

# vRUN from Fylde Coast Runners



## AUTUMN VIRTUAL 10k

Name	Location	Terrain	Time
Phil Bamford	Lancashire	Road/Park	0:41:42
Paula Veevers	Greater Manchester	Road/Park	0:45:39
Steve Moody	Lancashire	Treadmill	0:47:03
Steven Higham	Lancashire	Road/Park	0:49:43
Samantha Cook	Dumfries and Galloway	Road/Park	0:52:10
Tracey Pagin	Cumbria	Road/Park	0:53:35
John Elrick	Aberdeenshire	Trail	0:53:47
Daniel Kirkpatrick	West Yorkshire	Trail	0:56:52
James Featherstone	Merseyside	Road/Park	0:57:12
Phillip Ramsay	Manchester	Road/Park	0:57:34
Jade Earley	Lancashire	Road/Park	0:57:59
Jim Egan	Lancashire	Road/Park	0:58:55
Helen Wood	Cumbria	Treadmill	1:00:41
Sharon Hornby	Lancashire	Road/Park	1:02:41
David Southwell	Lancashire	Road/Park	1:02:46
Donna Buckley	Greater Manchester	Road/Park	1:02:51
Sharon Glen	Lancashire	Road/Park	1:03:55
Stephanie Stankiewicz	Merseyside	Road/Park	1:06:09
Julie Jones	Lancashire	Road/Park	1:08:43
David Jenkins	Untited Kingdom	Road/Park	1:09:01
Jacque Bonworth	Lancashire	Road/Park	1:09:40
Caroline McClelland	Lancashire	Trail	1:09:53
Julie Laing	Moray	Road/Park	1:10:00

<b>Heather Bradley Tsopanoglou</b>	Lancashire	Road/Park	<b>1:12:40</b>
<b>Ellen Nath</b>	Lancashire	Road/Park	<b>1:14:38</b>
<b>Jo Hardwick</b>	Lancashire	Trail	<b>1:15:36</b>
<b>Marian Salisbury</b>	Lancashire	Road/Park	<b>1:15:55</b>
<b>Julie Brewer</b>	Surrey	Road/Park	<b>1:16:55</b>
<b>Jenn Whittle</b>	Lancashire	Trail	<b>1:18:10</b>
<b>Susan Heatley</b>	Lancashire	Road/Park	<b>1:25:03</b>
<b>Ariane Bramall</b>	Lancashire	Treadmill	<b>1:30:26</b>























