:18.96
40	PETER MAGUIRE		35	5401	00:43:41.99	00:43:24.99
41	CARMEL SULLIVAN	Wesham road runners	55	5017	00:43:59.46	00:43:49.77
42	SIMON DAVIES		29	5049	00:50:04.48	00:43:57.68
43	DAVID HUNTER		48	5331	00:44:41.47	00:43:59.22
44	ANDY CLARK	Liverpool Pembroke and Sefton Harriers	53	5103	00:45:03.72	00:44:22.60
45	LEE GILPIN		35	5396	00:48:51.36	00:44:29.74
46	JOSH HADDEN		29	5050	00:45:13.47	00:44:34.98
47	CHARLES ADAMS		59	5001	00:47:24.20	00:44:52.60
48	JANINE NEEDHAM	Red Rose Road Runners	46	5409	00:46:06.95	00:44:59.88
49	CARL YU		47	5322	00:45:32.97	00:45:02.22
50	ROBERT VAN		34	5478	00:45:58.45	00:45:11.11
51	MARK HUGHES	Lytham St Annes Road Runners	47	5357	00:48:12.69	00:45:16.76
52	STEPHEN PERRY	Lancaster & Morecambe AC	66	5440	00:45:35.47	00:45:17.26
53	ANNIE SMEDLEY	Marple runners	49	5490	00:46:26.05	00:45:20.70
54	LEE RAINFORD		38	5038	00:47:43.69	00:45:23.83
55	ANGELA DELANEY		54	5508	00:45:58.72	00:45:25.56
56	DAVID PORTER		59	5477	00:46:40.97	00:45:54.84
57	PHIL BAMFORD		43	5068	00:48:28.72	00:46:00.92
58	CARL SMITH	Lonely Goat RC	46	5486	00:47:34.19	00:46:17.18
59	STEVE WOLSKI		40	5316	00:46:51.95	00:46:17.59
60	PHILIP RYDER		42	5260	00:48:38.71	00:46:20.00
61	ROB WALLACE	Wesham Road Runners	28	5406	00:46:46.46	00:46:38.25

62	MARTIN SEARS		61	5263	00:47:02.96	00:46:41.05
63	JAMES DEAN		37	5014	00:49:20.18	00:46:51.54
64	ADAM SMITH	Lonely Goat RC	39	5461	00:47:47.72	00:46:52.34
65	DANIEL STOKES		28	5476	00:49:21.44	00:46:55.61
66	JOHN GRAY	Meltham ac	51	5443	00:47:39.45	00:47:09.69
67	BILLY DOUTHWAITE		40	5120	00:47:55.95	00:47:15.85
68	TRACEY ALLAN	Southport Waterloo AC	38	5057	00:49:53.68	00:47:30.49
69	TREVOR FENWICK	salford mets	50	5134	00:57:36.38	00:47:55.75
70	NICK KEARSEY		49	5030	00:48:33.44	00:48:03.99
71	KEVIN EVES		40	5402	00:50:18.93	00:48:07.99
72	PATRICK FILIO		39	5505	00:52:29.65	00:48:13.69
73	MARK PAYLER		43	5378	00:52:00.43	00:48:16.83
74	TEMP5 TEMP5		21	5511	01:00:22.88	00:48:21.50
75	GEMMA STURGE		33	5281	00:50:02.94	00:48:21.87
76	PETER BENSON		40	5072	00:49:38.94	00:48:24.88
77	MICHAEL ARMSTRONG		29	5061	00:49:44.45	00:48:29.83
78	GRAEME POOLE		42	5244	00:51:12.17	00:48:33.41
79	TALITHA SHANDLEY	Southport Waterloo AC	23	5420	00:50:27.45	00:48:33.80
80	GARRY STUBBS-BRONSON		46	5448	00:52:26.70	00:48:39.69
81	DAVID WALL		48	5484	00:51:41.17	00:48:41.10
82	LEE HEMSWORTH		48	5025	00:51:38.41	00:48:45.20
83	CHRIS DUTTON		34	5457	00:53:12.41	00:48:49.41
84	TANYA SHAW	Wesham Road Runners	45	5268	00:49:16.19	00:48:52.45
