



Southport Half Marathon 2021

Place	Name	Running Club	Age	Bib #	Gun Time	Chip Time
1	MARCO PAROLIN	Blackpool, Wyre & Fylde Athletics Club	29	1585	01:12:41.78	01:12:37.59
2	CHRIS POWNELL	KNOWSLEY HARRIERS AC	31	8266	01:13:08.79	01:13:03.99
3	DAVE BENNETT	Ellesmere Port RC	44	1181	01:14:28.78	01:14:24.59
4	MATTHEW HARRISON	Sale Harriers Manchester	44	1394	01:16:04.77	01:15:57.91
5	LIAM BROWN	Kirkby Milers AC	31	2018	01:16:59.51	01:16:54.15
6	OLIVER CHADWICK	DOCKSIDE RUNNERS	22	8054	01:17:35.00	01:16:59.29
7	ALEX COWIN	Penny Lane Striders	41	1845	01:17:09.52	01:17:02.94
8	JONATHON HARDING	South Leeds Lakers Running Club	36	1388	01:17:08.78	01:17:06.33
9	FRANCOIS RAFFERTY	Southport Waterloo AC	53	1965	01:18:15.01	01:18:10.78
10	RORY HARRIS		40	1913	01:18:19.50	01:18:13.62
11	MARK COLLIER	Wigan Phoenix	42	2015	01:18:39.24	01:18:32.54
12	MARTIN KLAVON		37	2023	01:20:56.25	01:18:40.77
13	KYLE HAZELAAR		41	1398	01:18:56.50	01:18:49.30
14	ALEXANDER CURRAN		28	2037	01:19:36.77	01:19:12.73
15	ANDREW SUMMERSCALES		34	1867	01:19:28.52	01:19:17.56
16	JAMES MACKIE	WIRRAL AC	46	8212	01:19:23.80	01:19:17.69
17	DAN HOPWOOD		32	1969	01:19:23.02	01:19:18.46
18	CRAIG TAYLOR	Newcastle (Staffs) AC	39	1700	01:19:24.77	01:19:19.97
19	MATT HARRISON	Lostock AC	24	1393	01:19:34.26	01:19:30.17
20	DAN GRUNDY	Trawden Athletic Club	46	1374	01:20:08.98	01:20:01.08
21	ANDREW DOYLE	London Frontrunners	35	1308	01:20:34.49	01:20:06.56
22	PAUL CROSSLEY	Lindley running club	27	1994	01:20:45.51	01:20:23.73
23	NEIL HENNIGAN	Penny Lane Striders	45	1113	01:20:54.04	01:20:47.04
24	ANDREW MARSHALL	Leeds & Bradford Triathlon Club	41	1092	01:21:34.01	01:21:26.77
25	THOMAS DEMPSEY	Kirkby milers	32	1866	01:21:51.97	01:21:39.93
26	KEVIN HARRISON	Kirkby milers ac	44	1119	01:21:52.27	01:21:40.48
27	RYAN JONES	Kirkby milers	36	2017	01:21:52.55	01:21:41.34
28	JAMIE HESFORD	Belle Vue Racers	33	1795	01:22:06.72	01:21:50.92
29	JOHN HEYES	Wigan Harriers	51	1407	01:22:23.22	01:21:56.70
30	THOMAS HARKIN	Liverpool Pembroke & Sefton Harriers	49	1389	01:22:13.25	01:22:07.22
31	PAUL BRYERS		46	1218	01:22:52.27	01:22:28.06
32	ANDREW DUNNING		35	8095	01:23:34.71	01:22:34.65
33	JAMES BOARDMAN	Mossley Hill AC	42	1196	01:22:49.49	01:22:39.56
34	OLIVER LEE		28	1938	01:22:50.96	01:22:42.49
35	GARY FISHER	Kirkby Milers AC	38	1892	01:23:05.50	01:22:54.80
36	MIKE EVENNETT	UKRUNCHAT	39	8104	01:23:52.00	01:22:55.50
37	CARL BARNES	Widnes Running Club	35	1164	01:23:48.46	01:23:11.28
38	GARY BEATTIE		50	1174	01:23:55.24	01:23:42.03
39	LUKE HARRISON	Penny Lane Striders	35	1088	01:23:55.50	01:23:46.14
40	STEVE BREALEY	Wallasey Athletic Club	42	1008	01:24:20.21	01:24:07.35
41	PETER CUNNIFF	Wigan & District Harriers & AH	44	1857	01:24:44.23	01:24:07.61
42	WILL TUCKETT		35	1717	01:24:21.00	01:24:10.09
43	JONATHAN ENGLISH	Rosendale Harriers	29	1324	01:24:49.25	01:24:40.50
44	JULIEN TOUR	PENNY LANE STRIDERS	38	8338	01:26:30.20	01:24:42.23
45	PHIL RIDING	Penny Lane Striders	46	1904	01:24:50.97	01:24:43.25
46	PAUL FITZSIMMONS	Wigan Harriers	55	1847	01:25:25.18	01:24:49.31
47	MICHAEL GREEN	PENSBY RUNNERS	48	8132	01:25:07.45	01:24:57.76
48	JOHN DEY	Blackburn Road Runners	47	1303	01:26:30.37	01:25:18.96
49	SIMON COUCHMAN	Fylde Coast Runners	45	1266	01:25:36.22	01:25:26.43
50	JAMIE RUTHERFORD	LIVERPOOL RUNNING CLUB	28	8301	01:25:48.96	01:25:43.13
51	STEPHEN MCCARRICK		37	1896	01:26:22.60	01:26:01.53

52	PHILIP WOODLEY	West Cheshire AC	34	1778	01:26:43.50	01:26:02.71
53	STUART NIXON		38	1996	01:26:19.71	01:26:05.16
54	JOHN MCLAREN	KNOWSLEY HARRIERS AC	40	8231	01:26:19.71	01:26:12.24
55	MARK SALISBURY		39	1634	01:26:50.19	01:26:30.29
56	LUKE CURTIS	Penny Lane Striders	39	1279	01:26:39.95	01:26:32.73
57	PAUL THOMAS		37	1704	01:26:51.44	01:26:36.13
58	MITCH MIDGLEY-DAVIES		53	2047	01:28:25.21	01:26:37.91
59	JACK HELME		32	1402	01:26:55.45	01:26:38.44
60	MARC WILLIAMS		42	1762	01:26:56.45	01:26:45.92
61	KEVIN BRENNAN	St Helens Striders	52	1974	01:27:05.24	01:26:48.24
62	GRAHAM WILSON	Crossgates Harriers	52	1117	01:27:08.20	01:26:54.21
63	ALICE ALCOCK	Wigan Harriers	28	1823	01:27:29.72	01:26:54.52
64	LEE TURNER	Kirkby Milers AC	29	1718	01:27:38.21	01:27:24.83
65	STUART TOWNS	Wigan Harriers	46	1715	01:28:03.43	01:27:27.05
66	CARLOS WILSON	St Helen's Striders	40	1767	01:27:59.20	01:27:27.99
67	DAVID MORAN	Marsh Lane Harriers	32	1037	01:28:05.19	01:27:28.15
68	NEIL SPECK		30	1672	01:27:59.70	01:27:42.58
69	DEAN THOMPSON		31	1706	01:27:50.97	01:27:42.87
70	LENNY MYERS	Run Sandymoor	43	1566	01:32:57.40	01:27:43.53
71	GARETH FLETCHER		38	1335	01:30:07.91	01:27:48.00
72	TOM GIBSON		29	1355	01:28:11.71	01:27:54.71
73	LUKE BUCHANAN		25	1220	01:28:41.72	01:27:54.72
74	JOE GLEAVE	Blackburn Road Runners	37	2019	01:28:34.69	01:28:14.69
75	ANTHONY SHELTON		39	8307	01:29:30.85	01:28:17.41
76	ALAN ASHTON	LIVERPOOL HARRIERS AC	51	8012	01:28:43.20	01:28:36.11
77	GARY DALE	HYDE STRIDERS	60	8078	01:30:31.92	01:28:47.30
78	ROBERT ENGLISH		26	1325	01:29:14.20	01:29:05.26
79	SHAUN MCDONNELL		39	1992	01:32:07.90	01:29:09.63
80	TONY MOONEY	KIRKBY MILERS AC	50	8242	01:30:49.66	01:29:12.08
81	BEN HELME		30	1401	01:29:39.92	01:29:22.05
82	STEVEN TRACEY	Warrington Road Runners	32	1980	01:30:13.19	01:29:22.55
83	DAVID SARGENT	Lancaster Runners	36	1638	01:31:10.41	01:29:22.88
84	DAVID HUTCHINGS	HIGHAM HARRIERS AC	57	1040	01:30:21.69	01:29:38.65
85	DAVID MCGOFF		36	1846	01:31:56.20	01:29:44.15
86	CARMEL EDWARDS		41	8100	01:30:02.69	01:29:53.23
87	TOM PERRY		33	1957	01:30:16.41	01:30:05.83
88	GUY ROBERTS	MOSSLEY HILL AC	37	8283	01:33:18.67	01:30:07.95
89	ELLIOT CLAYTON		24	1254	01:31:13.67	01:30:08.32
90	EDD MITCHELL		36	2031	01:32:16.00	01:30:16.92
91	MARTIN BIRKETT		33	8027	01:33:06.41	01:30:28.39
92	IAN HEWITT	Liverpool Running Bugs	45	1850	01:33:44.89	01:30:39.20
93	CHRIS VAGG		49	1722	01:31:21.18	01:30:55.29
94	CRAIG VIGGARS		40	1809	01:31:47.42	01:31:00.55
95	LIAM ELLIS		26	1827	01:31:41.43	01:31:24.43
96	RICHARD COLES		43	1257	01:31:43.15	01:31:28.95
97	DARREN ECKERSLEY	ST HELENS STRIDERS	51	8097	01:32:08.38	01:31:36.38
98	JAMES BEATTIE		28	1971	01:31:59.93	01:31:44.97
99	DAVID MAYDEW	Trentham RC	56	1521	01:32:16.21	01:31:50.53
100	EARLE GREGORY		32	1371	01:32:08.91	01:31:57.49
101	MARIE JARVIS	Wigan Harriers	35	2004	01:32:43.91	01:32:08.29
102	SIMON COUGHLAN	Southport Waterloo AC	38	1267	01:36:00.90	01:32:16.80
103	CAROL PAXTON		42	8258	01:32:28.16	01:32:17.95
104	CRAIG ROBIN		35	1621	01:32:40.19	01:32:18.99
105	CHRISTOPHER MCELROY		43	8225	01:32:57.43	01:32:26.07
106	JUDE MIFSUD		45	1548	01:35:36.88	01:32:53.96
107	CHRIS LITTLEWOOD		44	1497	01:33:10.40	01:32:58.83

