

Garstang Community 10k

Team Overall Results

<u>Place</u>	<u>Name</u>	<u>Average Time</u>	<u>Score</u>
1	Preston Harriers	00:33:50.75	9
2	Red Rose Road Runners	00:37:50.89	33
3	Wesham Road Runners	00:38:54.79	38
4	Lancaster & Morecambe AC	00:39:35.20	46
5	Trawden Ac	00:41:33.60	65
6	Riversway Road Runners	00:41:57.51	70
7	Garstang RC	00:41:57.93	70
8	Bentham Beagles RC	00:42:07.43	76
9	Clayton Le Moors Harriers	00:43:44.83	89
10	Fylde Coast Runners	00:44:50.41	97
11	Lonely Goat RC	00:46:13.89	108
12	Darwen Dashers	00:46:46.65	120
13	Blackburn RR	00:47:08.56	121
14	Chorley Athletic & Tri	00:47:24.47	127
15	Lancaster Runners	00:53:07.18	165

non-Scoring Teams

<u>Name</u>	<u>Average Time</u>	<u>Finishers</u>
Leigh Harriers	00:35:33.75	2
Halifax Harriers	00:47:01.90	2
Kirkby Milers AC	00:41:06.81	2
Blackpool Wyre & Fylde AC	00:50:39.48	2
Glaxo Hoad Hill Harriers	00:57:19.93	2
Border Harriers Ac	00:35:09.50	1
Salford Mets	00:35:35.23	1
Swansea Harriers	00:37:13.47	1
Otley Ac	00:37:22.22	1
Northern Masters Ac	00:38:21.96	1
Spensborough and District Ac	00:38:47.45	1
Widnes Running Club	00:39:00.70	1
Centurionrc	00:39:38.97	1
Carlisle Tri	00:39:46.44	1
COLT	00:40:52.19	1
Wakefield Harriers	00:41:03.94	1
Royton RR	00:42:37.67	1
Rochdale Harriers	00:43:25.18	1
Liverpool Running Club	00:43:55.43	1
Barlick Fell Runners	00:44:01.17	1
Winston Runners	00:44:15.17	1
Howgill Harriers	00:45:14.41	1
Dumfries RC	00:46:00.64	1
Southport Waterloo AC	00:46:05.92	1
Knowsley Harriers	00:47:03.13	1
Eden Runners	00:48:43.38	1
Lytham St Annes RR	00:49:27.86	1
Lonsdale Fell Runners	00:51:27.61	1
Burnden Road Runners	00:52:56.34	1
Queensbury RC	00:52:57.84	1
Spectra	00:53:08.11	1
Jog Scotland	00:53:39.59	1
Thornton Cleveleys Running Club	00:55:54.82	1
Holmfirth Harriers	00:56:40.32	1
Alnwick Harriers	00:56:56.38	1
Fetcheveryone Rc	00:56:58.08	1
Liverpool Harriers	00:58:04.30	1
Accrington Road Runners	00:58:20.30	1
Blengdale Runners Ac	01:00:07.52	1