85	STUART TOPPING		50	5286	00:49:16.20	00:48:52.46
86	JOHN MCFADIAN		43	5212	00:53:36.16	00:48:52.77
87	ANDREW BOARDMAN		40	5078	00:53:05.66	00:48:53.72
88	KEVIN HOLT		39	5170	00:51:25.16	00:49:04.69
89	MICHAEL EDGE	Wesham road runners	61	5018	00:49:59.73	00:49:06.23
90	TERRY GARDNER		60	5433	00:50:25.92	00:49:08.22
91	STUART HONEYMAN		35	5172	00:50:11.19	00:49:08.79
92	SIMON WILKINSON		31	5312	00:50:49.68	00:49:26.23
93	TEMP1 TEMP1		21	5507	00:54:28.20	00:49:29.58
94	PETER CLEMINSON		48	5360	00:52:34.67	00:49:34.10
95	MICHAEL CHESHIRE		59	5102	00:49:45.19	00:49:40.73
96	CHRISTOPHER DONE		54	5119	00:51:46.94	00:49:47.00
97	MALCOLM TEALE	Southport Strollers Running Club	62	5452	00:50:56.18	00:49:49.98
98	GARETH ATKINSON		38	5445	00:49:54.93	00:49:54.93
99	KATE SANDERSON	Leigh Harriers & AC	44	5052	00:50:54.70	00:49:58.39
100	STEPHEN BROOK	Queensbury Running Club	74	5413	00:52:50.92	00:50:06.47
101	VANESSA HARWOOD		43	5381	00:50:43.69	00:50:12.57
102	SUZANNE COWBURN		33	5504	00:54:00.65	00:50:15.77
103	ALEX WALTON		38	5298	00:53:19.16	00:50:25.71
104	LOUISA PORTER		50	5370	00:52:19.17	00:50:28.16
105	COLETTE CLARKSON	Fylde Coast Runners	55	5105	00:52:19.42	00:50:28.82
106	PETER RUDDOCK		32	5257	00:54:42.40	00:50:31.73
107	STEVEN TILLEY		53	5395	00:51:56.92	00:50:35.43
108	JANE BIDWELL		42	5075	00:51:17.43	00:50:41.00
109	JOANNA MASSAM		34	5208	00:55:32.90	00:50:42.37
110	STUART MCCANN		48	5210	00:51:26.71	00:50:44.36
111	THOMAS MCGRATH		60	5446	00:52:14.20	00:50:46.25
112	JESS DEAN	Southport Waterloo AC	18	5043	00:51:39.67	00:51:05.68
113	KYLE TUCK		22	5290	00:52:13.97	00:51:22.07
114	ALAN TOWNHILL		55	5287	00:54:12.68	00:51:23.25
115	CRAIG BRADBURY	Astley and Tyldesley road runners	50	5469	00:52:34.18	00:51:38.85
116	STEPHEN PENROSE		53	5239	00:53:49.66	00:52:06.17
117	BRENDAN DOHERTY		37	5117	00:56:01.90	00:52:07.03
118	IAN PENROSE		56	5240	00:53:50.17	00:52:07.05
119	PEDRO MORENO-VICENTE		60	5033	00:53:37.68	00:52:08.35
120	ANDREW BURGESS		38	5090	00:56:24.38	00:52:11.13
121	JULIA SHUKER		48	5422	00:55:17.20	00:52:12.33
122	KATIE PARKER		32	5233	00:52:20.16	00:52:14.33
123	MARTIN GAUTREY		51	5141	00:55:18.92	00:52:14.57
124	SIMON FLITCROFT		53	5135	00:55:15.43	00:52:17.41
125	PAULINE MYERSCOUGH		56	5226	00:55:07.64	00:52:18.30
126	CHERYL CUNNIFF		42	5398	00:55:12.93	00:52:40.77
127	MARK O'TOOLE		46	5414	00:55:14.17	00:52:41.21

128	ALEX BARNES		15	5498	00:54:03.96	00:52:56.28
129	JOANNE MCDUGALL		41	5496	00:57:18.89	00:53:03.23
