

# vRUN from Fylde Coast Runners



## WINTER VIRTUAL 10k

Name	Location	Terrain	Time
Tom Dealtry	Lancashire	Road/Park	0:42:48
David South	Lancashire	Road/Park	0:42:54
Mark Hartley	Lancashire	Treadmill	0:44:15
Neil Boardman	Cheshire	Road/Park	0:45:05
Heather Travis	Cumbria	Road/Park	0:45:40
Steven Higham	Lancashire	Road/Park	0:48:35
Phil Bamford	Lancashire	Road/Park	0:48:46
Garry Stubbs-Bronson	Lancashire	Road/Park	0:49:09
Lisa Scholes	Lancashire	Road/Park	0:49:14
Hannah Boyd	Lancashire	Road/Park	0:49:16
Jennifer Houlden	Yorkshire	Road/Park	0:49:37
Kenneth Mackenzie	Glasgow	Road/Park	0:49:43
Peter Rafferty	Cumbria	Road/Park	0:49:59
Iain Russell	Lancashire	Road/Park	0:50:11
Abigail Topliss	Yorkshire	Road/Park	0:50:20
Heather Dodds	Co Antrim	Treadmill	0:50:53
Steve Moody	England	Road/Park	0:51:19
Greg O'Brien	Lancashire	Road/Park	0:52:06
Kate Ries	Lancashire	Road/Park	0:52:51
Mike Bird	Lancashire	Road/Park	0:53:07
Tracey Pagin	Cumbria	Road/Park	0:53:28
Stephen Roberts	Merseyside	Road/Park	0:53:50
James Featherstone	Merseyside	Road/Park	0:54:20

<b>Steve Pepper</b>	Lancashire	Road/Park	<b>0:54:28</b>
<b>Jade Earley</b>	Lancashire	Road/Park	<b>0:54:51</b>
<b>Mikey Brown</b>	West Yorkshire	Trail	<b>0:54:58</b>
<b>Jenn Whittle</b>	Lancashire	Road/Park	<b>0:55:39</b>
<b>Mary Hewitt</b>	Lancashire	Road/Park	<b>0:55:45</b>
<b>Samantha Cook</b>	Dumfries & Galloway	Road/Park	<b>0:55:55</b>
<b>Sandra Taylor</b>	Greater Manchester	Road/Park	<b>0:56:24</b>
<b>John Elrick</b>	Aberdeenshire	Trail	<b>0:56:57</b>
<b>Helen Pagett</b>	Lancashire	Road/Park	<b>0:57:09</b>
<b>Laura Elliott</b>	Lancashire	Road/Park	<b>0:57:22</b>
<b>Andrew Evans</b>	West Midlands	Road/Park	<b>0:58:02</b>
<b>Caroline McClelland</b>	Lancashire	Road/Park	<b>0:58:45</b>
<b>Daniel Kirkpatrick</b>	West Yorkshire	Road/Park	<b>0:59:22</b>
<b>Martina Hayden</b>	Lancashire	Road/Park	<b>0:59:24</b>
<b>David Guy</b>	Greater Manchester	Road/Park	<b>1:00:00</b>
<b>Julie Laing</b>	Moray	Road/Park	<b>1:00:25</b>
<b>Trevor Skeen</b>	Durham	Road/Park	<b>1:00:34</b>
<b>Helen Shan</b>	Lancashire	Road/Park	<b>1:01:14</b>
<b>Helen Miller</b>	Greater Manchester	Road/Park	<b>1:01:19</b>
<b>Helen Grinsell</b>	Newcastle upon Tyne	Road/Park	<b>1:01:51</b>
<b>Jacque Bonworth</b>	Lancashire	Road/Park	<b>1:02:08</b>
<b>Helen Sweeney</b>	Edinburgh	Road/Park	<b>1:02:21</b>
<b>Ellen Nath</b>	Lancashire	Road/Park	<b>1:02:56</b>
<b>Dan Foster</b>	Lancashire	Road/Park	<b>1:03:42</b>
<b>Ian Worth</b>	Greater Manchester	Road/Park	<b>1:03:45</b>
<b>Donna Buckley</b>	Greater Manchester	Road/Park	<b>1:04:25</b>