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Team Results

Place	Team Name	Average Time	# of Finishers	Team Score		
1	Preston Harriers	00:33:50.75	6	9		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	1	277	Joe Monk	00:31:10.04	1
	2	2	489	Niall Higham	00:34:23.24	2
	3	9	314	Jason Parker	00:35:58.98	6
	4	44	472	Kenneth Beazley	00:42:44.93	(27)
	5	58	2	Andrew Acklam	00:44:27.16	(35)
2	Red Rose Road Runners	00:37:50.89	12	33		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	5	209	Matthew Holmes	00:35:21.73	3
	2	8	204	Karl Hodgson	00:35:44.24	5
	3	40	401	Joe Swarbrick	00:42:26.68	25
	4	45	313	David Park	00:42:48.69	(28)
	5	49	392	Andrew Stell	00:43:17.97	(32)
3	Wesham Road Runners	00:38:54.79	18	38		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	13	185	Neil Harrison	00:37:17.97	8
	2	20	30	Garry Barnett	00:38:39.71	13
	3	30	169	Neil Gregson	00:40:46.70	17
	4	37	174	Christopher Haines	00:41:56.43	(22)
	5	41	155	Ian Garrod	00:42:28.18	(26)
4	Lancaster & Morecambe AC	00:39:35.20	13	46		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	19	432	David Walker	00:38:31.71	12
	2	22	403	David Switzer	00:38:50.45	14
	3	35	153	Ethan Furlong	00:41:23.44	20
	4	47	482	Mark Bentele	00:43:07.92	(30)
	5	48	398	Allan Sumner	00:43:08.92	(31)
5	Trawden Ac	00:41:33.60	3	65		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	7	206	Adam Holda	00:35:43.73	4
	2	17	249	David Lord	00:38:13.22	11
	3	93	380	Colin Smith	00:50:43.86	50
6	Riversway Road Runners	00:41:57.51	6	70		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	32	331	Marc Potter	00:41:03.69	18
	2	34	241	Samuel Lawrence	00:41:14.19	19
	3	52	230	Christopher Jopson	00:43:34.66	33
	4	80	148	Peter Flowers	00:47:47.65	(44)
	5	86	442	Bill Watts	00:48:45.87	(47)
7	Garstang RC	00:41:57.93	5	70		
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	15	295	Graeme Murray	00:37:23.21	9
	2	38	496	Ian Parker	00:42:02.43	23
	3	68	308	Graham Openshaw	00:46:28.14	38
	4	119	274	Frank Miller	00:55:32.83	(58)
	5	135	76	James Alan Carter	01:00:28.03	(61)

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8	Bentham Beagles RC		00:42:07.43	4	76	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	24	122	Simon Denny	00:39:10.95	15
	2	26	320	Mike Pauley	00:39:23.45	16
	3	81	135	Andrew Easterby	00:47:47.90	45
	4	90	143	Edward Evans	00:50:16.12	(48)
9	Clayton Le Moors Harriers		00:43:44.83	3	89	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	36	351	Nick Roscoe	00:41:38.43	21
	2	46	205	Michael Hogan	00:42:55.92	29
	3	70	55	Martin Brady	00:46:40.14	39
10	Fylde Coast Runners		00:44:50.41	4	97	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	11	3	John Agnew	00:36:45.97	7
	2	56	20	David Atkinson	00:44:02.17	34
	3	113	177	Graham Hall	00:53:43.09	56
	4	122	126	Thomas Dillon	00:55:52.57	(59)
11	Lonely Goat RC		00:46:13.89	3	108	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	16	200	Paul Hetherington	00:37:52.96	10
	2	73	286	Rob Mullaney	00:46:54.14	41
	3	115	202	Jamie Hill	00:53:54.57	57
12	Darwen Dashers		00:46:46.65	3	120	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	65	358	Philip Seddon	00:46:18.15	37
	2	72	408	Mark Taylor	00:46:53.14	40
	3	78	321	Mark Payler	00:47:08.64	43
13	Blackburn RR		00:47:08.56	5	121	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	39	386	Kelvin Sole	00:42:23.92	24
	2	83	253	Sid Makinson	00:47:57.39	46
	3	97	9	Chris Almond	00:51:04.36	51
	4	109	95	John Clucas	00:53:24.08	(54)
	5	110	282	David Morris	00:53:24.84	(55)
14	Chorley Athletic & Tri		00:47:24.47	3	127	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	59	42	Liam Betney	00:44:40.65	36
	2	74	50	Mark Bond	00:46:57.64	42
	3	91	160	Ben Gilkes	00:50:35.12	49
15	Lancaster Runners		00:53:07.18	3	165	
	<u>Team Position</u>	<u>Overall Position</u>	<u>Bib#</u>	<u>Name</u>	<u>Time</u>	<u>Score</u>
	1	99	410	Paul Teasdale	00:51:09.36	52
	2	101	412	Andrew Thistlethwaite	00:51:39.10	53
	3	125	117	Mark Davey	00:56:33.06	60