108	ALI MECHERGUI		33	1924	01:35:14.94	01:33:00.00
109	DANNY MURPHY	Kirkby Milers AC	36	2038	01:33:19.66	01:33:06.18
110	IAIN THOMPSON		51	8333	01:33:59.15	01:33:28.19
111	CHRISTOPHER BECKETT		30	1175	01:34:06.16	01:33:37.97
112	GEORGE AYLWARD	PENNY LANE STRIDERS	35	8015	01:34:19.64	01:33:44.72
113	ROBERT HOUGH		40	1423	01:34:03.39	01:33:48.39
114	HUW MORGANS		39	1555	01:34:09.67	01:33:51.20
115	MARTIN HERD		51	1403	01:34:14.16	01:33:53.13
116	JOHN COURTNEY		48	8072	01:35:52.66	01:33:54.66
117	STEPHEN DIPPNALL		33	1916	01:34:54.39	01:34:13.69
118	CHRIS WILLS	KNOWSLEY HARRIERS AC	44	8356	01:35:14.66	01:34:21.70
119	GARETH DAVIES	St helens striders	38	1294	01:39:12.36	01:34:43.07
120	MARK WARD	KNOWSLEY HARRIERS AC	34	8351	01:35:17.18	01:34:44.02
121	JONATHON MURPHY		31	1565	01:35:04.15	01:34:44.49
122	RADEK ROMANEK		28	1799	01:35:27.68	01:34:45.01
123	STUART BENSON	Fylde coast runners	49	1818	01:35:10.66	01:34:45.91
124	ALEX BARKER		26	2026	01:38:21.12	01:34:46.07
125	STEPHEN FEARN		47	1917	01:35:36.88	01:34:46.10
126	DAVID WILLSHIRE	Penny Lane Striders	39	1765	01:34:54.90	01:34:46.57
127	STUART CULVERHOUSE	North Wales Road Runners	49	2030	01:35:25.66	01:34:57.96
128	ANDREA BOND	PENNY LANE STRIDERS	42	8033	01:35:39.14	01:35:05.40
129	KELLY MARRIN	KNOWSLEY HARRIERS AC	46	8216	01:36:03.91	01:35:12.29
130	REN BATTEN		52	1171	01:35:45.65	01:35:13.83
131	JAMES BENNETT		50	1179	01:36:17.38	01:35:27.40
132	JOANNE HARRISON	Penny Lane Striders	35	1089	01:35:41.92	01:35:30.45
133	COLIN CHEVEAU		45	1248	01:36:29.89	01:35:37.42
134	TOMMY DEMPSEY	Northbrook Athletic Club	44	1301	01:35:54.91	01:35:39.42
135	MICHAEL THOMPSTONE	WINSTON RUNNERS	39	8335	01:35:50.93	01:35:40.73
136	GEORGE BARKER		21	1159	01:38:25.62	01:35:40.80
137	MATTHEW WHALLEY	Kirkby milers	22	1851	01:36:00.38	01:35:48.18
138	DALE WALLIS	Preston Harriers	57	1949	01:40:23.60	01:35:55.15
139	ALEX MCKEEVER	Lonely Goat RC	32	1538	01:36:13.91	01:35:56.20
140	HANNAH WHITTAKER	St Helens Striders	35	1751	01:37:06.87	01:35:56.98
141	ANTHONY ELLIS	St. Helens striders	33	1028	01:36:36.89	01:35:57.32
142	NEIL MACRITCHIE		45	1506	01:37:55.91	01:36:09.50
143	PETER GALE		32	1344	01:38:21.86	01:36:11.15
144	DAVID WILLIAMS	Wigan Phoenix	39	1759	01:36:39.91	01:36:13.15
145	MICHAEL CROFT		38	1995	01:36:59.38	01:36:13.66
146	ANDREW HARROLD		35	8140	01:38:59.36	01:36:16.48
147	RYAN BAILEY		24	1082	01:38:25.65	01:36:18.12
148	CONNOR SANDERSON		25	1841	01:39:53.39	01:36:28.53
149	SEAN WHARTON		36	1744	01:38:17.86	01:36:33.75
150	STEPHEN HEWITT		34	1405	01:38:25.87	01:36:38.71
151	JOHN MCCAFFREY	KNOWSLEY HARRIERS AC	38	8221	01:37:44.90	01:36:42.36
152	ADAM JACKSON		34	1444	01:38:00.12	01:36:44.95
153	MARK HUDSON	Liverpool Pembroke & Sefton H AC	61	1431	01:37:05.38	01:36:46.02
154	KIERON O'DONNELL		41	1063	01:37:08.37	01:36:54.46
155	JEMMA WILLIAMS		37	1062	01:37:08.94	01:36:55.14
156	MARC GOUDIE		39	1927	01:39:20.38	01:37:13.41
157	ANDREW WILLIAMS	MIKKELLER RUNNING CLUB LIVERPOOL	41	8355	01:37:51.12	01:37:17.16
158	CONNOR LLOYD		21	1011	01:40:51.16	01:37:17.42
159	SEAN FLETCHER	JULIE'S JOGGERS	34	8111	01:41:40.34	01:37:18.01
160	STUART SMITH	RED ROSE ROAD RUNNERS	44	8310	01:37:51.15	01:37:30.63
161	JONATHAN HAMMOND		45	1384	01:38:36.14	01:37:32.70
162	MICHAEL BINGHAM		40	1187	01:38:18.37	01:37:34.67
163	STEVE ROBERTS		44	1620	01:38:05.88	01:37:47.03

164	MARK ARROWSMITH		41	8372	01:39:03.88	01:37:47.38
165	STEPHEN CLARKE	WALLASEY AC	48	8057	01:38:32.13	01:37:58.68
166	RICH DEAN		31	1298	01:38:19.88	01:37:59.68
167	REBECCA BLACKLOCK	WALLASEY AC	28	8030	01:38:43.63	01:38:10.47
168	PAUL LAMBERT		61	1483	01:41:46.14	01:38:11.89
169	GARY CORCORAN	Red rose runners	50	1261	01:38:28.61	01:38:23.07
170	MELANIE KOTH	Lytham St Annes Road Running Club	47	1883	01:38:32.13	01:38:23.15
171	GEOFF GRAY		33	1363	01:39:33.60	01:38:25.27
172	DANNY FEGAN	St Helens Striders	55	1331	01:39:29.63	01:38:25.69
173	WILLIAM BAKER		27	1152	01:38:56.39	01:38:39.39
174	PAUL LACEY	Lostock A.C	37	1481	01:39:25.14	01:38:41.58
175	CARL PEDDER	Southport Waterloo Athletics Club	57	1591	01:39:30.61	01:38:50.16
176	ROBIN GRIFFITHS		39	1372	01:41:00.41	01:38:50.67
177	JOHN EVANS	BTR ROAD RUNNERS	40	8103	01:39:05.15	01:38:54.19
178	CHRISTIAN CODA		38	1018	01:39:44.11	01:38:54.81
179	BARRY ABRAM	Wigan harriers	60	1131	01:38:54.89	01:38:54.89
180	BROGAN RIMMER	HOFS RUNNING CLUB	21	8282	01:39:42.88	01:38:56.79
181	JON CASEY		26	8053	01:39:50.88	01:39:03.63
182	CARL BALSHAW		50	8017	01:40:58.60	01:39:06.64
183	TOM SMITH		28	1908	01:39:35.36	01:39:07.27
184	SARAH BRANDWOOD		36	1206	01:41:13.38	01:39:13.69
185	BRENDAN GOULDEN		24	1361	01:39:36.04	01:39:15.81
186	NEIL MCBAIN		39	1939	01:39:34.19	01:39:18.82
187	GARETH EATON		40	1317	01:41:01.40	01:39:17.44
188	ANDREW BARDSLEY		36	1157	01:41:42.35	01:39:19.89
189	TED KIRKHAM		48	1474	01:39:45.37	01:39:21.37
190	LEE SPRUNG	Headington road runners	48	2035	01:40:47.60	01:39:31.39
191	CLINTON HALSALL		49	8135	01:40:25.87	01:39:33.87
192	OLIVER MOIR		24	1554	01:43:06.12	01:39:37.35
193	PAUL CRANKSHAW		52	1272	01:40:06.10	01:39:38.88
194	SHAUN WINDLE	Trawden AC	49	1886	01:39:49.37	01:39:40.72
195	HAYLEY FAIRCLOUGH	LIVERPOOL RUNNING CLUB	39	8106	01:40:56.61	01:39:40.87
196	JOHN BENNETT	MERSEY TRI	48	8025	01:40:18.61	01:39:41.11
197	MICHAEL ABLOTT		50	1128	01:42:33.60	01:39:41.49
198	DAVID PRITCHARD		56	1876	01:40:08.63	01:39:41.77
199	MIKE WALKER	SOUTHPORT WATERLOO AC	72	8349	01:41:53.85	01:39:45.52
200	JOHN COONEY	KNOWSLEY HARRIERS AC	48	8062	01:43:26.39	01:39:49.53
201	ADAM GRAINGER	Riversway Road Runners	37	1362	01:39:57.39	01:39:53.58
202	GARETH PRATT	Lostock AC	48	1825	01:40:37.10	01:39:53.69
203	KATIE LEE		30	1487	01:40:31.07	01:40:02.13
204	KEN MELLIS		44	1544	01:40:29.62	01:40:04.11
205	DANIEL PLANT	Lonely Goat rc	39	1888	01:41:04.64	01:40:11.61
206	RICHARD BOYDELL		39	1968	01:40:32.11	01:40:14.67
207	RACHEL YATES	Liverpool Pembroke & Sefton H AC	44	1788	01:45:27.38	01:40:17.57
208	DANIEL KRIGERS		34	1478	01:41:50.87	01:40:21.67
209	LEANNE HEPPOLETTE		34	2045	01:41:38.60	01:40:23.56
210	RICHARD SMITH		38	1998	01:42:10.36	01:40:24.90
211	GEORGE HEYES	Wigan Harriers	24	2006	01:42:28.87	01:40:27.71
212	DERMOT GOUGH	Wallasey Athletic Club	46	2039	01:41:33.37	01:40:28.02
213	ROBERT COOPER	PENNY LANE STRIDERS	41	8063	01:40:46.35	01:40:33.81
214	JASON GEORGE		49	1352	01:45:30.57	01:40:36.38
215	DAVID BRIDGE	BTR roadrunners	42	1997	01:41:11.86	01:41:02.65
216	DANIEL DAVIES		18	1989	01:42:26.10	01:41:09.42
217	TERRY LYNCH	PENNY LANE STRIDERS	52	8206	01:41:42.87	01:41:09.71
218	PAUL BROWN	LIVERPOOL RUNNING CLUB	41	8041	01:43:33.35	01:41:10.14
219	LEIGH POTTS		36	1905	01:42:06.12	01:41:13.32

220	FLEUR CULSHAW	Southport Waterloo AC	51	1951	01:42:21.84	01:41:14.52
221	CRAIG BAXTER		55	2052	01:43:10.84	01:41:15.38
222	DAVID NAVIS	LIVERPOOL RUNNING BUGS	31	8250	01:42:29.16	01:41:19.22
223	KATHRYN MCLOUGHLIN		33	1541	01:44:11.33	01:41:36.13
224	MATT HELME	LIVERPOOL RUNNING CLUB	60	8144	01:43:38.64	01:41:36.46
225	ANTHONY BERRY		56	1902	01:44:12.36	01:41:37.10
226	MICHELE ALTY	WALLASEY AC	53	8007	01:42:11.85	01:41:37.27
227	CHRISTOPHER BLACKBURN	Marsh Lane Harriers	34	1191	01:42:44.34	01:41:38.99
228	JOHN COATS	Northern Masters Athletics Clb	59	1826	01:42:29.34	01:41:47.80
229	ANTONY GALLAGHER	Marsh Lane Harriers	27	1884	01:45:46.57	01:41:53.72
230	GARY BLACKBURN	Blackburn Road Runners	36	1190	01:42:52.11	01:41:54.35
231	GRAHAM SUDELL		32	1687	01:44:34.08	01:42:00.32
232	TONY SMITH	vegan runners	54	1665	01:42:22.61	01:42:01.41
233	JOSH REDDINGTON		22	1612	01:42:30.61	01:42:06.15
234	NAT KERRY		38	1469	01:45:56.09	01:42:09.55
235	LENKA VIDAMOUR	PENNY LANE STRIDERS	41	8346	01:42:33.89	01:42:21.55
236	JANETTE RAYTON	Red rose road runners	43	1611	01:42:49.33	01:42:28.43
237	ADRIAN LOUGHREY	Penny lane striders	57	2016	01:43:33.89	01:42:30.68
238	STEVE COSGROVE	WALLASEY AC	35	8067	01:43:05.09	01:42:31.92
239	ELIZABETH BOSWORTH	Dragons Running Club (Sale)	44	1791	01:43:01.62	01:42:32.35
240	MATT SIMPSON	Blackburn Road Runners	41	1817	01:43:18.86	01:42:33.15
241	AIDAN DORAN		20	1940	01:42:54.34	01:42:39.28
242	RICKY MCLEARY		52	1899	01:43:26.13	01:42:40.75
243	DAVID AISTHORPE		49	1135	01:44:55.88	01:42:44.88
244	RICHARD DRAPER		44	1311	01:46:36.35	01:42:56.15
245	DAVID WARD	BTR ROAD RUNNERS	57	8350	01:45:12.32	01:42:56.88
246	ANDY DAVIES		53	1293	01:43:40.62	01:43:06.08
247	DAVID JOHNSON		36	8178	01:44:19.58	01:43:20.64
248	MIKEY TAYLOR		29	1824	01:44:06.10	01:43:23.86
249	SHAHZAD ZIA	Manchester Harriers & AC	46	1813	01:48:35.85	01:43:31.31
250	ANDREW KITTS		38	8190	01:45:05.07	01:43:35.12
251	RICHARD ANDERTON		37	1139	01:53:28.06	01:43:38.29
252	ANTHONY DAGNALL	St Helens Striders	65	1281	01:44:46.83	01:43:41.21
253	JAMES ABRAM		36	1130	01:46:53.82	01:43:42.39
254	MARTIN FARRAR	St Helens Striders	54	1329	01:46:10.81	01:43:48.91
255	MATTHEW HALSALL		30	1381	01:44:07.83	01:43:50.48
256	JAMIE BUCHANAN		31	1219	01:45:27.11	01:43:50.78
257	SAM JONES		30	1842	01:44:58.59	01:43:52.54
258	JAMES MCGLYNN	WIGAN & DISTRICT H	71	8227	01:46:00.06	01:43:57.70
259	HAZEL HATFIELD	Lostock Ac	40	1914	01:45:58.32	01:43:58.37
260	DAN BOOTH		31	1970	01:45:45.32	01:44:01.50
261	BELLA GRIMSHAW		45	1849	01:44:12.09	01:44:02.73
262	KARL DAVIES	Macclesfield Harriers	38	1291	01:44:19.08	01:44:03.40
263	LIZZ DAVIDSON		38	1894	01:44:33.07	01:44:03.52
264	DANIEL HOWE		43	1428	01:45:14.08	01:44:06.63
265	DARREN BROOKFIELD		37	1943	01:47:41.08	01:44:09.27
266	PHIL BARON		58	1983	01:46:13.58	01:44:19.36
267	PAUL MCARD		56	8219	01:45:18.60	01:44:24.45
268	HARLEY BRANNIGAN		26	1982	01:46:29.36	01:44:35.02
269	LEWIS MCAFEE	lytham st annes road running club	39	2014	01:47:33.55	01:44:35.53
270	KIERAN COLLINS		35	8061	01:46:33.85	01:44:35.62
271	REBECCA LARGE		22	1044	01:46:24.32	01:44:37.07
272	ABIGAIL JONES		40	2051	01:46:43.08	01:44:47.62
273	TONY HILL		47	1412	01:45:16.86	01:44:49.92
274	ANDY HUGHES	Liverpool Running Bugs	38	1433	01:48:35.32	01:44:50.79
275	WARREN CUSICK		38	1280	01:49:26.29	01:44:55.58