130	PAUL GREENWOOD		48	5389	00:55:30.66	00:53:03.37
131	MATTHEW RONNEBACK		33	5255	00:59:32.87	00:53:07.21
132	PAUL THOMAS		27	5282	00:54:13.44	00:53:08.09
133	JORDAN DUKE		26	5345	00:54:55.42	00:53:09.73
134	TERRY BOWE		57	5079	00:54:43.91	00:53:11.26
135	TEMP4 TEMP4		21	5510	00:54:21.15	00:53:14.03
136	EMILY MONKS		19	5221	00:56:13.93	00:53:22.90
137	TRACY SPENCELEY		57	5361	00:55:45.93	00:53:39.29
138	GRAHAM PARSONAGE		54	5437	00:55:12.41	00:53:43.21
139	KEV JOHNSTON		59	5466	00:53:46.40	00:53:46.40
140	PAUL REAY		44	5362	01:02:11.87	00:53:50.74
141	CARL PARK		51	5232	00:56:52.14	00:53:55.31
142	KATE RIES		35	5248	00:56:29.66	00:54:03.70
143	AMANDA LENNON	South Leeds Lakers Running Club	34	5197	00:56:47.41	00:54:04.92
144	ANDREW RIMMER		53	5249	00:56:29.40	00:54:04.92
145	ANDREW EVANS		51	5129	00:58:46.65	00:54:15.46
146	MICHAEL RIMMER		20	5429	00:57:03.13	00:54:15.51
147	ADAM MOLYNEUX		33	5220	00:55:45.66	00:54:19.15
148	GARY SANDERSON	Leigh Harriers & AC	46	5051	00:55:22.16	00:54:25.30
149	LEE BIBBY	Southport strollers running club	41	5325	00:57:47.16	00:54:28.55
150	ANDREW RITCHIE		37	5250	00:57:54.65	00:54:35.10
151	AIMEE BRADSHAW		37	5081	00:58:01.19	00:54:45.07
152	MARK EVANS		34	5130	00:57:31.14	00:54:47.95
153	JASON BRENNEIS		36	5082	00:57:40.63	00:54:51.62
154	MICHAEL WILLIAMS	LABC Runners	56	5431	00:55:19.65	00:54:55.43
155	DAMIAN MOSS		52	5387	00:58:36.14	00:54:56.27
156	SCOTT SWARBRICK		27	5010	01:00:56.87	00:55:06.11
157	GABRIELLE CUMMINS		28	5411	00:58:26.88	00:55:09.96
158	IAN KETTLE		57	5193	00:56:22.06	00:55:26.54
159	JOE ELLIS		34	5020	00:59:08.89	00:55:28.84
160	ALI CROSS	Southport Strollers Running Club	43	5324	00:58:50.39	00:55:31.45
161	SIMON KYLE	Liverpool Running Bugs	45	5375	01:00:17.12	00:55:34.34
162	KATIE DEAN	The Liverpool running bugs	36	5376	01:00:18.88	00:55:35.82
163	DEBBIE CARR	Southport Strollers	57	5096	00:56:43.14	00:55:42.07
164	JONATHAN FORD		45	5342	00:58:35.14	00:55:44.20
165	GARETH PARDEN		39	5483	00:55:46.39	00:55:46.39
166	DEAN THACKRAY	St. Helens striders	30	5467	01:00:17.12	00:55:47.74
167	CONNOR HOLT		18	5171	00:58:09.66	00:55:48.95
168	KEVIN FITZPATRICK	North Bolton Runners	51	5392	00:56:19.91	00:55:53.71
169	DARREN COOPER		23	5107	00:57:34.38	00:55:54.94
170	ANTHONY ASHMAN		57	5430	01:00:27.40	00:56:04.36
171	JULES STEEL		43	5016	01:00:27.15	00:56:07.63
172	SIMON DADSWELL		45	5015	01:00:28.65	00:56:08.66
173	FRANCIS MELLETT		57	5383	01:00:43.39	00:56:08.89
174	STEPHEN GAGEN		69	5138	00:57:12.42	00:56:13.03