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Individual Overall Results

<u>Overall</u>	<u>Score</u>	<u>Bib#</u>	<u>Name</u>	<u>Type</u>	<u>Time</u>	<u>Team</u>
1	1	277	Joe Monk	Runner	00:31:10.04	Preston Harriers
2	2	489	Niall Higham	Runner	00:34:23.24	Preston Harriers
3	0	324	Neil Pendlebury	Runner	00:34:36.76	Leigh Harriers
4	0	330	Nathan Postill	Runner	00:35:09.50	Border Harriers Ac
5	3	209	Matthew Holmes	Runner	00:35:21.73	Red Rose Road Runners
6	0	441	Kevin Waterhouse	Runner	00:35:35.23	Salford Mets
7	4	206	Adam Holda	Runner	00:35:43.73	Trawden Ac
8	5	204	Karl Hodgson	Runner	00:35:44.24	Red Rose Road Runners
9	6	314	Jason Parker	Runner	00:35:58.98	Preston Harriers
10	0	484	Richard Smith	Runner	00:36:30.73	Leigh Harriers
11	7	3	John Agnew	Runner	00:36:45.97	Fylde Coast Runners
12	0	421	Patrick Tudor	Runner	00:37:13.47	Swansea Harriers
13	8	185	Neil Harrison	Runner	00:37:17.97	Wesham Road Runners
14	0	176	Mark Hall	Runner	00:37:22.22	Otley Ac
15	9	295	Graeme Murray	Runner	00:37:23.21	Garstang RC
16	10	200	Paul Hetherington	Runner	00:37:52.96	Lonely Goat RC
17	11	249	David Lord	Runner	00:38:13.22	Trawden Ac
18	0	287	Paul Muller	Runner	00:38:21.96	Northern Masters Ac
19	12	432	David Walker	Runner	00:38:31.71	Lancaster & Morecambe AC
20	13	30	Garry Barnett	Runner	00:38:39.71	Wesham Road Runners
21	0	26	Neil Barker	Runner	00:38:47.45	Spenborough and District Ac
22	14	403	David Switzer	Runner	00:38:50.45	Lancaster & Morecambe AC
23	0	27	Carl Barnes	Runner	00:39:00.70	Widnes Running Club
24	15	122	Simon Denny	Runner	00:39:10.95	Bentham Beagles RC
25	16	394	Will Stewart	Runner	00:39:14.96	Halifax Harriers
26	16	320	Mike Pauley	Runner	00:39:23.45	Bentham Beagles RC
27	0	419	Sean Triggs	Runner	00:39:34.20	Kirkby Milers AC
28	0	194	Peter Heald	Runner	00:39:38.97	Centurionrc
29	0	329	David Postill	Runner	00:39:46.44	Carlisle Tri
30	17	169	Neil Gregson	Runner	00:40:46.70	Wesham Road Runners
31	0	491	Sean Davis	Runner	00:40:52.19	COLT
32	18	331	Marc Potter	Runner	00:41:03.69	Riversway Road Runners
33	0	474	Marwan Khoueiry	Runner	00:41:03.94	Wakefield Harriers
34	19	241	Samuel Lawrence	Runner	00:41:14.19	Riversway Road Runners
35	20	153	Ethan Furlong	Runner	00:41:23.44	Lancaster & Morecambe AC
36	21	351	Nick Roscoe	Runner	00:41:38.43	Clayton Le Moors Harriers
37	(22)	174	Christopher Haines	Runner	00:41:56.43	Wesham Road Runners
38	23	496	Ian Parker	Runner	00:42:02.43	Garstang RC
39	24	386	Kelvin Sole	Runner	00:42:23.92	Blackburn RR
40	25	401	Joe Swarbrick	Runner	00:42:26.68	Red Rose Road Runners
41	(26)	155	Ian Garrod	Runner	00:42:28.18	Wesham Road Runners
42	0	480	Ian Dale	Runner	00:42:37.67	Royton RR
43	0	447	Matthew Whalley	Runner	00:42:39.42	Kirkby Milers AC
44	(27)	472	Kenneth Beazley	Runner	00:42:44.93	Preston Harriers
45	(28)	313	David Park	Runner	00:42:48.69	Red Rose Road Runners
46	29	205	Michael Hogan	Runner	00:42:55.92	Clayton Le Moors Harriers
47	(30)	482	Mark Bentele	Runner	00:43:07.92	Lancaster & Morecambe AC
48	(31)	398	Allan Sumner	Runner	00:43:08.92	Lancaster & Morecambe AC
49	(32)	392	Andrew Stell	Runner	00:43:17.97	Red Rose Road Runners
50	0	340	Wayne Redman	Runner	00:43:25.18	Rochdale Harriers
51	0	439	Russell Wareing	Runner	00:43:28.67	Lancaster & Morecambe AC