276	ANGELA ASHCROFT		44	1145	01:47:55.10	01:44:56.73
277	AARON WILSON	LIVERPOOL RUNNING CLUB	29	8358	01:47:31.30	01:45:05.19
278	TREVOR ASTELL	PENNY LANE STRIDERS	61	8013	01:52:40.79	01:45:12.71
279	RICK DAVIS		25	2032	01:47:05.08	01:45:17.26
280	PAUL THURLWELL		54	1111	01:47:57.09	01:45:17.70
281	RICHARD MOORE		39	1054	01:48:16.56	01:45:23.13
282	NEIL WILSON		41	1769	01:47:49.32	01:45:25.33
283	JACQUES VERITE		23	1725	01:48:31.57	01:45:26.37
284	MARK GARNER	Radcliffe AC	49	1349	01:46:03.82	01:45:32.23
285	TRUDI JENKINSON	Blackburn Road Runners	56	1449	01:46:38.85	01:45:32.39
286	IAN MARSDEN		60	1514	01:48:01.58	01:45:40.02
287	BRUCE MARTIN	Liverpool Running Bugs	49	1519	01:50:13.32	01:45:45.48
288	CRAIG WHITELEY	Rothwell Harriers & AC	57	1749	01:46:33.34	01:45:49.34
289	TED SMITH		56	1666	01:46:25.09	01:45:54.64
290	DAVID RIMINGTON		43	1618	01:46:36.58	01:45:55.18
291	IAN PALFREY	Preston Harriers	44	1581	01:48:41.80	01:45:57.40
292	SAMUEL SUMMERSCALES		34	1688	01:47:50.05	01:46:04.55
293	JAY BRADLEY		32	1204	01:47:47.58	01:46:06.21
294	CALLUM CROSBY		20	1275	01:47:52.42	01:46:06.29
295	PETER TEELING	ST HELENS STRIDERS	46	8329	01:47:12.65	01:46:09.94
296	ANTHONY FOX		34	1341	01:51:04.84	01:46:14.31
297	TONY HART	FYLDE COAST RUNNERS	50	8141	01:47:36.57	01:46:14.98
298	ELIZABETH GEMMELL	KNOWSLEY HARRIERS AC	33	8120	01:49:56.04	01:46:19.65
299	ANDREW CAVE		58	1242	01:49:59.79	01:46:21.29
300	ASHLEY SMITH		29	2042	01:46:43.37	01:46:31.07
301	JACK SWANICK		30	1882	01:46:57.83	01:46:34.46
302	RYAN GIBSON	Red Rose Road Runners	33	1897	01:47:51.57	01:46:36.11
303	JOHN BARR	ST HELENS STRIDERS	71	8018	01:50:08.79	01:46:47.58
304	QUIN DAVIES	Parbold Pink Panthers	27	1286	01:47:20.31	01:46:50.71
305	MARK HASSALL		35	8143	01:50:25.31	01:46:51.90
306	SIMON HALL		50	1379	01:47:59.80	01:46:54.04
307	OLIVER KIRKBY	Bury Athletics Club	21	1844	01:47:32.33	01:46:59.17
308	KATIE GEORGESON		39	8121	01:47:34.81	01:47:03.84
309	GARY HINDS	LIVERPOOL RUNNING BUGS	39	8151	01:51:40.04	01:47:05.54
310	HEATHER MORTON		31	1560	01:49:45.81	01:47:11.87
311	ANDREW CASEY		45	2010	01:50:23.56	01:47:14.52
312	MICHAEL TOMKINS		22	1713	01:50:51.56	01:47:22.79
313	WILLIAM GREEN		19	8130	01:51:19.28	01:47:27.38
314	LAURA BELTRAN		40	8024	01:48:29.32	01:47:30.01
315	CLAIRE DOHERTY	Invictus Tri	48	1911	01:51:11.57	01:47:37.74
316	JULIE WILSON	Crossgates Harriers	54	1116	01:48:16.56	01:47:42.49
317	MO WILLIAMS		51	1961	01:48:31.85	01:47:43.85
318	STEVEN HUGHES	Marsh Lane Harriers	32	1038	01:48:35.08	01:47:45.79
319	CIARAN GREEN		42	1367	01:51:07.53	01:47:50.67
320	TRACEY BARLOW	Southport Waterloo Athletics Club	50	1161	01:48:40.83	01:47:58.16
321	BECKY NIGHTINGALE		25	1858	01:59:40.55	01:48:00.72
322	CHRIS LEEDAM		40	1488	01:48:37.07	01:48:01.12
323	EDWARD ABRAHAMSON	LIVERPOOL FRONTRUNNERS	39	8003	01:50:40.56	01:48:07.17
324	JOHNNY LATHAM	LEEDS FRONTRUNNERS	33	8194	01:50:40.82	01:48:08.04
325	BRIAN BARTLETT		53	1167	01:50:22.03	01:48:12.30
326	JOHN FOSTER		26	1338	01:51:12.53	01:48:14.51
327	DEIRDRE LONG		34	8204	01:52:53.29	01:48:18.19
328	MATTY WILLIAMS	Penny Lane Striders	25	2007	01:50:09.08	01:48:25.83
329	KATHERINE CLANCY	Lancashire constabulary	40	1854	01:48:49.33	01:48:27.13
330	MIKE CASEY	Wigan harriers and district	54	1238	01:49:08.81	01:48:29.80
331	JOHN METCALFE		40	1546	01:50:14.34	01:48:34.07

332	DAVID WARDROPE	Calderglen Harriers	50	1796	01:49:01.55	01:48:38.75
333	PAUL ABELA-STEVENSON	LIVERPOOL RUNNING CLUB	51	8002	01:51:14.54	01:48:47.91
334	PETER TAYLOR		66	1698	01:51:27.80	01:48:51.57
335	MATT HOGAN	Chorley Athletic and triathlon	39	1906	01:51:32.08	01:48:51.95
336	MICHAEL HODGSON		36	1416	01:51:11.32	01:48:52.26
337	PAUL BAKER		34	1154	01:52:37.29	01:49:00.93
338	JESSICA BATESON		31	1169	01:51:43.05	01:49:01.13
339	ADAM THOMPSON		23	1707	01:52:44.02	01:49:01.75
340	MARC SMETHURST		38	1822	01:53:12.02	01:49:01.83
341	ANDY CONNOLLY		45	1260	01:51:44.79	01:49:02.87
342	GRAHAM PASCOE		38	1587	01:52:00.56	01:49:07.87
343	JOHN WILSON		46	8359	01:50:09.08	01:49:08.47
344	DANNY DOYLE		32	1309	01:51:32.82	01:49:10.88
345	GEORGINA MCNULTY		45	2005	01:50:03.54	01:49:14.24
346	GILL HILL	Helsby Running Club	51	2025	01:49:43.06	01:49:14.41
347	KEITH BOYLE	PENNY LANE STRIDERS	49	8035	01:51:58.30	01:49:16.12
348	JODY BROOKS		28	2027	01:56:17.56	01:49:18.90
349	JOHN ARCHER	WINSTON RUNNERS	70	8010	01:51:56.80	01:49:18.93
350	JAMES FLETT		33	1032	01:50:00.54	01:49:20.12
351	ROY MORRIS	BTR ROAD RUNNERS	56	8245	01:51:34.53	01:49:21.34
352	ANDREW RILEY		45	1963	01:51:12.82	01:49:30.86
353	KEIGHLEY HARRISON		33	1391	01:57:37.77	01:49:35.27
354	RACHAEL SHAW		35	1919	01:52:15.02	01:49:38.70
355	NIKOLETTA HUDAK	Red Rose Runner	38	1430	01:51:17.08	01:49:38.72
356	DAVID FOSTER	VEGAN RUNNERS UK	27	8113	01:51:18.05	01:49:45.80
357	CHLOE WAKELAM		21	1728	01:51:24.59	01:49:53.09
358	JAMES JACKSON	LOSTOCK AC	42	8171	01:50:38.32	01:49:53.25
359	GABBIE COLCLOUGH		33	1793	01:52:35.82	01:49:55.35
360	ADRIAN ASHBURN	BURNDEN ROAD RUNNERS	44	1807	01:50:31.06	01:49:57.89
361	KEVIN DAY	Goyt Valley Striders	56	1296	01:52:04.55	01:49:58.45
362	LEE ARMITAGE		30	1143	01:50:32.58	01:50:02.03
363	LOUISE COOPER		46	8064	01:52:18.41	01:50:04.19
364	DAVID YOUNG	ROBIN PARK RUNNERS WIGAN	54	1789	01:51:23.53	01:50:05.18
365	CHRIS HOLMES		27	8155	01:52:57.27	01:50:05.31
366	PAUL FITZGERALD	KNOWSLEY HARRIERS AC	45	8109	01:51:09.54	01:50:08.52
367	LIAM MCDONALD		31	1528	01:50:27.55	01:50:09.17
368	JEFF KILPATRICK		50	1881	01:53:27.76	01:50:09.61
369	IAN ROBERTS	WILMSLOW RUNNING CLUB	57	8287	01:53:48.53	01:50:10.58
370	GEORGE BELL	Blackburn Road Runners	65	1176	01:51:23.03	01:50:11.21
371	CRAIG FITZJOHN		36	1941	01:53:36.80	01:50:11.41
372	JAMES NELSON	blackburn road runners	36	1568	01:51:23.82	01:50:11.76
373	SARAH MACKAY		43	1798	01:51:46.81	01:50:12.11
374	ADAM MCKENNA		29	2011	01:54:38.30	01:50:12.53
375	PHILLIP MASON	DOCKSIDE RUNNERS	41	8218	01:51:04.78	01:50:27.83
376	DANIEL MARTIN		42	1518	01:51:31.83	01:50:30.87
377	MATT CRAWFORD		46	1273	01:51:59.79	01:50:31.47
378	ROBERT SALTHOUSE	Vegan runners uk	52	1636	01:52:31.53	01:50:35.37
379	CHARLIE LA FOSSE		26	1479	01:51:51.82	01:50:45.39
380	BEN SEARS		33	1644	01:57:50.75	01:50:48.03
381	JAMES THOMAS		30	1705	01:52:32.58	01:50:50.88
382	MIKE CLARKE	Warrington Running Club	53	1252	01:54:42.03	01:50:52.05
383	LINDSEY BLACK	LIVERPOOL RUNNING BUGS	43	8028	01:54:30.27	01:50:55.64
384	JAMIE COX		40	1271	01:52:46.52	01:50:57.86
385	STEPHEN PORTER		42	1599	01:51:39.55	01:51:11.47
386	DAVID HUGHES	DOCKSIDE RUNNERS	38	8160	01:53:00.28	01:51:12.08
387	JANET RHODES	Lostock AC	49	1839	01:56:23.00	01:51:12.44