175	DAVID PILKINGTON		60	5472	00:57:16.88	00:56:14.97
176	DEB ROBERTS		53	5251	00:56:48.14	00:56:14.98
177	CAROL PETERS		47	5407	01:03:23.59	00:56:16.93
178	PATRICIA KEARSEY	Southport Strollers	58	5029	00:59:43.88	00:56:23.70
179	ASHLEIGH GRAY		34	5353	00:57:15.14	00:56:25.85
180	DARREN ENTWISTLE		47	5127	01:00:08.63	00:56:32.89
181	MICHAEL BRIGGS		61	5085	00:58:35.65	00:56:38.95
182	SARAH SIMONS	Penny Lane Striders	34	5274	00:58:02.16	00:56:40.67
183	SARA LANG		41	5410	01:00:00.86	00:56:40.81
184	EMILY MCENNERNEY		28	5333	00:59:23.13	00:56:48.17
185	SHELLEY HADLEY		43	5347	00:58:50.39	00:56:51.36
186	KATARZYNA TUCKER		38	5041	00:58:33.64	00:56:54.28
187	PETER ROBINSON		45	5253	00:58:52.16	00:56:54.96
188	JOHN BAILEY		58	5439	00:58:13.17	00:57:02.50
189	JOANNE SHAW		41	5269	00:58:25.89	00:57:11.18
190	BERNARD BROWN		57	5088	01:01:28.87	00:57:12.44
191	JILL WATSON		51	5374	01:01:18.12	00:57:12.68
192	ALYSON CARLIN		45	5095	01:00:22.62	00:57:13.49
193	RUTH CALLAND	Robin park runners	23	5393	01:01:44.60	00:57:14.34

194	JULIE ARKINSTALL	ROBIN PARK RUNNERS WIGAN	49	5334	01:01:42.11	00:57:18.98
195	ANDY JOHNSON		39	5182	00:58:12.65	00:57:21.20
196	GRAHAM HOWELL	Liverpool Harriers & AC	71	5173	00:57:52.14	00:57:23.54
197	FAYE LOWERY		44	5464	01:02:07.10	00:57:27.15
198	BARRY WROE	Lostock ac	43	5047	01:05:49.58	00:57:31.27
199	ANNA BERRY	Preston Harriers	21	5074	00:59:02.14	00:57:35.43
200	JAMIE CLEMENTS		23	5354	00:59:22.66	00:57:36.97
201	WILLIAM STANIARD	Warrington Running Club	57	5372	00:59:59.61	00:57:41.88
202	EMMA WROE	Lostock ac	40	5048	01:06:00.09	00:57:41.93
203	JON SINGLETON	Southport Waterloo	63	5276	00:57:46.89	00:57:46.45
204	VICKI DEAN		36	5013	01:00:22.13	00:57:51.74
205	LUCY KEMP	Warrington Running Club	30	5412	01:00:12.88	00:57:57.02
206	ANDREW BROOKS		56	5495	00:59:25.39	00:57:57.87
207	ROB BRANWOOD		35	5349	01:00:32.14	00:58:06.31
208	LOUISE ASHWORTH		44	5064	01:01:13.14	00:58:10.55
209	JANE BLACKLIN	Southport waterloo ac	61	5358	01:02:20.12	00:58:11.93
210	JIM EGAN	Fylde Coast Runners	56	5125	00:59:47.39	00:58:17.19
211	SARA EDEN		37	5124	01:06:19.57	00:58:29.88
212	CAROL TIDGWELL		65	5337	01:06:48.82	00:58:33.48
213	JO ROTHERAM		69	5336	01:06:49.85	00:58:34.52
214	MARK HARRIS		49	5154	01:01:33.11	00:58:35.09
215	LINDSEY SUTTON		49	5428	01:02:13.35	00:58:41.96
216	BARRY ROBINSON		75	5454	01:04:58.08	00:58:42.38
217	MIKE BROSNAN		43	5394	01:03:32.89	00:58:49.70
218	RICK MARTIN		40	5328	01:00:53.41	00:58:56.26