<b>Michael O'Brien</b>	Nottinghamshire	Road/Park	<b>1:04:31</b>
<b>Andrew Lindley</b>	Lancashire	Road/Park	<b>1:04:45</b>
<b>Sharon Glen</b>	Lancashire	Road/Park	<b>1:04:57</b>
<b>Katie Duxbury</b>	Lancashire	Road/Park	<b>1:05:36</b>
<b>Sarah Cook</b>	Lancashire	Road/Park	<b>1:05:42</b>
<b>Wioletta Marzec-Supel</b>	London	Road/Park	<b>1:08:28</b>
<b>Hana Cash</b>	Lancashire	Road/Park	<b>1:09:49</b>
<b>Tracey Hunt</b>	Lancashire	Road/Park	<b>1:10:18</b>
<b>Scott Allison</b>	Midlothian	Road/Park	<b>1:10:24</b>
<b>Karen Campbell</b>	Fife	Road/Park	<b>1:10:30</b>
<b>Bill Smith</b>	Lancashire	Road/Park	<b>1:10:42</b>
<b>Anthony Shorrock</b>	Merseyside	Road/Park	<b>1:10:44</b>
<b>Sharon Hornby</b>	Lancashire	Road/Park	<b>1:10:52</b>
<b>David Jenkins</b>	West Midlands	Road/Park	<b>1:11:29</b>
<b>Danuta Biechowiak</b>	Greater Manchester	Road/Park	<b>1:12:08</b>
<b>Lynne Webster</b>	Greater Manchester	Trail	<b>1:13:09</b>
<b>Rebecca Martin</b>	Cheshire	Road/Park	<b>1:13:40</b>
<b>Marian Salisbury</b>	Lancashire	Road/Park	<b>1:14:30</b>
<b>Claire Clegg</b>	Lancashire	Road/Park	<b>1:16:00</b>
<b>Andrew Woodward</b>	Lancashire	Road/Park	<b>1:16:45</b>
<b>Gwenda Marshall</b>	Denbighshire	Trail	<b>1:18:00</b>
<b>Nicola Elvidge</b>	Lancashire	Road/Park	<b>1:18:30</b>
<b>Harold Rogerson</b>	Lancashire	Road/Park	<b>1:20:58</b>
<b>Kerry Humphreys</b>	Greater Manchester	Road/Park	<b>1:22:02</b>
<b>Bill Duff</b>	Fife	Trail	<b>1:22:07</b>
<b>Tony Hollister</b>	Merseyside	Road/Park	<b>1:22:28</b>

<b>Julie Brewer</b>	Surrey	Trail	<b>1:23:16</b>
<b>Susan Heatley</b>	Lancashire	Road/Park	<b>1:23:30</b>
<b>Paula Veevers</b>	Bolton	Road/Park	<b>1:26:00</b>
<b>Edyta Skora</b>	Lancashire	Road/Park	<b>1:26:18</b>
<b>Martin Denton</b>	Shropshire	Road/Park	<b>1:31:08</b>
<b>Liz Ward</b>	Merseyside	Road/Park	<b>1:31:19</b>
<b>Laura Morris</b>	Shropshire	Road/Park	<b>1:31:42</b>
<b>Phil Comerford</b>	Greater Manchester	Road/Park	<b>1:36:03</b>
<b>Ruth Wood</b>	Lancashire	Road/Park	<b>1:38:59</b>
<b>Deborah Moore</b>	Lancashire	Road/Park	<b>1:40:15</b>
<b>Annette Duff</b>	Fife	Trail	<b>1:40:40</b>
<b>Joseph Connor</b>	Cheshire	Road/Park	<b>1:53:56</b>
<b>Jim Egan</b>	Lancashire	Road/Park	<b>1:55:00</b>
<b>Jo Hardwick</b>	Lancashire	Trail	<b>1:56:08</b>
<b>Diane Harrison-Leeming</b>	Lancashire	Trail	<b>1:57:02</b>
<b>Frances Braithwaite</b>	Cumbria	Trail	<b>2:01:00</b>
<b>Heather Hillson</b>	Lancashire	Road/Park	<b>2:04:16</b>
<b>Hayley Brierley</b>	Lancashire	Treadmill	<b>2:06:50</b>
<b>Vicky Haynes</b>	Cheshire	Road/Park	<b>2:39:58</b>
<b>Ariane Valentine</b>	Lancashire	Treadmill	<b>3:26:02</b>