388	DAVID MARSH	Southport Strollers	61	1515	01:52:09.53	01:51:19.36
389	JOHN HASLAM		56	1797	01:53:55.27	01:51:20.01
390	REBECCA STEAD	Lonely Goat RC	36	1973	01:55:28.53	01:51:22.59
391	CRYSTAL DISHMAN	Kirkby Milers	29	2021	01:54:42.54	01:51:27.54
392	SOPHIE MILLER		26	1838	01:54:42.80	01:51:27.84
393	MIKE WEBSTER		62	1802	01:52:42.53	01:51:32.85
394	LISA HEYES	Wigan Harriers	49	2003	01:53:36.52	01:51:33.46
395	ALAN SPENCER	Knowsley harriers ac	61	1673	01:52:55.53	01:51:36.53
396	JON RUMLEY	THUNDER RUNNERS	48	8300	01:52:34.53	01:51:39.33
397	ROB GREGORY		47	1370	01:52:36.52	01:51:45.26
398	EMMA JUDSON		47	1120	01:54:57.02	01:51:47.70
399	COLIN MELIA	WALLASEY AC	57	8233	01:54:06.52	01:51:49.68
400	CARL ABERNETHY		32	1114	01:58:21.52	01:51:52.52
401	HILARY HERMAN	PRESTWICH ATHLETIC	61	8145	01:55:02.79	01:51:55.67
402	TY KAYA		19	2008	01:54:21.53	01:51:55.70
403	TOM KWISSA	Liverpool Pembroke and Sefton Harriers AC	19	2022	01:54:26.29	01:52:00.45
404	JANE BREALEY	Wallasey Athletic Club	46	1007	01:52:16.05	01:52:01.64
405	PAUL CREASEY	Ellesmere Port RC	43	1274	01:52:31.81	01:52:06.73
406	ASHLEY HOGAN		26	1417	01:55:06.76	01:52:08.74
407	TOM HUMPHRIES	WARRINGTON RUNNING CLUB	29	8165	01:54:25.79	01:52:09.74
408	DAN WILLIAMS		49	1757	01:54:46.26	01:52:15.63
409	BHAVNA MISTRY	KIRKBY MILERS AC	50	8240	01:53:52.53	01:52:18.11
410	JEROME WOODLEY		43	1776	01:53:10.52	01:52:29.07
411	ALLAN WALKER		55	1869	01:55:31.75	01:52:30.06
412	JOEL WHITE	Chrolton runners	40	1747	01:53:26.56	01:52:33.10
413	KIERON CARR	Liverpool Running Bugs	50	1087	01:57:01.77	01:52:34.35
414	STEPHANIE GOODCHILD	Manchester YMCA Harriers	55	1358	01:54:40.04	01:52:35.76
415	MARK GRAY	Fylde Coast Runners	49	1365	01:54:29.26	01:52:40.08
416	SIMON WILLIAMS		36	1929	01:55:51.06	01:52:40.19
417	ADAM LEARY		40	8197	01:57:33.74	01:52:44.46
418	ROB PHILLISKIRK		41	1895	01:53:50.02	01:52:46.51
419	DAVE LLOYD	Blackburn Road Runners	63	1498	01:53:59.27	01:52:46.96
420	MARK TAYLOR	Darwen Dashers Running Club	45	1697	01:54:11.54	01:52:53.09
421	IAN HALSALL		40	1380	01:57:23.29	01:52:55.64
422	VICTORIA OSTEN		32	1812	01:53:18.52	01:53:00.04
423	JULIAN TEGG	WEST CHESHIRE AC	50	8330	01:55:23.00	01:53:00.32
424	ANGELA TEGG	WEST CHESHIRE AC	49	8331	01:55:23.51	01:53:00.97
425	PAUL SEDDON	Howfen Runners	54	1071	01:55:08.05	01:53:01.69
426	PATRICK BEAN	Farsley Flyers	53	1172	01:54:27.26	01:53:07.80
427	MARK HOLDEN		42	1419	02:02:36.24	01:53:08.38
428	SOPHIE WESTON		36	8353	01:57:49.00	01:53:13.59
429	DAVID BATTAMS		45	1170	01:55:31.30	01:53:21.57
430	DIANE HENNIGAN	Penny lane striders	48	1112	01:55:25.76	01:53:24.51
431	MICHAEL MULLIGAN		38	1561	01:55:04.02	01:53:28.39
432	EDWARD SEALY		29	1643	01:55:35.53	01:53:31.91
433	ANDREW LINDLEY	Fylde Coast Runners	57	1792	01:55:31.01	01:53:35.14
434	JOANNE LEVER		40	1491	01:57:30.25	01:53:35.26
435	GARETH WILKINSON		37	1848	01:56:17.30	01:53:41.26
436	CLARE EVANS	Hyde Park Harriers	31	1326	01:54:38.55	01:53:44.67
437	ANDREW GLEN	LIVERPOOL RUNNING BUGS	58	8124	01:54:19.01	01:53:45.13
438	LURDES CORLETT	PENNY LANE STRIDERS	55	8066	01:57:51.25	01:53:48.56
439	JAMES BROOKER	SOUTHPORT AND WATERLOO AC	42	8040	01:54:08.77	01:53:49.68
440	CHRISTOPHER COLEBOURN		54	8059	01:57:20.00	01:53:52.80
441	JOHN ROSS	Winston Runners	53	1627	01:55:22.01	01:54:04.55
442	BRIAN COWAN		53	1268	01:59:07.50	01:54:16.04
443	JAMES DEAN		52	1803	01:56:46.02	01:54:16.77

444	KARIN TIGHE		39	1709	01:57:41.53	01:54:17.68
445	JONNY MCHALE	PENNY LANE STRIDERS	35	8228	01:57:07.51	01:54:22.03
446	NATHAN THISTLETHWAITE		24	1703	01:57:31.74	01:54:25.99
447	PETER MEDLICOTT	ST HELENS STRIDERS	49	8232	01:55:42.51	01:54:28.83
448	KATHARINE TAGGART	ST HELENS STRIDERS	42	8324	01:55:42.78	01:54:29.67
449	MATT GILLINGHAM		38	1923	01:58:58.81	01:54:30.51
450	STUART BRANDWOOD	Penny Lane Striders	46	1909	01:55:39.00	01:54:37.19
451	CARL SHARPS		33	1648	01:56:54.04	01:54:40.93
452	KAREN MCFADIAN		37	1533	01:59:23.24	01:54:41.74
453	SIMON STAFFORD		53	1948	01:57:41.25	01:54:44.53
454	WAYNE RICHARDS	fylde coast runners	57	1977	01:56:51.52	01:54:47.38
455	GARATH COULTER		47	8070	01:56:34.32	01:54:47.82
456	JACKSON GAUDIE	Marsh Lane Harriers	24	1350	01:57:55.53	01:54:49.54
457	BEN SINNOTT		33	1656	01:54:53.00	01:54:53.00
458	KATIE WILKINSON		19	1076	01:58:21.27	01:54:54.49
459	FERGAL CAMPBELL		37	1231	01:57:42.79	01:54:56.46
460	GRAHAM LLOYD	MOSSLEY HILL AC	51	8202	01:58:03.25	01:54:59.31
461	MILI MLADENOVIC		37	1991	01:58:31.02	01:54:59.82
462	JOHN BALLINGER		33	1156	02:05:32.93	01:55:01.20
463	JOHN KELLY	LIVERPOOL RUNNING BUGS	59	8185	01:58:41.74	01:55:08.99
464	DAVID PARKINSON		43	1101	01:59:29.73	01:55:18.79
465	MICHAEL RICE		49	1865	01:59:02.24	01:55:19.21
466	KIRSTY MACKENZIE	LIVERPOOL PEMBROKE & SEFTON	37	8211	01:56:59.49	01:55:20.54
467	HARVEY GEORGE		30	1874	02:02:44.99	01:55:22.26
468	KERRY TOMLINSON		51	1072	01:59:09.53	01:55:23.25
469	TOM HARRISON		19	1036	01:57:47.76	01:55:28.30
470	MARK WILMSHURST		55	8357	01:58:40.48	01:55:31.30
471	KATIE THOMPSON		27	1814	01:56:14.27	01:55:34.84
472	MARTIN GILMOUR	Lonely Goat RC	38	2012	02:03:08.96	01:55:35.03
473	EMMA MOORE		35	1053	01:58:28.48	01:55:35.24
474	STEPHEN PERRY-BYRNE		46	8262	01:58:20.50	01:55:35.51
475	ZAK TENNAH		0	2049	01:57:58.52	01:55:38.94
476	CRAIG STASIK		38	1677	01:58:41.77	01:55:40.20
477	LIZ SKUPSKI	Blackburn Road Runners	59	1658	01:56:53.79	01:55:45.33
478	PAUL BOTHAM	Thornton Cleveleys Running Club	51	2048	01:58:42.74	01:55:47.33
479	ALISON TABERNER		37	1692	01:59:46.98	01:56:00.71
480	EMMA FRASER	RUN SANDYMOOR	44	8115	02:02:24.99	01:56:02.23
481	JOHN MYERS	RUN SANDYMOOR	45	8248	02:02:25.49	01:56:02.68
482	PAUL DAVIS	BUCKLEY RUNNERS	46	8087	01:57:32.77	01:56:04.32
483	TOM GILL		33	1947	01:59:40.26	01:56:10.09
484	DAVID JOHNSTON		41	1454	01:59:56.50	01:56:14.09
485	NICOLA GILL		33	1946	01:59:40.00	01:56:14.30
486	LANGTON MBURAYI		47	2040	01:59:28.99	01:56:17.79
487	JOE CHAMBERS		33	8055	02:00:13.75	01:56:22.54
488	CARL PRATT		36	8267	02:02:20.98	01:56:23.38
489	PAUL MARSHALL	Lonely Goat RC	56	1516	02:01:17.50	01:56:26.97
490	PAUL BUSOW	WIDNES RUNNING CLUB	47	8046	01:58:49.73	01:56:28.94
491	JOSEPH CARTWRIGHT	Robin Park Runners 10k Wigan	58	1237	02:00:55.24	01:56:30.79
492	SARAH MILLS	CHESTER ROAD RUNNERS	31	8239	01:59:32.48	01:56:33.40
493	JOHN BROWN		58	1933	01:57:44.01	01:56:35.68
494	MIKE CONNOLLY		39	1831	01:59:07.27	01:56:43.57
495	MIKE BEGLEY		41	8023	01:57:36.24	01:56:44.94
496	RACHAEL BROOKFIELD		35	1944	01:58:58.51	01:56:46.51
497	DOROTHY PARKES	Preston Harriers	39	1066	02:00:23.23	01:56:47.03
498	KATH BIDDLE		48	1185	01:59:53.98	01:56:50.50
499	ANN CLEAVE	Red rose road runners	59	1255	02:00:10.97	01:56:52.64

500	ROBERT PERRY		67	1592	02:01:22.47	01:56:52.79
501	JULIAN EGAN		54	1321	02:00:52.96	01:56:53.98
502	ANDY DRILLINGCOURT		54	8094	01:58:17.49	01:56:55.26
503	MICHAEL OLIVER	Quakers	55	1972	01:57:59.01	01:56:55.82
504	ANNE KELLY	DRAGONS RUNNING CLUB SALE	45	8182	02:01:37.46	01:56:59.07
505	ANDREINA SALAZAR		33	1022	01:58:26.74	01:57:00.66
506	ADRIAN DE BEER		36	1023	01:58:28.03	01:57:01.20
507	VANESSA THOMSON		44	1891	01:58:32.04	01:57:02.72
508	DANIEL PAYNTER		37	1589	01:59:07.54	01:57:06.72
509	CLINT OLIVER		38	1579	01:59:49.75	01:57:18.05
510	ANDY NUGENT	Prestwich AC	44	1573	02:04:02.22	01:57:25.07
511	ANDREW WATKINSON		44	1960	02:00:13.51	01:57:28.90
512	WES HEYES	ROBIN PARK RUNNERS WIGAN	41	1406	02:01:54.11	01:57:29.06
513	STUART ABEL	Fylde coast runners	43	1125	01:59:03.01	01:57:32.93
514	MATTHEW HOMEWOOD	Holme Pierrepont Running Club	45	1877	01:59:08.73	01:57:35.56
515	LISA LOWERY		42	8205	02:01:48.97	01:57:35.78
516	SARAH PICKERILL	Southport Strollers	45	1860	02:01:51.23	01:57:36.55
517	KATHRYN CHESTER	Fylde Coast Runners	51	1246	01:59:29.25	01:57:39.56
518	NICHOLAS KING		56	1471	01:58:34.25	01:57:39.86
519	BENJAMIN NOON	Liverpool running Bugs	41	1571	02:01:49.73	01:57:41.21
520	ANDERS MALM		41	1511	02:01:24.73	01:57:45.79
521	JAMES BAILEY		25	1083	01:59:58.51	01:57:50.74
522	JAMES ACKROYD	South Leeds Lakers Running Club	36	1132	02:00:38.72	01:57:51.92
523	STEVEN PRESTON		49	1602	02:00:05.48	01:57:57.03
524	DAVID FRENCH	Marple Runners	52	1840	02:08:33.43	01:57:58.34
525	LEE EDMONDSON		46	1320	02:01:43.25	01:58:02.32
526	DAVID HIRST		56	1890	01:59:32.48	01:58:06.27
527	CLAIRE SHEWBRIDGE	Lostock AC	41	1834	01:58:51.51	01:58:07.20
528	MARK SCOTT	Liverpool Running Club	54	1641	02:00:39.75	01:58:09.56
529	BEN DARBY	PENSBY RUNNERS	39	8080	02:04:27.21	01:58:09.70
530	BEN SNAPE		33	1670	01:59:09.03	01:58:21.17
531	CHRIS JUDSON		50	1121	02:01:29.72	01:58:22.46
532	CHRIS CAIN		27	1230	02:02:01.21	01:58:23.65
533	MARK STOCKER	BTR ROAD RUNNERS	46	8319	02:00:39.72	01:58:25.22
534	IAN BURT	St Helens Striders	55	1226	02:06:14.47	01:58:32.10
535	IAIN HOBSON	BUCKLEY RUNNERS	43	8152	02:00:02.48	01:58:34.53
536	KATE ALLEN	WIRRAL AC	48	8006	02:01:23.73	01:58:35.51
537	KATE REYNOLDS		34	8276	01:59:26.48	01:58:37.18
538	MATTHEW HIRST		47	1414	02:00:35.49	01:58:43.59
539	SUSAN MARSLAND		60	1051	02:00:11.23	01:58:44.12
540	KEVIN ASKEW		46	1147	02:00:14.24	01:58:44.73
541	CRAIG YEOWART		0	1915	01:59:17.53	01:58:48.52
542	REBECCA FITZSIMMONS	Chorlton Runners	27	2044	01:59:36.51	01:58:49.26
543	CAROLA ROBINSON	MERSEY TRI	49	8289	02:00:16.49	01:58:53.65
544	GEMMA ADEN	ST HELENS STRIDERS	38	8004	02:04:30.97	01:58:56.57
545	DAVID MCDONALD	Lytham St Annes Road Runners Club	56	1993	02:00:30.25	01:58:58.93
546	MATT BALL		32	1155	02:01:31.00	01:58:59.78
547	ALAN KENNEDY		38	8187	02:01:16.22	01:59:01.90
548	CRAIG PEARCE		48	8259	02:00:25.48	01:59:02.46
549	ANDREW ROUGHLEY		37	8295	02:01:17.22	01:59:04.53
550	JO MORLEY		47	1556	02:08:56.17	01:59:04.81
551	SCOTT EVES		38	8105	02:01:16.74	01:59:06.05
552	DENNIS YARWOOD	SPECTRUM STRIDERS	55	8363	02:06:26.22	01:59:13.93
553	GREGG BEARDWELL		38	1990	02:06:18.93	01:59:16.16
554	LAURA OWEN	WARRINGTON RUNNING CLUB	34	8253	02:01:36.48	01:59:19.02
555	TOM GRIMOLDBY		35	1373	02:01:59.99	01:59:24.13