219	CHRISTINA JONES		39	5459	01:00:26.63	00:59:06.84
220	SAMANTHA MITCHELL		30	5218	01:01:12.37	00:59:20.16
221	TRACEY CLARKE		56	5104	01:06:11.57	00:59:20.61
222	NATALIE KELLY		36	5186	01:03:50.11	00:59:28.54
223	ANDREW MATTHEWSON		35	5209	01:01:09.85	00:59:35.86
224	SUE STOCKLEY		54	5451	01:01:04.36	00:59:40.91
225	JOANNE BRETHERTON		43	5083	01:06:32.59	00:59:42.03
226	HAROLD EASTHAM	Blackburn Road Runners	70	5123	01:01:01.61	00:59:44.10
227	ALISON HUSBANDS	Newcastle (Staffs) Tri Club	56	5175	01:00:52.14	00:59:49.65
228	GILLIAN CARLISLE-COLLETT	Southport strollers	50	5460	01:03:16.59	00:59:56.64
229	ROB SUTCLIFFE	Lonely Goat RC	44	5330	01:04:11.60	01:00:07.06
230	PHILIP CHADWICK		53	5101	01:03:57.13	01:00:18.25
231	LIAM WALL		15	5485	01:03:22.09	01:00:22.40
232	KENNY LEE		39	5196	01:05:00.32	01:00:38.85
233	CHARLIE VERITE		23	5293	01:03:42.34	01:00:41.14
234	MATTHEW GAUTREY		24	5142	01:03:45.09	01:00:43.14
235	SHIRLEY MORAN		59	5432	01:04:14.87	01:00:48.17
236	EMMA WILLIAMS	RUNNewport	51	5338	01:11:46.57	01:00:56.75
237	TRUDI PARRY	Buckley RC	49	5234	01:04:14.84	01:01:09.64
238	NICOLA PATTERSON	Red Rose	48	5492	01:03:01.10	01:01:16.95
239	WENDY ROGERSON	Red Rose	48	5493	01:03:02.10	01:01:17.20
240	SARAH WATTS		36	5447	01:06:37.10	01:01:19.02
241	MICHELE DAVIES	St Helens Striders	38	5442	01:06:04.37	01:01:29.67
242	KATE IDDON		37	5176	01:04:49.12	01:01:32.71
243	ADAM QUIRK	Lonely Goat RC	24	5247	01:03:45.42	01:01:38.55
244	OBY IKEME UMEH	Kirkby Milers AC	47	5400	01:03:38.13	01:02:03.71
245	HANNAH OUSEY		27	5007	01:12:08.79	01:02:05.13
246	JESSICA CAVANAGH	Penny Lane Striders	41	5100	01:03:38.10	01:02:16.15
247	NEIL STOTESBURY		43	5278	01:04:02.59	01:02:19.76
248	SANDRA BENTLEY	Widnes	52	5073	01:12:39.78	01:02:20.05
249	EMMA BUCKLEY	Widnes Running Club	39	5468	01:12:39.78	01:02:20.14
250	NIKKI GROUNDS	Robin Park Runners Wigan	47	5151	01:06:59.57	01:02:36.58
251	TONY HILL	Chester Road Runners	68	5367	01:05:37.83	01:02:38.12
252	ZACH MORRIS		25	5223	01:05:56.13	01:02:46.93
253	ANDREW HOLDEN		41	5167	01:06:44.00	01:02:55.57
254	DONNA MARTIN		49	5500	01:08:07.31	01:02:58.20
255	LOUISA CORLETT	Littleborough Runners	46	5491	01:08:45.31	01:03:03.14
256	KRISTINA BANHAM		61	5003	01:03:43.08	01:03:03.84
257	STEVEN WALL		55	5296	01:06:04.37	01:03:06.33
258	RACHEL FISHER	Kirkby Milers AC	36	5403	01:04:42.61	01:03:06.48
259	PAULA WILKINSON		33	5311	01:06:36.32	01:03:22.22

260	JANE KENT		36	5188	01:06:36.62	01:03:22.51
261	KEITH WENSLEY		37	5305	01:08:07.31	01:03:30.12