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52	33	230	Christopher Jopson	Runner	00:43:34.66	Riversway Road Runners
53	0	17	Peter Atkin	Runner	00:43:55.43	Liverpool Running Club
54	0	326	Steve Perry	Runner	00:43:58.41	Lancaster & Morecambe AC
55	0	51	John Boothman	Runner	00:44:01.17	Barlick Fell Runners
56	34	20	David Atkinson	Runner	00:44:02.17	Fylde Coast Runners
57	38	257	Darren Martin	Runner	00:44:15.17	Winston Runners
58	(35)	2	Andrew Acklam	Runner	00:44:27.16	Preston Harriers
59	36	42	Liam Betney	Runner	00:44:40.65	Chorley Athletic & Tri
60	0	350	David Roper	Runner	00:45:14.41	Howgill Harriers
61	0	165	Harry Godson	Runner	00:45:39.40	Lancaster & Morecambe AC
62	0	92	Stuart Clayton	Runner	00:45:55.15	Wesham Road Runners
63	0	485	Les Hill	Runner	00:46:00.64	Dumfries RC
64	41	255	David Marsh	Runner	00:46:05.92	Southport Waterloo AC
65	37	358	Philip Seddon	Runner	00:46:18.15	Darwen Dashers
66	0	213	Alan Hudson	Runner	00:46:20.90	Wesham Road Runners
67	0	292	Steve Murphy	Runner	00:46:21.40	Red Rose Road Runners
68	38	308	Graham Openshaw	Runner	00:46:28.14	Garstang RC
69	0	492	Greg O'Brien	Runner	00:46:37.90	Preston Harriers
70	39	55	Martin Brady	Runner	00:46:40.14	Clayton Le Moors Harriers
71	0	140	Michael Edge	Runner	00:46:50.88	Wesham Road Runners
72	40	408	Mark Taylor	Runner	00:46:53.14	Darwen Dashers
73	41	286	Rob Mullaney	Runner	00:46:54.14	Lonely Goat RC
74	42	50	Mark Bond	Runner	00:46:57.64	Chorley Athletic & Tri
75	0	383	Ben Smithers	Runner	00:46:58.14	Red Rose Road Runners
76	0	34	James Battersby	Runner	00:47:03.13	Knowsley Harriers
77	46	49	Anthony Blight	Runner	00:47:03.89	Blackpool Wyre & Fylde AC
78	43	321	Mark Payler	Runner	00:47:08.64	Darwen Dashers
79	0	359	Liam Shannon	Runner	00:47:17.89	Lancaster & Morecambe AC
80	(44)	148	Peter Flowers	Runner	00:47:47.65	Riversway Road Runners
81	45	135	Andrew Easterby	Runner	00:47:47.90	Bentham Beagles RC
82	0	381	Pete Smith	Runner	00:47:51.89	Red Rose Road Runners
83	46	253	Sid Makinson	Runner	00:47:57.39	Blackburn RR
84	0	367	Mark Simmill	Runner	00:48:30.38	Lancaster & Morecambe AC
85	59	309	Mark Osborne	Runner	00:48:43.38	Eden Runners
86	(47)	442	Bill Watts	Runner	00:48:45.87	Riversway Road Runners
87	0	106	Michael Coupland	Runner	00:48:59.87	Red Rose Road Runners
88	0	293	Kev Murray	Runner	00:49:27.86	Lytham St Annes RR
89	0	7	Martin Allison	Runner	00:49:45.12	Wesham Road Runners
90	(48)	143	Edward Evans	Runner	00:50:16.12	Bentham Beagles RC
91	49	160	Ben Gilkes	Runner	00:50:35.12	Chorley Athletic & Tri
92	0	229	Stephen Johnson	Runner	00:50:43.35	Riversway Road Runners
93	50	380	Colin Smith	Runner	00:50:43.86	Trawden Ac
94	0	348	Peter Rooney	Runner	00:50:49.11	Wesham Road Runners
95	0	457	David Wilkinson	Runner	00:50:54.36	Lancaster & Morecambe AC
96	0	114	James Robert Danson	Runner	00:51:00.86	Wesham Road Runners
97	51	9	Chris Almond	Runner	00:51:04.36	Blackburn RR
98	0	417	Stuart Topping	Runner	00:51:08.43	Wesham Road Runners
99	52	410	Paul Teasdale	Runner	00:51:09.36	Lancaster Runners
100	0	459	Simon Wilson	Runner	00:51:27.61	Lonsdale Fell Runners
101	53	412	Andrew Thistlethwaite	Runner	00:51:39.10	Lancaster Runners
102	0	61	Doug Bryden	Runner	00:52:26.60	Red Rose Road Runners
103	0	132	David Dyson	Runner	00:52:46.59	Red Rose Road Runners
104	0	424	Stephen Twist	Runner	00:52:50.09	Wesham Road Runners
105	0	434	Mel Walker	Runner	00:52:56.34	Burnden Road Runners