556	FRANCIS DAVIES	Marsh Lane Harriers	32	1292	01:59:55.00	01:59:25.67
557	NATALIE CROFT	Red Rose Road Runners	40	1863	02:02:46.21	01:59:26.76
558	CLAIRE HESKETH	TEESDALE AC	59	8148	02:04:18.73	01:59:27.74
559	STEVE JOHNSTON		48	1021	02:00:26.02	01:59:33.51
560	ANDREW GREEN	BTR ROAD RUNNERS	50	8131	02:03:26.48	01:59:37.55
561	TAREK SALEM HANY		53	1633	02:03:31.73	01:59:38.75
562	MARK MADLE		57	8213	02:02:23.98	01:59:40.23
563	VIKKI JONES	Blackburn Road Runners	43	1459	02:00:49.51	01:59:41.17
564	DUNCAN SINGLETON		47	1655	02:03:21.71	01:59:49.22
565	GRAHAM KNOWLES	DOCKSIDE RUNNERS	51	8192	02:03:08.96	01:59:54.27
566	BUFFER WOODS		41	1107	02:02:11.22	01:59:55.52
567	IAN WILLIAMS		54	1758	02:02:13.47	01:59:56.78
568	DAVID GREEN		42	1366	02:03:38.72	02:00:00.05
569	JASON DWAN		46	8096	02:01:34.23	02:00:04.01
570	REBECCA LONG		22	1501	02:03:38.00	02:00:09.00
571	JONATHAN DYSON		63	1316	02:01:36.77	02:00:12.46
572	SUE STEWART	SouthportWaterloo AC	74	1921	02:03:40.21	02:00:13.99
573	CAROL O'HARE	Manchester YMCA Harriers	63	1575	02:01:47.71	02:00:14.30
574	EMMA BEARDWELL		41	1981	02:07:22.44	02:00:19.44
575	SIMON GAVIN		46	1351	02:04:15.96	02:00:33.41
576	JOHN BILBAO	Hereford Tri club	66	1853	02:02:27.21	02:00:33.57
577	ANDY ATKINSON	Red Rose Road Runners	36	1148	02:02:12.73	02:00:34.95
578	JOHN OGG	Quays Running Club	45	1578	02:10:13.40	02:00:39.37
579	BEV MANNION		41	1513	02:08:12.95	02:00:40.34
580	JAN MCARD	WALLASEY AC	50	8220	02:01:35.48	02:00:40.95
581	PAUL PHILLIPS		57	1594	02:08:14.46	02:00:41.16
582	JENNY RANDLE	lonely goat rc	45	1610	02:04:46.45	02:00:41.64
583	STEPHEN WATSON		41	1742	02:03:28.97	02:00:43.36
584	LAWSON LEEFE		34	1489	02:03:34.71	02:00:45.84
585	JAMES RIDING		45	8279	02:03:05.96	02:00:45.86
586	BRENDA CAHILL	ST HELENS STRIDERS	63	8048	02:04:31.23	02:00:52.30
587	JOHANNA MCMANUS	Lostock AC	39	1815	02:06:03.73	02:00:52.89
588	SHARON SWIFT		53	8322	02:04:33.45	02:00:54.29
589	JOHN HOUGHTON	Run Sandymoor	62	1424	02:04:27.75	02:01:00.04
590	CHRIS HAMMOND		39	1922	02:02:51.98	02:01:03.55
591	ANITA PORTER	Chorley Athletics and Triathlon Club	48	1597	02:01:54.99	02:01:05.20
592	MIM EATON	Kirkby miles ac	57	1318	02:02:41.50	02:01:08.50
593	CLARE ALLEN	VICTORIA PARK RUNNING CLUB,	46	8005	02:04:29.20	02:01:09.75
594	SHAUN WARBURTON		32	1002	02:02:23.73	02:01:10.82
595	PAUL UNDERWOOD		41	1720	02:04:52.20	02:01:11.77
596	MATT WOOD	Sandbach Striders	64	1079	02:03:56.50	02:01:12.81
597	KAREN PARKINSON		39	2036	02:11:48.93	02:01:25.47
598	NICK TAN		45	8326	02:04:55.98	02:01:32.19
599	JOHN BROWN	PENNY LANE STRIDERS	62	8042	02:05:05.70	02:01:35.52
600	MELISSA HASLAM		28	1852	02:04:07.00	02:01:36.00
601	STUART ISHERWOOD		40	1442	02:05:22.95	02:01:39.77
602	LOUISE KEENAN		49	1465	02:02:37.48	02:01:40.48
603	DOUG MCKEEVER	H Middleton Cc	43	1539	02:04:31.23	02:01:51.54
604	MARK VAUGHTON	Blackburn Road Runners	50	1724	02:03:12.72	02:02:01.14
605	GEMMA BOWKER		35	1005	02:04:12.96	02:02:08.02
606	HAZEL BIGLEY	Thornton Cleveleys Running Club	55	1186	02:06:55.44	02:02:08.51
607	JOSH MOON		35	1006	02:04:13.45	02:02:10.73
608	MENNA GOODWIN	WARRINGTON RUNNING CLUB	49	8126	02:04:27.54	02:02:11.23
609	AARON DAVIS	Quays running club	29	1295	02:11:45.65	02:02:11.46
610	STEPHANIE HUMPHRIES	WARRINGTON RUNNING CLUB	30	8164	02:04:27.21	02:02:11.63
611	NICOLA CRITCHLOW	WARRINGTON RUNNING CLUB	48	8075	02:06:09.20	02:02:13.17

612	JESSICA CRITCHLOW		19	8074	02:06:07.47	02:02:13.52
613	MATT ROUTLEDGE		48	8297	02:03:20.70	02:02:17.04
614	KELLY ALFORD	North Wales road runners	37	1104	02:08:46.42	02:02:17.66
615	EDDIE HAMILTON	red rose road runners	51	1383	02:02:37.22	02:02:17.76
616	MATTHEW GREENWOOD		33	1369	02:05:08.94	02:02:20.53
617	CLAIRE FORREST		47	1336	02:13:45.67	02:02:42.21
618	SAMANTHA EDWARDS	RED ROSE ROAD RUNNERS	34	8099	02:03:54.70	02:02:44.01
619	RONNIE WRIGHT		62	1787	02:03:59.98	02:02:44.02
620	LASMA BLAZEVICA		30	2029	02:05:36.94	02:02:47.03
621	STEVE MURPHY	Red Rose Road Runners	50	1098	02:03:58.70	02:02:49.01
622	JOHN NAYLOR	Red Rose Road Runners	40	1567	02:03:59.24	02:02:50.79
623	RACHEL SMITH	Vet runners uk	44	1664	02:09:14.18	02:02:52.74
624	SARAH WILSON	Preston Harriers	37	1766	02:12:13.92	02:02:52.83
625	JOHN TAYLOR	WARRINGTON RUNNING CLUB	50	8327	02:05:10.74	02:02:53.28
626	TRACEY CARR	Liverpool Running Bugs	56	1086	02:09:59.41	02:02:55.57
627	GEORGE KENDALL		45	1467	02:03:32.46	02:02:55.84
628	DANIEL HIGGINS	Blackpool Wyre and Fylde AC	41	1410	02:12:18.40	02:02:56.83
629	STUART RAYNER-SMITH		52	2001	02:05:57.23	02:03:00.93
630	RACHEL RICK	PENNY LANE STRIDERS	62	8278	02:07:54.93	02:03:04.39
631	SARAH JACKSON	PENNY LANE STRIDERS	43	8170	02:07:55.21	02:03:04.67
632	JENNIFER REEVE		39	2046	02:03:39.25	02:03:06.09
633	TIM ABLETT		47	1127	02:04:36.77	02:03:08.44
634	SAMANTHA BENTALL	Penny Lane Striders	55	2013	02:07:57.93	02:03:08.64
635	HELEN HIBLE		42	1833	02:07:29.21	02:03:10.75
636	ELLIE IRELAND	SOUTHPORT AND WATERLOO AC	41	8169	02:07:28.42	02:03:13.23
637	EDWARD TYSON		38	8344	02:06:24.68	02:03:14.00
638	MARK GRIFFITHS		40	8134	02:05:54.19	02:03:16.93
639	LOUISA NORMAN		52	1572	02:07:20.68	02:03:21.87
640	JOSHUA RAWLINS-WILLIAMS	MOSSLEY HILL AC	29	8273	02:07:09.68	02:03:23.40
641	IAN MCCULLOUGH		55	1526	02:07:32.19	02:03:25.62
642	ALEX RAE	Mossley Hill AC	29	1931	02:07:12.21	02:03:25.94
643	SHANE NEWTON		47	1570	02:04:46.97	02:03:26.67
644	DANIELLE MCEWAN	LIVERPOOL RUNNING BUGS	35	8226	02:08:15.92	02:03:32.75
645	IAN RAYMOND	BTR ROAD RUNNERS	51	8274	02:06:57.43	02:03:34.57
646	ROBERT SCOTT-NORTON	Robert Scott-Norton	45	1955	02:06:51.20	02:03:36.99
647	PAUL HAYES		0	1804	02:08:16.19	02:03:37.83
648	KATARZYNA TALAROWSKA		36	1694	02:04:14.52	02:03:39.40
649	CATHY BROWNLOW		41	8044	02:05:06.19	02:03:42.74
650	PASQUALE SARNO		30	1639	02:06:29.95	02:03:46.81
651	RAFAL DUSZA		45	1314	02:05:32.19	02:03:51.41
652	KENNETH NOBLE		67	1862	02:07:00.43	02:03:53.75
653	DAVID SEDDON		55	1646	02:06:28.00	02:03:57.30
654	MIKE BURNS		54	1224	02:05:35.94	02:03:58.01
655	SHARRON AINSLIE		49	1861	02:07:03.22	02:03:58.16
656	PETER MORGAN	PENNY LANE STRIDERS	66	8243	02:14:32.38	02:03:58.79
657	STEPHEN SYMONS	QUAYS RUNNING CLUN	55	8323	02:10:15.92	02:03:58.89
658	ROBBIE TRECARCHI	LIVERPOOL RUNNING BUGS	46	8342	02:06:06.72	02:04:10.71
659	DAN COTTIER-BROWN		38	1265	02:06:03.43	02:04:12.37
660	BOB BLOCK	RUN SANDYMOOR	68	8031	02:07:59.73	02:04:25.30
661	LEE CUNNINGHAM		47	8077	02:06:31.96	02:04:26.46
662	NICK HAYES		47	1934	02:08:12.95	02:04:28.38
663	KAREN SIMPSON	Garstang running club	51	1653	02:05:58.97	02:04:32.05
664	POLLY TOMLINSON		52	1073	02:08:21.45	02:04:34.92
665	LYNN ECCLESTON		43	1829	02:08:02.45	02:04:37.92
666	JONATHAN ROYLE		43	1630	02:06:33.93	02:04:38.91
667	MATTHEW VANSTONE		33	1966	02:08:17.92	02:04:47.75