262	IAN STERN	NYAS	70	5011	01:05:26.58	01:03:38.48
263	TEMP3 TEMP3		21	5509	01:07:19.07	01:03:42.39
264	RACHAEL BAXTER		32	5350	01:06:12.84	01:03:45.34
265	JOHN TUCKER		44	5042	01:05:26.58	01:03:46.72
266	CAROLINE THORPE		47	5344	01:06:43.08	01:03:50.62
267	VIKKI WRIGLEY	Thornton cleveleys running club	46	5355	01:06:46.61	01:03:51.01
268	CATHERINE MACLACHLAN	Lytham St Annes Road Runners	49	5356	01:06:47.59	01:03:52.04
269	DAVID LIMBRICK	Islwyn RC	58	5369	01:04:27.35	01:03:54.19
270	THOMAS TOWNHILL		80	5288	01:07:10.34	01:04:16.54
271	ELIZABETH BREHENY	Skelmersdale Boundary Harriers	51	5427	01:06:12.84	01:04:28.32
272	MELANIE RAINFORD		40	5037	01:08:11.58	01:04:31.89
273	OLIVIA HEMSWORTH		25	5161	01:07:27.84	01:04:34.13
274	JULIE ASKEW		47	5065	01:06:07.83	01:04:39.74
275	GARY CAMPLIN	Lonely Goat RC	41	5368	01:06:28.09	01:04:50.51
276	NICHOLAS WONG	Liverpool Running Bugs	39	5319	01:09:52.58	01:05:15.58
277	JACKIE CAMPBELL		37	5094	01:06:46.07	01:05:16.04
278	ROGER BURNE		43	5092	01:08:20.30	01:05:18.57
279	DEBBIE PENDLETON		46	5237	01:06:03.60	01:05:23.60
280	ANDY BIRCH		60	5076	01:07:15.08	01:05:30.14
281	GERRY HELME		64	5004	01:06:12.34	01:05:33.98
282	TONY MCDONALD		58	5502	01:06:13.86	01:05:36.25
283	TONY DOLAN		51	5118	01:09:51.56	01:05:43.60
284	ANN BRINDLEY		46	5408	01:12:53.80	01:05:46.77
285	LAURA DEERY		34	5114	01:11:46.29	01:05:49.61
286	TRACEY SHERIDAN		56	5270	01:08:58.81	01:05:53.57
287	RICHARD SHILTON	Barlick Fell Runners	42	5351	01:10:03.81	01:06:01.23
288	LISA RICHARDSON	Garstang Running Club	42	5415	01:07:38.84	01:06:11.40
289	FRANCIS AYLWARD		44	5471	01:09:20.06	01:06:13.55
290	LUCY LEEMING		35	5503	01:08:23.83	01:06:26.54
291	EMMA ELLIS		34	5019	01:10:11.06	01:06:31.80
292	PHIL HUGHES	Cumberland AC	66	5174	01:10:16.31	01:06:36.63
293	WENDY SCHOFIELD		57	5262	01:08:32.31	01:06:41.10
294	LAURA SIMPSON	Howfen Runners	45	5275	01:09:42.06	01:06:42.12
295	JACKIE JOHNSTON		59	5465	01:08:36.32	01:06:42.67
296	DEBBIE ROBERTS		41	5462	01:07:39.82	01:06:50.53
297	DAVID TOWNHILL		29	5436	01:09:47.34	01:06:52.93
298	BECKIE DOBBS		26	5116	01:11:35.30	01:06:58.58
299	SHIRLEY RUSSO	Red Rose Road Runners	53	5258	01:11:31.29	01:07:05.86
300	RACHEL CASS		26	5097	01:11:43.57	01:07:07.47
301	WILLIAM QUINN	Kirkby Milers AC	52	5246	01:09:00.61	01:07:25.61
302	ANNA MARTIN		45	5205	01:09:11.83	01:07:32.55
303	CLARE HISCOCK		45	5166	01:09:32.06	01:07:38.41
304	LEA MELLODY		58	5217	01:09:04.06	01:07:44.89
305	JULIE FLETCHER	Robin Park Runners Wigan	59	5346	01:12:08.82	01:07:45.36