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106	0	59	Stephen Brook	Runner	00:52:57.84	Queensbury RC
107	0	15	Matt Ashton	Runner	00:53:06.34	Red Rose Road Runners
108	0	67	Michael Burkitt	Runner	00:53:08.11	Spectra
109	(54)	95	John Clucas	Runner	00:53:24.08	Blackburn RR
110	(55)	282	David Morris	Runner	00:53:24.84	Blackburn RR
111	0	263	Finlay Mccalman	Runner	00:53:37.83	Wesham Road Runners
112	0	62	Sandy Buchan	Runner	00:53:39.59	Jog Scotland
113	56	177	Graham Hall	Runner	00:53:43.09	Fylde Coast Runners
114	0	355	Charles Satterly	Runner	00:53:52.83	Lancaster & Morecambe AC
115	57	202	Jamie Hill	Runner	00:53:54.57	Lonely Goat RC
116	(74)	108	Derek Crane	Runner	00:54:15.08	Blackpool Wyre & Fylde AC
117	0	466	Ben Wrigley	Runner	00:54:37.57	Wesham Road Runners
118	78	354	Daniel Ryan	Runner	00:54:48.84	Halifax Harriers
119	(58)	274	Frank Miller	Runner	00:55:32.83	Garstang RC
120	80	240	Mike Lavery	Runner	00:55:35.07	Glaxo Hoad Hill Harriers
121	0	237	Ully Kritzler	Runner	00:55:38.07	Lancaster & Morecambe AC
122	(59)	126	Thomas Dillon	Runner	00:55:52.57	Fylde Coast Runners
123	0	450	Andy Whitlam	Runner	00:55:54.82	Thornton Cleveleys Running Club
124	0	470	David Young	Runner	00:56:23.81	Wesham Road Runners
125	60	117	Mark Davey	Runner	00:56:33.06	Lancaster Runners
126	0	180	Michael Hall	Runner	00:56:40.32	Holmfirth Harriers
127	0	137	Richard Eastoe	Runner	00:56:56.38	Alnwick Harriers
128	0	427	Garry Vernon	Runner	00:56:58.08	Fetcheveryone Rc
129	0	46	James Birchall	Runner	00:58:04.07	Wesham Road Runners
130	0	211	Graham Howell	Runner	00:58:04.30	Liverpool Harriers
131	0	88	Craig Clark	Runner	00:58:20.30	Accrington Road Runners
132	0	323	Philip Leaver	Runner	00:58:34.80	Wesham Road Runners
133	84	145	Mike Fawcett	Runner	00:59:04.79	Glaxo Hoad Hill Harriers
134	0	460	Ian Wilson	Runner	01:00:07.52	Blengdale Runners Ac
135	(61)	76	James Alan Carter	Runner	01:00:28.03	Garstang RC