668	CLAIRE BRIERLEY BENSON		40	1210	02:09:17.69	02:04:50.04
669	STEVEN MARSLAND		54	1052	02:06:22.95	02:04:52.97
670	PETER COX		48	1020	02:05:44.46	02:04:53.76
671	LOUISE VENESS		43	1017	02:07:36.18	02:05:07.80
672	JAMES CARRIER		40	1016	02:07:37.45	02:05:09.22
673	CLAIRE LARGE		46	1043	02:07:00.18	02:05:11.75
674	LYNNE KNOWLES	Blackburn Road Runners	48	1477	02:06:25.47	02:05:16.09
675	GARETH JAMES	Southport Waterloo AC	54	1953	02:07:20.98	02:05:22.18
676	PHILIP DAVIES		54	1290	02:06:47.93	02:05:28.63
677	MICK WIDDOP	Lytham St Annes RR Club	50	1753	02:08:36.11	02:05:31.81
678	JANE MARSHALL	ST HELENS STRIDERS	47	8217	02:06:41.94	02:05:32.50
679	VICKY BARRETT		56	8020	02:09:50.94	02:05:39.98
680	ANTONY ANDERTON		41	1138	02:15:31.38	02:05:41.61
681	JAYNE HURST	Freck & Warton Running Club	48	1438	02:15:07.67	02:05:41.82
682	PAUL BROGDEN	Freck & Warton Running Club	50	1212	02:15:11.88	02:05:45.91
683	ROB ELLIOTT		53	1322	02:09:34.41	02:05:45.95
684	GILL POWER		53	1601	02:10:14.94	02:05:49.26
685	NATALIE QUINN	Robin Park Runners Wigan	36	1836	02:10:15.93	02:05:49.55
686	JAMES BUTTERWORTH		43	1228	02:10:16.21	02:05:49.83
687	NATASHA PRESTON		33	1979	02:11:20.91	02:05:58.81
688	JANE ROBINSON		53	1622	02:13:37.88	02:06:07.94
689	ELEANOR ROBERTS	SPECTRUM STRIDERS	54	8285	02:07:16.45	02:06:11.10
690	MARIA SEED		29	1647	02:09:09.43	02:06:18.26
691	ANDY BAXTER		37	1122	02:08:57.67	02:06:27.95
692	TONY GREEN	PENNY LANE STRIDERS	64	8133	02:10:14.66	02:06:28.39
693	DERMOT FERGUSON	WALLASEY AC	58	8107	02:09:10.67	02:06:28.76
694	EAMONN BRADY	PENNY LANE STRIDERS	53	8037	02:11:22.65	02:06:34.87
695	MANDY OWEN		45	1064	02:09:22.93	02:06:35.84
696	VICKI WOODS		41	1106	02:09:09.92	02:06:40.99
697	REBECCA COTHAM		41	2053	02:09:09.92	02:06:41.42
698	DARREN LING		47	1495	02:09:42.17	02:06:49.48
699	DAVID ROSTHORN		63	1628	02:08:52.92	02:06:49.74
700	IAN MERCER	Lonely Goat RC	49	1545	02:09:42.20	02:06:50.20
701	ALEISHA HIBBERT		25	1409	02:08:07.44	02:06:53.39
702	JOANNE HILL	CHORLTON RUNNERS	50	8150	02:14:29.89	02:06:53.84
703	HEIDI MCDONALD		49	1530	02:08:07.69	02:06:53.87
704	LOUISE JOHNSON		53	1453	02:11:00.93	02:06:55.12
705	DONNA MAZUR	Blackburn road runners	48	1522	02:08:08.20	02:06:57.27
706	ALISON MERCER	RED ROSE ROAD RUNNERS	60	8235	02:08:15.21	02:07:04.85
707	CAI ROBERTS	North Wales Road Running Club	37	1105	02:13:35.64	02:07:06.93
708	DAVID BARROW	Kirkby Milers AC	64	1954	02:09:48.19	02:07:08.81
709	HELEN BRODERICK	ST HELENS TRI	51	8039	02:08:31.69	02:07:09.92
710	PAULA DAVIES		42	8084	02:12:00.92	02:07:18.66
711	ROBERT DAVIES		41	8083	02:12:02.15	02:07:20.26
712	TANIA COCKCROFT		54	1819	02:10:45.68	02:07:20.96
713	STACEY CLARK	Widnes Wasps Ladies Running Club	30	1251	02:08:10.21	02:07:30.40
714	HELEN GREENHALGH	Wesham Road Runners	43	1368	02:11:08.94	02:07:42.00
715	SHELLEY HIGNETT	KNOWSLEY HARRIERS AC	34	8149	02:11:26.43	02:07:49.80
716	ROB HEBDON		49	1936	02:09:43.18	02:07:51.08
717	CAMERAN EDGECOMBE		21	1319	02:08:10.47	02:07:51.27
718	NEELA RATHOD		43	1873	02:11:06.69	02:07:52.59
719	MARCUS DARBY		45	8079	02:14:19.64	02:07:53.32
720	ROBERT TODD	DRAGONS RUNNING CLUB SALE	59	8336	02:12:35.18	02:07:57.26
721	EILEEN KNOWLES		65	1476	02:08:28.93	02:07:58.56
722	RACHEL CARTWRIGHT	WARRINGTON RUNNING CLUB	43	8052	02:10:20.70	02:08:05.53
723	MARY BOWDEN		55	1198	02:09:05.67	02:08:06.14

724	PAUL GREGORY		49	1907	02:10:21.91	02:08:12.18
725	GARETH THOMAS		40	1930	02:10:23.16	02:08:13.43
726	DANNY LOFTUS		41	1500	02:10:09.15	02:08:27.07
727	SUZANNE WILLIAMS		47	1085	02:10:09.92	02:08:31.24
728	CHRIS DISLEY		41	1024	02:12:18.90	02:08:36.82
729	JOANNA DISLEY		43	1025	02:12:18.90	02:08:36.96
730	MARTYN HUGHES	Liverpool Running Club	47	2050	02:11:34.17	02:09:03.23
731	DAVIE THOMPSON	LIVERPOOL RUNNING CLUB	36	8364	02:11:33.95	02:09:04.32
732	REBECCA SIMPSON		43	1047	02:12:28.39	02:09:06.33
733	STUART HARRISON	PENNY LANE STRIDERS	36	8139	02:11:47.40	02:09:09.95
734	BARRY POWELL		57	1600	02:12:55.67	02:09:12.51
735	DAVE PEARSON		46	1590	02:15:14.37	02:09:15.88
736	MARK FALLON		52	1328	02:11:34.65	02:09:16.73
737	CLAIR BALDOCK	WARRINGTON RUNNING CLUB	48	8016	02:11:32.65	02:09:17.59
738	EMMA ANDERSON	VEGAN RUNNERS UK	39	8008	02:11:53.16	02:09:19.02
739	DAN FEARNs		61	1856	02:11:53.65	02:09:19.27
740	ANDY BUCKLEY		41	1221	02:13:38.18	02:09:26.07
741	WESLEY DAVIES		39	1284	02:14:09.16	02:09:27.66
742	MARIANNE MANSON	DOCKSIDE RUNNERS	41	8214	02:12:42.39	02:09:27.85
743	HELEN DAVIES	Fylde coast runners	57	1289	02:11:18.90	02:09:37.37
744	RACHEL FINCH	Warrington running club	31	2024	02:11:58.93	02:09:43.96
745	PAUL TODD	DH Runners	49	1712	02:10:59.96	02:09:45.39
746	JOHN TRANTOM		49	8341	02:11:25.16	02:09:46.42
747	TREVOR SKEEN		56	1975	02:15:37.42	02:09:49.06
748	LAURA CARTER	WIDNES RUNNING CLUB	39	8051	02:15:44.62	02:09:52.61
749	KATH JUMP	Blackburn Road Runners	47	1462	02:11:06.95	02:09:55.83
750	STEVE RUANE		50	8298	02:13:09.90	02:09:59.64
751	CHRIS GORDON		34	2043	02:12:47.39	02:10:00.91
752	KATHRYN WARD	Thornton Cleveleys	53	1738	02:18:41.10	02:10:01.88
753	DAISY QUINN		29	1041	02:14:04.63	02:10:02.06
754	JOANNE LISTER-WARD	Thornton running club	47	1496	02:16:00.16	02:10:02.93
755	MICHAEL HUTTON		30	1042	02:14:07.39	02:10:04.81
756	CHRISTOPHER QUINN		31	1607	02:14:07.67	02:10:05.10
757	STEVEN TIBBS		38	1708	02:14:33.17	02:10:06.27
758	KATIE TOWLER		41	8339	02:16:18.61	02:10:06.29
759	KATHRYN WALKER		51	1731	02:11:58.14	02:10:11.22
760	KATY WHITEHEAD		37	1019	02:20:29.85	02:10:11.46
761	LEFTERIS SERIATOS	Robin park runners	52	1843	02:12:56.43	02:10:14.51
762	BROGAN KAY		24	1464	02:12:00.67	02:10:16.01
763	KELLY PORTER		40	1598	02:13:11.14	02:10:20.77
764	KATHY WINSTANLEY		50	1772	02:14:42.91	02:10:24.45
765	TONY FIELD		35	1332	02:13:03.17	02:10:27.74
766	SARA LANGTON		37	1484	02:14:32.43	02:10:29.72
767	WENDY HEBBLETHWAITE	Wesham Road Runners	41	1400	02:14:02.42	02:10:34.02
768	HEATHER-MARIE MILLINGTON		33	1550	02:12:55.40	02:10:36.80
769	SHEILA GAREWAL	Lostock AC	64	1935	02:15:48.92	02:10:37.37
770	STEVE HARRISON	Lonely Goats RC	54	1835	02:15:17.91	02:10:40.35
771	JOOST VOSSEBELD		50	8348	02:14:22.14	02:10:49.06
772	ALAN ROTHERHAM	BALLYGALGET ATHLETICS CLUB	39	8294	02:15:29.87	02:10:49.08
773	NATHAN TANNER		20	1984	02:11:11.68	02:10:57.45
774	RICHARD WHEELER		50	1746	02:14:47.91	02:10:59.01
775	JOHN HERRIOTT	St Helens Striders	44	1404	02:19:33.36	02:10:59.33
776	MICHAEL FAZAKERLEY		49	2034	02:17:06.14	02:10:59.97
777	HEATHER MITCHELL	Dewsbury Road Runners	68	1551	02:15:20.65	02:11:00.99
778	PAUL BRADBURY		48	1202	02:15:00.90	02:11:12.72
779	JO HERRIOTT	ST HELENS STRIDERS	44	8147	02:16:52.12	02:11:17.67

780	SUE STRICKLAND	DRAGONS RUNNING CLUB (SALE)	60	8320	02:15:56.37	02:11:17.70
781	PAUL QUIGLEY	RUN SANDYMOOR	58	8270	02:14:56.40	02:11:19.29
782	CHRISTOPHER HAWLEY		36	1396	02:12:18.43	02:11:20.72
783	DEBBIE SLATER		39	1660	02:13:15.14	02:11:21.05
784	BRETT STEVENS	Fylde coast runners	47	1680	02:13:17.14	02:11:26.13
785	FRANCESCA TODD		50	8337	02:15:51.90	02:11:37.47
786	MATTHEW HARVEY	PENNY LANE STRIDERS	43	8142	02:18:03.36	02:11:52.63
787	ANGELA DELAHUNTY		34	8090	02:16:01.87	02:11:54.10
788	GERTRUDE MUSUKA		46	2041	02:15:11.40	02:11:59.61
789	KATIE BENSON	North Bolton Runners	41	1182	02:16:10.87	02:12:11.42
790	AMY CARAPANAGIOTU		35	1233	02:16:25.12	02:12:19.94
791	REBECCA IBBOTT		34	1440	02:16:26.63	02:12:21.50
792	ANDREW HURST		34	8167	02:16:04.87	02:12:25.34
793	ANDREW MOXHAM		47	1805	02:13:22.65	02:12:33.35
794	TERRY WILLIAMS		55	1756	02:16:33.39	02:12:39.94
795	REBECCA MCKENNA	ST HELENS STRIDERS	47	8230	02:14:01.63	02:12:48.42
796	JO MATTHEWS		56	1520	02:15:52.93	02:12:51.98
797	REBECCA VARNOUSE	PENNY LANE STRIDERS	39	8345	02:19:02.60	02:12:53.30
798	SUE WICKHAM	PRESTON HARRIERS	60	1752	02:15:06.91	02:13:00.95
799	HELEN MOFFAT		57	8241	02:15:45.13	02:13:01.28
800	RACHEL STEVENS	Lostock AC	39	1679	02:15:51.16	02:13:03.16
801	DARREN HILL		47	1411	02:14:02.15	02:13:07.48
802	SANDRA MORRIS	Robin Park Runners Wigan	51	1821	02:20:15.84	02:13:07.89
803	JODIE DANNER		39	1282	02:20:17.37	02:13:09.01
804	DAVID STEEL	Mile Shy Club	45	1999	02:17:35.38	02:13:15.11
805	ANDREW TAIT		50	1693	02:14:50.91	02:13:17.33
806	GEORGINA HAMPSON		28	1385	02:16:37.14	02:13:18.53
807	STUART BROWN		59	1216	02:17:26.87	02:13:29.76
808	VAIBHAV TRIPATHI		33	1716	02:17:29.64	02:13:31.20
809	MARK BRENNAN		48	1009	02:17:11.89	02:13:36.84
810	CAROLINE MCCLELLAND		57	1524	02:14:30.64	02:13:51.73
811	JOE ABBOTT	PENNY LANE STRIDERS	39	8001	02:15:52.37	02:13:53.02
812	JIM MOODIE	wigan harriers	64	1094	02:16:57.64	02:13:57.20
813	CRAIG TESSYMAN	LIVERPOOL RUNNING BUGS	38	8332	02:15:27.89	02:14:04.30
814	CHRIS LLOYD		35	1499	02:18:00.13	02:14:04.90
815	ELAINE PARRY		42	8257	02:19:47.89	02:14:12.86
816	AMANDA GALLAGHER		53	1345	02:14:39.13	02:14:13.17
817	EMILY CALLON-JACKSON		23	1937	02:14:40.92	02:14:14.86
818	LIAM MCGREAVY		27	1537	02:15:47.88	02:14:15.84
819	NICKY COOPER		45	8065	02:18:34.85	02:14:16.31
820	CLAIRE BREWER	Blackburn Road Runners	44	1209	02:15:25.13	02:14:18.67
821	STEPHEN COOK		55	2002	02:15:02.14	02:14:19.03
822	CAROLE BAILEY		46	1150	02:24:59.33	02:14:32.56
823	STEPHEN LACEY		54	1482	02:17:25.36	02:14:37.14
824	STEPHANIE STANKIEWICZ		38	1676	02:18:24.10	02:14:46.02
825	CHRIS LAW		41	1485	02:16:26.63	02:14:58.02
826	VICTORIA FORD	PENSBY RUNNERS	30	8112	02:17:13.11	02:14:59.19
827	THOMAS HAMPTON	RUN SANDYMOOR	61	8137	02:18:35.89	02:15:05.72
828	ALISON FOSTER	Robin park runners Wigan	37	1339	02:22:16.59	02:15:09.18
829	LESLEY MCGRIL	St Helens Striders	45	1535	02:19:49.16	02:15:14.22
830	KAREN JOHNSON		40	1452	02:19:33.86	02:15:15.40
831	PAULA PLOWMAN	RED ROSE ROAD RUNNERS	57	8264	02:20:13.12	02:15:19.79
832	MARTIN SIMPSON	RED ROSE ROAD RUNNERS	31	8309	02:20:14.13	02:15:20.80
833	WENDY FOSTER		51	1337	02:18:18.35	02:15:27.98
834	MARK LOWE		38	1048	02:18:57.36	02:15:35.63
835	JOANNE THURLWELL		55	1110	02:18:17.36	02:15:37.77