306	IAN GOODLIFFE	Blackburn Road Runners	70	5147	01:09:01.55	01:07:45.85
307	SARAH HOLLAND		49	5487	01:09:10.07	01:07:48.58
308	KEVIN MERRILL	Robin Park Runners	53	5339	01:12:23.53	01:07:50.24
309	CAROL MCMULLAN		46	5214	01:14:49.53	01:07:56.43
310	LEE MCMENAMY		43	5031	01:11:52.55	01:08:00.32
311	JOHN BREWDER		50	5084	01:10:48.58	01:08:09.67
312	MARTYN RISSLEY		35	5340	01:11:07.55	01:08:13.42
313	CHRISTINE ROSCOE		72	5256	01:12:48.55	01:08:14.05
314	DECLAN SHERIDAN		52	5271	01:13:23.53	01:08:21.98
315	DEBBIE ROGERS		59	5254	01:13:26.79	01:08:24.97
316	ANGELA STOTHERS		50	5280	01:08:44.83	01:08:27.82
317	TRACY MORENO-VICENTE		59	5034	01:10:07.83	01:08:36.91
318	TONI FENTON		44	5133	01:12:34.56	01:08:37.12
319	GARY RIMMER		53	5441	01:11:36.80	01:08:47.58
320	MICHELLE CARTIN	Liverpool Running Bugs	43	5384	01:10:13.58	01:08:48.87
321	BARRY JOHNSON		52	5424	01:11:05.31	01:09:02.75
322	DAVID ROBERTS		53	5252	01:09:07.81	01:09:07.81
323	AGNES MARSTON		61	5203	01:13:26.79	01:09:17.45
324	ALISON HARRISON		51	5156	01:16:30.76	01:09:22.48
325	JO BOOTH		41	5005	01:10:41.04	01:09:23.35

326	BECCI NEWSAM		36	5501	01:12:50.80	01:09:30.65
327	MALCOLM GOODWIN		49	5148	01:12:38.55	01:09:33.12
328	IAN WORTH		55	5320	01:13:50.27	01:09:50.39
329	MARTIN DARBY		39	5113	01:13:02.80	01:09:53.10
330	PETER MEADOWS		56	5215	01:13:17.31	01:10:02.38
331	SAMANTHA PENDLEBURY	North Bolton Runners	37	5235	01:13:04.28	01:10:11.93
332	SPENCER LUCAS		37	5200	01:15:04.04	01:10:18.87
333	CHRISTINE MURPHY HIGGINS		48	5046	01:10:46.30	01:10:23.40
334	JASMINE DUXBURY		30	5122	01:14:57.56	01:10:33.30
335	DAVID DUXBURY		63	5121	01:14:58.08	01:10:34.19
336	ALISON MEDLICOTT	Warrington Running Club	55	5216	01:11:54.54	01:10:35.10
337	PETER STOTESBURY		67	5279	01:12:18.30	01:10:38.13
338	SIAN BUTTON		40	5494	01:14:35.54	01:10:45.94
339	LESLEY WHITE	Lonely Goat RC	60	5309	01:14:17.54	01:11:07.56
340	MARK DOYLE		45	5364	01:22:54.48	01:11:09.12
341	PETER WALKER	Methley Striders	43	5295	01:14:21.77	01:11:11.80
342	TONY KELLY		44	5379	01:15:51.02	01:11:22.48
343	CAROL WINSTANLEY		50	5315	01:11:39.56	01:11:27.78
344	DEAN IRVING		34	5178	01:16:02.55	01:11:35.79
345	JAN MARSH	Southport Strollers	65	5202	01:15:54.53	01:11:44.48
346	SANDRA GRIEVSON	Chester Road Runners	58	5390	01:15:13.77	01:12:09.71
347	FRANCES MCGLYNN		70	5416	01:15:02.27	01:12:13.26
348	HELEN BOYER		48	5080	01:14:20.28	01:12:13.27
349	CLAIRE WARDLE		44	5482	01:19:37.04	01:12:23.42
350	GARY MURPHY HIGGINS		53	5045	01:12:51.80	01:12:29.09
351	STEPHEN MCFARLANE		50	5213	01:14:41.28	01:12:37.70
352	ANDREA BATE		47	5481	01:19:54.98	01:12:41.70
353	ANDREA JACKSON		50	5179	01:24:29.21	01:12:47.07
354	NICKY GARNER		52	5140	01:16:23.77	01:13:32.18
355	CARRI MCMENAMY		47	5032	01:17:29.00	01:13:35.79
356	VICTORIA DEAN		49	5044	01:16:07.77	01:13:36.36
357	ANDREA GREENWOOD		47	5150	01:17:36.26	01:13:56.30
358	PAUL JONES		52	5184	01:18:31.81	01:13:56.64
359	HELEN TICKLE		47	5285	01:15:59.04	01:13:58.31
360	MICHELE RILEY		61	5373	01:25:44.70	01:13:59.48
361	ROWENA THOMAS		34	5456	01:15:58.25	01:14:18.50
362	SARAH BULLOCK	Lonely Goat RC	43	5089	01:16:54.00	01:14:29.40
363	EMMA KAVANAGH		47	5191	01:16:54.04	01:14:29.90
364	LORRAINE OUSEY		55	5009	01:25:30.20	01:15:23.59
365	GARETH JOHNSON		39	5421	01:18:32.51	01:16:05.51
366	ERICA MARTIN		52	5204	01:20:03.74	01:16:10.88
367	MICHAEL BARLOW		41	5070	01:25:49.48	01:16:11.90
368	KAREN GILBERT		58	5143	01:20:05.03	01:16:12.28
369	JAMES PENDLEBURY		28	5236	01:20:47.98	01:16:34.78
370	RUTH ADAMS		57	5002	01:19:49.77	01:16:50.92
371	ALEX SHARPLES		29	5266	01:21:07.24	01:16:54.42
372	PHILIP POOLE		28	5243	01:21:13.48	01:16:58.86
373	LOUISE GOLDING		51	5146	01:24:55.23	01:17:05.77
374	JESSICA ROTHWELL	North Bolton Runners	31	5470	01:24:55.73	01:17:06.38
375	NICHOLAS WELLS		35	5303	01:21:24.49	01:17:30.90
376	JENNIFER HANKIN		35	5152	01:19:20.74	01:17:31.00
377	KIRSTY PENNINGTON		30	5238	01:19:20.74	01:17:31.09
378	SANDRA FELL		58	5132	01:21:43.27	01:18:09.02
379	TIM WARD		68	5453	01:22:18.49	01:18:20.81
380	DONNA OILLER		40	5230	01:22:38.23	01:18:47.55
381	LAURA CORNER	Wigan & District H&AC	59	5108	01:26:08.23	01:18:51.08
382	LOUISE BENTLEY		54	5404	01:28:03.69	01:19:00.89
383	SHEILA ANNE JONES		66	5185	01:24:31.20	01:19:58.11
384	CHRIS THOMPSON		36	5284	01:22:12.00	01:21:16.15
385	KAREN OFFORD		50	5228	01:26:00.44	01:22:28.40
386	CLAIRE SEVERN		36	5264	01:30:55.67	01:22:57.91
387	CRAIG HARROP		49	5157	01:30:56.18	01:22:58.75
388	CAROLINE VISSER		26	5294	01:29:49.19	01:26:21.49
389	LYNNETTE KETCHELL		47	5192	01:29:58.67	01:26:52.87
390	LOUISE ABRAM		48	5055	01:31:45.93	01:27:36.49
391	ELIZABETH WARD		66	5299	01:32:14.67	01:28:05.73

392	LOUISE COWAN	61	5110	01:35:47.38	01:30:56.39
393	YVONNE SMURTHWAITE	61	5418	01:34:22.39	01:31:36.46
394	DEBORAH BEARDSMORE	58	5497	01:40:13.37	01:36:09.93
395	TIFFANY DACRE	27	5112	01:45:13.10	01:39:59.61
396	TOM PALMER	26	5231	01:44:04.58	01:40:36.88
397	JANET LAWSON	62	5195	02:07:44.96	01:57:21.64