836	HELEN DUTTON	Wesham Road Runners	38	1315	02:19:14.61	02:15:46.03
837	PAUL HUNTER		36	8166	02:19:13.35	02:15:47.46
838	CARL MACKENZIE		36	1790	02:22:02.58	02:15:57.98
839	JENNY MULLINEAUX		37	1562	02:18:49.85	02:16:03.81
840	PETER JONES		61	8179	02:19:43.35	02:16:11.22
841	LUKE SKELLY		24	1657	02:18:27.87	02:16:12.87
842	CHRISTOPHER LE MAIRE		48	1976	02:16:14.12	02:16:14.12
843	CLAIRE ABERDEEN	Widnes Running Club	55	1126	02:17:41.36	02:16:16.13
844	PENNY WORTHINGTON	Widnes Running Club	53	1784	02:17:44.40	02:16:19.45
845	CHRISTOPHER LEE	LIVERPOOL RUNNING BUGS	52	8199	02:25:10.34	02:16:19.48
846	PETER MAGUIRE		62	1508	02:19:46.10	02:16:23.15
847	NATHAN HALL		31	1378	02:22:24.09	02:16:29.41
848	SCOTT STEELE		34	1678	02:20:14.85	02:16:30.60
849	TANYA LEARY		40	8198	02:21:27.11	02:16:37.87
850	PETER KNIGHT		56	8191	02:18:44.11	02:16:40.67
851	JOANNE ADAMSON		43	1134	02:19:57.87	02:16:56.43
852	LEO STEVENSON		57	8317	02:19:59.10	02:17:05.14
853	BECKY SMITH	Southport Coasters	45	1669	02:21:23.61	02:17:07.40
854	LINDSAY BRADLEY		30	1205	02:17:40.36	02:17:09.05
855	KIRSTY BRYAN		43	1013	02:18:50.65	02:17:11.95
856	SUSAN HEATLEY	Red Rose Road Runners	42	1920	02:20:10.62	02:17:12.60
857	PAULA ADAMSON		49	1837	02:26:45.33	02:17:13.82
858	GEORGIA BRENNAN		22	1010	02:20:57.85	02:17:22.94
859	LIZ HODGKINSON	Prestwich Athletics Club	31	1031	02:23:03.58	02:17:38.28
860	PAUL BRYAN		39	1012	02:19:00.88	02:17:40.88
861	ALLAN HOWARD	Red Rose Road Runners	65	1425	02:19:53.35	02:17:45.49
862	JULIE WILLIAMSON	Horwich RMI Harriers	52	1764	02:24:05.34	02:17:46.62
863	JOSEPHINE GALLAGHER		46	8119	02:21:50.11	02:17:53.66
864	DENISE RYLEY	Wigan & District H & AC	47	1632	02:21:01.12	02:17:57.38
865	LAURA-JEAN TAYLOR		32	1696	02:24:16.32	02:18:12.90
866	KEVIN LEADBETTER		41	1962	02:21:39.36	02:18:13.85
867	MAURICE HILL	Shabbarunners	59	1413	02:22:57.09	02:18:20.75
868	ELAINE WOOD	Sandbach Striders	64	1078	02:21:08.59	02:18:23.90
869	VICTORIA HANNAH		31	1387	02:21:37.59	02:18:30.05
870	PAUL DILLON		41	1903	02:19:15.11	02:18:51.65
871	COLIN MANNING	Red Rose Road Runners	39	1887	02:20:11.60	02:18:53.56
872	MOLLIE HARRISON		24	1035	02:21:15.13	02:18:56.59
873	ALAN APPLETON		65	1964	02:23:07.82	02:19:00.71
874	SOPHIE BLOW	Bramley Breezers	36	1195	02:21:44.34	02:19:04.75
875	DERYCK HUTCHINSON	DH Runners	65	1439	02:21:11.59	02:19:14.95
876	CARL STEWART	RUN SANDYMOOR	48	8318	02:22:47.83	02:19:17.00
877	EMMA WRIGHT		47	1785	02:24:03.35	02:19:20.43
878	HELEN HOWARD		34	1426	02:25:57.33	02:19:49.29
879	MARTINA RICE		46	8277	02:25:13.31	02:19:56.38
880	LESLEY JONES		54	1458	02:22:00.09	02:19:58.47
881	SUSAN ROBERTS		47	8286	02:23:56.32	02:20:18.52
882	LAURA BRAY		48	1208	02:24:34.83	02:20:31.24
883	TEMP14 TEMP14		21	8370	02:25:21.56	02:20:34.14
884	ABBY BARAVIK		23	1084	02:22:13.83	02:20:35.35
885	JAYNE HAMILTON	ISABELLA-ROSE FOUNDATION	53	8136	02:23:24.33	02:20:42.32
886	FRAN GUGI		58	1375	02:24:38.83	02:20:50.50
887	SAMANTHA MORRIS		43	1557	02:24:41.33	02:20:53.33
888	GREG WOODLEY		46	1777	02:24:29.56	02:20:57.19
889	ANGELA BAMBER		48	1810	02:22:05.84	02:21:14.17
890	JUDE BLACKMORE	Penny Lane Striders	54	1192	02:24:26.86	02:21:14.80
891	ANKITA SRIVASTAVA		37	1675	02:24:32.09	02:21:16.93

892	KEVIN WHITE		57	1932	02:24:29.56	02:21:17.08
893	CLAIRE KIRK		39	1473	02:31:43.53	02:21:20.20
894	CARRIE MUGAN		43	1878	02:25:43.06	02:21:24.60
895	AMANDA HOLLIS		27	1421	02:31:46.07	02:21:24.87
896	TRAVEY LYON		43	8207	02:23:08.33	02:21:44.37
897	HELEN EATON	Kirkby Milers	49	1859	02:23:22.84	02:21:46.82
898	BECKI HARRISON	Kirkby Milers	21	1118	02:23:24.33	02:21:48.71
899	YUVES NAIDOO		49	8249	02:29:13.34	02:22:01.05
900	THOMAS GLOVER		36	1080	02:25:29.07	02:22:13.51
901	PETER GLOVER		62	1081	02:25:30.09	02:22:14.92
902	CAROLYN EDWARDS		50	1879	02:24:29.83	02:22:18.87
903	EMMA STOKES		53	1985	02:24:44.06	02:22:20.59
904	JULIE MORRISON	Vegan Runners	52	1056	02:24:32.59	02:22:20.83
905	KAREN ARKWRIGHT		38	1875	02:24:32.59	02:22:21.29
906	NEILL TAYLOR	LIVERPOOL RUNNING CLUB	55	8328	02:24:26.81	02:22:22.68
907	JACQUIE COSTELLO	LIVERPOOL RUNNING CLUB	49	8069	02:24:30.35	02:22:25.46
908	NIALL ROWAN		45	1629	02:24:21.62	02:22:26.27
909	KEL WOOD		48	1928	02:24:20.56	02:22:26.91
910	ELAINE CUNNINGHAM	LIVERPOOL RUNNING CLUB	41	8076	02:24:36.38	02:22:30.82
911	MARK HARRISON	Robin Park Runners	53	1392	02:27:06.81	02:22:32.31
912	FRANCESCO SPINELLA	wigan harriers	55	1674	02:27:05.32	02:22:32.81
913	DIANE TAKTAK	ST HELENS TRI	53	8325	02:25:18.32	02:22:36.09
914	JAY SMITH	LIVERPOOL RUNNING CLUB	44	8314	02:27:15.82	02:22:41.31
915	SARAH GRADY		48	8129	02:27:17.60	02:22:42.97
916	TERENCE MCNULTY		54	1542	02:23:24.33	02:22:44.57
917	INMA RUIZ		49	8299	02:32:19.52	02:22:49.03
918	TIM BYRNE		51	1229	02:26:46.06	02:22:56.37
919	PAUL KENYON	Red Rose Road Runners	50	1901	02:24:34.33	02:23:16.66
920	CHELLA BLACKMAN		29	1988	02:27:07.31	02:23:18.03
921	SHARON STOCK		50	1681	02:26:19.33	02:23:24.45
922	SUZIE WALMSLEY		57	1734	02:26:20.05	02:23:25.50
923	PAULINE CLANCY		67	1855	02:23:54.61	02:23:32.55
924	STUART WHITEHEAD	Tri-Rivington	46	1748	02:25:00.11	02:23:33.91
925	JEANETTE MCDONALD		48	1529	02:26:54.57	02:23:34.87
926	SUZANNE PEUKER		40	8263	02:28:08.83	02:23:50.37
927	LOUISE WAINWRIGHT	Thornton Cleveleys Running Club	53	1727	02:32:50.01	02:24:07.10
928	SARA MORRIS	BTR ROAD RUNNERS	50	8244	02:26:37.06	02:24:13.96
929	ELLIE MICHAEL		39	8237	02:26:40.08	02:24:16.61
930	BECKIE WATERTON	BTR ROAD RUNNERS	39	8352	02:26:40.85	02:24:17.28
931	COLIN LAMPREY	PENSBY RUNNERS	60	8193	02:24:59.83	02:24:19.93
932	DAVE MARLAND	BTR ROAD RUNNERS	60	8215	02:26:41.84	02:24:25.04
933	DAVE REID		60	1614	02:25:55.31	02:24:29.51
934	HELEN MURPHY	Red Rose Road Runners	56	1099	02:25:48.09	02:24:38.15
935	THOMAS WOODWARD		23	1781	02:28:07.56	02:24:39.26
936	HELENA MEDLOCK		23	1543	02:28:07.56	02:24:39.65
937	DAVID ASHCROFT		42	8011	02:26:47.30	02:24:40.11
938	MICHELLE SOLLER		44	1671	02:27:08.06	02:24:55.47
939	JACKIE GOODEN		55	1359	02:35:22.03	02:25:00.30
940	STUART BLACKBURN	WARRINGTON RUNNING CLUB	55	8029	02:27:41.06	02:25:00.31
941	ALEX MOODIE		36	1095	02:29:05.57	02:25:01.46
942	JACKIE ELLIS	St Helens Striders	61	1030	02:30:11.53	02:25:36.27
943	BRIAN DAVIES	St Helens Striders	55	1285	02:30:29.78	02:25:41.56
944	LAURA MORRIS	Fylde Coast Runners	32	1558	02:30:46.05	02:25:46.86
945	PETER STOKES		61	1986	02:28:18.29	02:25:52.46
946	ANNA SWAILES		38	1690	02:28:29.55	02:25:56.82
947	PETER DAVIES	MOSSLEY HILL AC	63	8082	02:31:14.78	02:26:04.32

948	ELAINE FRASER	WARRINGTON RUNNING CLUB	44	8114	02:29:38.29	02:26:21.36
949	STEPHEN PARR		49	8256	02:31:11.04	02:26:24.43
950	JENNY BARROW		49	8021	02:31:13.29	02:26:25.70
951	EMILY YARWOOD		23	8362	02:33:53.54	02:26:43.63
952	ADAM BULL		53	1014	02:27:55.57	02:26:54.36
953	KIM BLINSTON		39	1194	02:33:23.77	02:26:56.37
954	JAYNE HART		63	1889	02:30:59.57	02:27:02.12
955	ERICA DILLON	BTR ROAD RUNNERS	42	8091	02:36:52.25	02:27:12.79
956	KELLY BLANKSON	Red Rose runners	41	1868	02:30:55.78	02:27:57.18
957	AMANDA O'NEILL		45	2020	02:30:47.81	02:28:06.81
958	KATHARINE HUGHES	Liverpool Running Bugs	35	1434	02:33:32.77	02:28:18.41
959	JULIE LEWIS	ELLESMERE PORT RC	41	8200	02:32:18.27	02:28:20.93
960	KIM HUGHES		37	1437	02:33:08.05	02:28:24.05
961	DANIEL BOLTON	ASTLEY AND TYLDESLEY ROAD RUNNERS	29	8032	02:29:44.03	02:28:26.59
962	ELAINE PAISLEY		46	1580	02:36:13.74	02:28:29.88
963	JANE CATOR		37	1241	02:32:44.53	02:28:32.84
964	KATE PARKINSON		37	1100	02:32:45.54	02:28:34.55
965	EWAN MAIR		55	1509	02:33:30.01	02:28:35.60
966	GINA BIGGS	RED ROSE ROAD RUNNERS	31	8026	02:30:55.02	02:28:45.29
967	LARRY CORKREY	Bedford Harriers	84	1262	02:33:05.28	02:29:02.09
968	PAM DAVIES		65	1108	02:33:26.52	02:29:11.20
969	RUTH RADANOVIC		38	1609	02:30:40.52	02:29:14.92
970	GAIL ROBINSON		41	1623	02:30:42.08	02:29:16.47
971	PAULA NEED	LIVERPOOL RUNNING BUGS	52	8251	02:37:28.28	02:29:18.84
972	JOANNE EDWARDS	PENNY LANE STRIDERS	51	8098	02:34:39.53	02:29:23.25
973	LIV MEREDITH		37	8236	02:33:34.02	02:29:26.45
974	ALI PARKINSON		32	1584	02:39:54.52	02:29:31.48
975	OWEN HALL		63	1872	02:31:17.52	02:29:49.85
976	DEBBIE BARLOW	Liverpool Running Bugs	42	1162	02:31:43.02	02:29:52.76
977	NICHOLA SANDERSON		44	1637	02:34:38.27	02:29:54.55
978	MICHELLE MAHER		49	1050	02:40:43.21	02:29:56.41
979	RACHEL HALSALL		31	1898	02:34:06.01	02:29:58.39
980	NICOLA ROBERTS	KNOWSLEY HARRIERS AC	39	8284	02:31:00.53	02:29:59.18
981	STEPHEN BARRACLOUGH		61	1166	02:32:29.52	02:30:37.09
982	AUDREY COWPLAND	Southport Waterloo AC	60	1270	02:35:24.76	02:31:08.55
983	PHILIP LLOYD	KIRKBY MILERS AC	43	8203	02:34:32.03	02:31:17.93
984	JANET DAVIES		54	1287	02:35:26.79	02:31:24.11
985	PAULA SMITH	WIRRAL AC	51	8313	02:33:01.27	02:31:25.94
986	DIANE MERCER		48	1926	02:41:06.96	02:31:26.91
987	TONY LEVER		72	1492	02:35:25.07	02:31:30.97
988	CRAIG SAWERS	Chorley Athletic and triathlon club	44	1640	02:35:08.01	02:31:50.71
989	EMMA HOPWOOD	SOUTHPORT STROLLERS	32	8157	02:39:46.98	02:32:13.57
990	BEN BARTLETT	CHESTER ROAD RUNNERS	40	8022	02:37:31.77	02:32:49.10
991	KIM HOPKINS	CHESTER ROAD RUNNERS	47	8156	02:37:32.26	02:32:49.59
992	WENDY ADAM		49	1133	02:37:17.23	02:33:11.97
993	NEIL SOUTHERN		56	1811	02:38:10.23	02:33:29.57
994	TANYA DOWNES	CHESTER ROAD RUNNERS	46	8093	02:38:12.50	02:33:33.25
995	DEREK RALPHS		57	8272	02:38:35.72	02:33:49.94
996	LAURA HUKIN	CHESTER ROAD RUNNERS	47	8163	02:38:32.75	02:33:53.54
997	SUSANNA COSGROVE		35	8068	02:38:07.23	02:34:03.63
998	TRACY COLLEY	VILLAGE ROAD RUNNERS	49	8060	02:38:07.53	02:34:04.45
999	SANDRA RILEY	VILLAGE ROAD RUNNERS	50	8280	02:38:08.53	02:34:05.31
1000	ANGELA MAHER		50	1049	02:38:17.27	02:34:16.70
1001	STEVE EDWARDS		54	8101	02:35:15.27	02:34:20.32
1002	ROB MOLLOY		33	1956	02:38:05.49	02:34:35.32
1003	JAYNE HART	3904605	48	1395	02:38:17.98	02:34:41.81

1004	ALISON SCALLY		57	1109	02:39:11.47	02:34:55.97
1005	CHRISTINE SEDDON	Howfen Runners	50	1070	02:39:01.77	02:34:56.96
1006	KIRSTY MACDIARMID		36	1505	02:36:48.49	02:35:02.08
1007	RACHEL WATKINSON		34	1741	02:37:53.02	02:35:06.74
1008	CHRIS LOMAS		41	1046	02:37:17.49	02:35:16.86
1009	HEATHER LOMAS	Worth a Tri	38	1045	02:37:19.99	02:35:19.56
1010	MARGARET KELLY	KIRKBY MILERS AC	50	8183	02:41:48.23	02:35:35.01
1011	LAUREN VINCENT		34	1074	02:48:24.22	02:36:55.55
1012	RITA JENKINS		70	8174	02:41:46.70	02:37:27.68
1013	SUE JACKSON		51	1443	02:41:44.71	02:37:27.76
1014	EMMA JENKINS		45	8173	02:42:23.24	02:37:30.81
1015	WAYNE FURNELL		49	1343	02:40:31.25	02:37:33.23
1016	LINZI DEARDEN	Blackburn Road Runners	51	1299	02:42:27.96	02:37:42.23
1017	HEATHER GOADSBY	Southport Waterloo Athletics Club	56	1356	02:41:06.47	02:37:42.36
1018	ASHER VILLESKA	Lancaster Runners	61	1918	02:42:08.96	02:37:44.45
1019	GILL RUSHWORTH		46	1631	02:42:30.95	02:37:45.78
1020	MICHELLE HEYWOOD		49	1408	02:40:58.21	02:37:49.53
1021	MICHELLE KELLY	LIVERPOOL RUNNING BUGS	62	8184	02:38:51.73	02:38:00.91
1022	CHARLIE OWEN	North Wales Road Runners	61	1065	02:40:49.47	02:38:01.53
1023	ALLAN GIBBS-MONAGHAN	LIVERPOOL RUNNING BUGS	46	8122	02:39:49.47	02:38:02.02
1024	MARY-ANNE PARKINSON		52	1582	02:42:34.49	02:38:34.80
1025	DEBBIE CUMMINS		58	1277	02:45:32.96	02:39:31.15
1026	TREVOR JONES		60	1457	02:45:36.43	02:39:34.53
1027	JOYDIP MAJUMDER	Red Rose Road Runners	46	1510	02:39:54.01	02:39:54.01
1028	AIMEE PATTISON		33	1103	02:42:59.21	02:40:04.10
1029	NEIL MCLELLAND		47	1540	02:46:15.44	02:41:16.96
1030	JENNIFER BOWMAN		40	1199	02:46:15.47	02:41:17.13
1031	DAVID WINDSOR		52	1771	02:45:14.69	02:42:36.95
1032	MARC WALKER-KNIGHT		49	1900	02:45:14.21	02:42:38.77
1033	JO BRENNAN		51	8038	02:47:05.43	02:42:46.15
1034	DEBS MCQUAIR	Chester road runners	50	1808	02:54:38.65	02:42:52.91
1035	RACHEL JOHNSTON	Southport Strollers	53	1456	02:49:20.16	02:45:03.48
1036	CAROL BULL		52	1015	02:48:27.94	02:45:46.04
1037	TRACY WOODS	Red Rose Road Runners	53	1780	02:49:48.68	02:46:27.09
1038	AMANDA GEORGE		58	1353	02:49:50.68	02:46:28.86
1039	FAYYAZ ALI		61	1136	02:47:53.42	02:46:37.37
1040	TRACEY GOBLE		54	1870	02:47:40.92	02:47:40.92
1041	JAMES GALLAGHER		24	8118	02:51:48.90	02:47:51.02
1042	RACHEL MORRIS		48	8246	02:51:49.39	02:47:51.52
1043	JOANNE GALLAGHER		49	8117	02:51:50.93	02:47:52.87
1044	SAMANTHA GOTHARD	SCARBOROUGH	44	8127	02:51:17.65	02:47:55.17
1045	JANE MCCALLOW	ELLESMERE PORT RUNNING CLUB	55	8223	02:51:59.20	02:48:02.29
1046	NICK CHESWORTH		53	1247	02:51:50.93	02:48:22.87
1047	TONY RILEY	LIVERPOOL RUNNING CLUB	44	8281	02:50:39.93	02:48:30.10
1048	RACHEL HUGHES		44	1432	02:52:42.65	02:49:30.65
1049	DAVID PIERRIE	Southport Coasters	52	1595	02:53:48.45	02:49:42.51
1050	STEVE WRIGHT	THE BANDSTAND	57	8361	02:51:43.14	02:50:18.33
1051	CHRISTINE BROWN		48	1214	02:53:43.91	02:50:35.23
1052	SUSAN BEARDSWORTH		43	1925	02:59:46.34	02:50:39.73
1053	LAUREN HATTON		29	1967	02:59:47.40	02:50:40.96
1054	SUZI KEATING	THORNTON HOUGH HARRIERS	50	8181	02:56:15.37	02:52:01.64
1055	NIC BAIRD		50	2028	02:56:16.37	02:52:02.70
1056	GRAEME WHITE		47	8354	02:54:55.16	02:52:26.65
1057	REBECCA HYLTON		31	8168	02:56:43.61	02:52:55.99
1058	MARK QUINN	LONELE GOAT RC	51	8271	02:57:20.86	02:53:33.15
1059	MATT DEANE		43	1806	02:56:00.87	02:53:36.97

1060	ELAINE HUGHES	KIRKBY MILERS AC	52	8161	02:56:59.17	02:53:45.06
1061	DESPO HADJIKYRIACOU		43	1377	02:59:53.10	02:55:25.78
1062	LISA PRITCHARD	LONELE GOAT RC	41	8268	02:59:49.34	02:56:01.53
1063	DAVID BAKER		63	1153	02:57:17.12	02:56:19.04
1064	CHRIS WORSLEY		48	1783	02:59:30.87	02:56:22.07
1065	VICTORIA STOW		36	1684	02:58:02.11	02:56:24.53
1066	JENNIFER WOODCOCK		40	1775	02:58:02.17	02:56:27.22
1067	BECKI BARNES	Julies Joggers	47	1165	03:04:13.82	02:59:21.07
1068	TONY HOLLISTER	Fylde Coast Runners	71	1422	03:03:25.08	02:59:21.89
1069	MICHELLE SMITH	RIMROSE RUNNERS	40	8311	03:04:29.13	03:01:06.64
1070	DIANE PECK		44	8260	03:04:56.82	03:01:34.01
1071	FRANCIS J MCGRATH		70	1536	03:06:41.55	03:02:08.64
1072	MARIE O'CONNOR	Massey Ferguson RC	54	1574	03:06:44.29	03:02:18.61
1073	JAMES HUGHES		48	8159	03:08:46.07	03:03:39.63
1074	JOHN COURTNEY		83	8071	03:08:46.79	03:03:40.42
1075	MARTIN DENTON	Flyde coast runners	57	1302	03:12:25.31	03:07:27.71
1076	DUNCAN LYNCH	Run club 57	57	1504	03:11:41.27	03:08:17.85
1077	BRADLEY MOWBRAY		20	1059	03:12:15.76	03:11:30.52
1078	LOUISE MOWBRAY		48	1058	03:12:17.77	03:11:33.29
1079	PETER MOWBRAY		54	1057	03:12:19.01	03:11:35.78
1080	NICOLA RIGBY		30	1820	03:20:52.22	03:13:45.80
1081	GARY GOODALL		47	1357	03:17:56.22	03:16:49.39
1082	DEBORAH CRAWLEY	KIRKBY MILERS AC	62	8073	03:22:59.44	03:19:00.46
1083	RAE BULLOCK	RUN IN WIRRAL	34	8045	03:23:41.44	03:21:24.26